



BOLLETTINO

ICF Celebrating Faith, Family and Heritage



Grand President's Monthly Message

Deborah Rodondi

It is with great pleasure that I welcome the newly appointed Spiritual Director of the Italian Catholic Federation, Father Chris Bennett from the Santa Clara Valley District. Those of you that have been to conventions over the past years are familiar with the wonderful spiritual workshops he has given. Also, if you joined the memorial mass at the virtual convention 2 years ago, Father Chris was the one responsible for setting it up with Bob Basuino and celebrated the mass with us. The Central Council and I look forward to a great working relationship with him and spiritual support. Please help to make him feel welcome when you happen to see him. Update on my friend Kathy. She is starting to get around. Therapy is working on her range of motion for all the damaged body parts.

She is happy not being confined to one room and being able to get outside and enjoy the fresh air and sunshine. She sends her love and wants you to know she appreciates all your prayers and positive thoughts. This month our Branch #19 is having its first meeting in 2 years, and she wants me to pick her up for it. I am very excited about that!



March is a great month...we are coming out of hibernation as spring and the Easter season are here and with it a rebirth of our gardens and our Faith. I just came from the nursery in the hopes of getting a jump-start on my tomato plants, but it is too early (although by the time you read this, I may have found them). I did manage to get lemon cucumbers and zucchini plants. My garden is my sanctuary. I find great satisfaction, peace and reflect on my Faith in working the earth, pruning, cultivating, planting and yes pulling weeds.

Across the country in New Orleans heavy celebrating is going on for Mardi Gras and Fat Tuesday (March 1st).

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A Memorable Trip and a "Souvenir" to Share with All

Francesca Taylor, Branch 67--National Branch

This past November, Francesca Taylor of ICF Branch 67 made a memorable stop in Lombardia while she was in Italy for an extended stay. Why Lombardia? To visit the natal home and first established convent of St. Francesca Saverio Cabrini, or simply, Mother Cabrini.

Sant'Angelo Lodigiano is the small town where the saint was born in 1850. The house she was born in is furnished simply with original family items, and it houses several display cases with mementos of her life's adventures. Her first established convent (which she set up in an abandoned Franciscan monastery) is located in Codogno. Both Codogno and Sant'Angelo are about an hour's drive south of Milan.

Several sisters of St. Francesca Cabrini's order, the Missionary Sisters of the



Oblong linen tablecloth, accommodates 12 place settings, hand-embroidered by original sisters of Mother Cabrini's order.

Sacred Heart, live at the convent and maintain a beautiful museum there. Have a look at their fascinating virtual exhibit: (click on "museo cabriniano" and choose any title from the drop-down list. Audios in several languages explain the various items) <http://www.museocabriniano.it/>

This was my third visit to this wonderful and holy site; I am grateful that on past visits, I could bring my children to see the museum and visit with the sisters and staff.



Courtyard behind St. Francesca Cabrini's natal house, L to R, Sarah Taylor, Sr. Maria Barbagallo of MSSC order, Fiona Taylor. 2016

Continued on Page 6

The Italian Catholic Federation (ICF) --Who We Are And What We Are

Carmen Kilcullen, Member--Apostolate/Charity Committee Reflections

Since this is the time of the year that we pay our dues to the ICF, I thought it might be timely to review what our organization is and does.



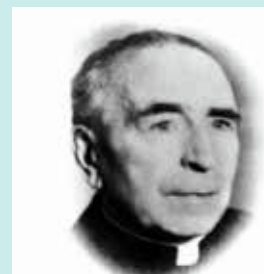
Albert Bandini. Sir Luigi traveled up and down California selling subscriptions to an Italian newspaper called "L'Unione". In his travels, he discov-

The Federation was started in 1924 by Sir Luigi Providenza and Father

ered that many Italian immigrants had ventured away from the Church and Church practices. He found that many Italians did not associate with the American Catholic Church and, therefore, stayed away. He and Father Bandini decided that an organization was needed to help these immigrants return to the Church. These two men formed the Italian Catholic Federation



Luigi Providenza



Reverend Albert R. Bandini

promoted Italian masses and advocated Italian social activities through the branches.

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TIME SENSITIVE: PLEASE DELIVER PROMPTLY!

BOLLETTINO

Official Publication of the
Italian Catholic Federation

(ISN 0745-256X)

Published Monthly
(except for combined Aug./Sept. issue)
by the Italian Catholic Federation

8393 Capwell Drive, Suite 110
Oakland, CA 94621

Readership as of 10/01/21: 4,557

Subscription Rate: \$7.20 per year
\$20/nonmembers

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(888) ICF-1924

Fax: (510) 633-9758

Website: www.ICF.org

Information: info@icf.org

Periodicals postage is paid at Oakland, CA.,
and additional mailing offices.

POSTMASTER:

Send address changes to

BOLLETTINO
8393 Capwell Drive, Suite 110
Oakland, CA 94621

Important Notice

The email address for ALL

Bollettino submissions is:

editor@icf.org

All image and article submissions need to be sent in an electronic format. Those submissions not sent in an electronic format or those articles sent in the mail will not be used.

Finally, a reminder that ALL branch and district reports need to adhere to the **250 max word count** requirement or they will be shortened or possibly excluded entirely based on editor judgement.

Limit photos to 3 or 4 and include captions. Not all photos are able to be used due to possible limitations in space. Prioritize photos if possible. To insure photos are always linked to branch, include branch number when naming photos such as:

Br380.StJoseph.servers.jpeg

Include photo captions with your article submission.

Please keep your submission positive and informative.

**Deadline for the April issue
is March 10, 2022.**

Include district name, branch number and branch name in all submissions.

Thank you!

Become a Better Person during Lent through Positive Action

Dear ICF Friends:

We just barely celebrated Christmas, and soon it will be Ash Wednesday and Lent. Please remember to refrain from eating meat on the Fridays of Lent. Ash Wednesday and Good Friday are also days of Fast and Abstinence. When we receive ashes on Ash Wednesday, we should be reminded that all the gold we get here on earth is really not important. We are not made to be here on earth. We are made to be with God forever in heaven. So that is what we must strive for.

The Church gives us the holy season of Lent each year so that we can think about our sins and become better people. Most of us are not great sinners. But we all have faults and imperfections and little things that make us less than the people God wants us to be. So, during this season of Lent, it is a good time to analyze ourselves, and try to get over those things that hold us back from having a complete relationship with God.

Instead of giving up candy or ice cream during Lent, we should do something POSITIVE that will

make us better people. Say the rosary more often or go to daily Mass. Make the Stations of the Cross and meditate on how much God loves us, and how much He suffered for us when He died on the Cross for our sins. Give somebody a ride to church or go see someone who recently got out of the hospital. Go see someone who is lonely because they recently lost their spouse, or maybe their child. If you have someone in your family that you had a disagreement with, call them up and ask them to go to lunch with you. Patch up your differences and become friends again. When we do things like that we become better and stronger ourselves, and we can act more like the people God wants us to be.

And during Lent we should meditate on the passion and death of Christ and how much He did to redeem us from our sins. That will put our own suffering in a better perspective. If we are to follow Christ here on earth, we have to share in His suffering. But when we share in that suffering, we can realize that we will one day also share in the glory of His Resurrection. And that will be 1000 times

better than any suffering we could do on earth. We all have a cross to carry. But Christ will always give us the grace and the strength and the courage we need to carry whatever cross He gives us. We just need to put all our faith and hope and trust in Him.

So have a holy and blessed season of Lent, and then you can glory in the Resurrection of Christ at Easter.

God bless all of you.

Deacon Karl Welsbacher

Diocesan Chaplain

Diocese of Stockton

Guest ICF Spiritual Director



GP's Monthly Message--Continued

Deborah Rodondi

Continued from Page 1

If you have never been it is definitely something to add to your bucket list.

A funny story, I was there with my mom and dad for some of the pre-Fat Tuesday parades (they are a little tamer than Fat Tuesday). Dad looked at us and at the crowds and commented on the fact that he did not understand everyone vying for the beads and coins being thrown out from the floats. Well, he soon changed his mind when someone from a float threw a bunch of beads directly at him and he caught them. After that he was part of the celebration, the challenge of catching them and he loved sharing with others the beads and coins, especially to the children. Sometimes we need a little push to get into the mood and celebration. Right now, it is time for us to give ourselves a little push to get back into

being a part of our Branches, Districts and the ICF. For 2 years we have been sidelined. Many have opted to not meet, but have communicated by email, phone and newsletters. It is time for that to be a part of the past and in keeping with spring and rebirth it is time to set up meetings. We have missed each other and the main thing I have noticed, in the few meetings and events I have attended, is that everyone has enjoyed visiting with friends and participating in the event. If it is not possible to meet at the parish, find a restaurant or someone's house. If we start now, slowly our members will come back.

We are strong---we are proud---we have Faith---we are the Italian Catholic Federation. Let us make 2022 our year of coming back together.

Live to Give Blood Drive Donations

(Received as of Feb. 9, 2022)

Patty Litts

Coolley's Anemia Donations

(Received as of Feb. 9, 2022)

Barbara Firpo
In Memory of John Campanile

ICF is
Going
Green!



If you prefer to read
the *Bollettino* at the
magnification of your
choice in full color on
your computer or
portable electronic
device and like the idea
of saving a tree while
helping us save printing
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[bLaMFb](http://eepurl.com/bLaMFb)

Membership Matters

Perry Shurko
Membership Chairperson

Hello and welcome to the month of March. Springtime is here; a time for rebirth, renewal, and growth. Hmmm, sounds like a perfect opportunity to have a membership drive in your branch or parish. How do I do that? Start by going to the ICF website and check out the members portal. There is a whole section on successful membership drives.

Next, ask your pastor if you can have a membership drive and set a date. Then, put a blurb in your parish bulletin about the membership drive, and have it added to the church announcements, and even put it on your parish website, or Facebook. You will also want to get permission to speak at the masses the day of the drive. Make sure that whoever is speaking has a good booming voice and is not afraid to speak in public. You want the speaker to be confident, but also inviting.

Have your table set up in a prominent place and be sure that it's eye grabbing. Have balloons, signs and banners. You'll need a sign-up sheet, pens, the ICF trifold handouts, pictures of branch events. Make it fun and exciting. Be sure to get the names, phone numbers and emails



of those who are interested. Maybe include a list of events planned for the rest of the year, and don't forget the applications. Be sure to follow up with those who sign up and invite them to your next meeting.

Let us not forget that dues should be collected by now. We have quite a few branches, and even districts, who are seriously delinquent. Let's get those members caught up so we don't have to drop them.

Also, this month we will be returning to the Anaheim convention center the weekend of March 18th through the 20th for the annual Religious Education Congress. The ICF will have a booth there trying to have a national membership drive. We will be doing our best to sign up new members and talking to pastors about possibly getting new branches, but most importantly, spreading the word about our organization and who we are and what we do. We will be focusing on St Joseph, since Congress falls on the weekend of St Joseph's feast day. We may even have a mini St. Joseph's table set up. If you are there that weekend, look for us and stop by and say hello.

Go out there and get those new members. Try to set a goal for your branch. How about a ten percent increase for the year?

Have a great month. I pray that we all have successful membership drives.

*Thank you,
Perry Shurko, Membership Chair*



Bourne's Article printed in *St. Francis Parish News & Announcements*, Jan. 16, 2022

An Example of an Outreach Letter to Build Membership

ITALIAN CATHOLIC FEDERATION

by Joi Bourne

Have you ever heard of the ICF or maybe heard of it and wondered what goes on there? I know I have. Well, since we have a chapter here at St. Francis, I looked into it and it's actually very interesting! It is a non-profit organization formed in 1924 as a support fellowship for the people who immigrated from Italy. They established chapters in dioceses all over the country. Long ago, they expanded their focus to include all practicing Catholics of all ages and cultures, but they have retained the name ICF.

Their mission is to "uphold and develop the religious spirit among its members and to spread that spirit throughout the community." They are dedicated to continuing the Christian traditions of love, hospitality, and works of charity as signs of Christ's peace. According to their website, they are active and interested in every aspect of parish life, believing that the laity's participation is our apostolic mission, so the members volunteer in all areas within their parishes. Then they also have a Heritage Program, which "informs and enlightens each new generation about the many contributions that Catholic men and women who came before us have made to our society". They not only promote the Italian contribution but also all the cultures and their heritages and contributions. There is a national publication sent out, called *The Bollettino* filled with ICF news, information about events, recipes, book reviews, historical and religious articles. Also included is info about scholarship awards. It's amazing that so little is known about this wonderful organization. Their generosity reaches to support the clergy; donations for the continuation of vocations to the priesthood; scholarships to Catholic elementary and high school students and grants to assist the developmentally disabled. ICF is a major supporter of Cooley's Anemia research and treatment and an Organ Donor Awareness Program. There is a Gifts of Love program, which provides grants to people with disabilities so they can develop skills to assist them toward greater independence. They offer annual awards: The Pope Saint John XXIII is presented to an outstanding lay person who exemplifies the humanitarian qualities of this Pope; The Saint Teresa of Calcutta award to recognize a clergy member or religious for exemplary humanitarian work; The Grand President's award to a member for exceptional community service in the spirit of ICF; and awards to a Family of the Year and a young adult who exhibits the qualities of good leadership.

On the social side of things, they enjoy meals together and go on excursions, and enjoy other shared activities where they can worship and socialize together, and they are active in various cultural events throughout the country. There are two chapters in Bakersfield: one is affiliated with St. Francis parish and the other one is affiliated with Our Lady of Perpetual Help parish. It is important to note that everyone is welcome, whether you are a member of these parishes or somewhere else. Over the years, I have known several people who are involved in our chapter of ICF. They have always been welcoming, fun-loving and inviting. If this resonates with you and you are looking for a group of like-minded Catholics, try this out.

Single or couple or family, Italian or not – if you are a practicing Catholic, you're in! Judy Jacobs and Barbara Crear share the Presidency this year. Maria Steele, the Vice President, made sure I wrote an invitation into this article that ICF is all about the family experience. If you think you don't have family here in Bakersfield – yes you do. Come to a meeting and meet them! They are held in the evening of the second Tuesday of every month in one of the classrooms of the Youth Center.

If you would like more info or to talk to Maria, please call the parish and leave your name and number. Maria would love to speak with you.



Insight for Dues Procedures/Issues

Lisa Crudo, Grand Treasurer

To our dear ICF members,
Hoping this finds you all healthy as another difficult year has come to an end. The beginning of 2022 has not started as we all had hoped it would, as many events have had to be postponed or cancelled yet again.

I would like to take this opportunity to thank you all so much for your dedication to this wonderful organization. Your willingness to remain as members without question is proof of your selflessness and compassion. We appreciate that you have continued to pay your dues. It has become quite difficult for our organization to continue the day-to-day operations without that support. It is vital to the ICF to keep the dues up.

I would like to share some important points with you:

Financial Secretaries: Send out dues notices and collect them.

-send dues payment report to the ICF office

Branch Treasurers: Please deposit dues into your Branch General Fund

-send per capita and hospitalization payments as notified by the office

Dues breakdown:

Dues:	\$36.00 (\$3.00 per month)
Apostolate:	\$ 2.40
PR Assessment:	\$ 3.60
TOTAL:	\$42.00
Branch Seminary:	\$ 1.20
	\$43.20

APOSTOLATE FUND DUES (mandatory) are \$2.40 per member per year.

The APOSTOLATE FUND Dues (\$2.40) breaks down as follows:

Apostolate \$.80 per year

Providenza \$1.50 per year

Charity/Relief \$.10 per year

PR ASSESSMENT: (mandatory - charged by the ICF/CC office regardless of the Branch decision) of \$3.60.

