



# BOLLETTINO



## Heritage Report: Italian Heritage on Parade

Denise Antonowicz, Grand 1st Vice President

October came and went, and something happened that we've missed for a few years. PARADES! Yes, I said parades. The ICF was asked to participate in the Parade of Champions in the City of Santa Clara on Saturday, October 9th and then to return to our favorite parade, the Italian Heritage Parade, in San Francisco the next day.

October 9th was a much smaller parade just about a 1-mile event. Here's a little history about the parade. The Santa Clara Parade of Champions (SCPOC) has been a time-honored legacy in Santa Clara since 1945 when they welcomed home our World War II Heroes. Since then, generations of Santa Clarans have never forgotten the memories and sense of community that the parade reinforced year after year. They are grateful to their grass root volunteers, their Champions and Community Heroes, for the generous support in bringing back



the 50-year-old parade after a 24-year hiatus—they made history together! My yellow bug was transformed into a ride that honored our Law Enforcement partners. Our Chicken proudly waved a thin blue line flag. Thanks to my sister Germaine and Mom for helping with decorating the bug. We were surprised at how many lined the streets for this parade.

*Continued on Page 2*



TIME SENSITIVE: PLEASE DELIVER PROMPTLY!

## Santa Rosa District Bishop's Day



The Santa Rosa District hosted Bishop Robert Vasa at our annual Bishop's Day. It was great to see Bishop Vasa and meet one of our Seminarians, Christopher Girollo. Grand President Deborah Rodondi presented Bishop Vasa with \$1,500 from the Providenza Fund. District President Ken Marshall presented \$3,100 from the district. Denisse DiGirolamo presented our commitment

to pray for vocations at each meeting of the district and all branches.

Brother Paul, District Chaplain, led us in a decade of the Rosary. Pictured are Bishop Robert Vasa with participants in the program. The district thanks Grand President Deborah Rodondi and Grand Treasurer Lisa Crudo for joining us on this special day.

## Santa Clara Valley District Bishop's Day



The Santa Clara Valley District Bishop's Day was hosted by Branch 47 President Craig Noah with Fr. George Aranha as the Diocesan Chaplain and Fr. Engel Gammad as Branch 47 Chaplain. At the 10 a.m. mass, Eva Stern of Br. 47 presented the Spiritual Bouquet of prayers, masses and rosaries. Bob Basuino, Santa Clara Valley District

President and Past Grand President, offered the Seminary Burse of \$6,500 to the Most Reverend Oscar Cantu, Bishop of San Jose. Deborah Rodondi, Grand President, awarded the Providenza donation of \$2,000. A BBQ lunch followed at the church patio area, emceed by CC member and Past Grand President Michael Rossi.

## Los Angeles Archdiocese District Bishops' Day



Bishop and Seminarian Recognition Day Mass & Luncheon and program held on Sunday, October 3rd, at St. Raymond Church, in Downey



# BOLLETTINO

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## Important Notice

The email address for ALL Bol-  
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All image and article submissions  
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mat. Those submissions not sent in  
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sent in the mail will not be used.

Finally, a reminder that ALL branch  
and district reports need to adhere to  
the **250 max word count** require-  
ment or they will be shortened or  
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editor judgement.

**Limit photos to 3 or 4** and include  
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To insure photos are always linked to  
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naming photos such as:

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Include photo captions with your  
article submission.

Please keep your submission positive  
and informative.

**Deadline for the December issue  
is November 10, 2021.**

Include district name, branch number  
and branch name in all submissions.

*Thank you!*

## Lesson Learned



In 1960, when I was a young naïve priest, my pastor appointed me as chaplain of the Mothers Club. One day, the president of the club came to me and said, "Father, all the mothers are upset about what happened the other day." When she explained the terrible event that took place, I reacted with, "Oh my God!" So, I went at once to the pastor and shared the terrible news. He smiled and simply asked, "Who and how many." I paused and thought. I could only come up with two names, the president and one other person.

This lesson I learned saved me from a lot of future angst.

How easy it is to fall into this trap. Somehow, we relish the criticism of others and the shocking news of other people's mistakes. It seems to vindicate that we are not like that. It makes us, consciously or unconsciously, feel superior because we say to ourselves, we are not like that. We are better than those people.

Really, though, we know better than that. Listen to what Jesus says about this.

*"But to you who hear I say, love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you.*

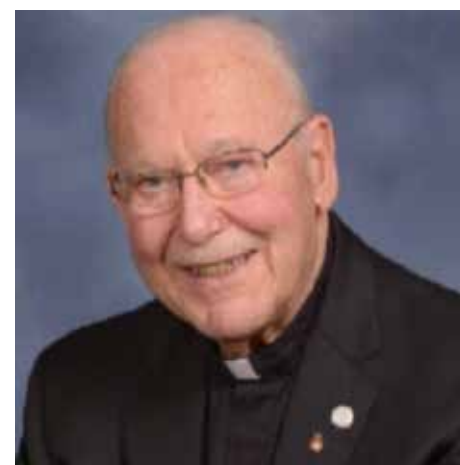
*To the person who strikes you on one cheek, offer the other one as well, and from the person who takes your cloak, do not withhold even your tunic.*

*Give to everyone who asks of you, and from the one who takes what is yours do not demand it back.*

*Do to others as you would have them do to you.*

*For if you love those who love you, what credit is that to you? Even sinners love those who love them.*

*And if you do good to those who do good to you, what credit is that to you? Even sinners do the same.*



Reverend Monsignor  
Daniel E. Cardelli  
Spiritual Director  
Italian Catholic Federation

*If you lend money to those from whom you expect repayment, what credit [is] that to you? Even sinners lend to sinners and get back the same amount.*

*But rather, love your enemies and do good to them, and lend expecting nothing back; then your reward will be great, and you will be children of the Most High, for he himself is kind to the ungrateful and the wicked*

*Be merciful, just as [also] your Father is merciful." (Mt. 6:27-36)*

**Wouldn't it be wonderful  
if everyone followed Jesus  
in this way?**

## Heritage Report

*Continued from Page 1*

Our Heritage Committee--Franklyn Lopes, Jr. and Bob Basuino, along with Deborah Rodondi, Lisa Crudo, Jo-Ann Maggiora-Donivan and of course, my mom, sisters Germaine & Michelle (less Louise & Russ Vento, who were missed) did it again. We drove our vehicles in the San Francisco Italian Parade on October 10th. At 8:30 a.m. this intrepid group of ICF'ers met on Pier 54 to decorate Debbie's red pick-up and my yellow bug. It was a cold morning, but the day proved to be beautiful. The Blue Angels flew over our heads while floats, bands, cars, and of course, dignitaries, brought to life the Italian Heritage parade.

The Parade began at 12:30 p.m. at the foot of Jefferson and Powell Streets in Fisherman's Wharf, proceeded south through North Beach on Columbus Avenue and ended in Washington Square in front of Saints Peter and Paul Church. The streets were lined with people who were truly enjoying the event. We did too.

Thanks to Germaine for being our staff photographer.

So, thanks to all who brought these parades back to life and who made us feel a part of the opening of so many things to come. This is heritage at its best! Can't wait for the next parade. If you ever would like to have a great experience, *join us for the next parade.*





## Membership Matters

Perry Shurko

Membership Chairperson

Greetings to one and all and welcome to November. It looks like our membership numbers have been holding steady with just over 7,000 members, but the number that is concerning is the number of members who are 9 to 12 months delinquent. We have over 800 members who are in serious arrears and it's up to all of us to talk to those members to see if we can get them up to date on their dues.



out there as much as we can. We are hoping to return to the Religious Education Congress once again. It is here where we have the ability to do some serious networking and recruiting of new members and or new branches. It's going to be both a live and virtual event in 2022. The dates that it will be held are March 18th through the 20th, 2022. We will also be reviewing the materials that are available on the ICF website and looking into updating the membership application to make it more adaptable to today's time.

Let us remember all of our Veterans who served our country in the Armed Forces and thank them for their service.

*Until next month,  
I wish you a very  
Blessed and Happy Thanksgiving.*

*Perry Shurko,  
Membership Chairperson*



## Apostolate/Charity Committee

### Reflections: *The Catholic Church in Africa*

Carmen Kilcullen, Member



During the liturgical year, the Church here in America takes up collections for the foreign missions, many of those in Africa. Not knowing too much about the Catholic Church in Africa, I decided to do some research and

discover the importance and impact of the Church on this continent. I would like to share with you.

Christianity emerged in Africa among the 1st century Jewish communities in Egypt. At that time, many influential church leaders were North African. Islam, then, conquered North Africa from 634 to 711 A.D. Islam grew faster than Christianity, making it the dominant religion of this region, even to this day. Catholic missionaries arrived in the 16th and 17th centuries in the west, central and eastern coasts of Africa. The Portuguese were the first, fol-

lowed by the French, to establish Catholic communities. However, issues over the slave trade, colonialism and ethnic movements often produced mixed results. In fact, colonization and evangelization often occurred together. From the late 1950s to the 1980s, many priests supported ethnic and nationalist movements. In many countries, bishops served as mediators between autocratic rulers and the populace, often achieving democratic reforms. In the era of independence, occurring in Africa today, the Catholic reform movement has played an important role.

However, the Church in Africa faces new challenges. Pentecostal religions are growing as well as Islam. Islam is growing faster than Christianity and, by 2050, from 30% to 35% of Africa's population is expected to be Islamic.

The Pope's visit to African countries reflects the Church's concern and commitment to this continent.

*More next issue.*

*Carmen Kilcullen*

## Grand President's Monthly Message

Deborah Rodondi



Happy Fall! Traditionally, November is a time of thanksgiving, ending with Thanksgiving Day, family and food. Last year many families had small

intimate celebrations due to the COVID pandemic restrictions. This year, hopefully, families will once again be able to gather and celebrate in thanksgiving. Meanwhile my kitchen will be in a cloud of flour dust, busy making all my cookies for the holidays.

Fall is also a time when many ICF areas celebrate and support our seminarians by presenting the local Archbishop/Bishops (where there is ICF) with spiritual bouquets and monetary donations towards the education of seminarians. My first two official duties as Grand President were attending the Santa Rosa Bishop's Day and the Santa Clara Valley Bishop's Day. When receiving the spiritual gift, The Most Reverend Robert Vasa from Santa Rosa shared with us how important and thankful he is for our prayers. And how important we are to the bishops, pastors, and clergy. The bishops and clergy are there to support each other, but it is the lay people that give them the strength through prayers and deeds. The same can be said for the Italian Catholic Federation. We as Central Council members meet, make policy, create programs; but it is you that keeps us going. Your good wishes, support and even guidance sustain us. In Santa Clara, the Most Reverend Oscar Cantu shared with the congregation, during mass, the importance of the Italian Catholic Federation in the community and he stressed that you do not have to be Italian to belong; we welcome all.

Our Central Council Committees are busy having meetings and coming up with plans and ideas for the coming year and the future. Below is a list of

committees and chairpersons. Please contact them if you have questions or suggestions. You can get their contact information from the ICF office.

Fall is also the time our ICF branches and districts elect officers for the following year 2022. If you are not yet meeting, you can do this by email, phone calls and/or Zoom. If you have not done so yet, please take care of your officer elections this month. Be sure to remember to send your list of officers to the ICF office as soon as possible.

Not to be forgotten, November 6th is when we celebrate the outgoing Grand President with a Testimonial. Vince Piro led us through a long period of uncertainty, when our nation was gripped by a pandemic. His strong leadership kept us going, finding ways of staying in touch and functioning as an organization. THANK YOU Vince! Please join us at the testimonial.

The Heritage Committee got us a spot in the San Francisco Columbus Day Parade. WHAT FUN! The energy & enthusiasm were great! We even had the ICF Chicken (Marie Antonowicz) decked out in feathers in a yellow VW! Young and old alike loved the chicken dance, and they were still doing it in groups after we passed them. Since my truck was also used in the parade, I was informed it had to be washed first! I was a bit concerned for fear that the dirt was keeping the truck together---but it performed like a champ. A GREAT DAY! Overhead we had occasional flyovers by the NAVY's Blue Angels; I thought they were there for me, but I was informed it was fleet week in San Francisco. It was great to see so many of the Italian restaurants with outdoor seating and they were packed with well wishers and Italian enthusiasts. Thank you Denise Antonowicz for coordinating this fun event. Hoping next year more of you would like to join us for the day.

I am thankful for your support and friendship; and for the support of the Central Council in electing me as your Grand President.

*Happy Thanksgiving to you and your family. Take care and be safe.*

## ICF Committees and Chairpersons

**Apostolate** – Lauren Killcullen

**By-Laws and Rituals** – Leonard Rossi, C.L.J.

**Convention Directors'** – Roselynn Jarrett

**Expansion** – Michael Rossi, O.L.J.

**Finance** – Lisa Crudo

**Gifts of Love** – Teresa Helfand

**Heritage** – Denise Antonowicz

**Hospitalization** – Perry Shurko

**Judiciary** – Msgr. Cardelli

**Live to Give** – Kenneth Marshall

**Membership** – Perry Shurko

**Mentor Program** – Denise Antonowicz

**Public Relations** – Leonard Zasoski, Jr.

**Scholarship** – Nina Malone

**Task Force** – Steven Fuentes

**Ways and Means** – Robert Basuino

**Workshop** – Andrew Pappani



Scholarship Donations (Received as of Oct. 10, 2021)	
SCHOLARSHIP DONATIONS - 1st Year	SCHOLARSHIP DONATIONS 2nd - 4th Year
Officers/Members of Br. 435 In Memory of Anna Friebel	Ed and Jo Bertaccini In Memory of Darren Billings Ed and Jo Bertaccini In Memory of Bob and Geri Bombaci

In Loving Memory (Report as of Oct. 8, 2021)			
Josephine Baldocchi	Branch 007	Gloria J Costa	Branch 139
Margaret Lubeck	Branch 010	Amelia C Piazza	Branch 209
Alice M Marshall	Branch 014	Lillian Whalen	Branch 214
Pat Ansuini Sr	Branch 028	Theresa F Wilson	Branch 229
Carmela Colonna	Branch 115	Candelaria C Hernandez	Branch 351
Giovan Giuseppe Sasso	Branch 115	Annunziata Maestrini	Branch 351
Bob Ferrari	Branch 135	Loretta A Miller	Branch 445

Cooley's Anemia Donations (Received as of Oct. 10, 2021)	
Branch 179 Branch 308 Branch 444 Francesca Taylor In Memory of Barbara Montroni Officers/Members of Br. 28 In Memory of Roland and Katherine Codiga Officers/Members of Br. 28 In Memory of Pat Ansuini	Don Basso In Memory of Giuseppina Baldocchi Charles P. Gullo, Jr. In Memory of Vince Cala Mr. and Mrs. David Schurba In Memory of Giuseppina Baldocchi Dan and Dianne Damico In Memory of Giuseppina Baldocchi Sam and Dean Balestieri In Memory of Josephine Baldocchi

**The Wonder of it all. LIFE LINE**

**By Msgr. Cardelli**

*Fetus is baby. Baby is human.*

*Human wins Peace award!*

Welcome to New Members (Report as of Oct. 8, 2021)			
Peter J Curatolo	Branch 036	Natalia A Fox	Branch 358
Deborah A Solvason	Branch 161	Nico A Fox	Branch 358
Nanette S Came	Branch 179	Rocco A Fox	Branch 358
Dionisio Garza	Branch 179	John A Airrington	Branch 390
Michael Maresca	Branch 229	Cherise A Morgan	Branch 390
Judith R Strauss	Branch 229	Frances De La Torre	Branch 417
Michael B Strauss	Branch 229	Bart M Aiello	Branch 438
Annette M Fox	Branch 358	Maria P Aiello	Branch 438
Gianna A Fox	Branch 358	Edna B Perry	Branch 445
Isabella A Fox	Branch 358	William M Perry	Branch 445



# 2021 - 2022 CENTRAL COUNCIL OFFICERS AND MEMBERS

**OFFICERS:**

Grand President - Deborah Rodondi\*, Br. 19  
Grand 1st Vice President - Denise Antonowicz, Br. 184  
Grand 2nd Vice President - Franklyn Lopes, Jr., Br. 227  
Grand Secretary - Lauren Kilcullen, Br. 52  
Grand Treasurer - Lisa Crudo, Br. 343  
Grand Parliamentarian - Leonard Rossi, C.L.J.\* (Karen), Br. 343