A Branch sends to the ICF/CC office the following:

Per Capita \$24.00

Apostolate \$ 2.40

Public Relations \$ 7.20

GRAND TOTAL TO ICF/CC \$33.60 (per member per year)

If hardships in your branch are precluding you from charging the full amount for dues, (or more if you assess a bit more for your own treasuries) then please feel free to charge the amount needed to send to the office as above (\$33.60)

If you have any questions, please feel free to contact me directly.

Lisa Crudo (510) 861-9835 or e-mail me lisa.m.crudo@gmail.com

Thank you again for your dedication to the ICF.

Respectfully submitted,

Lisa Crudo

Grand Treasurer

Family Recipe

Deborah Rodondi
Grand President

Hoping all of you are starting to feel the beginning of Spring. March is a month that has so many meanings for us; one of which, is St. Patrick's Day, corned beef and cabbage and the color green! While I have always loved cabbage cooked in the waters of the corned beef and then doused with vinegar, I found this recipe and it takes cabbage to a whole new level of enjoyment. It is quick, delicious year round and great with pork dishes.



7). Squeeze lemon over wedges and serve. Better yet let each person add his or her own lemon. I always forget this step.

NOTE: I poured oil in foil lined baking pan and rolled cabbage to cover, then seasoned and roasted.

There are no measurements for the seasoning, since you will be sprinkling on both sides of the cabbage. Garlic and Parmesan cheese are a must, pepper flakes truly enhance the flavor but not everyone likes a little heat in their food. For those of you who are leery of the pepper flakes, I suggest you put a few pepper flakes on one or two wedges to try it out. IF you ever order pizza, I am sure you can find a red pepper flake packet in your pantry.

Great way to fix cabbage. A small cabbage ended up being just enough



for nephew Tony and myself with enough left over for lunch the next day. I used 1 packet of red pepper flakes-could have used more.

Hoping you might like to share some of your specialties or the family recipes that have been handed down with the members of the ICF. Send them to me at drodondi@comcast.net or mail to the ICF office, include a story if any. If you have questions send them also, I may not be able to answer them but we can put them out there for our readers and maybe find what you are looking for.

HAPPY SAINT PATRICK'S DAY!!!

You have Questions About
Donating Blood?
Live to Give Has Answers

By Laurice Levine, MA, CCLS

Only 3-5% of the population donates blood, however 95% of the population will need to get blood at some point in their lifetime. We hope that by answering these frequently asked questions about donating blood that we will be able to recruit more blood donors.

How old do I have to be to donate blood?

Donors must be at least 16 years old (with parental consent). **There is no upper age limit.**

What will my blood be used for?

The leading conditions/procedures that require blood are:

- Blood transfusions for Thalassemia and Sickle-cell Disease Patients
- Cancer
- Heart Disease
- Traumas & Accidents
- Organ Transplant Recipients
- Obstetric procedures

Who might be using my blood?

- 1 out of every 10 patients in the hospital will require a blood product.
- Surgical patients use 64% of all blood transfused.
- More than 23 million units of blood components are used each year.
- Every 3 seconds, someone in this country requires blood.

How often can I donate?

Whole blood can be donated every 56 days, or up to 6 times a year. Platelets can be donated every 2 weeks, or up to 24 times per year.

Can I donate if I have high blood pressure?

Each donor's blood pressure is taken before the donation, so generally most can donate unless it would pose a risk to your health. If you are taking blood pressure medication and want to donate, please continue with your medication. Taking blood pressure medication will not disqualify you as a blood donor.

How much blood do I have and how much do you take?

Blood usually accounts for about 7% of total body weight. The average person has between 9 to 12 pints of blood circulating in their bodies. Approximately, 450ml (one pint) is taken during donation, which your body will begin to replenish immediately.

How does my body make blood?

Blood cells are made in the bone marrow. Each red blood cell lives for almost 120 days before it wears out and is replaced by a new one. Platelets are recycled by your body every 5 days. Your body is continually producing and replacing your blood cells, thus making it very safe for you to donate the small portion we need.

Why should I donate?

There is no substitute for human blood; it cannot be manufactured in a lab. Blood transfusions **MUST** come from other people.

Sources: American Red Cross, Vitalant and Providence.org



In Loving Memory (Report as of February 9, 2022)

Kathleen Antongiovanni	Branch 033	Edward T Batman	Branch 169
Arlene B Linnenbrink	Branch 033	Philip N Gargano	Branch 218
Salvatore J Cardinale	Branch 036	Maureen O'Neil	Branch 227
Anthony J Russo	Branch 036	Michael D Yocham	Branch 285
Faye L Petrocchi	Branch 045	Jerry Romero	Branch 391
Madeline Torre	Branch 050	Ivo M Skilj	Branch 391
Eva M Sigala	Branch 051	Sharon Dunn	Branch 413
Egidio L Tonus	Branch 051	Antoinette Radice	Branch 438
Peter J Anderson	Branch 161	Ronald L Yager	Branch 449

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Sir Luigi & Lady Augusta Providenza Seminary Scholarship Fund Donations*

Received as of Feb. 9, 2022:

IN MEMORY OF:

Reverend Monsignor Daniel Cardelli
Peter Anderson

Reverend Monsignor Daniel Cardelli
Reverend Monsignor Daniel Cardelli
Reverend Monsignor Daniel Cardelli
Reverend Monsignor Daniel Cardelli
Paul Quilici
Reverend Monsignor Daniel Cardelli
Jerry Romero
Reverend Monsignor Daniel Cardelli
Reverend Monsignor Daniel Cardelli
Theresa Wilson
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Jeanette Shriver

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Officers/Members of Br. 21
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Russell and Louise Vento
Russell and Louise Vento
Leonard and Karen Rossi
Barbara Di Grazia
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Officers/Members of Los Angeles
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Franklyn Lopes, Jr.
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Officers/Members of East Bay
District
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Jim and Dottie Smith
The Risso Family
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Jim and Patty Jarrett
Leroy and Stella Taddei
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Pam Andersen
Pat Botta
Deborah Rodondi
Deborah Rodondi
Roselynn and Aaron McNeal
Roselynn and Aaron McNeal
Rosalinda Brady and Family

GET WELL WISHES:

Laurice Levine Bob Basuino

THANK YOU FOR OUR DISTRICT INSTALLATION:

Deborah Rodondi Officers/Members of Santa Clara
Valley District
Deborah Rodondi Officers/Members of East Bay
District

IN CELEBRATION OF 30 YEARS ORDAINED TO THE PRIESTHOOD:

Reverend Monsignor Francisco Rios Bob Basuino and The Staff of Lima,
Campagna & Johnson Funeral Home

HAPPY BIRTHDAY:

Fr. Christopher Bennett Lorraine and Mike Nunziata

WEDDING CONGRATULATIONS:

Rose and Aaron McNeal Bob Basuino
Roselynn and Aaron McNeal Nina Malone
Rose and Aaron McNeal Deborah Rodondi

IN SUPPORT OF THE PROVIDENZA FUND:

A donation was made to the Providenza Fund by Branch 214 - Concord.

*Named after the co-founder of the ICF, the Sir Luigi and Lady Augusta Providenza Seminary Scholarship Fund provides ICF members a lasting way to memorialize and/or extend greetings to friends, relatives, and loved ones. Members' donations provide scholarships to seminarians studying for the priesthood in dioceses where the Italian Catholic Federation is located. A monthly Mass is offered for the intention of those listed.

2022 1st Year Scholarship Program

Information on the 1st Year Scholarship Program that was sent to high schools in November, has now been made available to the Districts and Branches and has been posted on our ICF website www.icf.org via a link on the homepage as well as in the documents in the Officers' Portal.



The **Deadline** for Donations and Applications is **March 15, 2022**. Please discuss participating in the program by making a donation of a full scholarship of \$400.00, if possible, or a partial donation of any amount. Partial Donations do help to make other scholarships possible when that money is grouped together. Individual Donations are welcomed as well. Please encourage your children, grandchildren or anyone you know who is eligible to apply. They can contact their high school counselors about the Italian Catholic Federation 1st Year \$400.00 Scholarship, or they can download the

application using the link on the homepage of the ICF website.

These are the eligibility requirements for students:

A High School Senior, a total cumulative GPA (3 ½ years) of at least 3.2 and meets all of the requirements in either #1 or #2: 1) Are Roman Catholic and of Italian Descent and live within the Roman Catholic Dioceses of Arizona, California, Illinois and Nevada, only where Branches of the Federation are established. Or 2) Are Roman Catholic but need not be of Italian Descent or live where Branches of the Federation are established if either Roman Catholic parent, guardian or grandparent is a member of the "Italian Catholic Federation" — **membership of a Roman Catholic parent, guardian or grandparent is mandatory for #2.**

Please contact your local high schools where you would like to see applicants come from and make sure that they are promoting our scholarship program and have applications available.

If you have any questions or applications are needed, please call the ICF office toll-free at 1-888-423-1924.

Scholarship Donations (Received as of Feb. 9, 2022)

Scholarship Donations - 1st Year

Sue McMillin
In Memory of Jerry Romero
Maria Camicia, Dorene Campanile,
Lori Clyne and Carmela Gigliotti
In Honor of the 96th Birthday of
Rina Cassanego

Scholarship Donations - 2nd - 4th Year

The Robert Dianda Family
In Memory of Reverend Monsignor
Daniel Cardelli

Welcome to New Members (Received as of Feb. 9, 2022)

Sal Marseguerra	Branch 036	Marilyn J Ward	Branch 198
Brendan L Plummer	Branch 047	Linda T Navin	Branch 214
Cassie L Tomasin	Branch 052	Kristina M Mc Gee	Branch 215
Chris J Tomasin	Branch 052	Victoria A Giles	Branch 218
David Tomasin	Branch 052	Bernice A Steger	Branch 218
Losina Tomasin	Branch 052	Pia Murphy	Branch 285
Lia C Stanley	Branch 054	Anna M Raefield	Branch 285
Susan Perry	Branch 082	Bennie J Anselmo	Branch 332
Thomas Perry	Branch 082	Beverly L Anselmo	Branch 332
Ron W Andrade	Branch 103	Dominic Lofrano	Branch 332
Lisa Galetto	Branch 103	John Moran	Branch 332
Patrick J Galetto	Branch 103	Rose Moran	Branch 332
Sofia A Galetto	Branch 103	Login S Arnaudo	Branch 390
Angie Comalli	Branch 198	Mario J Arnaudo	Branch 390
George W Gosiak	Branch 198	Peter J Gemellaro	Branch 438
Mary V Gosiak	Branch 198	Jeff P Orlandini	Branch 444
Irene Ingraham	Branch 198	Paula R Orlandini	Branch 444
Terri A Jenkins	Branch 198	Linda Ronco	Branch 445
Katherine Lazzini	Branch 198	Tom Ronco	Branch 445
Joan P Reiland	Branch 198		

Gifts of Love Donations (Received as of Feb. 9, 2022)

Branch 32
Officers/Members of Br. 285
In Memory of Michael Yocham
Nina Malone
In Memory of Helen Marie
Politakes
Johnnie Ghio
In Memory of Paul and Norma
Quilici

Teresa and Cory Helfand
In Memory of Reverend
Monsignor Daniel Cardelli
Harold and Virginia Fuentes
In Memory of John Campanile
Adolfo and Carla Del Carlo
In Memory of John Campanile

Cooley's Corner



Prevalence of Thalassemia Around the Globe

By Laurice Levine, MA, CCLS



Thalassemia is one of the most common genetic diseases of the blood. Globally, prevalence is estimated to be 288,000 and about 60,000 patients are born each year

with the most severe form of the disease. In the U.S. and EU prevalence is estimated to be 15,000 and about 1,500 patients are born each year with the disease. For a child to be born with Thalassemia in the major form both parents must carry the trait for the disease.

There are over 240 million carriers of thalassemia worldwide, i.e. 1.5% of world population. Thalassemia trait developed as a protection against malaria. Therefore, while thalassemia CAN occur across the globe, it is most common among people in parts of the world where malaria is prevalent:

- Italians
 - Greeks
 - Cypriots, Sardinians (Mediterranean region)
 - Southeast Asians (Vietnamese, Laotians, Thais, Singaporeans, Filipinos, Cambodians, Malaysians, Burmese, and Indonesians)
 - Chinese
 - Indians
 - Bahrainis
 - Egyptians
 - Africans
 - Middle Easterners (Iranians, Pakistanis, and Saudi Arabians)
 - Transcaucasians (Georgians, Armenians, and Azerbaijanis)
 - Romanians
 - Bulgarians
 - Albanians
- **Italy: 1 in 12 people carry the trait.**
 - **Sicily 1 in 8 people carry the trait.**
 - Greece 1 in 7 people carry the trait.
 - Iran has 20,000 patients,
 - The estimated number of thalassemia births in China will be over 20,000 per year. The estimated number of thalassemia carriers is around 47.48 million, making it one of the most common hereditary red blood cell diseases in China.
 - India is the "Capital" of the thalassemia world; 3-4% of the population carry the trait which translates to 35 to 45 million carriers. 10,000 – 12,000 babies are born annually with the most severe form of thalassemia.



"Souvenir" to Share with All--continued

Francesca Taylor, Branch 67--National Branch

Continued from Page 1

My favorite place on the grounds is the chapel of the Sacred Heart, in which a reliquary is located, containing the heart of St. Francesca Cabrini herself. It is a heart that truly beat for Christ and that emanated unyielding compassion for immigrants, especially our Italian immigrant ancestors.

While there, I spoke with the sisters about my family's tradition of sewing and needlework, knowing that Mother Cabrini was an accomplished embroiderer and seamstress. The sisters were very moved, and they brought out a box with lovely tablecloths and napkins, hand-embroidered by the sisters of Mother Cabrini's original convent group. I was so impressed and gave many compliments. They pressed me to bring these lovely items back to America to share the 75th Anniversary of the saint's canonization this year.

I have a fantastic PowerPoint presentation of these sites, the Birthplace at Sant'Angelo and the Centro Cabrini in Codogno. I am delighted to visit your branch or other Italian gatherings (family/club/parish/school/professional, etc.) to display this tablecloth as well as photos and literature about Mother Cabrini, and to give the presentation. These are appropriate for any time of



Detail photos of corner designs of the tablecloth.

year, not just her feast day in November. If you have any Scouts in your family or parish/neighborhood, they may earn the Mother Cabrini patch by attending my presentation. I would be happy to make a similar patch or pin available to other youth groups.

Please contact me, Francesca Taylor, at Policastrello1912@gmail.com or phone/text me at 213-248-2510, and I will work with you to set up a date & time. There is no charge for this presentation, and it is open to all. In the words of Mother Cabrini:

Mettete le ali! – Put on your wings!



Convent of Codogno. L to R, Sr. Maria Barbagallo, Francesca Taylor, Giovanna (staffperson for museum). 2021.

Origin & Purpose of ICF--continued

Carmen Kilcullen

Continued from Page 1

All of this work proved very successful. Soon, there were many branches throughout California, and later, in Chicago, Nevada and Arizona.

Transition to the present day where the original intent of the Federation to bring immigrants back to the Church is no longer its primary goal. Now, the ICF welcomes all Catholics regardless of nationality. It promotes family memberships and family activities.

The ICF today has become an important avenue for charitable works in our communities. The organization focuses on helping the parish with donations to the parish church and parish school, if there is one. It provides help to students through its *Scholarship Fund*. I would surmise that there are members who have benefitted through these funds.

The ICF supports the education of seminarians with its contributions to the *Providenza Seminary Fund*. Many of these same seminarians are now priests in our local parishes.

We donate to the *Gifts of Love Fund* to help disadvantaged person all ages, regardless of gender, age, race or creed.

We have a vastly improved *Hospitalization Plan* for our members. Information about the plan is on the ICF website.

The ICF supports the community by helping the homeless, feeding the hungry, clothing the needy, helping the aged and infirm and much more. Each branch has other ways to help. We need to be proud to belong to an organization that does so much.

Now, to an important issue. Many people are under the impression that all we do is have dinners.

Yes, we do have dinners and other social events. By nature, we are a social group. But it is these events that help each ICF branch do its charitable works. All the monies that we earn are directed to our charity work. We are **not** a for-profit organization. Please remember that that next dinner ticket, raffle ticket, etc. goes to a good cause. Check in with your branch and see the wonderful work that is done.

For all the above reasons, I believe, that the ICF is a very worthwhile, significant and timely organization in this day and age. **Be proud to be a member.**

Carmen Kilcullen

Note: I chose the topic for this column following a conversation with our branch orator, Barbara Thomas.

Book Review: *The Italian Legacy in Philadelphia*

Vince Piro, Past Grand President

The Italian Legacy in Philadelphia: History, Culture, People, and Ideas

Edited by Andrea Canepari and Judith Goode, Temple University Press, December, 2021, 424 pp.



Italian and Italian-American culture have had a long influence on cities in the United States from the country's early colonial founding to its contemporary culture. However, as Andrea

Canepari and Judith Goode remind us in *The Italian Legacy in Philadelphia: History, Culture, People, and Ideas*, our contemporary ideas of the relationship between American cities and Italy are based largely on the mass migration of Italians to the United States that occurred between 1880 and 1920. This collection of essays dispels that notion and illustrates that Italian influence and culture in the United States is more extended and profound. In this volume, which focuses on the Italian legacy in Philadelphia, the reader comes to understand the relationship between the Italian/Italian-American community and one of the country's most important cities is varied and complex, beginning with the very founding of our country.

As the book illustrates, "Italian arts and culture have been a significant influence on Philadelphia dating back to colonial times through the early republic.

Throughout the ensuing decades, Italian art and architecture styles flourished, and wealthy Philadelphians traveled to Italy and brought back objects to display in emerging institutions of art and culture. New immigrants formed neighborhoods—such as South Philly, home to the Italian Market—and Italian business leaders, politicians, artists, musicians, and sports figures came to prominence and became part of the social fabric of the city."

The essays in this volume look at the Italian legacy in Philadelphia in four sections that center around the structure of the city and form of Italian influence on it.

1. Independence and Early Republic. In this section, the reader learns how the early was included by Renaissance and Enlightenment texts and Italian elites, such as diplomats, artists, and members of religious orders.

2. The Expanding Industrial Metropolis: New Elites, New Wealth, and New Institutions of Knowledge, Arts, and Culture. The essays in this section focus on how the wealthy of Philadelphia in the early and mid-1800s traveled to Italy and brought back "ideas, designs, and objects" that influenced the new City Beautiful.

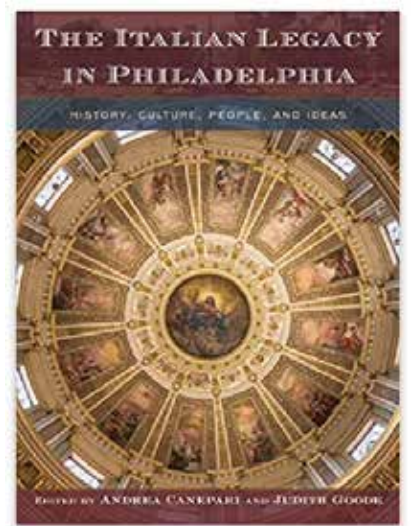
3. Made in America. This section details the effects of the mass migration that occurred between 1880 and 1920 and the influence these new Italian immigrants had on the city. During this time, Italian immigrants and their descendants created "a made-in-America

array of Italian-designed arts and cultural practices...and played a significant role in the leadership of the city."

4. Contemporary Philadelphia. In these essays, the reader learns how changes in global economic and political systems have changed the relationship between Philadelphia and Italy.

For those interested in an in-depth look at the relationship between Italy and United States cities, this volume offers a case-study and while not all the specifics can be applied to every city in the United States, there are many lessons to be learned from these interdisciplinary essays. It "explore[s] the changing perspectives and styles of those who provided Italian influences. As travelers to and from Italy, settlers and their descendants brought everyday cultural practices, memories, and traditions. They also created different Italian American experiences that became important parts of American culture, a legacy that is thriving in contemporary, globalized Philadelphia." The volume also includes "nearly 250 gorgeous images."

H.E. Andrea Canepari, Ambassador of Italy to the Dominican Republic, was Consul General in Philadelphia and promoted public diplomacy initiatives to foster synergies among Italian-Americans, Italy, and the Delaware Valley. He served on several committees and boards, including the Presidential Advisory Board of Jefferson University. He received the 2016 Global Philadelphia



Award from Temple University. He is the coeditor of *The Italian Legacy* in Washington, D.C.: Architecture, Design, Art and Culture, and editor of *The Italian Legacy in the Dominican Republic: History, Architecture, Economics, and Society*.

Judith Goode is Professor Emerita of Anthropology and Urban Studies at Temple University. She is the coeditor of *The New Poverty Studies: The Ethnography of Power, Politics, and Impoverished People in the United States* and coauthor of *Reshaping Ethnic and Racial Relations in Philadelphia: Immigrants in a Divided City* (Temple) and *The Anthropology of the City: An Introduction to Urban Anthropology*. In 2000, she was awarded the Prize for Distinguished Achievement in the Critical Study of North America by the Society for the Anthropology of North America.

Vince Piro

Results for Prizes as of February 11, 2022

Top Selling Branches in each of 4 categories receive Five (5) 2022 Calendars. Branches placing 2nd and 3rd in each of 3 categories receive One (1) 2022 Calendar.

Top Selling Individual receives \$50.00.
2nd Place Individual Seller receives \$30.00.
3rd Place Individual Seller receives \$20.00.

Category 1: 1 – 45 Members

1st Place:	Branch 91, Oakland	Sold 45 calendars
	Branch 144, Arcata	Sold 45 calendars
2nd Place:	Branch 213, South San Francisco	Sold 41 calendars
3rd Place:	Branch 408, Sunnyvale	Sold 30 calendars

Category 2: 46 – 70 Members

1st Place:	Branch 33, Bakersfield	Sold 75 calendars
2nd Place:	Branch 281, Bakersfield	Sold 73 calendars
3rd Place:	Branch 27, Madera	Sold 20 calendars

Category 3: 71 – 129 Members

1st Place:	Branch 342, Auburn	Sold 48 calendars
2nd Place:	Branch 191, San Jose	Sold 34 calendars
3rd Place:	Branch 21, Santa Cruz	Sold 16 calendars

Category 3: 130 and Above Members

1st Place:	Branch 28, Gilroy	Sold 57 calendars
2nd Place:	Branch 39, Merced	Sold 46 calendars
3rd Place:	Branch 391, San Jose	Sold 40 calendars

Individuals

1st Place:	Michael Cerri – Br. 33 – Bakersfield	Sold 75 calendars
2nd Place:	B.G. Zasoski – Br. 281 – Bakersfield	Sold 70 calendars
3rd Place:	Carol Salmeri – Br. 39 – Merced	Sold 46 calendars

Mother Cabrini Shrine Update

Carmelo Sabatella, LAADC Mother Cabrini Chapel Committee

The Mother Cabrini Chapel and Library will be open for Open House and for the Annual Mother Cabrini Pilgrimage, Mass and Luncheon on Sunday, December 4, 2022.



The Mother Cabrini Committee is currently discussing a joint Mass and Pilgrimage with Saint Francis Xavier Church to be scheduled for Sunday, November 13, 2022. More information to follow.



For more information on the Mother Cabrini Chapel and Library or to make a donation to help the Chapel maintain the Chapel facility and to continue with the annual Pilgrimage event in Burbank, please call 626 372-7812 or visit the Mother Cabrini Shrine at www.icf.org.

Additional DVDs on the Life of Mother Cabrini now available. Call 626-372-7812 or email me at cas1810@aol.com.

*Your support is greatly appreciated.--Carmelo Sabatella, AIA, President
ICF LAADC Mother Cabrini Chapel Committee
E: cas1810@aol.com; C 626-372-7812*



Exploring Genealogy

Denise Antonowicz, Heritage Chairperson
Grand 1st Vice President

Beginners First Step is as Easy as 1-2-3!

Here we go. In the next few months, we'll be taking a journey on how to start exploring the fascinating world of Genealogy. One of the greatest



resources I have found is The Family Search. This is a project by the Mormon Church and is available for all to use. So, fasten your seat belts, here we go.

ONE. The first goal is to take care of the **critical steps** while there is still time to do so.

- Don't rush to **collect names** until the "perishable" things are collected and protected.

- Capture relatives' memories before they are forgotten or gone.
- **Ask questions**; record or video-tape the answers if possible.
- Remember, the only dumb question is the one that was never asked.
- **Preserve** originals or copies of all the old photographs and documents. Identify those pictured in photographs while living relatives can still do so.
- Organize the valuables in at least two distinct formats and two separate locations.
- Retain paper copies and properly store the originals.
- Digitize for the future (keep your storage media up to date too).
- TWO.** Examine your choices and decide on your goals (use small manageable steps).
- Is this a pastime, hobby, a passion, a calling, a vocation, a career, or a legacy?
- Start slowly to build confidence.

- Build a cooperative **network** to share data and activities.
- Do not get overwhelmed and buried in an avalanche of **paperwork** (organize as you go).
- **Tell a story** based on the data (the life of your favorite relative).
- Share your results with others (Start a **webpage** or blog).
- Keep a research log to record clues and theories you want to prove.
- Constantly re-adjust your course in light of new data that is discovered.
- Safeguard your results for posterity.
- Create backups for both the physical documents and the digital data.
- Keep your storage media up to date so you can always access the data.
- Feed your information into a "world tree" program for the future generations.
- Continue to expand your genealogical education as your interest grows.

THREE. Always **re-evaluate** and re-adjust your goals and research objectives.

- Rethink your objectives and pace yourself for the long haul (there is no hurry to finish a project that has no end).
- Don't just stare at the **inevitable brick wall**, just take a step back and think.
- Try to side-step it by following other nearby family lines.
- Look for neighbors and nearby relatives in the census records.
- Double check your research and previous conclusions.
- Let it go for now as new online data will eventually be available
- After exhausting the **on-line resources**, "hit the ground running" by utilizing the Research Wiki for off-line resources.
- Study migration patterns for clues to missing relatives or to help build your storyline.
- Let your interests and experience guide where your journey is to go next.

Don't let all of this overwhelm you. Once you start unpeeling the onion of your family history it becomes additive, so stay tuned for April and we'll explore, in more depth, the wonderful world of genealogy.

JANUARY CALENDAR WINNERS

DAY	NAME	BR	CITY	WINS
1/1	Teresa Rimmer		Bakersfield, CA	\$100
1/2	Maria Pricolo	308	Fresno, CA	\$30
1/3	John & Mary Del Monte	52	Healdsburg, CA	\$30
1/4	Ann Radzicki	379	Fountain Valley, CA	\$30
1/5	Ida Green		Sacramento, CA	\$30
1/6	Melody Klever	343	Castro Valley, CA	\$50
1/7	Alice Rose	362	Downey, CA	\$30
1/8	Father Romeo Evangelista	227	Aptos, CA	\$30
1/9	Bill Segale	209	Forestville, CA	\$30
1/10	Suanna Rowell	145	Eureka, CA	\$30
1/11	Janine Moody		San Bruno, CA	\$30
1/12	Andrea Brown		Angels Camp, CA	\$30
1/13	Bruna Elu	332	Novato, CA	\$30
1/14	Geri Buxie	91	Alameda, CA	\$30
1/15	Amie Maricich	14	Crockett, CA	\$30
1/16	Connie Aguilar		San Mateo, CA	\$30
1/17	Dennis Riske		Merced, CA	\$40
1/18	Connie Meinke	379	Huntington Beach, CA	\$30
1/19	Robert Rodondi		So. San Francisco, CA	\$30
1/20	Vic & Pat Arnaudo	1	Daly City, CA	\$30
1/21	Melissa West		Merced, CA	\$30
1/22	Linda Hoffman	25	Salinas, CA	\$30
1/23	Pat Scott	380	Thousand Oaks, CA	\$30
1/24	Maria Marquez		Santa Clara, CA	\$30
1/25	Mary Keitz	27	Madera, CA	\$30
1/26	Bill & Gina Borba		Moss Beach, CA	\$30
1/27	Branch 135		Reno, NV	\$30
1/28	Alba Segarra	210	Fontana, CA	\$30
1/29	Peter Dupuis		Bend, OR	\$50
1/30	Anthony Leary	281	Bakersfield, CA	\$30
1/31	Philip Bisio		Rohnert Park, CA	\$30

SEE THESE FIRST ON OUR WEB SITE: ICF.ORG

FEBRUARY CALENDAR WINNERS

DAY	NAME	BR	CITY	WINS
2/1	His Eminence, Cardinal Blase J. Cupich		Chicago, IL	\$30
2/2	Marcia Valorosi	27	Madera, CA	\$40
2/3	Donna Rossi	391	San Jose, CA	\$30
2/4	Bridget Piziali	342	Meadow Vista, CA	\$30
2/5	David Taddei	343	Castro Valley, CA	\$30
2/6	Eileen McGauran	442	Pleasant Hill, CA	\$30
2/7	Frank Angelino	28	Gilroy, CA	\$30
2/8	Joan Massetti	27	Madera, CA	\$30
2/9	Kathy Wilson		Danville, CA	\$30
2/10	Greg Geraci	379	Huntington Beach, CA	\$30
2/11	Joan L. Brescia		Arcadia, CA	\$30
2/12	Joe Buonsante	285	Livermore, CA	\$50
2/13	Art Panella	352	Danville, CA	\$40
2/14	E.J. Lorenzi	39	Merced, CA	\$100
2/15	Jim Alfieri	139	Manteca, CA	\$50
2/16	Chuck Gugliuzza	362	Downey, CA	\$50
2/17	Ethan Steele		San Jose, CA	\$30
2/18	Dino & Sharon Cunial	139	Manteca, CA	\$30
2/19	Julie Tomasin	52	Windsor, CA	\$30
2/20	Chris Artale	214	Concord, CA	\$30
2/21	Loreen Kathrein		Las Vegas, NV	\$50
2/22	Pam McAlvain	209	Sebastopol, CA	\$50
2/23	Leslie Acquistapace		Turner, OR	\$30
2/24	Al Cimino	121	Broadview, IL	\$30
2/25	Kathy Zazzeron	10	Alameda, CA	\$30
2/26	Sid Jensen		Crockett, CA	\$30
2/27	Bob Montonye	227	Visalia, CA	\$30
2/28	Carl & Barbara Fanucchi	281	Bakersfield, CA	\$30

SEE THESE FIRST ON OUR WEB SITE: ICF.ORG

Branch Reports

SAN FRANCISCO

San Francisco

Br. 1, Maria S.S. Immacolata

Dear Members:

We are thankful the Omicron variant transmission continues to decrease.

We look forward to a 2022 Branch meeting including an Italian dinner in the Spring.

Hope everyone is staying safe and healthy.

Kind Regards
Diana Cresci

San Francisco

St. Elizabeth, Br. 258

Happy St. Patrick's Day to our members and their families.

A big thank you to Mark and Arianna Neuburger for their donation to the I.C.F. Scholarship Fund for their Christmas Wishes for Nonnie Mary Perata and Lala Eva Perata. Grazie e Baci Mark and Arianna for your nice thought.

To those of our members celebrating a birthday in March - many more years of Much Happiness and Good Health.

Please remember our ill and deceased members in your prayers.