Grand Trustee - Robert Basuino\*, Br. 191  
Grand Trustee - Patricia Mages (Louis), Br. 380  
Grand Trustee - Perry Shurko, Br. 362  
Grand Sentinel - Teresa Helfand (Cory), Br. 392  
Past Grand President - Vincent Piro (Robyn), Br. 39

Spiritual Director - Rev. Msgr. Daniel Cardelli, Br. 352

**CENTRAL COUNCIL MEMBERS:**

Rosemary Cook, Br. 13  
Steven Fuentes\*, Br. 213  
Dante Galeazzi\* (Julie), Br. 139  
Roselynne Jarrett\*, Br. 72  
Kenneth Marshall (Elizabeth), Br. 103  
Andrew Pappani\* (Siria/Sid), Br. 28  
Michael Rossi, O.L.J.\* (Marcie), Br. 391  
Leonard Zasoski, Jr.\* (Betty/B.G.), Br. 281  
(\*denotes life member)

**LIFE MEMBERS EMERITUS:**

Robert Acquistapace (Kathy), Br. 198  
Jody Balestrieri, Br. 229  
Michael Cannady (Donna), Br. 154  
Nettie Descalso-Del Nero, Br. 39  
James Jones (Janice), Br. 191  
Carmen Kilcullen (Larry), Br. 52  
Nina Malone, Br. 438  
Vincent Picciola (Diane), Br. 358  
Leroy Taddei (Stella), Br. 343

**MEMBERS EMERITUS:**

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Maria Di Paolo, Br. 379  
Angelina Iarossi-Armenio (Tony), Br. 218  
Forrest Price (Prudence), Br. 261  
Louisa Russo, Br. 210  
Joseph Santello (Catherine), Br. 358  
Frank Signorelli, Br. 291  
Helen Tatone, Br. 380  
Chris Valentini (Elizabeth), Br. 14

# Family Recipe

Deborah Rodondi  
Grand President

Happy Thanksgiving to everyone. Hope you are all staying well and healthy. Not too long ago my dear friend Kathy Trevizo (member of Branch 19 in Colma) shared this recipe with me. Like me she tends to adjust recipes, but I will share that at the end. As you may already know, my nephew Tony stays with me 3 to 4 days a week, since he works in San Francisco and lives in Placerville (3 hours away—on a good day). So, needless to say, he is my official taste tester and judge. We found this recipe to be delicious; the honey gives it a great flavor.



## Ginger Chicken Stir Fry with Asparagus and Shitake Mushrooms

- Prep time 15 minutes
- Cook time 20 minutes
- Serving 4-6
- 1 pound boneless skinless chicken breasts (2-3 breasts), cut into ¾ inch pieces
- ¼ cup flour
- 1 cup chicken stock/broth
- ¼ cup honey
- ¼ cup soy sauce
- 1 tsp. ground ginger
- ½ tsp. garlic powder
- ¼ tsp. crushed red pepper flakes (I used more ½ tsp. or more)
- 2 Tbls. vegetable oil (divided)
- 1 pound asparagus, trimmed and cut into 1" pieces (2 ½ cups)
- 1 small onion, cut into thin wedges
- 16 medium shitake mushrooms, sliced (I used cremini mushrooms – 8 ounces)



**COAT:** chicken with flour in medium bowl. Remove chicken. Set aside. (NOTE: if you flour the chicken too soon it will cause the chicken to stick together and be pasty, although still workable). Add stock, honey, soy sauce, ginger, garlic powder and red pepper to remaining flour in bowl, stir until smooth.

**HEAT:** 1 Tbls. of oil in wok or large skillet on medium high heat. Add chicken, stir-fry 5 minutes or until browned. Remove from wok. Heat remaining 1 Tbls. oil in wok. Add vegetables and mushrooms, stir-fry 5 minutes or until tender—crisp.

**STIR:** stock mixture. Add to wok; stirring constantly, bring to boil on medium heat and boil 2 minutes or until thickened. Add chicken; stir-fry until heated through.

**SERVE:** with cooked rice, if desired.

**NOTES:** I used cremini mushrooms instead of Shitake – so I do not add with the rest of the vegetables to stir fry, I hold off until the last 1 minute before putting in stock mixture.

I also added 1 Tbls. minced garlic; 3 of the mini red and orange bell peppers, I happened to have in fridge.

DO NOT substitute on the honey—this is a key component to the great flavor.

The only addition Tony thought of was sliced water chestnuts, for crunch.

Kathy also adds carrots.

This is delicious. Also, great leftover. ENJOY!

Hoping you might like to share some of your specialties or the family recipes that have been handed down with the members of the ICF. Send them to me at [drodondi@comcast.net](mailto:drodondi@comcast.net) or mail to the ICF office, include a story if any. If you have questions send them also, I may not be able to answer them but we can put them out there for our readers and maybe find what you are looking for.

*Buon Appetito!*

Due to Covid Restrictions, the Testimonial for Vince Piro has been postponed until February 19, 2022. More information to follow. Thank You from the Committee

## OCTOBER CALENDAR WINNERS

DAY	NAME	BR	CITY	WINS
10/1	Darlene Liesch	281	Bakersfield, CA	\$30
10/2	Jim Alfieri	139	Manteca, CA	\$30
10/3	Greg Welch	390	Tracy, CA	\$30
10/4	Tom & Rosemary Grisafe		El Toro, CA	\$30
10/5	Kathryn Acquistapace	198	Santa Rosa, CA	\$30
10/6	Katrina Torres		Eureka, CA	\$30
10/7	Bert Bertolotti		Modesto, CA	\$30
10/8	Anthony & Deborah Charlton			
		229	Chula Vista, CA	\$30
10/9	Teresa Helfand	392	Chicago	\$30
10/10	Branch 291		Arroyo Grande, CA	\$30
10/11	Branch 19		So. San Francisco, CA	\$100
10/12	Pete Lopez	70	Sanger, CA	\$30
10/13	Eileen Fritsch	184	Los Gatos, CA	\$30
10/14	Roberta Healy	214	Concord, CA	\$30
10/15	Reid Allen		Roseville, CA	\$30
10/16	Ralph Marinelli	215	Fremont, CA	\$30
10/17	John Collins	14	Martinez, CA	\$30
10/18	Antoinette Morsello	1	Burlingame, CA	\$30
10/19	Rose Moisant	258	San Francisco, CA	\$30
10/20	Fr. Tom Czeck		Castro Valley, CA	\$30
10/21	Lori Clyne	173	San Mateo, CA	\$30
10/22	Sandi Geringer		San Jose, CA	\$50
10/23	Jennifer Simi		San Ramon, CA	\$30
10/24	Leana Pfeiffer		Farmington, MN	\$30
10/25	Loretta Murphy		Cypress, CA	\$30
10/26	Jeanette Zugnoni	10	Alameda, CA	\$30
10/27	Sally Miller		Pioneer, CA	\$30
10/28	Carol Espinola	27	Madera, CA	\$30
10/29	Ron & Carole Falconer		Lincoln, CA	\$30
10/30	Marcie Soper	33	Bakersfield, CA	\$30
10/31	Fr. Generoso Geronimo		San Jose, CA	\$50

SEE THESE FIRST ON OUR WEBSITE: [ICF.ORG](http://ICF.ORG)

## ICF is Going Green!




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<http://eepurl.com/bLaMFb>



# Cooley's Corner



**Children's Hospital  
LOS ANGELES**

*Cancer and Blood Disease Institute  
Hematology Section  
Red Cell Defects Program  
Sickle Cell Treatment Center*  
Tel: (323) 361-5507  
Fax: (323) 361-7128

**THOMAS D. COATES, MD**  
Professor of Pediatrics  
Director, Sickle Cell Center  
Section Head for Hematology  
**THOMAS C. HOFSTRA, MD**  
Assistant Professor of Pediatrics  
Coordinator, Medical Student and  
Resident Education  
**EDWARD COMPERTS, MD, MB, BCH**  
Emeritus Professor of Clinical Pediatrics  
**GUY YOUNG, MD**  
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Director, Hemostasis & Thrombosis Center  
**JULIE JAFFRAY, MD**  
Assistant Professor of Pediatrics  
Director Thrombosis Program  
**CHRISTOPHER DENTON, MD**  
Assistant Professor of Pediatrics  
**SARANYA VELUSWAMY, MD**  
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**FRANCISCO BRACHO, MD**  
Professor, Clinical Pediatrics & Medicine

**SPECIALTY CONSULTANTS**  
Cardiology:  
JOHN C. WOOD, MD, PHD  
JON A. DETTERICH, MD  
Pulmonology:  
ROBERTA KATO, MD

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Nurse Practitioners:  
SUSAN CARSON, MSN, RN, CPNP  
DEBBIE HARRIS, MSN, RN, CPNP  
ANNE NORD, MSN, RN, NP-C  
TRISH PETERSON, MSN, RN, CPNP  
Nurse Care Manager:  
MARY BELLE POLLEY, BSN, RN

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PASSAGES Social Work Case Worker:  
SCOTT MATTHEWS, BSW

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Project Coordinators:  
KELLY RUSSELL, MA  
NATHAN SMITH, BA

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PAYAL SHAH, MS, CCRP  
OBDULIO CARRERAS  
CONLEY KELLEY, MS  
MIKE GAWAD, BSC, CCRP

September 18, 2021

Dear Past Grand President Vincent Piro, Incoming Grand President Deborah Rodondi, Apostolate Chair Lauren Kilcullen, Members of the Central Council, Branch Presidents, Members of the Italian Catholic Federation, and ICF Staff:

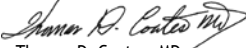
Thank you so much for your recent donation of \$41,000 presented to Laurice at the 90<sup>th</sup> Annual ICF Convention in Santa Clara, CA. It is no small feat to fundraise, but during a pandemic it is nothing short of miraculous. Thank you for your incredible donation! The gratitude we feel to be your national charity is beyond measure and we truly appreciate your continued support to the Cooley's Anemia/thalassemia program at Children's Hospital Los Angeles.

We are immensely grateful to the ICF Members, the Shirley Silva Trust, and the Joe Liotta Trust for their generous contributions. The difference you make in patients' lives is immense as research continues to progress and patients are living longer than ever in the United States. We still have work to do to assure all patients receive the quality care they need, to educate the medical community on basic standards of care, and assure that the global disparity for people with rare disease lessens. We appreciate your dedication to making sure we continue our good work.

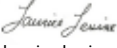
Educating the community about thalassemia and keeping you abreast of the projects that the ICF funds here at CHLA is a priority for us. Until we are able to once again travel and visit your branch, we are pleased to set up Zoom/Virtual session (for one or more individuals). If you are interested please contact, Laurice Levine at (360) 860-2023 or [LLevine430@aol.com](mailto:LLevine430@aol.com). This of course comes at no cost to your branch.

Thank you again for your generosity and continued support of our program. You are improving the care and quality of life for thalassemia patients.

Sincerely,



Thomas D. Coates, MD  
Section Head for Hematology  
Director, Sickle/Hemoglobinopathy Program  
Children's Center for Cancer and Blood Diseases  
Children's Hospital Los Angeles



Laurice Levine, MA, CCLS  
Thalassemia Outreach Program Consultant  
  
P: 360-860-2023

Professor of Pediatrics & Pathology  
Keck School of Medicine  
University of Southern California

P: 323-361-2352

**Tax ID: 95-1690977**  
*To comply with federal rules on charitable giving, we certify that Children's Hospital Los Angeles has provided no goods or services in consideration of your contribution.*

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*Advancing our Legacy:*  
**Italian Community Services**

Italian Community Services continues to assist Bay Area Italian-American seniors and their families navigate and manage the resources needed to live healthy, independent and productive lives.

Since Shelter-in-Place began in San Francisco, Italian Community Services has delivered over 240 meals, over 900 care packages and made over 2000 phone wellness checks for our seniors.


If you know of any senior of Italian descent in San Francisco needing assistance, please contact:  
[ItalianCS.org](http://ItalianCS.org) | (415) 362-6423 | [info@italiancs.com](mailto:info@italiancs.com)



**ITALIAN COMMUNITY SERVICES**  
• Elder Care • Homecare • Hospice • Palliative Care • Support Groups •



# Thank you from Dr. Thomas Coates



Dear Members of the Clergy; Grand President Vince Piro, Central Council; and ICF Members,

First, I want to convey the sincerest wishes of the hematology section at the Cancer and Blood Disease Institute at Children's Hospital Los Angeles and from me personally for a successful and productive convention this year and for success in all your endeavors. The members of the thalassemia program at the CHLA remain deeply honored to have been selected by ICF to be a member of your team carry out the mission of helping others.

I am very disappointed not to be there at the convention in person. I look forward to the ICF convention every year and meeting old friends and making new acquaintances. As I have said before, it gives me great pleasure to listen to all the presentations and in general just to hear about your successes and see the enthusiasm of your members as they relate their projects to help others. I hope by next year the pandemic will be behind us. However, for now, all my travel remains canceled.

I hope that all of you have been vaccinated by now and that you will continue to spread the word that COVID vaccinations are very effective and safe. One of the problems we are facing now is that vaccinated people can be infected and not know it. Thus, they can unknowingly spread the disease. I suspect that that is why the virus seems to be spreading so much faster now. This is why wearing masks and social distancing remains important. Wearing a mask helps you protect others.

This has been an amazing year in the world of thalassemia. First, our program continues to get many new referrals from all over the state and country of children and adults with thalassemia related disorders. Laurice continues to be an important ambassador in this regard along with Cooley's Anemia Foundation and other community organizations.

Luspatercept was approved by the FDA. This is an injection every three weeks which can significantly reduce the transfusion requirement in transfusion dependent thalassemia patients. It will likely be approved by the FDA this year or early next for thalassemia patients who do not require routine transfusions. CHLA was the first site in the world to open the clinical trial for this drug.

We are opening clinical trials at CHLA for two new drugs for thalassemia that act by a completely different mechanism and are administered orally. So, if these agents pan out, there will be three medications that can help transfusion dependent thalassemia patients as well as non-transfusion dependent patients. It is possible, that with these new medicines, many patients with mild forms of thalassemia may never have to go on chronic transfusions.

Last, but certainly not least, there has been tremendous progress in curative approaches with thalassemia. At least 16 patients have now been treated with gene editing approaches whereby the patients own bone marrow cells are collected, the abnormal thalassemia gene is corrected, and then the patient undergoes bone marrow transplant with their own corrected bone marrow. All of these patients became transfusion independent and there were no deaths. These approaches are experimental now but hold great promise.

The pace of scientific progress is breathtaking in the genetics era. Think of it: within days of receiving the genetic code of COVID, drug companies were able to start producing an effective vaccine and save millions of lives! Now, we can cure certain genetic diseases previously thought to be fatal. We still need compassionate caregivers. However, it is really fun telling worried new thalassemia families not to Google the disease because the online data is misleading and frightening. The current data is clear that the outlook for thalassemia is now excellent. The worst case scenario is a normal life expectancy except for transfusions (by the way, speaking of "normal", we welcomed 2 new babies of thalassemia moms in our practice this year!), and in the future, we hope to cure the patients early in life.

Thank you all again for all the wonderful things that ICF does and for the spirit that you convey and share.

I hope to see you in person next year.

Tom



# Live to Give

## How to Coordinate a Successful Blood Drive

Blood drive coordinators play a vital role in collecting lifesaving blood for patients. Without people to plan blood drives, blood banks would not have as many opportunities to collect blood from donors.

Planning a blood drive is fun and easy—however, like planning any event, it takes time. Fortunately, the ICF LIVE TO GIVE Committee and a blood bank representative will help you every step of the way.

The following are helpful tips on planning your blood drive:

**1. Find a location.** A church hall is ideal. If you do not have access to a big building, you can coordinate with a store, a business, or any location to have a blood mobile come instead.

**2. Find out the what blood bank serves your area.** For example, the American Red Cross and Blood Centers of the Pacific serve the East Bay.

**3. Set a date** (three to six months ahead of time), and contact your local blood bank.

**4. Set a goal.** Your blood bank representative will help you decide how many units of blood you want to collect at your blood drive. Remember, you will need to schedule an additional number of donor appointments to assure that you reach your collection goal.