We sold all our 16 calendars and we were able to keep \$80.00 in our Branch - \$5.00 for each calendar sold. Good Luck to all of you. Thank you!!

Please stay well.

We love all of you and need you!!

Ciao,
Eva Perata, President

SAN MATEO

Burlingame

Br. 173, Our Lady of Angels

Greetings to all and we are still trying to plan for events in 2022 but we will have to wait to hold meetings and dinners. We are currently awaiting word from Father Michael when we can return.

In the meantime, we are keeping in touch with members and once we are able to go back to our scheduled plans, all members will be advised.

We already have arranged for two major events which are the Pedro Tournament on April 23, and our Ravioli Dinner on June 26, 2022. Surely, we hope to be back on our

regular schedule but as of now we are on a month-to-month notification.

As many of you are aware we lost a very special member of our branch, John Campanile. John was always helping Dorene and was not only a good husband but an outstanding Father and Grandfather. We all wish the Campanile and Cervelli family our prayers at this difficult time.

Other members also need our prayers: Mary Bodisco, Anthony Bruno's daughter, Anita Cecena, Maria Camicia, Lorraine Rollandi, Gary Wemiz on the passing of his brother. Also, two members from other branches: Kathy Treviso (Branch 19) and Roberta Franchini (Branch 213).

God Bless,
Roz Emery

Millbrae

Br. 403, St. Dunstan

Happy St. Patrick's Day!

The first day of spring is just around the corner, which should allow us more ability to get together outdoors. We are planning to have an outdoor pizza & salad luncheon meeting on a Saturday, perhaps in April. More on that next month. In the meantime, we are having a drawing for a home-cooked dinner for two of either "Ossobuco" Milanese or Lamb Shank Modenese. Winner selects the entree! This event is for our branch members only. Both meats are roasted in wine & stock until they are falling off the bone, and are served over creamy polenta, with vegetable, salad, bread, & desert. Cost is \$10 for one chance, \$18 for two chances, & \$25 for three chances to win. Winner has the option to add up to two additional diners for \$25 each. Dinner date by mutual agreement. Outdoors preferred. Submit your check by March 12, 2022, to Eunice Danli, 4 Spring Valley Lane, Millbrae. Good luck!!

And don't forget to "spring forward" on March 13th when Daylight Savings Time begins.

Adonna Amoroso
Corresponding Secretary

MARIN

Larkspur

Br. 161, St. James

Thank you to everyone who paid their dues.

Please continue to pray for our sick members and their families and hope everyone will be back to good health real soon.

March Happy Birthday wishes to Jim Callaghan, Margaret DeRango, Paul DellaSantina, Angela Hadsell, Josephine Pearson, Arnold Pieri and Joe Tassone.

"Lord, during this Lenten Season, nourish me with Your Word of life and make me one with You in love and prayer."

Wishing everyone a very Happy St. Patrick's Day and a Happy St. Joseph's Day.

Anna Biggio
Recording Secretary

LOS ANGELES

ARCHDIOCESE

District Council

Here we are, the month of March!

The year is rolling along. There's a lot happening this month. We begin the month on March 6th with our Installation, which we had to move from its original date back in January. Installation is being held at branch 362, St Raymond, Downey. Lent begins on March 2nd with Ash Wednesday, and we follow that up with St Joseph Tables and Religious Education Congress on the same weekend. We will finish the month off with the beginning of Spring.

Now that Spring is upon us, it's time to start thinking about having a Membership Drive in your branch. Let's get out there and spread the word about our organization and see if we can start driving those membership numbers up.

I wish you all a very happy Spring, St Patrick's Day and St Joseph's Day. Sincerely, Perry Shurko, LA District president.

Los Angeles

Br. 67, National Branch, St. Peter

NBr 67 member Francesca Taylor visited the new Exhibit 2022 "Woven Lives: Exploring Women's Needlework from the Italian Diaspora" Exhibit hosted by the Italian American Museum of Los Angeles at their private opening reception of the Exhibition. Several items from the Mother Cabrini Chapel collection are on display at IAMLA until October 2022. Please visit this Exhibit and email me your comments.

SAVE THE DATE

Members Francesca Taylor and Eugene Salandra are working on a special musical program at St Peter's Italian Church in LA on Sat., April 9, at 7:30 p.m. following the 6:00 p.m. Mass. For more information, please call 626 372-7812.



NBr 67 Francesca Taylor visited the Exhibit 2022 "Woven Lives: Exploring Women's Needlework from the Italian Diaspora," hosted by the Italian American Museum of Los Angeles

ICF National Branch 67 is a virtual branch that reaches out to members and non members who do not have an ICF in their area and would like be a part of the ICF Family. We also would like to have your input as we continue to develop this branch online.

Visit ICF.org and select ICF National Branch 67 for more information. You are welcome to join us at ICFNationalBranch67.org and complete the application process.

Covid-19 is a challenge and an opportunity to understand what is important in each of our lives. ICF may be just the place for you as we are multi culture-based focusing on Faith, Family, Fellowship and Food.

Please keep our sick members in your prayers that they may reach a speedy recovery. And to our former Branch members who recently have gone to their eternal reward; may they rest in peace.

Keep safe and Stay healthy, Carmelo Sabatella, AIA, President ICF National Branch 67 C 626 372-7812 E Cas1810@aol.com

South Pasadena

Br. 108, Holy Family

ICF Branch 108 19th Annual Wine Tasting Event was held on February 26, 2022, and was both live-streamed with minimum in person contact. A first for Branch 108. More information on this event to follow in the April 2022 *Bollettino*.

Hope you all celebrated Valentine's Day with your loved ones.

SAVE THE DATES

- 1/28/22 to 9/28/22 Woven Lives Exhibit at Italian American Museum of Los Angeles.
- 3/6/22 ICF LAA District Installation at Saint Raymond Catholic Church, Downey.
- 3/18, 19 and 20/22, St. Joseph Table (TBD)

We continue to pray for the speedy Resolution of the present crisis and to keep our sick members in your prayers for a speedy recovery; and to our former members, family members and friends of ICF who recently have gone to their eternal reward. May they rest in peace.

Keep safe and stay healthy, Carmelo Sabatella, AIA, Past President ICF Branch 108 C 626 372-7812 E cas1810@aol.com

Montebello Br. 111, St. Benedict

Ciao a Tutti. A warm hello to everyone. Our March General Meeting will be on Thursday, March 10, 2022, at 6:30 p.m. at the St. Augustine House, 200 N. 12th Street, in Montebello. Join us for refreshments and cake as we celebrate the Birthdays of the following members who have birthdays this month: Tony De Lorenzo, Estera Veneziano, Margaret Valdez-Gallardo, Tanina Sergi and Della Rodriguez. Congratulations and Happy Birthday to everyone!! Buon Compleanno a tutti!!

This year we will be commemorating our annual Feast of St. Joseph Table at St. Benedict Church. The Feast will take place at the Parish Hall located at 1022 W. Cleveland Avenue, in the City of Montebello, on Saturday, March 19th, from 12:00 p.m. to 8:00 p.m. and Sunday, March 20th, from 10:00 a.m. to 8:00 p.m. The Table will be blessed on Saturday, March 19th at noon by St. Benedict's Pastor, Father Fredric Abiera. There will be a Free pasta meal on both days to everyone attending the special event!

Traditional Italian foods, Italian sausage sandwiches, cannoli, and other desserts will also be available for purchase. Also available for purchase at nominal prices will be homemade breads, cookies, bottles of wine, fresh fruits, fresh vegetables, fresh flowers, and various blooming 1-gallon and 5-gallon nursery plants.

Thank you for all you do for the ICF. May St. Joseph and God Bless you abundantly. We pray for our sick members and those in need; keep them in our thoughts and prayers.

God Bless!
Frank Salomone
Branch 111 President

San Pedro Br. 115, St. John Joseph of the Cross

Happy March!

A successful membership drive was held after masses on Jan 23rd. Thanks to all who helped. 11 new members were recruited! Please continue to spread the good works of our branch and recruit members.

Please join us on March 5th at 8 a.m. mass in honor of our patron St John Joseph of the Cross. Lite refreshments will be served after mass on patio. Traditional crab dinner will be postponed to later this year covid permitting.

Our branch is ready to get back in swing! Your board has put together a few fun outings

March 24th day trip to Harrah's casino. \$40.00 per person Bus will leave from Boys and Girls Club at 8 a.m.



Branch 111 Christmas Party

Please call Pauline Iacono for reservations

Long awaited Laughlin trip May 1 -3rd 2 nite stay at Aquarius Casino resort

\$165.00 double occupancy \$225 single occupancy Please call Pauline 310 832-0563 for reservations for Harrahs or Laughlin trip

Please join us at our general meeting March 17th at 7:30 p.m. in auditorium.

Let's wish member Giovanna Perone a very Happy 90th birthday! God bless you!

Please keep our sick and deceased members in your prayers
Anita Trujillo Treasurer

Arcadia Br. 218, Holy Angels

Our next huge event is the St. Joseph's Table, March 20th. The event as of this writing will be very different this year. However, there is still a possibility that it may be as always held. The latest plan calls for holding it out on the Church patio. It is still up in the air as to whether food will be served and what will be on the Table. Please watch for Jeane's newsletter which will have a lot more information as the time nears. Our regular meeting is March 13th. Hope to see everyone there.

Happy Spring to everyone!
Lolly M.

Claremont Br. 319, Our Lady of the Assumption

Happy St Patrick's Day!

On March 17 we all turn Irish for the day. Everyone wears green, talks with an Irish accent and eats corn beef and cabbages.

This year OLA will celebrate (3) 75-year anniversaries. On March 13, 1947, the cornerstone was set for the present church. In October of that year the first fiesta was held to start the building. The parish will be holding events starting in March and concluding in October to celebrate

We will be posting pictures from all the decades showing the growth, changes and advances thru the years.

One bit of trivia-- there has only been 4 pastors at OLA, Fr Strange, Msgn Barry, Msgn Tom Welber and

Fr. Charles. The third event is the birthday of our pastor in November.

Will keep you up to date on future events. Keep safe
God Bless
Andrea Linn

Thousand Oaks Br. 380, St. Paschal Baylon

Branch 380 is looking forward to Spring and planning get togethers for our members.

We will meet from 2-5 p.m. in the parish hall on March 6th, April 3rd, and May 15th. These Sunday afternoons get togethers will give everyone a chance to socialize in a relaxed atmosphere.

We will also hold a cannoli sale on March 20th. The cannolis will be pre-ordered and prepaid. More information about this sale will be coming.

God bless and stay safe.

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SERVICE BEYOND EXPECTATION

OAKLAND East Bay District Council

Since there were so "what ifs" in our future, the district decided that we would have our Installation via Zoom. We would like to thank our brave Grand President, Deborah Rodondi, for venturing in the unknown and presiding over it. Also, thank you to Fr. Mario Rizzo for our opening and closing prayers.

As you can see from the pictures, our Master of Ceremonies, James McGee, is also a good photographer.

It was not as much fun as seeing and meeting our peers and eating together, but for now it worked.

The next big thing on our agenda

is our Polenta Feed, scheduled for March 12th. We are mirroring the crab feed and have even added some entertainment. Hopefully we will have a good turnout as this is our big fund raiser.

In the meantime, a Happy St. Paddy's Day to all, Irish or not!
Pat Grasso,
Dist. Sec.

Alameda Br. 10, Nostra Signora Delle Grazie

After a year's absence we are again conducting our Lenten Fish Fry dinners. The drive-through meals are served every Friday evening at Saint Philip Neri Church in Alameda

through April 8, the last Friday prior to Holy Week. The menu includes salad, fish, pasta, roll and dessert. Dinners will be served immediately following Stations of the Cross at Saint Philip Neri Church, which begin at 5:30 p.m. Price is \$15.00 per dinner.

We hosted our very popular, almost-annual Polenta Dinner on Saturday evening, February 12. We were required to skip this event in 2021 but have resumed it this year as a drive-through function. A total of 80 guests attended. Many thanks to cooks Ben Ratto, Jan Rosa and Bob Lubeck and helpers Jim Lee, Terry Greig, Ernie Poggi, Ken & Peggie Dorrance, Elena Serles, Sheila Ewart, Sharon Brunetti, James McGee & Jeanette Zugnoni.

We honored our outgoing president, James McGee, with a gift of wine from the Healdsburg vineyard of members Agnes and Fiore Marcheschi, See's candy and a gift certificate to Teachers Pay Teachers. James was also recognized at the East Bay District Zoom meeting of January 10.

Because of the pandemic, we have postponed until March 2023 our Irish Social and our Saint Joseph's Day Table, which would have been held on March 12 and March 19.

John Zugnoni,
Branch 10 publicity

Fremont Br. 215, St. Francis of Assisi

Happy March! I hope this month finds you all healthy and happy as we look forward to the wonderful celebration of Easter!

We are in the process of planning a Tortellini and Salad Dinner (drive-through) on Saturday, March 19th (5:30 to 7:00 p.m.) to celebrate St. Joseph's Day at Corpus Christi Parish Hall. Cost \$25.00...call President Fran at (510) 887-1509 for more information and reservations.

During this special season of Lent, remember to take some extra time each day for prayer and reflection.

We are looking forward to a return to "normal life" and having some get-togethers, such as our traditional "Bingo Luncheon" which is scheduled for Thursday, May 26th. More info to follow...

Happy birthday to all March birthday people!

Dio ti benedica,
James Francis McGee, Vice President

East Bay District Installation Zoom pictures 1-16-22 with Father Mario Rizzo



A Concert of Sacred Music

"Journey to Easter"Vocalists with Organ and Chamber Ensemble will sing
in Italiano, en Espanol, Latin & English

Music: Songs for young, old and in-between ~~~

Join us! ~~~ for an evening of inspiration and fellowship!



Santa Prisca, Taxco, Mexico



Admission = No charge

-donation suggested for St Peter Church & San Conrado Mission



SCAN ME

Produced in collaboration:
St Peter Italian Church

~ Opera Italia LA ~



SCAN ME

Italian Catholic
Fed Branch 67

SCAN ME

Saturday, April 9, 2022

7:30 PM

St Peter Italian Catholic Church

1039 N Broadway, Los Angeles, CA 90012



Cathedral of Siena

Pandemic precautions per LA County Health
Required: Proof of vaccination or Negative COVID result within 72 hrs of event; Masks required.**Prayer of St. Joseph**Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.
To you God entrusted His Only Son;
In you Mary placed her trust;
With you Christ became man.Blessed Joseph, to us too,
Show yourself a father
And guide us in the path of life.
Obtain for us grace, mercy, and courage,
And defend us from every evil. Amen**Advancing our Legacy:**
Italian Community ServicesItalian Community Services continues to assist Bay Area
Italian-American seniors and their families navigate
and manage the resources needed to live healthy,
independent and productive lives.Since Shelter-in-Place began in San Francisco, Italian
Community Services has delivered over 240 meals, over
900 care packages and made over 2000 phone wellness
checks for our seniors.If you know of any senior of Italian descent in
San Francisco needing assistance, please contact:
ItalianCS.org | (415) 362-6423 | info@italiancs.com

ITALIAN COMMUNITY SERVICES

LENT

WE CAN THINK OF LENT

as a time to

ERADICATE EVIL OR CULTIVATE VIRTUE

a time to

PULL UP WEEDS OR PLANT GOOD SEEDS

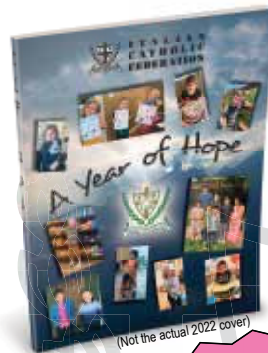
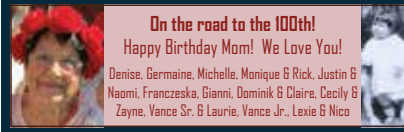
WHICH IS BETTER IS CLEAR,

for the Christian ideal

IS ALWAYS

POSITIVE RATHER THAN NEGATIVE.

catholicALLY.com -VEN FULTON J. SHEEN

**Artwork Deadline**
JULY 1ST!**ITALIAN CATHOLIC FEDERATION**
2022 Yearbook**YOU Are Needed!****Show us your celebrations.**
Let us celebrate your joys
and successes with you.**Celebration Pages****Births • Weddings • Graduations****Full color** 1/16th page celebration entry
for only \$25. Includes a photo and details.**Let us all celebrate the joys from your year!****On the road to the 100th!**
Happy Birthday Mom! We Love You!Denise, Germaine, Michelle, Monique & Rick, Justin &
Naomi, Franceska, Gianni, Dominik & Claire, Cecily &
Zayne, Vance Sr. & Laurie, Vance Jr., Lexie & Nico

The ICF Convention Yearbook is:

- Collected & kept for years •
- Referenced by members •
- A visual history of your year •

Everyone spends
money locally!Sell commercial ads to the folks you
spend your money with and get a
20% commission check.**Successful Entry Tips**

- Create a NEW entry this year
- Tell us what you've been up to
- Use COLOR in your entry
- Submit Celebration entries for your members and their achievements

You Need COLOR!The full-page entry for Branch 111 looks
great in the 2021 book! (See page 67.)So much more impactful than
black and white would have been.**Please consider color for Impact.***The Ways and Means committee present*
*the 2023 "Daily Raffle theme"***feaSt.**
with the saints

You can help make the calendar special!