**5. Plan a theme for your blood drive (optional).** A luau, Mardi Gras, Viva Italian, rock and roll—let your creativity flow!

**6. Give away free items (optional, but really appreciated by donors).** It is always nice to thank your blood donors with little gifts that you buy or get donated. The blood bank often also has giveaways to contribute. Setting up a raffle is also a fun way to add spice to your blood drive. Some ideas for giveaways:



Marcie Rossi donates blood

- Gift cards—you can get small denominations from Starbucks, Jamba Juice or a local ice cream store. A little goes a long way!
- Candy and treats.
- Pens.
- Items with the ICF logo or the logo for the thalassemia program at Children's Hospital Los Angeles.
- Canvas bags—a great prize item, and all your other giveaways can go inside.

Ideas for raffle prizes are as follows:

- Gift cards to movies (Regal, AMC); clothing stores (GAP, Old Navy, Macy's); retail/food (Target, Safeway, restaurants).
- Themed gift baskets are wonderful for this—for example, a spa kit; a snack basket; or an Italian-themed food basket.
- 7. Promote the event.** About six weeks prior to the blood drive, start promoting the event. Your blood bank will provide flyers—you can hang them at the location of your event and in surrounding areas/stores, etc. Plan to distribute (in person or via postal mail) smaller flyers to friends,



Sid and Andy Pappani post donation

family, and your community. Promote your blood drive through e-mail and social media such as Facebook and Twitter. Plan to send weekly reminders starting four weeks prior to your blood drive.

**8. Recruit volunteers.** The blood bank phlebotomists and nurses will be responsible for collections, registration, intake, and the canteen (snack stand). You will need to recruit volunteers to greet people, run your raffle, and distribute prizes.

**9. Gather literature to give away the day of the drive.**

- Give out literature on your organization (ICF brochures).
- If you are doing a blood drive in honor of a specific disease such as Cooley's anemia (thalassemia), make sure that you get literature about the disease.
- Give out ICF blood donation postcards so that people can donate in honor of someone or as a gift



Karen Rosson post donation

**10. Schedule appointments.** While publicity is important, there is nothing like a personal touch—contact friends, family members, and fellow churchgoers and educate them on the importance of donating blood. The blood bank will also send e-mails to prior donors in their database. Appointments can be scheduled online.

### 11. Inform yourself.

Learn about donor eligibility guidelines; information on the blood bank website; and the sign-up process. It is vital to be informed so that you can answer questions and/or direct people regarding where to find the information they need.



**12. Communicate with your blood bank representative.** Communicate regarding donor appointment sign-ups; the day's schedule; room setup, etc.

**13. Reconfirm appointments about one week prior to your blood drive.** This can be accomplished via a postcard, e-mail, or phone call. Also remind donors to drink plenty of water and eat a good meal prior to donating.

**14. Be ready for the day of the blood drive.** Arrive when the blood bank staff arrives to greet them and help set up; assure that the room temperature is adequate; orient your volunteers; and organize your welcome and prize tables. Depending on the number of appointments and the population that is donating, you may get walk-in donors—make sure the lines of communication between you and your blood bank staff stay open to assure that the maximum number of units are collected.

**15. HAVE FUN!** Show the donors your full appreciation and enjoy the blood drive. At the end of the day, give yourself a pat on the back—your hard work, time, and creativity were instrumental in collecting blood donations and saving lives.

For more information or for assistance planning a blood drive, please contact:

**Laurice Levine**  
LLevine430@aol.com  
360-860-2023



Patty Litts post donation



Blood drive raffle prizes

**Leonard Zasoski, Jr.**  
Vice President Construction Operations  
Director of Safety  
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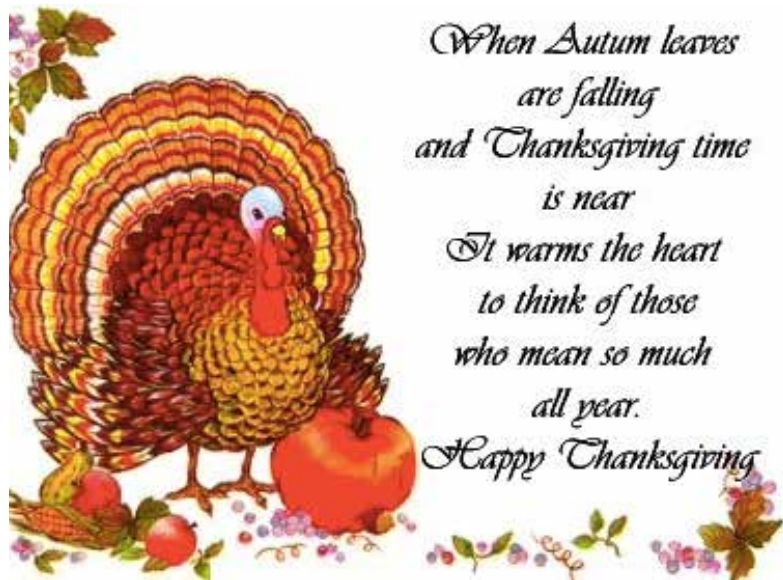




## Gifts of Love Donations

Received as of Oct. 10, 2021:

Branch 308	Joan and Jerry Delfino
Harold and Virginia Fuentes	Get Well Wishes for Ron Sanchez
In Memory of Fr. Frank Murray	Joan and Jerry Delfino
Michael Weisenburger	Get Well Wishes for Harold
In Memory of Steve Drobeck	Fuentes
Officers/Members of Br. 291	Joan and Jerry Delfino
In Memory of Becky and Emma	In Honor of the Birthday of
Nutter	Elaine Osorio
Officers/Members of Br. 291	Bob and Elaine Osorio
In Memory of Jens Wagner	Get Well Wishes for Natalie
Officers/Members of Br. 403	Canata
In Memory of Helen Habeeb	Officers/Members of Br. 161
Laurice, Matt and Ben Levine	In Memory of Yolanda Fugate
In Memory of Steve Drobeck	



### THE ITALIAN CATHOLIC FEDERATION



LOS ANGELES ARCHDIOCESE DISTRICT  
Mother Cabrini Chapel and Library Committee  
Presents

SAINT FRANCES XAVIER CABRINI  
PILGRIMAGE, MASS AND LUNCHEON

"CELEBRATING THE 104th YEAR ANNIVERSARY OF  
MOTHER CABRINI'S DEATH"

at

St. Francis Xavier Catholic Church  
3801 Scott Rd  
Burbank, CA 91504

DATE: December 5, 2021

PILGRIMAGE: 12:30 PM MASS: 1:00 PM LUNCH: 2:00 PM

COST: \$20.00 / Adults & \$8.00 / Children under 12

"Each paid Dinner includes one Raffle Ticket for a Special Raffle Prize"

MENU: BAKED CHICKEN, PASTA, SALAD, VEGGIE, COFFEE, TEA,  
WINE AND DESSERT (Catered by Jouni's Catering)

RESERVATION(S) DUE BY: NOVEMBER 19, 2021

CONTACT: ANDREA LINN SEND CHECK TO: ICF c/o ANDREA LINN  
T. 909-762-1392 4095 Fruit St Sp 342  
E. andilinn@gmail.com La Verne CA 91750

I wish to reserve \_\_\_\_\_ dinner(s) at \$20.00 dinner; \_\_\_\_\_ Under 12 at \$8.00 dinner  
Enclosed is \$ \_\_\_\_\_

"All proceeds to help fund the ongoing operations and development of Cabrini Chapel and Library."  
(Please make checks to the Italian Catholic Federation) memo: Cabrini Pilgrimage 2021

## Sir Luigi & Lady Augusta Providenza Seminary Scholarship Fund Donations\*

Received as of October 10, 2021:

### IN MEMORY OF:

Darren Billings  
Katherine Codiga  
Paul Blefari  
Mary Blanco  
Rose Gaspari  
Darren Billings  
Darren Billings  
Peggy Lubeck  
James Cruz

### DONATED BY:

Bob Basuino  
Bob Basuino  
Donna Rossi  
Aldine Grisenti  
Exchange Bank  
Jim and Janice Jones  
Officers/Members of Br. 191  
Officers/Members of East Bay District  
Julie and Joe Bonino

### THANK YOU FOR BEING MC AT OUR ANNUAL BISHOP'S DAY:

Leonard Zasoski, Jr. Officers/Members of Los Angeles  
Archdiocese District

### HAPPY BIRTHDAY:

Fr. George Aranha Lorraine and Mike Nunziata

### IN SUPPORT OF THE PROVIDENZA FUND:

\*\*\*A donation was made to the Providenza Fund by the ICF Spouses' Association.\*\*\*

\*\*\*A donation was made to the Providenza Fund by JoAnn Maggiora-Donivan of Maggiora Jewelry from the proceeds of the sales of the ICF Jewelry on display at the Convention.\*\*\*

\*Named after the co-founder of the ICF, the Sir Luigi and Lady Augusta Providenza Seminary Scholarship Fund provides ICF members a lasting way to memorialize and/or extend greetings to friends, relatives, and loved ones. Members' donations provide scholarships to seminarians studying for the priesthood in dioceses where the Italian Catholic Federation is located. A monthly Mass is offered for the intention of those listed.

## Mother Cabrini Shrine

Carmelo Sabatella, LA Archdiocese District

On October 6, 2021, IAMLA Executive Director Marianna Gatto visited the Mother Cabrini Chapel Library to view many hand-made items that were embroidered over the years by the Missionary Sisters of the Sacred Heart. The Italian American Museum of Los Angeles is in the process of preparing an Exhibit in 2022 showcasing the beautiful artistry of immigrants spanning several decades. The ICF Cabrini Committee is fortunate to have several of these items in the Cabrini Chapel Library Collection and welcomes the opportunity to share this with the greater community.

The Mother Cabrini Chapel and Library will be open for Open House this fall and for the Annual Mother Cabrini Pilgrimage, Mass and Luncheon on December 5, 2021.



For more information on the Mother Cabrini Chapel and Library or to make a donation to help the Chapel maintain the Chapel facility and to continue with the annual Pilgrimage event in Burbank, please call 626 372-7812 or visit the Mother Cabrini Shrine at [www.icf.org](http://www.icf.org).

Additional DVDs on the Life of Mother Cabrini now available. Call 626-372-7812 or email me at [cas1810@aol.com](mailto:cas1810@aol.com).

Your support is greatly appreciated.  
Carmelo Sabatella, AIA, President  
ICF LAADC Mother Cabrini Chapel  
Committee  
E: [cas1810@aol.com](mailto:cas1810@aol.com) C 626-372-7812





# Book Review: Cookbooks for the Holidays 2021

Vince Piro, Past Grand President



Given that we are approaching the holidays, many of us are looking for new recipes to entertain family or friends or to add to our traditional favorite meals.

Below are summaries of some of the latest Italian-American and one excellent cookbook with recipes from around the world.

I hope you enjoy learning and tasting some new recipes this holiday season.



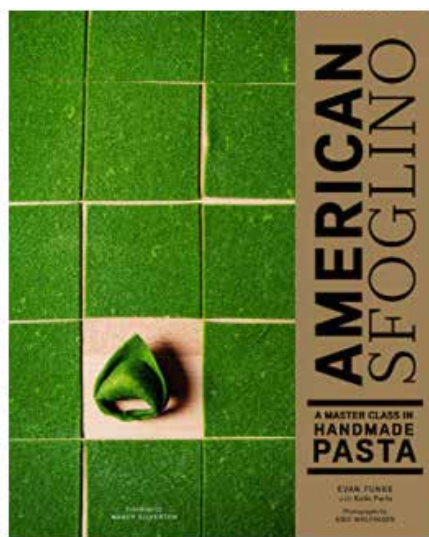
## ***Italian American: Red Sauce Classics and New Essentials: A Cookbook***

by Angie Rito, Scott Tacinelli, Jamie Feldmar.

From the publisher: The words "red sauce" alone conjure images of an Italian-American table full of antipasti, both hot and cold, whisked off to make room for decadent baked pastas topped with molten cheese, all before a procession of chicken parm or pork chops all pizzaiola—and we haven't even gotten to dessert. It's old-school cooking beloved by many and imbued with a deep sense of family.

In Italian American, Angie Rito and Scott Tacinelli, the chefs of critically acclaimed Don Angie in New York City's West Village, reinvigorate the genre with a modern point of view that proudly straddles the line between Italian and American. They present family classics passed down through generations side-by-side with creative spins and riffs inspired by influences both old and new. These comforting dishes feel familiar but are far from expected, including their signature pinwheel lasagna, ribs glazed with orange and Campari, saucy shrimp parm meatballs, and a cheesy, bubbling gratin of broccoli rabe and sharp provolone.

Full of family history and recipes that will inspire a new generation, Italian American provides an essential, spirited introduction to an unforgettable way of cooking.



## ***American Sfogolino: A Master Class in Handmade Pasta***

by Evan Funke, Katie Parla

From the publisher: A comprehensive guide to making the best pasta in the world: In this debut cookbook from Evan Funke, he shares classic techniques from his Emilia Romagna training and provides accessible instructions for making his award winning sfoglia (sheet pasta) at home. With little more than flour, eggs, and a rolling pin, you too can be a sfogolino (a pasta maker) and create traditional Italian noodles that are perfectly paired with the right sauces.

Features recipes for home cooks to recreate 15 classic pasta shapes, spanning simple pappardelle to perfect tortelloni.

Beginning with four foundational doughs, American Sfogolino takes readers step by step through recipes for a variety of generous dishes, from essential sauces and broths, like Pas-sata di Pomodoro (Tomato Sauce) and Brodo di Carne (Meat Broth) to luscious Tagliatelle in Bianco con Prosciutto (Tagliatelle with Bacon and Butter) and Lasagna Verde alla Bolognese (Green Bolognese Lasagna).

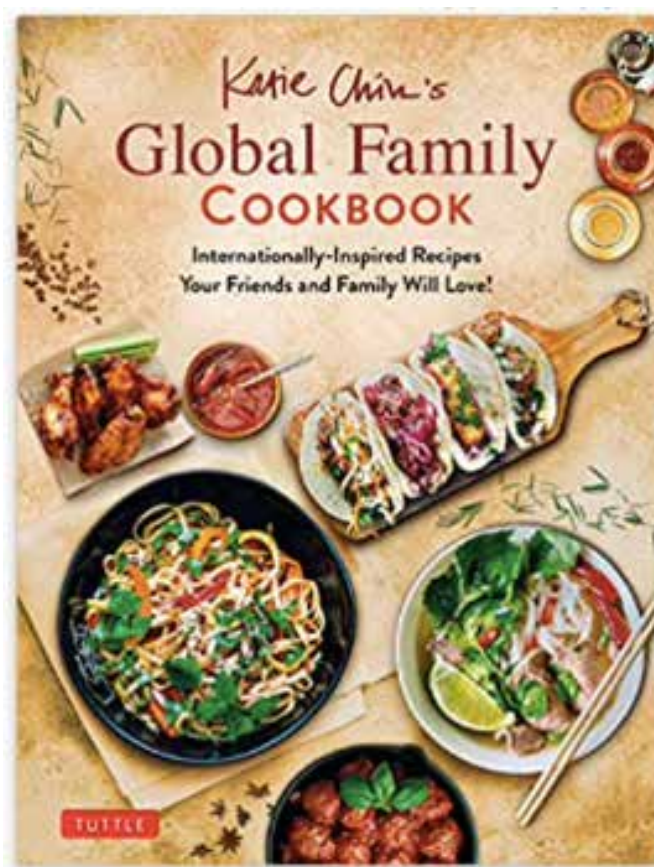
Includes stories from Italy and the kitchen at Felix Trattoria that add the finishing touches to this master class in pasta, while sumptuous photographs and a bold package offer a feast for the eyes.

Forget your pasta machine and indulge in the magic of being a sfogolino with the help of the rich imagery and detailed instructions provided by Evan Funke and American Sfogolino.

Evan Funke is a master pasta maker and the chef owner of Felix Trattoria in Venice, California.

Katie Parla is a food writer and IACP award winning author whose work has appeared in numerous outlets, including the New York Times, Food & Wine, and Saveur. Eric Wolfinger is a James Beard Award winning food photographer.

Makes an excellent gift idea for any pasta aficionado or avid Italian cook.