List special family occasions such as
birthdays, anniversaries, graduation, any
special event! You can also include
Branch and District events

Mail information and checks payable to:

Italian Catholic Federation
8393 Capwell Dr., Suite 110
Oakland, CA 94621Please also e-mail information to
admin@icf.org**Price Schedule**

\$10 - one name/event

\$15 - 2 names/events

\$20 - 4 names/events

(additional numbers will be a combination
of prices listed above)

Example: \$30 - 5 names/events @ \$20 + \$10.00 or

\$40 - 8 names/events @ \$20 + \$20

Deadline for names and payment is: May 1, 2022Of course we hope you will enjoy
what we have in store for the
beautiful saint and feast-filled
calendar for 2023, but in addition
you will also have the opportunity to
purchase the "Daily Raffle" ticket
by itself for \$25.00
(that's 365 chances to win!)Information (Flyers, Forms, Contracts, etc.) on the Convention Yearbook
has been sent to the Branch and District Presidents.

Nomination Year: 20_____

Award:

_____ Pope Saint John XXIII

_____ Saint Teresa of Calcutta

_____ Grand President's

_____ Family of the Year

_____ Young Adult Leaders

Please include with this application:

- A maximum of three letters of endorsement.
- Copies of awards or publications, if available, to support the nomination.

The Central Council will vote on one finalist for each award at the June meeting. The Grand President will notify the winners of their achievement and invite them to attend the I.C.F. Convention to receive their award. Transportation, one night lodging, and admission to the Saturday night banquet will be provided. Central Council Members, Members Emeritus, Life Members Emeritus or Members of their immediately families are not eligible for nomination.

Statement of Endorsement:

Nominee:
Name: _____
Address: _____
City: _____ State: _____
Zip: _____ Phone: (____) _____
E-mail: _____

Branch #/City: _____

For the Family of the Year award, please indicate names of parents, children and other family members being nominated within the body of your biographical sketch.

Nominated By Individual, Branch or District:

Contact Person:

Phone: ()

E-mail:

Review the five award opportunities and complete the application. There is one shared application available for all categories. The deadline to submit applications and supporting documents is May 1. Previous year's nominations are eligible for resubmission.

**POPE SAINT
JOHN XXIII
AWARD**

The Saint Teresa of Calcutta Award was created to acknowledge and honor a Catholic Priest, Brother, Deacon or Nun who exemplifies the spirit of Mother Teresa in the performance of works to better the human condition. The recipient will receive this award at the Saturday night banquet. A \$1000 donation will be made to the award recipient's charity of choice.

**SAINT
TERESA OF
CALCUTTA
AWARD**

GRAND PRESIDENT'S AWARD

This award will be presented during the Sunday General Session to an outstanding lay member of the Federation. Nominees must have demonstrated exceptional commitment and dedication to furthering the goals of the Federation. A \$500 donation will be made to the award recipient's I.C.F. charitable program of choice.

The I.C.F. Family of the Year is recognized during the Saturday General Session. This award honors an I.C.F. Family which has made a significant contribution to their branch, district, parish and/or community. A \$500 donation will be made to the family's I.C.F. charitable program of choice.

FAMILY OF THE YEAR AWARD

YOUNG ADULT LEADERSHIP AWARD

This award recognizes a member (39 years or younger) who has demonstrated outstanding leadership abilities and possesses the enthusiasm, talent, energy and vision to become a leader who will guide the Federation in the decades ahead. The recipient will receive this award during the Saturday General Session. A \$500 donation will be made to the award recipient's I.C.F. charitable program of choice.

IRS AND STATE OF CALIFORNIA FRANCHISE TAX BOARD

As you are aware, the IRS and Franchise Tax Board for the State of California require annual tax returns to be filed by our Districts and Branches.

It is important to remember that all Districts and Branches now have two numbers - a Federal Tax ID Number for any forms filed with the IRS and a State Tax ID Number for any forms filed with the State

The IRS limit for the tax year ending 2021 is the following:
Branches or Districts with Gross Receipts of more than \$50,000.00 will be required to file IRS Form 990 EZ or 990.

Branches or Districts with Gross Receipts of \$50,000.00 or less will be required to electronically file IRS Form 990-N which is an e-Postcard.

The State limit for the tax year ending 2021 is the following:
Branches or Districts in California with Gross Receipts of more than \$50,000.00 will be required to file State Form 199.

Branches or Districts in California with Gross Receipts of \$50,000.00 or less will be required to electronically file State Form 199-N which is an e-Postcard.

*****THIS IS IMPORTANT INFORMATION AND MUST BE STRICTLY FOLLOWED*****

Both Forms must be filed no later than May 15, 2022. The IRS and State strictly adhere to this date, so please take this process seriously.

Any District or Branch who does not file for 3 consecutive years will lose its tax exempt status with the IRS and the State. If you lose your tax exempt status you will have to file paperwork and pay a fine in order to regain your tax exempt status.

Included in the Financial Secretaries' packet are materials that the District and Branch Financial Secretaries will need to help them with this process. District and Branch Presidents - please work with your Financial Secretary to go over the information when it is received and see that the appropriate forms are filed by the due date.

Please make sure all District or Branch finances are in order and that Bank Statements are reconciled through December 31, 2021. Remember that the Gross Receipts are total amounts received without subtracting any costs or expenses. These amounts include, but are not limited to, Membership and Hospitalization Dues, Dinners, Fundraisers, Raffle Tickets, Income from Convention Raffle Tickets and Calendar Sales, Interest from all Bank Accounts, Monetary Donations, etc.

If you have any questions, or need help filing, please call the I.C.F. Office at 1-888-423-1924.

Thank You,
Lisa Crudo, Grand Treasurer



Your ICF Website Photos Are Needed

The Public Relations Committee is looking to add an area within our website with photos from our various branches and districts.

These photos can be from a recent event, special occasion or from one of your member's birthday, anniversary, graduation or new addition to the family.

The photos need to be clear and bright with a high resolution. The photo will need to be sent electronically to editor@icf.org with the following included in the email:

- ICF Website Photo
- Branch or District name
- Title of the photo, such as John Doe's 95 Birthday, Branch 999 Dinner Committee etc.



The photos will be reviewed by the Public Relations Committee and if approved added to the ICF website in

the new area. The photos will be updated periodically throughout the year. Our hope with this added area is that it will get more of our members and others to visit the website on a regular basis and to promote a sense of family throughout the Federation.

Sincerely,
Leonard Zasoski, Jr.
Public Relations Committee
Chairperson



Livermore

Br. 285, St. Filomena

As we celebrate the month of March, we wish all a happy St. Patrick's Day and a holy St. Joseph's Day.

Our February social meeting at St. Augustine Hall, was a pre-Lenten get together with a Carnivale theme. All wore masks, had refreshments outdoors, and went inside for our meeting and some rousing "Mardi Gras" bingo. It was wonderful to meet in person.

In February our Board members sent Valentine Cards to our home bound, sick members and those who we have not seen for a while.

In March we meet again at St. Augustine. We will have our annual St. Joseph's table, collecting nonperishable goods to be donated to St. Vincent de Paul. We hope to have a guest speaker, Phil Scola, who will talk about the life and music of Frank Sinatra.

Last month, eight members of our Branch volunteered to package food for Kids Against Hunger. It was such a rewarding experience. We hope to volunteer soon for the Community Care program at St. Michael's, organizing, packing, and handing out food to those in need in our community.

We want to keep our Chaplin, Father Fili, and the Grubbs family, in our prayers, who both recently lost family members. Father Cardelli, of course, is always remembered fondly and with love by our Branch.

Branch 285's upcoming restaurant fundraiser will be held in Pleasanton at Sidetrack Restaurant in March.

Looking forward to a Spiritual Lenten season as we prepare for the Lord's Resurrection.
Ciao for now, Carolina

Castro Valley

Br. 343, Our Lady of Grace

We had our first meeting since Nov., via Zoom, tonight. The turnout was sparse, but we were able to discuss some issues about reintroducing the ICF to the parishes and fund raising. Our charities still need to be supported so we still need to keep working for them. Join us at the next meeting with lots of ideas.

Lent will be with us before we get together again. During this time when we reexamine our relationship with our religion, hopefully we will look at our relationship with each other and where we can be more supportive.

To all the Irish and would-be Irish, a Happy St. Patrick's Day.

*Pat Grasso,
Sec.Br. #343*

CONTRA COSTA District Council

Happy March to all from the Contra Costa district! Here's our news for this month:

Our delegates voted to cancel the district-wide Installation of Officers. Branches will install their officers at their branch meetings.

We had a Mardi Gras theme at our February district meeting. We reviewed our 2022 calendar and started planning our Bishop's Day celebration with the East Bay district which our district is hosting this year. Walter Costa is our contact with the diocese and is working on finding a date in conjunction with our bishop. Other activities we are looking forward to this year are our district mass and breakfast, the Italian night at the Oakland A's game and our annual Christmas party.

An email will be sent with details for our next meeting. Each branch can have three voting delegates and guests from the branches are always welcome. Please let your President know if you are interested in being a delegate. We meet about five times a year in Martinez at the Round Table Restaurant's party room. Presidents, please add this topic to your next meeting agenda.

Happy St. Patrick's Day and St. Joseph's Day to all!

*Diana Mackinson, First Vice President
Contra Costa District*

Martinez

Br. 13, San Martino

Have you thought about what we must do to "merit to be coheirs to eternal life" in the kingdom of God?

An heir to a kingdom seems odd, but we believe that we're heirs in a real sense more legitimate than Prince Charles' succession. It's our birthright given to us at baptism when God presented us new identities as His children.

Merit usually means a reward or payback owed for the action of an individual. But that doesn't make sense with God. Anything that we might "earn" or "deserve" by our works of charity is first and foremost due to God's grace. Even when we do something good for others, we believe that it is God's grace which inspired us to do so in the first place. So, the reward we're given isn't only because of our generosity to others, but also because of God's generosity to us.

A royal prince as an heir to a throne doesn't deserve to be king any more than the supermarket checker, but he is given that honor by his birth. Similarly, we are the princes and princesses of the Kingdom of God; not by anything we've done to earn that

position, but because of the waters of baptism and the generosity of the grace of God. We're given the same blessing as Christ to be risen from the dead and raised to glory.

So, what we must do to merit this gift is simply celebrate the Eucharist and give thanks to God for His unbounded love.

*Enjoy your Saints Patrick's and Joseph's days,
Mary Cook*

Crockett

Br. 14, San Carlo

Ciao Amici,

In March we observe the beginning of Lent, a season of self-sacrifice, denial and repentance. As Catholics, we take this time to give up something we really enjoy to remember the sacrifice Jesus made for us. I spoke to some ICF friends and asked what they planned to give up for Lent. Here are a few of the more interesting responses:

- 1) "On-line shopping"
 - 2) "Taking extra sugar packets from Starbucks"
 - 3) "Nagging my husband" (who I then heard in the background say, "that'll be the day")
 - 4) "Gossiping about (name withheld)"
 - 5) "Swearing"
- (Whatever happened to giving up coffee or chocolate?)

We are saddened by the passing of our friend Johanna Orchino. Johanna always had a friendly smile and welcoming words for everyone. We will remember her kindness, and send our love and prayers to her family.

March also means it's time for our Corned Beef and Cabbage Dinner. For the bargain price of \$25, we'll be serving the best corned beef & cabbage you'll ever have, potatoes, carrots, roll & butter, and dessert. Drive-thru dinners can be picked up between 4pm and 6pm on Saturday, March 26th at the Crockett Boy Scout Hall (991 Loring Ave). Please reserve your dinners in advance by contacting Donna @ (510) 367-5669, or emailing dhoffm3101@aol.com no later than March 21st.

In the spirit of both Lent and St. Patrick's Day, I leave you with the following Irish saying:

"May you live to be a hundred years, with one extra year to repent."

*Blessings,
~Helen*



Pittsburg

Br. 72, San Domenico

Dear Members,

Hope this finds all of you happy and healthy. It is the month of March. So, It is time to celebrate both St. Joseph and St. Patrick's day. There are many novena's to both of them. I would like to recommend my favorite St. Joseph novena. It is the Holy Cloak 30 day novena. It is a very powerful novena. You can find it online.

As you know, our members voted not to meet in person for the time being. However, the plan is to meet next month in April. Watch in the mail for your invitation with all the details. We will go to lunch and the meeting will follow. Our mentor, Peggy Aiello Hagerthy sends her regards to all of you. She is looking forward to seeing you at our next meeting. In the meanwhile, Let's keep calling one another.

Our District has planned this year's calendar. We look forward to joining in on the festivities. Such as, Bishop's day, Italian night at the Oakland A's baseball game and the District Mass with breakfast to follow. An invitation will be mailed to each of you for each event.

Thank you for mailing your 2022 dues check. We are waiting on a few more. So, Unless mailed. Please send it right away. Make sure your check for \$42.20 is made payable to ICF branch 72. Then mail it to: 953 Veterans Drive Martinez, CA. 94553. Thank you.

That is all for this time. As we say in Pittsburg, Sempre Avanti.

*Your President and friend,
Patty*

Richmond

Br. 154, St. Raymond

Since the January meeting was cancelled due to the Omicron variant, our February meeting was the first meeting of the year.

As we aim to get back to some sort of normalcy it is important to have your input and feedback. Our main goal is to get back to hosting our two fundraisers. We hope to do this as Covid restrictions are lifting.

The club calendar is available and will be at the next meeting. Please pick one up.

We hope to see you soon! Stay safe.

**Deadline
for April Issue
is March 10th.
Send articles and
photos:
editor@icf.org**

Pleasant Hill Br. 442, Christ the King

Here we are in March! It's almost officially Spring!

At our officers' meeting in February, we planned the events and activities for our Branch 442. A calendar will be forthcoming to the membership soon. Note that there will not be a meeting in July. Si vede che tante persone sono in vacanza e così aspettiamo fine Agosto.

The District Installation of Officers was cancelled; however, our Branch Installation took place on Sunday, February 27, with our President Diana Mackinson, presiding. Along with our Installation and luncheon, we had a basket raffle.