## ***Katie Chin's Global Family Cookbook: Internationally-Inspired Recipes Your Friends and Family Will Love!***

by Katie Chin

From the publisher: Katie Chin's Global Family Cookbook lets you travel the world from your kitchen!

Professional chef, TV personality and working mom of three kids, Katie Chin shows you how easy it is to prepare new and exciting meals from many cultures. Discover comfort food from around the world, and add some international flair to your dinner table.

In addition to providing simple recipes for every meal and occasion, Katie includes sidebars explaining how her recipes can be adapted for vegetarians, vegans and those with food allergies—and how to add fresh new flavors to kids' lunches. From "meatless Mondays" to "taco Tuesdays," the recipes in this book include something for everyone!

Bring the unforgettable flavors of the world to your table through 170 recipes including:

- Seven Global Go-To Sauces
- Mexican Chimichurri Chicken Burgers
- Thai Curry Meatball Subs

- Cuban Fish Tacos with Citrus Mango Slaw
- Easy Pad Thai Noodles
- Chicken Tikka Masala Pizza
- Crispy Korean Chicken Sliders
- And so much more!

This cookbook also provides great ideas for celebrating cultures through food:

- Chinese New Year's Dinner—featuring TV personality Jeannie Mai (The Real) and with recipes provided by her mom, Mama Mai
- Greek Easter Dinner—with recipes provided by TV personality and lifestyle expert Debbie Matenopoulos (The Home & Family Show)
- Cinco de Mayo Celebrations—with recipes provided by cookbook author and celebrity chef Jeffrey Saad
- Hanukkah Dinner—with recipes provided by Faye Levy, a prolific cookbook author and lead cooking columnist for the Jerusalem Post

Katie learned to cook alongside her mother, and it's now an experience she loves to share with her daughter. She hopes to inspire other families to have fun in the kitchen together with these recipes everyone will love!

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SERVICE BEYOND EXPECTATION



## Branch Reports

### SAN FRANCISCO

#### San Francisco

##### Br. 1, Maria S.S. Immacolata

Dear Members:

No activity due to COVID-19.

Branch 1 Officers and Members sincerely Thank Toni Morsello for writing the Bollettino article for many, many years.

It was Wonderful to see the ICF participate in the San Francisco Italian Heritage Parade!

Happy Thanksgiving to all Branch 1 Members.

*Kind regards*

*Diana Cresci*

### SAN MATEO

#### Burlingame

##### Branch 173, Our Lady of Angels

Our October meeting and Pizza dinner will be held on the 14th and we will hear all about the successful Convention recently held. It was a shame our President, Dorene Campanelli was not able to attend the whole Convention as she was recovering from her recent illness and glad to report she has recovered.

The Pope John XXIII award winner Peter Stiehler from Catholic Worker House was nominated by our Branch and we were so thrilled when he won this prestigious award.

We were honored to have Debbie Rodondi (Branch 19) installed as Grand President of Central Council and know the branches will be lead in a good direction.

It's Calendar time again and hope we can meet or go ahead of our count from last year. At the October meeting nominations for 2022 branch officers will be nominated.

With Halloween coming up at the end of the month, we are grateful many spooks, ghosts and goblins will be shown all around and the kids can once again go trick or treating. And, of course, the next day "All Saints Day", followed by "All Souls Day" where we are reminded of many that we loved are not physically here but spiritually remain with us forever.

Many members of our branch and others need our prayers: Mary Bodisco, Anthony Bruno's daughter, Anita Cencena, Lorraine Rollandi, Elena Malta and Melanie Yaeger.

*God Bless,*

*Roz Emery*

### Millbrae Br. 403, St. Dunstan

Thanksgiving Greetings!

As we approach this holiday of gastric delights and family get-togethers, let's remember to give thanks that we can do so safely if we put some effort into it. Obviously, those who can get vaccinated should do so and those who are feeling sick should stay home. Another tool we can use to help, are the at-home rapid Covid antigen tests that will soon be more available at your local pharmacy. Feeling a scratchy throat, headache, runny nose? Is it just allergies or do I have "it"? Similar to those home pregnancy tests that have been around for quite some time, these tests can be quite definitive and have just been approved by the FDA. They have been used in Europe quite widely over the past year. The Federal Government will be subsidizing the manufacture of these tests to keep the cost down: I recently purchased a package of two tests for \$25 but have heard that some are only \$12. As we move indoors for winter, at-home testing could prove to be a game-changer. If you test positive, isolate yourself and get a PCR test to confirm your at-home diagnosis. And don't forget to get your flu shot!

On the subject of giving, November 30th is "Giving Tuesday": many charities count on that day to raise money for their worthy causes.

Finally, the 2022 ICF calendars are now available for purchase. For \$25, you not only get a beautiful calendar, but 365 chances to win some cash. And, you can win more than once! In addition, your branch gets to keep \$5 on each one sold.

*Ciao tutti,*

*Adonna Amoroso*

### MARIN

#### Larkspur

##### Br. 161, St. James

Marlene Farber has 25, 2022 ICF calendars. The cost is \$25, the branch keeps \$5 for every calendar sold. If you're a winner, you receive between \$30 and \$100. If all 25 calendars are sold, \$125 will go to our ICF Scholarship Fund. Please let her know if you would like to buy one.

Let's all hope that soon we can get back to meetings, dinners and fundraisers.

Please continue to pray for our sick members and families and hope everyone will be back to good health real soon.

Wishing everyone a very Happy Thanksgiving.

Happy birthday and happy anniversary to everyone.

*Anna Biggio*

*Recording Secretary*

### LOS ANGELES ARCHDIOCESE District Council

Hello everyone and welcome to harvest time. I can't believe it's now November. Last month we gathered to celebrate our annual Bishop and Seminarians Day mass and luncheon. Mass was held at St Raymond and celebrated by Bishop O'Connell along with Fr Sam Ward, the pastor and Fr John Higgins, pastor emeritus. We were also pleased to have in attendance Leonard Zasoski and his wife BG, as well as Denise Antonowicz and her family. Thank you for making the trip down south and helping us celebrate, in spite of the heat.

Helping out at the mass were two young men who are in their formation years, Christian and Randy, and from St John's seminary, Tommy Green who is assigned to St Dorothy's for his internship. We will continue to pray for you and all of those who are seeking a life of vocations.

Since we won't be able to celebrate at the CHLA for Cooley's, we are looking to have our district Christmas party somewhere else, details will follow. Keep an eye out for details on the Cabrini pilgrimage.

So, until we meet again, have a wonderful Thanksgiving and don't forget all of those men and women who served our country. Keep our troops in your prayers.

*Perry Shurko, district president.*



### Los Angeles Br. 67, St. Peter

BUON RINGRAZIAMENTO A ICF MEMBRI, FAMIGLIE E AMICI!

On October 3, NBr 67 President Carmelo Sabatella and several NBr 67 members attended the ICF Los Angeles Archdiocese District's Bishop and Seminarian Luncheon held at St. Raymond Catholic Church in Downey. Bishops, priests and seminarians joined members at a special Mass and Luncheon to support St John's Seminary.

NBr 67 members continue to meet in person and via Zoom to discuss the development of Heritage and Public Relation Committees to work with members interested in developing presentations and videos along with ways to fundraise for scholarships and other Charitable projects. Additional committees will be formed and assignments made over the next few months.

ICF National Branch 67 is a virtual branch that reaches out to members and non members who do not have an ICF in their area and would like be a part of the ICF Family. Your input is valued in developing this branch online.

Visit ICF.org and select ICF National Branch 67 for more information. Please join us at ICFNationalBranch67.org and complete the application process.

Covid-19 is a challenge and an opportunity to understand what is important in each of our lives. ICF may be just the place for you as we are multi cultural-based focusing on Faith, Family, Fellowship and Food.

Please keep our sick members in your prayers that they may reach a speedy recovery.

And to our former Branch members who recently have gone to their eternal reward; May they rest in peace.

*Keep safe and Stay healthy,*

*Carmelo Sabatella, AIA, President*

*ICF National Branch 67*

*C 626 372-7812; E Cas1810@aol.com*







Br. 108 Recent Zoom meeting

**South Pasadena  
Br. 108, Holy Family**

Happy Thanksgiving to members, families and friends!

Officers came together at the Branch 108 Zoom Board Meeting on October 5, and rescheduled the next general meeting to November 7, 2021 at 3:00 p.m. in lieu of October 10th.