We will be celebrating the feast of St. Joseph on March 19. Plans are being made now, but your help is always needed. Please contact Diana if you can assist.

The Tea has been rescheduled for Saturday, April 30. It will be held at St. Andrew's Presbyterian Church in Pleasant Hill. At this writing, we have 12 members who have said they would like to "hostess" a table. Thanks very much! More details on time and ticket price will be coming to you in the near future.

This year will be fun with lots of activities and getting together with our members and friends. Till we meet again...

Ci vediamo quando siamo piu' vecchi, Teri Martinucci Hurlbut

BLESSED SACRAMENT

Roseville Br. 438, St. Clare of Assisi

As we continue to navigate through this pandemic, we aim to keep all of our members safe and healthy. Due to the recent surge of the Omicron variant, the installation of officers that was scheduled in January, has been postponed for a later date. We've learned to be very flexible these days. Thanks to our Board for an incredible couple of years of recovery and for all their hard work guarding over Branch # 438 during this unusual time.

Our Branch members will be filling out a survey at our next dinner meeting with the aim of improving our meetings and coming up with new ideas to better serve our Parish community. We'll be having our membership drive Feb. 12th and 13th and we encourage everyone to consider joining ICF.

Mark your calendars for a couple of events coming up soon. The Lenten Soup Supper is scheduled for Friday,

March 18th, followed by our St. Joseph's Table on March 19th and 20th. The St. Joseph table is one of our favorite fundraisers and a wonderful way to pay tribute to our dear St. Joseph. A special thank you goes out to Yvonne Perry, who will be serving as chairperson for this event.

We'd like to remember our dear friend, Antoinette Radice, who recently passed away, and ask for the Lord's blessings as we prepare for the holy season of Lent.

*Until next time,
Anne Finn*

SANTA ROSA District Council

It seems that our flight pattern has changed drastically. There will be no Installation of Officers in Healdsburg on February 26. The branches will be divided up between

Robert Acquistapace and Carmen Killcullen. Just learned these details tonite!! when I was attending Desert Meeting in Santa Rosa, Br. #198. Quite a surprise.

Without a doubt the Calendars for 2022 are still going to Press and I have the wonderful help of President Dennice DiGirolamo.

Santa Rosa District council is having a Meeting on March 20, 2022 in Santa Rosa at 1:30 p.m. at St. Eugene's.

I will have more news for you all next month after the Installation Process.

Please remember to support your Branch and other branches which are in your near vicinity.

*Marilyn Sylvestri
Recording-Secretary*

Healdsburg Br. 52, San Francesco Di Sales

Upcoming events:

ICF Meeting: Tuesday, March 8 at 6:00 p.m. in the rectory.

ICF Monthly Mass: March 6 at the 8:00 a.m. Mass.

April 8: Fish Fry. This will be our first in-person event in two years! Come and join us! Price: \$45.00 per person. Call Carman and Lauren for reservation: 707-595-3111 or purchase your tickets after 10:00 Masses. Scott Cavallo and crew will be cooking the delicious fish. Pasta, coleslaw, bread and dessert are also on the menu. Julie Tomasin is looking for raffle prizes and silent auction items. Deadline is April 3.

If you haven't paid your 2022 dues, please send them to Carmen Killcullen, soon.

We say goodbye to Mary Lou and Bill Jones, as they move to Arizona. Both

have been very active in our branch and parish. We will miss their friendship and dedication and wish them much happiness in their new home.

*Happy St. Patrick's Day!
Lauren*

Cloverdale Br. 75, L'Annunciata

This beautiful Holy Water Dispenser was donated to St. Peter's by branch orators, Ken and Claudia Cuneo!

There is a matching one across the aisle from it. The water dispenses itself safely- a no-touch design to protect our parishioners from each other during this COVID pandemic.



Br. 75, Shares no-touch Holy Water Dispenser

We've missed this special Sacramental that replicates our Baptism and reminds us to cleanse ourselves because we are entering Sacred Ground and The Real Presence of Our Lord and Savior, Jesus Christ! Awesome!

Our branch postponed The Chicken/Spaghetti Citrus Fair Drive Through until April 23rd to coincide with Cloverdale's Citrus Fair. We have plans along with its Chairman, Ken Cuneo, to make it a great event.

Our Feb. 17th's meeting features sweets, sandwiches, sparkling wine, and guests for a post Valentine's Day celebration.

In March we will be "wearing the green" and having Ernie Giampoli and Bob Acquistapace serving up Corn Beef and Cabbage!

We're starting to normalize and feel like ourselves again as we bless ourselves with Holy Water "In the Name of the Father, and of the Son, and of The Holy Spirit! Amen."



Santa Rosa District President Dennice DiGirolamo hands the Santa Rosa District President's Award plaque for Elena David to Branch #144 President Linda Spallino. Elena David could not attend due to serious illness.



Santa Rosa District President Di Girolamo holds Elena David's District President's Award plaque in her hands.

Petaluma Br. 127, St. Vincent

Dear members,

We have moved our Bakeless Bake Sale to March so be on the lookout in the mail for a message and request from Margaret Cordrey. This is the only certain fundraiser for this year so please be as generous as possible. We have a young man that we have been helping with a scholarship for the last three years. This will be his fourth year and the ICF scholarship for fourth year is \$1000 and we would really like to finish as we started.

A big thank you to Heather Windsor-Martzen who donated a first-year scholarship in memory of her sister, Holly.

A big thank you to all our members for all your support during what has been a difficult time for all of us!

Dennice DiGirolamo

Arcata Br. 144, St. Mary

On January 29, installation of officers was held at Sacred Heart church hall. District President Dennice DiGirolamo from Santa Rosa installed the officers. After the Installation, Bob Acquistapace presented the District President's Award to Elena David. Since Elena has been in the hospital for three months, she was not present to accept the award. Elena's family will see that she receives the plaque. The packet that Br. 144 presented to the District in nominating Elena contained letters from Fr. Francis, Deacon Gai, Pres. Linda, Soroptimist, Arcata Fire District and Arcata Police Department. The letters were very impressive stating how Elena has served her community over the years.

On Mar. 19 and Mar. 20 we will present our St. Joseph's table to the parish. Our members are asked to bake goodies for the table. Parishioners are asked to make a donation for the food. Donations received will be given to St. Vincent DePaul. Heat up those ovens!!

Just a reminder that membership dues are currently due. Treasurer Michael DalPorto has mailed out the bills. Please return your dues as soon as possible.

Stay tuned to the next *Bollettino* issue for the final results of the Chicken Polenta Take-out Dinner and Super Bowl Peanut Butter and Jelly collection for Betty Chin.

By the time you read this, Lent will be in full swing. Now is the time to reflect on our lives and ask ourselves how we can become closer to the Lord.

*Happy St. Patrick's Day to all!!
Rosemary*



Branch officers of St. Mary Arcata #144 and St. Ambrose Eureka #145 are jointly installed during a luncheon at Sacred Heart Parish Hall in Eureka on January 29th.

Eureka **Br. 145, St. Ambrose**

Thank you to everyone who attended the joint installation box luncheon for Branches 145 and 144. It was a great success. Thank you to the delegation led by our Santa Rosa District President Dennice DiGirolamo for making the trip to Humboldt County to perform the installation.

The Betty Chinn Super Bowl of peanut butter and jelly collection competition was a huge success. The champion of the Super bowl of Peanut Butter and Jelly was not known at press time. The winner will be announced in next month's article.

Please contact Gene Senestraro or Jerry Colivas or jerry.colivas@yahoo.com for applications for the Jerry J. Colivas Memorial Scholarship applications.

Santa Rosa **Br. 198, St. Eugene**

Dear Brothers and Sisters,

Our February Valentine's meeting opened with Past Grand President Bob Acquistapace installing the new officers of our Branch and ended with homemade cookies made by our Branch members. We ate cookies while we played Bingo.

The scheduled March 5th fundraiser was postponed, and a new date will be set for later in the year.

Ernie Giampaoli and his faithful crew will prepare our Corned Beef dinner



Branch 27 members preparing for the annual orange sale on January 29th

for March 7th at 6:00 p.m. in the Parish Life Center. The cost for members will be \$10.00.

Also, at our March 7th meeting we look forward to initiating several new members into our Branch. We are excited to have them become part of our Branch 198 family.

Mass for our living and deceased members will be at the 9:00 a.m. Mass in the Cathedral on March 27th. Please try to attend.

Our April meeting will be at 6:00 p.m. in the Parish Life Center followed by dessert and Bingo.

May God bless the members of I.C.F. and keep them well.

Ciao,
Gail Bongi-Azevedo

FRESNO

Madera **Br. 27, Santissimo** **Crocifisso**

Greetings to all Members!

Fifteen of our members gathered on the brisk but sunny Saturday morning of January 29th, to clean and pack fresh oranges for our annual orange sale. The efforts of the group raised \$390 in total. Thank you to all who participated and especially to Jim and Kerin Cavallero for hosting the preparations and donating the oranges.

With heavy hearts, we must say farewell to Rosemary and Lou Janis as they depart for their new home in Texas. We are deeply grateful to Rosemary for her excellent stewardship of our ICF branch as the President for the past two years, and we wish them both much happiness in the future. As we wish them "Bouna Fortuna", the fitting words of the old Irish prayer come to mind:

*May the road rise up to meet you
May the wind always be at your back*

*May the sun shine warm upon your face;
The rains fall soft upon your fields and*

*Until we meet again,
May God hold you in the palm of His hand.*

Ciao, Mary Keitz

Merced Br. 39, St. Cecilia

At our last meeting, we were served a delicious and sumptuous meal by Michael Belluomini and crew. Among the delicacies was cooked cardoni, donated by Marchini Farms.

At this meeting, we approved the 2022 calendar of events and annual budget.

During a special ceremony, the Branch President Chris Martin thanked Michael Belluomini for his service as president of the branch over the last few years. His leadership and dedication has kept the branch strong and vital despite the challenges of the pandemic. We are all grateful for his service and leadership.

We also held a successful pasta sauce sale that evening with approximately 160 quarts of pasta sauce sold. The sauce was delicious and it's no wonder that it sold so well. Thank you to Maryellen and her crew for all the hard work.

The branch will also hold a special mass at St. Patrick's for Monsignor Cardelli, long time ICF Spiritual Director.

The Italo-American Lodge has approached us about joint fundraisers. We agree to co-host a Chicken Cacciatore and Polenta Dinner in October.

Vince Piro

Sanger Br. 70, Sant' Antonio

Greetings from Sanger! We had our first in person meeting after 2 years of not getting together. We were all so glad to see each other and celebrated with a delicious potluck lunch before the meeting, which was led by President Kay Lopez. We were brought up to date on the near future plans.

On March 13, we will have our St. Patrick's dinner fundraiser benefiting St. Mary's Church. Due to continued concern for the Covid virus, this will be a take-out dinner only and tickets are available now from our members.

May 15 will be our Bake Sale at St. Mary's outside, in front of the church. This will be for Branch 70.

We are saddened to report that our past President, Joe Carrara, passed away at the age of 86. He was a kind and wonderful man who had done much for our community. We extend our condolences to his wife Florence and their family.

Our next meeting will be on February 26.

*That's all for now.
God Bless,
Orsolina Casella*

Clovis Br. 250, Our Lady of Perpetual Help

Greetings for 2022! You made it through a crazy 2021 and you're probably chomping at the bit to get out and get going. Good luck!

Belated January greetings to Verona DeLuca and Ron Travis. Verona is a charter member, joining our Branch when it was formed in 1970! That's loyalty and perseverance!

Also, congrats to our February celebrants Sherrie Attolico and Kaiyah Lee!

We are pleased to report that Angelo Lavagnino is home following a six-day hospital stay due to the Covid virus. Also keep praying for ill or home-bound members Mary Beth Mueller, Verona DeLuca, and Glory Spatafore.

We are pleased to announce that Melissa Squeo has been recognized as the "Teacher of the Year" by the Kernman school district for her dedication to the teaching profession and to her community. She is now being considered for even higher honors (perhaps California Teacher of

Thought for the month:

"What can we give him for all that he's done?

He has given us everything---even his son.

Perhaps if we asked him how best to convey

Our thanksgiving, he'd smile and then quietly say, "There's but one thing I ask all my children to do: Love one another as I have loved you'" (Anon)

*Ciao,
Fiorena Farina*

Fresno Br. 308, St Anthony

I hope everyone is well and safe. Our Tahoe Joe's fund raiser in December was a success. Thank you to all that sold and bought tickets. This type of fund raiser may become our major source of income for the foreseeable future. Due to the increase of COVID/Omicron infections I canceled our February meeting. As we move into March, we are looking at another year without our Friday Lent dinners. Parish COVID safety measures are preventing access to St. Anthony School. The school kitchen and cafeteria are still off limits to non-school clubs. We can't even get into our storage locker for supplies. Therefore, our Lent Dinners, our main social event and fund raiser, is shelved for another year. Our sausage sandwich sales are on hold as well. I know other clubs are doing take-out and some in-person dining. Obviously, each Parish applies COVID safety protocols to their own situation.



Br 250, Clovis, CA - Congratulations go to our member, Melissa Squeo (center), for her award as Teacher of the Year, 2021.

I'm planning on an in-person Board meeting in March so we can plan for another Tahoe Joe's style fund raiser. Perhaps a different venue, bring your ideas. And we'll plan our St. Patrick's General meeting. See you in March.

*One day at a time.
Jay Newsome*

MONTEREY CENTRAL COAST

Santa Cruz Br. 21, N.S. Del Soccorso

Hello, everyone. We hope that you all are doing well. At our last meeting, several items were put into the works for future fun. One is that on March 16th we will be having a take-out dinner of Corned Beef and Cabbage to celebrate St. Patrick's Day. If you want to order a dinner, please call Vicky Howell or you can make reservations online at icfbr21@gmail.com. Orders cut-off date is March 14th.

Also, at our next General Meeting on March 1st, we will celebrate "Fat Tuesday" Mardi Gras with a festive meal. Festivities will start at 4:30 at Holy Cross Hall. Mask and Covid restrictions are loosening up and we are seeing a bright light at the end of the tunnel. So, please come and have a nice visit with your Branch 21 friends.

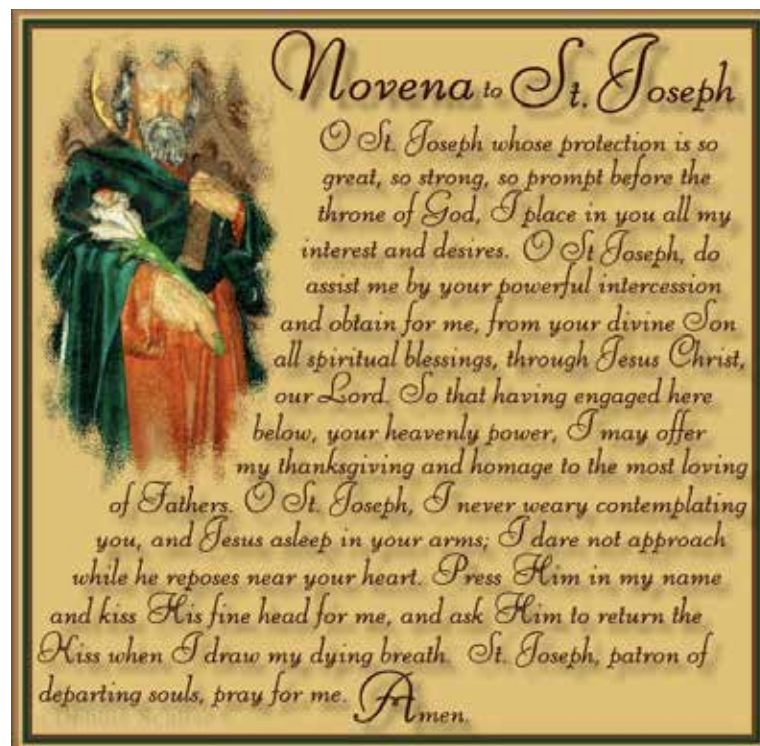
If you have a student graduating this year, we encourage that your student applies for an ICF Scholarship. Applications are available at each high school Counselor's office or you can print one from the ICF website: www.ICF.org. The cut-off date for applications is March 15th. If you have any questions, you can call the ICF office at 1-888-423-1924.

We hope to see you at our next meeting. There is a saying: "You can't candy-coat an unsweetened world but getting together can sure make living in it a bit sweeter."

May the Good Lord continue to bless us, one and all.

Patty Morelli

Trustee- Branch 21



Monterey Br. 36, Santa Rosalia

Lent- "Let light shine out darkness".
2 Corinthians 4:6

February 4, we had our Valentine dinner-meeting.

Menu was, stuffed pork loin, basil tomato sauce over creamy polenta, vegetables, salad, and brownies.

Todd and Jean Sanchez were given one dozen roses, candy, and bottle of wine for the longest married couple of 68 years. Ruth Flynn was given a special Valentine gift. 50/50 raffle of \$240.00 was won by Marco Galeazzi. Attendance award of 75.00 was won by John Webster.

Friday Lenten dinners will begin on March 4, 2022, thru April 15, 2022, at Elks Lodge Monterey, 150 Mar Vista, Monterey, CA, will be Drive-Thru Take Out. Time: 5:00 p.m. - 6:30 p.m. Cost \$20.00 per ticket (delivery \$23.00 pre-paid). For tickets and information, MontereyICF.org. Elaine Valentine 831-521-8026.

March 15, 2022, ICF # 36 and Central Council Scholarship applications are due. More information call Sandie Russo 831-521-4866 or check website MontereyICF.org

Congratulations and Birthday wishes to Dolores Kaelin, she will be turning 100 years old on March 15, 2022. Also, Ruth Flynn celebrating her 104th birthday on March 30th,

We continue to pray for all our members and their families that been affected with COVID, other illnesses, hospitals stayed and for our home-bound members.

We are saddened to report Salvatore Cardinale recently passed away. Our condolences to his wife Sandra and his family. May he Rest in Peace.

*Live Lent with Love,
Elaine Valentine
ICF #36 President*

Castroville Br. 51, Santa Caterina de Siena

We set the date for our polenta fundraiser on April 24, 2002. The money we make helps us fund our scholarships for graduating seniors, as well as enables us to make donations to the seminarians, our parish, and the religious education department of our parish. This will be a take-out only event. We will be sending flyers out to all of the branches as we get closer.

We would like to wish a very happy birthday to Bethany Barlow, Nathan Cortopassi, and Frank Rossi from all of us in Branch 51.

Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you



Dolores Kaelin - 100 Years Old Branch 36



Salvatore Cardinale 1931 to 2022 Branch 36

Christ became man. Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy, and courage, and defend us from every evil. Amen." Prayer by Pope Francis.

*Stay healthy,
Stefani Cortopassi*

Aptos Br. 227, St. Joseph

Our February meeting had 40 members in attendance. They enjoyed Chicken Cacciatore and polenta prepared by Dan Casagrande and Sharleen Hedgpeth. Heidi Ambiel donated three boxes of Godiva chocolates for the raffle. President Franklyn Lopes honored Alice Ponza who is the only remaining charter member of our branch, which started 54 years ago.

Plans are finalized for our April 8 dinner featuring spaghetti and grilled fish, Caesar salad, and garlic bread. Members are asked to bring desserts. The dinner will be at Aptos Resurrection Hall and the deadline for reservations is April 1. Prices are \$15 for adults and \$7 for children.

We will award the following \$400 scholarships: The ICF First Year scholarship, the Frank Locatelli Memorial, and the Otto Ambiel Memorial. Applicants can be from Soquel High, Aptos High, St. Francis, or Harbor High. The deadline for applications is March 15. At our meeting Jean Dunn, Valerie Vote, Margaret Margo and Kathy Melville all spoke



Tod and Jean Sanchez - Married 68 years Branch 36



Ruth Flynn - Age 104 Branch 36

of how helpful scholarships were for their families.

Trustee Dottie Smith is preparing a list of members who need a ride to meetings and members able to drive them. Let her know if you are interested.

The annual picnic will be at Shaffer Park in Santa Cruz on September 17. Since it is our turn to host the district picnic, we are combining the two events. Many thanks to Wayne Shaffer for offering the use of his park.

Please pray for Nancy Prevedelli who is recovering from back surgery and Sister Judy Silva who underwent surgery for a broken hand.

*Happy St Patrick's Day
Deanna Musler, Secretary*



Arroyo Grande Br. 291, St. Patrick

Spring is right around the corner, and so are our Lenten Fish Frys! After a 2-year hiatus, Branch 291 is very excited to serve our delicious fish dinners once again to the St. Patrick's Church community and beyond! We're making a slight change to our dinner selection this year by only offering a 2-piece fish dinner for \$15, that also includes fries and our famous homemade coleslaw! Plus, we will have our popular dessert table, where you can choose from a variety of delicious cakes for a small donation, and a bar offering beer, wine, soda and bottled water for purchase. Our parish hall will be open for indoor dining, plus we always offer "to-go" dinners. Please join us at St. Patrick's Church in Arroyo Grande for a delicious fish dinner on the following Fridays: March 4th, March 11th, March 25th, April 1st and April 8th. (Please note: there is no fish fry on March 18th due to the St. Patrick's Church corn beef and cabbage dinner the following day.)

At our March 27th General Meeting, we will be celebrating our St. Joseph's Table! Members are asked to bring to the meeting non-perishable food, household products or toiletries to fill up our table. All items brought to our St. Joseph's Table will be donated to the St. Patrick's Outreach Program.

Please continue to keep all our members in your prayers who may be experiencing illness, pain or loss at this time.

*Happy St. Patrick's Day!
Keely Sanchez
Recording Secretary*

Paso Robles Br. 354, Saint Rose of Lima

Unfortunately, like so many other ICF branches being careful not to spread COVID, we have had no regular meetings. However, we are very appreciative of three of our compassionate and creative members who have continued to put smiles on the faces of 66 patients in a local skilled nursing facility, The Vineyard. Irma Zanini, Joan Ryder, and Marianne Cates have made cheery tray favors for both Christmas and Valentine's Day. Thank you!!

*Yvonne Maddalena
Recording Secretary*



SAN JOSE SANTA CLARA VALLEY District

Gilroy Br. 28, Santa Maria Ausiliatrice

At the installation ceremonies at St. Mary of the Immaculate Conception in Los Gatos on January 8, 2022, there were three new people installed to board positions. Sondra Serenka and Frank Angelino, as Trustees and Christine Shackel as Sentinel. Sondra has been a member of Br. 28 since 2014. Frank has been a member of Br. 28 since 2007, and Christine has been a member since 2010. Branch 28 would like to convey their sincere appreciation to Frank, Sondra, and Christine for giving their time and effort to steering Br. 28 on our future course.

Our January and February dinner meetings have been cancelled due to covid concerns, God willing we will all be together again for our March 21st dinner meeting.

As we furiously fight this nebulous foe, we humbly look to our co-patroness Elizabeth Ann Seton and co-patroness Frances X. Cabrini, and to the All Powerful, All Knowing, and All Present and recite these first four lines of the Twenty-Third Psalm.

A Psalm of David:

The Lord is my shepherd; I shall not want.

He makes me to lie down in green pastures,

He leads me beside the still waters.

He restores my soul.

The President's letter will continue to go out to all members with pertinent Br. 28 information and a look back at Br. 28's ninety years. All members should have received the 2022 dues statement. We very much appreciate your continued membership and support. The adjoining photo shows the 1980 Branch 28 Board members.

*Peace and God Bless,
Kim M. Filice*

St. Mary Br. 184, Los Gatos

The Installation of Officers was held at our Church on January 8, with a lovely Mass. Rather than the officers going forward to be installed, we stood at our place for the swearing in. Afterwards we enjoyed company and a great meal at the Three Flames Restaurant. (See photo)

Lent begins Wednesday March 2 and



Br. 28 - Board officers for Br. 28 in 1980. Standing: Louis DeLorenzo, Orator; Eddie Masini, Trustee; Jerry Hazelburg, President; Eleanor Frusetta, Secretary; John Roffinella, First Vice-president; Rosalee Russo, Second Vice-president. Sitting: Mary Ann Pappani, Financial Secretary; Didi Matteucci, Treasurer; Ray Cadei, Sentinel; Mimi Serafin, Trustee; Viola Carr, Trustee.



Br. 28 - Newly installed Sentinel Christine Shackel alongside husband Roy Shackel



Sondra Serenka and Joe Fortino.jpg Br. 28 - Newly installed Br. 28 Trustee Sondra Serenka alongside Br. 28 Past President, Joe Fortino



Br. 28 - Newly installed Br. 28 Trustee Frank Angelino alongside his sister Geraldine Meacham



Br. 184, Pictured are Andy Pappani, Denise Antonowicz, Fr. Greg Kimm, Bob Basuino, Deborah Rodondi, Franklyn Lopes and Fr. George Aranha. All were seated at the head table at the Three Flames Restaurant, after the Installation Mass at St. Mary Church in Los Gatos.

ends on Easter, April 17. It is a season in the Church year for us to contemplate the death, suffering and Resurrection of our Lord. May we join in this season with our hearts and minds. I remember that it wasn't easy as a child to give up candy for 40 days! My brother gave up smoking for 40 days, and never started the habit again! Jesus fasted for 40 days in the desert. I'm sure that we can think of some way to honor our Lord through Prayer, sacrifice and good works.

The ICF has awarded scholarships to over 6000 students since 1964. Each Spring, applications are available to students who are Roman Catholic and of Italian descent, or not of Italian descent but Roman Catholic. Applications forms are available online at the

Italian Catholic Federation Website.

In closing, I wish you a Happy St. Patrick's Day on March 17 and then St. Joseph's Day, which is March 19. Time for Pasta Con Sarde with Modica!

*Ciao for now,
Lucy Amico*

**Deadline
for April Issue
is March 10th.
Send articles and
photos:
editor@icf.org**

San Jose Br. 191, Saint Francis Cabrini

It is almost spring. Well, our weather is sure acting that way! Our February Board Meeting covered many activities for our members in this new year.

The first general meeting will take place on Saturday Feb 26th at 10am. Our breakfast will be French Toast, all the breakfast sides, and our general meeting will follow breakfast. We are excited about this new time change, and hope that many members will attend. Hope to see each and every one of you there!

The month of March has our general meeting on Saturday March 26th. The meeting will be held first, followed by lunch. This time, St. Joseph's Day will be highlighted, with our lunch being in tradition of the St. Joseph's Day Celebrations. (meat free).

Also, SFC Church will continue its tradition of Soup Nights during the Lenten Season. On March 23, ICF will be preparing the soup for that evening. Please arrive to these social events to enjoy some culinary delights.!

Our annual fundraiser (chicken cacciatore/polenta) dinner has been changed to a different menu and format. It will possibly take place in April but being a drive - thru pick up pasta dinner in a box. Watch for more details and dates regarding this new approach to our annual fundraiser dinner. And we can ALWAYS use volunteers to help with these activities and projects.

May we pray for the sick members of our Branch for healing powers and strength from God. Let us pray for the soul of one of our deceased members, Donna Tonry. As a member she was always creative in her selling abilities of our calendars. May she rest in eternal life.

*Happy Spring
Shirley Catania
sentinel*



Br. 191, Two friends enjoying Christmas time Shopping!

San Jose Br. 368, Santa Teresa de Avila

Get your copy! Father George Aranha's new book, *The Pandemic Priest, Lifting Hearts in Covid Times*, is available. The book has important reasons to be relevant for us today. It shows in very practical ways how faith communities can thrive even in the midst of the Corona Virus Crisis. It serves as a historical record of the most devastating and global health crisis the world as ever faced in recent times. The book will continue to remind us of what we did for one another during the challenging times of the pandemic. Save the date, April 29, 2022, for our Goodwill Event / Garage Sale. Jerry & Joann Opp will be organizing the event. Santa Teresa will get paid, by Goodwill, by the pound, for items not sold at the sale. So, start saving your items and order a booth. There will be a charge for a booth. Please see below and also check the ICF website, ICF.org, for information regarding the ICF Scholarship Program, deadline, March 15, 2022. The board has requested that everyone complete a survey for planning activities for 2022. Return survey to Mary Ridi (mmridi@aol.com) or drop off in the parish office at the ICF Mary's mailbox. Hope you enjoyed the Santa Teresa's Crab Feed. Joyce Robba, Kim Cadigal and many others did a great job.

Have a wonderful day, and let me know if you have something to put in the Bollettino at: myers.tr@gmail.com

Thank you!
Tom Myers,

San Jose Br. 391, St. Martin of Tours

We hope you all had a great Valentine's Day!

Lent starts later this year on March 2, and we wish you all a blessed Lenten season.

Thank you, Tina Rossi, for continuing to be our calendar chairperson and for processing our annual dues. Members, please send your dues if you haven't done so.

First year scholarship forms are due on March 15. Forms can be downloaded at icf.org or you may contact Chairperson Mary Lipari directly.

President Mike Rossi wishes you all a Happy Spring and reminds us that daylight savings time comes on March 13—don't forget to set your clocks forward.

Although we can't be together, Branch 391 wishes you a Holy St Joseph's Day and a Happy St Patrick Day!

Janis Patellaro





ATTENTION GRADUATING SENIORS:
THE "ITALIAN CATHOLIC FEDERATION"
OFFERS \$400.00 SCHOLARSHIPS
TO ROMAN CATHOLIC
GRADUATING SENIORS OF ITALIAN DESCENT
WHO HAVE A CUMULATIVE GPA OF AT LEAST 3.2.
(Calculated from Gr. 9 to 1st qtr. or sem. of Gr. 12.)

► If either Roman Catholic parent or grandparent is a member of the "Italian Catholic Federation," applicant must be Roman Catholic but need not be of Italian Descent, or live where Branches are established, to qualify.

FOR MORE INFORMATION:

- SEE YOUR CLASS COUNSELOR.
- CALL THE "ITALIAN CATHOLIC FEDERATION" OFFICE AT 1-888-423-1924.
- VISIT OUR WEB SITE AT WWW.ICF.ORG

(Application Deadline: March 15, 2022)

Sunnyvale Br. 408, Resurrection

Happy St Joseph's Day !

Happy St Patrick's Day !

As we make our Lenten Journey to the Easter Celebration, we wish all members a prayerful time of Reflection and Renewal.

Our Branch Hosted the first Friday Lenten Soup with Sandra and Steve leading the Reflections.

Our Spring Blood Drive was held Sunday 6th March from 8 a.m. – 1p.m. using the Stanford Mobile unit outside the Farana Center. It was a successful event. We thank you for our Support as Blood supplies remain critical in these COVID Times.

We continue to hold our monthly meetings via Zoom on the fourth Monday of the Month -with Sandra Hosting and Coordinating for us – Thank you Sandra!

Please Pray for our Members who need our prayers: Al Chantelope, Steve Richey, and Dori Blefari.

Morgan Hill Br. 435, Santa Caterina D'Alessandria

Installation of Officers occurred at St Mary church in Los Gatos on January 8. Officers Installed from our Branch were:

Giulia Gallego, President -
 Catherine Ellis, Recording Secretary and Correspondent -
 Sheila Waters, Financial Secretary -
 Giovanni Foggiato, Treasurer -
 Gloria Subocz, Orator -
 Bill Scheid, Helga Brooks, and John Zaucha, Trustees -
 Frances Scalzo, Sentinel -
 John Gillio, Branch Mentor.



Br. 408 ICF Members currently in the Holy Land Fr George Patricia Look Jennie Casteljano Church of the Transfiguration

The following enjoyed lunch at The Three Flames Restaurant: Giulia Gallego, Catherine Ellis, Fran Scalzo, Helga Brooks, and Gloria Subocz.

It is with regret we announce the passing of Ed Enderson. Ed was a valued longtime member of the community and our branch. A service will be held at St. Catherine church on February 10.

And lastly we hope to have a location very soon for our Dinner Meetings. We will keep you posted.

A heartfelt wish for all a prayerful lent and Easter celebration!

With love,
 Sylvia Sorci,
 Charter member and past Board member



Br. 445 Shared Heritage Report

San Jose Br. 445, Transfiguration

In January, our Branch held our first 'indoor' general meeting at Transfiguration's Tabor Hall since February 2020. Attendance was few in number, but social distancing was observed and all wore masks. It was great to be together again! Janie Falcone read Mother Teresa's meaningful "Do It Anyway" poem.

Member Bill Perry updated us on our lunch ministry program "Contemplatives In Action" which began in April 2020. As of January 2022, over 9,200 sack lunches have been given to the homeless, needy and those in transition through our donations to the following community agencies: Loaves & Fishes, Amigos de Guadalupe and John XXIII Center. Bill believes we will soon reach 10,000 sack lunches for those in need. We appreciate your lead Bill and Jim Falcone in working with us in this ministry.

For our Heritage report, members Grace De Luca and Jan Stumhoffer shared reading the article "I Am An Italian American" by Angelo Bianchi. Esq.

Grace framed and donated to our Branch her July 1995 copy of this article that was published in the Italian newspaper "Il Leone". Thank you, Grace!

We extend many thanks and best wishes to you Mike Nunziata for your mentorship to our Branch over the past few years.

As we go forward in this new year, we appreciate Jim Jones who returns as our ICF Branch Mentor. Thank you, Jim.

Also, congratulations to Jim who won our January meeting door prize!

Happy March Birthday wishes to Emily Corral, Susan Echevarria and Jackie Cosentino ... Buon Compleanno e Tanti Auguri!!!

Wishing everyone a Blessed Lenten journey.

Until next month...Stay safe and well
 ;-) Jan Marianelli Stumhoffer

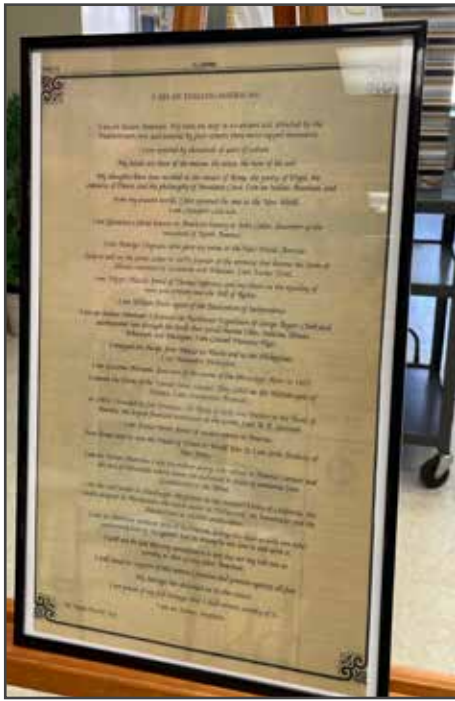


Br. 445 Janie Falcone 1st VP

Continue to next page for more
 photos from Br. 445



Br. 445 Janice & Jim Jones



Br. 445 - Grace Brown's Donation "I Am An Italian American"

Lodi Br. 82, St. Anne's

Branch 82 is not letting the events of the last few years slow us down! While we have been making changes, as is necessary for now, we are still going to continue building relationships within our faith community.

Last year we brought back our Annual Bocce and Dinner event with the dedicated help of its committee team. It was a huge success and we are working hard to continue that tradition this coming year. More details about that event will be made available in following newsletters, but mark your calendars for a fun time this summer!

Help is needed for our next event, a blood drive at the Eagle's Hall on Lockeford Street in Lodi. Please register ahead of time on the American Red Cross website to donate blood on March 15th from 8 a.m. to 2 p.m.

Volunteers interested in helping can contact on the ICF officers. Our March 22nd meeting, at 6:30 p.m., will be an Italian style Mardi Gras event with guest speaker from the American Red Cross. We will be assisting in the decoration of the Salvation Army Hope Harbor Dining Hall the first week of April. Volunteers are needed to bring joy to those in search of God's Grace and Blessings this Lenten Season.

Thank you to Dante Galeazzi, from the Central Council, for joining us at our installation ceremony in January. We wanted to extend a heartfelt thank you for his guidance with our newly re-established group.

*Corresponding Secretary
Amanda Moberly*



STOCKTON

Modesto Br. 48, St. Stanislaus

We were able to have our meeting in the church hall which was enjoyed by all. We had a visitor from Br. 82 their President Patty Litts. She will be shadowing us as we prepare for the Bishop's Burse since they will be hosting the Bishop's Burse in 2023.

We have been given permission to hold our St. Joseph's Table Celebration March 20, 2022. We invite you to join us in the church hall at 709 J Street at 2:00 PM. It is a potluck so bring your favorite dish, your family, and friends. We will have our raffle after the potluck which is always a lot of fun because the gifts are wrapped, and you don't know what you are getting. The proceeds go to St Vincent De Paul.

I hope you have a save the date on your calendar for the Bishop's Burse July 31, 2022, at 12:00 noon at the Community Center 1416 Maze Blvd. There is a 10:00 AM Mass if you wish to attend. There will be more detailed information in the upcoming Bollettinos.

Two of our members have passed away. Martha Gelsomini who was a member since 1981 passed away January 12, 2022, and Patty Bertolotti who was a member since 1975 passed away January 26, 2022. We will be having masses said for them. Please keep them and their families in your prayers.

*Have a blessed St. Joseph's Day
Stay healthy and safe.
Cecelia McGhee*



Br. 82, President Patty Litts guiding the group before a potluck dinner



Br. 82, Dante Galeazzi assisting with the installation of new members and officers.

Manteca

Br. 139, Nostra Signora del Buon Viaggio

After another delicious meal prepared by Chef Tony and wife, Ida, Branch President Birdie Nieri called our January meeting to order.

A number of I.C.F. Membership Applications were requested and delivered to our members.

Several important decisions were made, all related to conditions presented to our branch by the current COVID pandemic: 1) All the usual fund-raising activities will be put on hold until further notice.

2) The monthly Charity Donation will be suspended until normal activities resume.

3) Branch meetings will continue to be held at Cucina Queirolo in Lathrop until St. Anthony parish facilities are made available. Chef Tony's generous offer of his facility was noted.

"Tesoriera" Michelle Harmon read the I.C.F. ritual for deceased members to honor the memories of Gloria Costa, Alice Indelicato, Dan Nieri and Antonia Prestifilippo, all of whom recently passed away.

At our next meeting, President Birdie will introduce our new chaplain, Father Madhu Appanapalle.

Our meeting concluded, as usual, with prayer and the singing of the Federation Anthem.

Ciao,
Mariano



Br. 139, Yvonne Chimenti and Ida Queirolo getting ready to serve dinner.



Br. 139, Chef Tony Queirolo ready to serve dinner



Br. 139, Ed and Pattie Fichtner at the meeting.



Br. 139, Marion and Mona Elliot are ready for the meeting

Tracy

Br. 390, St. Bernard

We are grateful again to our members for renewing their memberships this past month by return mail. Those of you who have not sent them in yet, just a friendly reminder that they are due at the beginning of every year.

We also want to acknowledge receiving additional donations from some of our members when renewing their memberships and when coming into Father Fleming Hall for their take-home dinners each month. We appreciate your contributions to our various charities that will continue to serve those in need, thanks to folks like our generous members.

We will resume our monthly take-home dinners in the month of March with our terrific kitchen crew led by Mike Bacchetti - date is Thursday March 24th - menu TBA.

Steve Ridolfi continues to post the life of our branch though pictures on our Website: www.icfbranch390.org. Be sure to check out the added attraction of our HERITAGE section - If you haven't sent Steve yours yet, send them please! The newsletter on our website would love to hear from you!

Stay healthy, happy and safe.
Ciao,
Betty Hollars

Stockton

Br. 395, Presentation of the BVM

By the time you receive this Bollettino, we will already be well into Lent. Lent may be a little different again this year, but the focus is the same, to remember the sacrifice of Jesus Christ's journey into the desert for 40 days of fasting and prayer. This season of Lent will once again be one of healing and recovery for so many of our ICF family.

Our Branch will be hosting a Soup Supper after Stations of the Cross on March 11. We expect a good turnout because everyone knows that if the ICF is hosting, the soups will be incredible. Gotta love our Italian cooks! We also hope to collect donations to give back to charity.

For Heritage this month we are asking members to share what Easter/pasqua was like growing up. Members are encouraged to share traditions, pictures and of course treats are always welcome. Can't wait to hear everyone's stories.

During Lent, let us find concrete ways to overcome our indifference.
Pope Francis

Alla prossima,
Mary Ann



Br. 413, Msgr. Andre, President Robert Pachinger, and Msgr. Armistead.

Angels Camp Br. 413, St. Patrick's

Last month was our annual St. Valentine's Day Dinner Dance. I am predicting that it went well and will give an update in the next *Bollettino*.

Our parish celebrated the 50th Anniversary in the Priesthood of Msgr. John Armistead. He has driven up from Stockton to say Mass for St. Patrick's and assist Fr. John Paul Pasala for at least a year or more! All of our Branch members are very grateful to him for his kindness and caring. May God bless him always.

Msgr. Lou Andre, who also helped out Fr. John Paul by saying Mass at Our Lady of the Sierras in Arnold, has retired to an assisted living home. We will keep him in our prayers.

I have attached a picture of Msgr. Andre, President Robert Pachinger, and Msgr. Armistead.

Here we are in March already! We will be selling our annual St. Patrick's Day Corn Beef Sandwiches on the 20th of this month. The Branch is looking forward to a good turnout, and many happy participants.

Prayers for all of our ICF members and families. Thank you.

Ciao,
Annette Pachinger
Correspondence Secretary

ORANGE

Huntington Beach Br. 379, St. Bonaventure

Huntington Beach served coffee ministry after all Masses on a cold January 10 morning. It involves setting the day before and picking up bagels at 7am. A parishioner that ICF members know, came to us and told us his brother, Charles Falzon, had been hospitalized that week. Charles was our Parish Manager who helped our branch president to get a consistent monthly meeting room which is a feat in our parish. We are grateful to Charles for that. We learned this week that Charles has passed away. Several of our members will attend his Rosary on 2/15/22 at 7:30 pm and his funeral on 2/16/22 at 1:30pm. God bless you Charles. May you rest in peace. Ti amo Carlo!

Deadline
for April Issue
is March 10th.
Send articles and photos:
editor@icf.org

SAN BERNARDINO

District Council

Upland

Br. 446, Saint Anthony

On January 29, 2022, the San Bernardino District of the Italian Catholic Federation participated in their installation via Zoom. In attendance were members from Branch 210, Branch 217 and Branch 446. Grand President, Deborah Rondondi graciously administered the oath to the various officers who, in their own Zoom portal, were sworn in.

We look forward to the time when we can gather in one church, share the Eucharist together and break bread. Alas, for now, we resort to the electronic platform for socialization – the New Normal.



Our branch welcomed two new members, Mirian and Tom Bracuto. They hosted our February meeting at their community clubhouse. A delicious luncheon of chicken, bread, salad and dessert was organized by our Orator, Anna Reyna. Guests at our event were John Guerin, District President and Annie McCarthy, District Financial Secretary. John shared information concerning the ICF Scholarship program. Annie informed our members about the ICF insurance benefits.

Trustee Tony Santorufo lead the discussion on plans for our upcoming Saint Joseph's Day Table and bake sale. Mark Stratman has been instrumental in working with various bakeries in the area for their support. We are planning for a two day event on Saturday night March 19 and all day Sunday March 20. We are praying that our branch will be able to go forward with our plans to honor Saint Joseph.



Mirian and Tom Bracuto are installed as new members of Branch 446 by Mentor Nan Judge and District Financial Secretary Annie McCarthy.



San Bernardino District of the Italian Catholic Federation participated in their installation via Zoom.



Italian Catholic Federation

20th Annual Central Council

CHARITY GOLF

TOURNAMENT

Tailgate Breakfast Starts
at 9AM

Tournament Starts at
10 AM

4 Person Scramble
Range Balls

Bennett Valley Golf Course - 3330 Yulupa Ave - Santa Rosa, CA 95405

Friday
JUNE 24
2022

Catered Dinner by
Sweet T's Restaurant
at St. Eugene
Becker Center
2323 Montgomery Dr
Santa Rosa, CA

REGISTRATION FEE:
\$170 includes:
Continental Breakfast, 18
holes of Golf with Cart and
Banquet

Deadline Friday, June 17
After price per Golfer \$180
Banquet only: \$50

Make check (\$170 per Golfer - Banquet only \$50 per person) payable to Italian Catholic Federation (write Golf in memo line). Send check & form to ICF - 8393 Capwell Dr., Ste. 110, Oakland, CA 94621 no later than JUNE 17, 2022 - After June 17 cost is \$180 per Golfer

Name	Handicap

**ICF Central Council Ways and Means Committee
in conjunction with the Golf Tournament invites you to either
Wine Tasting Tour or Antiquing
Saturday, June 25, 2022 to join us at either**

**Wine Tasting in the World Famous
Dry Creek Valley**

**Antiquing in the quaint shops around
Healdsburg Plaza**

OR

Itinerary

9:30 a.m. All meet at St. John's Church, corner of Matheson and East Streets in Healdsburg.
Wine Tasters follow each other to Amisat Vineyards.
Antiquers can either walk to Healdsburg Plaza from the Church or drive the few blocks.


10:00 - 11:30 Private Tasting at award winning Amista Vineyards overlooking the vineyards of the Dry Creek Valley. A discount For wine purchases will be offered.

12:30 p.m. Antiquers & Wine Tasters will meet at the Warm Springs Dam Recreation Area for a Boxed Lunch. Stay after lunch and enjoy the Visitors Center or drive to Lake Sonoma Overlook


Cost (includes Box Lunch)

Wine Tasting	\$65 per person
Antiquers	\$25 per person

Page 2 is your reservation form and box lunch choice.
Return completed form and check made out to Italian Catholic Federation
no later than June 17, 2022 to
ICF Office 8393 Capwell Dr. Suite 110, Oakland, CA 94621



Reservation Form



Boxed Lunch & Wine Tasting or Antiquing

➔

Send completed Form & Check made out to *Italian Catholic Federation* to the
ICF Office - 8393 Capwell Drive, Suite 110, Oakland, CA 94621
no later than June 17, 2022

➔


BOXED LUNCHES


Costeaux gourmet boxed lunches include a delicious sandwich, sweet treat, seasonal fruit salad, kettle chips, along with mayonnaise and mustard on the side. Bottled water is also included.

SALAMI
 Ciabatta roll, dry salami, house made pesto, tomato, lettuce, jarlsburg cheese
 Quantity: _____

TURKEY
 Croissant, roasted turkey, avocado, lettuce, tomato
 Quantity: _____

VEGETABLE
 Multigrain roll, grilled vegetables, roasted red bell pepper, goat cheese, house made pesto, lettuce, tomato
 Quantity: _____





Name: _____ E-Mail: _____

Address, City, State & Zip _____

Phone#: _____

Number of Guests Antiquing @ \$25 per person _____ Total: _____

Number of Guests Wine Tasting @ \$65 per person _____ Total: _____