Members will celebrate Thanksgiving dinner at this meeting with a stuffed Turkey supplied by the branch and all the trimmings supplies by members. After the meeting, members will celebrate birthdays and may play Bingo.

If you are interested in “Giving Back” to your community, please call or email me at the number(s) below. You can also find out more information online at ICF.ORG.

*Keep safe and Stay healthy,  
Carmelo Sabatella cas1810@aol.com*

**Montebello  
Br. 111, St. Benedict**

Ciao a Tutti. A warm hello to everyone. Hope everyone is enjoying the cool fall weather and looking forward to the fast-approaching holidays! Congratulations and Happy Birthday to the following members who have birthdays this month: Rene Mata, David Estrada, Massimo Sorce, Georgia Albanez, Joe Canzonieri, Christina Orofino, and Celia Ramos. Happy Birthday to everyone! Buon Compleanno a tutti!!

Our November General Meeting will be on Thursday, November 18, at 6:30 p.m. at the St. Augustine House, 200 N. 12th Street, in Montebello. It has become our tradition for our November



Branch 111 at LA Archdiocese's Bishop's Day

general meeting to celebrate Thanksgiving with a potluck dinner and everyone brings their favorite dishes to share with everyone. The Branch will provide the main dish and drinks. Thank you to everyone for your participation.

Thank you to everyone who are participating in this year's Bishop and Seminarian Recognition Day Mass & Luncheon and program held on Sunday, October 3rd, at St. Raymond Church,

in Downey. I would like to take this opportunity to thank everyone for all the charitable works you do, and in a very special way for your continued and generous support of vocation to the priesthood and religious life.

SAVE the dates for the following events: more information will follow.

Sunday, December 5, 2021 - Mother Cabrini Pilgrimage Mass & Luncheon - Burbank

Saturday, December 18, 2021 - Branch 111 Christmas Dinner, at Salvatore's Italian Restaurant. 6 p.m. to 10 p.m.

Please continue to stay safe and well. We wish all our ICF members and their families continued good health and happiness. We pray for our sick members and those in need; keep them in our thoughts and prayers. A presto.

*God Bless!  
Frank Salomone, Br. 111 President*



## San Pedro Br. 115, St. John Joseph of the Cross

Thank you to all our members and friends who will join us on our first fundraiser to Las Vegas. We wish you all much success and a safe trip,

We had such a great response to our first fundraiser that we decided to host a turnaround trip. Please join us for a fun filled day at Pala Casino on Dec 9th. \$40.00 per person. Bus will leave from Boys and Girls club. Please call Pauline for reservations 310 832-0563

Please join us on our annual pilgrimage to Mother Cabrini on Dec 5th. Bus will leave at 11am from the Boys and Girls club. \$20.00 per person includes lunch. This is a wonderful tradition and a great start to the holiday season. Please call Neal DiLeva for reservations 310 833-9444

Please join us for our annual Christmas party on Saturday Dec 11th at 6 p.m. Please call Anna DiLeva for reservations 310 833-9444.

2022 calendars are for sale. \$25.00 not only gets you a wonderful calendar but also 365 chances to win money! Our branch has had a few winners this year. This is also a fundraiser for our branch.

Hope to see you at our next meeting on Nov 18th at 7:30 p.m. in auditorium.

Let's wish member Russell Bradford a Happy 90th Birthday! We wish you a blessed and happy year!

*Happy Thanksgiving to all!*  
*Anita Trujillo Treasurer*

## Arcadia Br. 218, Holy Angels

Our first meeting in the hall last month after 1½ years of no meetings was enjoyed by all. We welcomed 4 new members, Bernice, Vicki Giles, Lorena and Ping Huang. Election of officers was held, and we have two new board members, Phil Mazzolini and Lorena Huang, who will fill the positions of trustees. Thank you to Jenni Hauge for giving a very interesting and lively heritage report. And, thanks to Teri Carrano for arranging our delicious luncheon after the meeting.

Our Christmas Boutique is scheduled for November 21st from 8 a.m. to 2 p.m. Setup will be Saturday afternoon and a sandwich sale is after the 5:00 Mass. There will be a baked goods table and we will need your donations. Please bring in Saturday afternoon or early Sunday.

A clothing drive is scheduled for some time in November. The Christmas party is scheduled for December 11th in the hall. However, there is a chance that we may not be able to have it in the hall, so Jerry and I are arranging for Plan B just in case.

I hope everyone has a wonderful Thanksgiving and hope to see all at our meetings and functions.

*Lolly M.*

## Claremont Br. 319, Our Lady of the Assumption

Happy Thanksgiving to all of you. How are you doing? This year has gone so fast. In September we had our first in person meeting with only 8 members. Some members are still cautious about meeting. It was suggested to wait until January to start meetings.

The parish had our fiesta Oct 1st and 2nd. The ICF did pizza. It was what all day so it was slow but cooler at night so more people came out. It appeared to be a success. We will do coffee and donuts for veterans day and a collection for the USO Nox 14.

The board will try to meet to to plan some activity for 2022

*Stay safe and healthy*

*God Bless you all*

*Andrea Linn, Pres.*

## Downey Br. 362, St. Raymond

Happy Harvest time! It's now November and wow, what a year it's been. Last month our district gathered together to celebrate vocations, our seminarians, our priests and bishops. Bishop Dave O'Connell stepped in for Bishop Trudeau and did a fantastic job, as did Fr Sam our pastor. We got to meet two young men from the Queen of Angels House of Priestly Formation - Christian and Randy and a seminarian from St John's who is assigned to St Dorothy's for his internship, Tommy Green. We will continue to pray for you and hopefully we will see you next year at St John's.

Our Branch had a fun little fundraiser last month to see whether or not you think pineapple belongs on pizza or not. The proceeds are going to our renovated and newly named Holy Faith Chapel.

Also in October, Fr Sam was officially installed as our newest pastor by Bishop Trudeau. We look forward to many wonderful years of having you not only as our pastor, but also as our branch chaplain.

We will be discussing this month on when and where to have our Branch Christmas party. It's hard to believe that Christmas is right around the corner.

On the 14th we will have our next Bingo luncheon so bring a friend or two or three. We can use all of the bingo players we can get.

I would like to conclude by wishing all of you a very Blessed and Happy Thanksgiving.

*Perry Shurko, Branch President*

## La Canada Flintridge Br. 374, St. Bede the Venerable

We're Back! The first in person general meeting in two years took place in September, but due to a conflict with another ministry group we ask your patience to use the new permanent meeting schedule for the rest of the year. Please note that meetings will now be held on the 3rd. Wednesday of the month. They will continue to be potluck meetings at the same location at 6:30 p.m. Attendance at our meetings is crucial to keeping our branch viable and to encouraging the social mission of our organization. Plus, they are informative as we usually have a speaker. We miss you and your good food and want to see you in person.

The annual Bishops' Banquet was attended by members Robert and Jo Barbera. They thoroughly enjoyed the event. The Cabrini Mass, Luncheon, and Procession will be held on Sunday, December 5th at St. Francis Xavier Church, Burbank. This is another event that fulfills ICF's apostolic mission. Contact Mark at 818-952-2847, if you would like to attend.

Mark and Emy Mannarelli attended the convention in Santa Clara and have come back with renewed enthusiasm and ideas for the future of our branch, particularly ideas to promote membership. But also remember that the best way is to introduce a friend to ICF.

The board has met on Zoom and in person and has continued to do its work selecting scholarship recipients

(\$1450) and making many monetary donations to various charities (\$1100), as well as to Anew (\$1500) due to a healthy bank treasury. But now it is time to plan our major event, the St. Joseph Table and Auction, or we will not be able to continue to make our donations which is an important part of our ministry. Phyllis Harb, our auction guru, will chair the Auction but we are desperately in need a chairperson for the Table. Please consider taking all or part of the responsibility of this role. We need to continue to promote this important tradition.

We look forward to seeing you at our next meeting Wednesday, November 17th at 6:30 in the Parish Center.

*God Bless,*

*Diane Restivo*

## Rancho Palos Verdes Br. 444, St. John Fisher

On September 12th, members of Branch 444 gathered at St. John Fisher Church for community, coffee, and conversation. Cristina Baldemor greeted everyone with a smile, and she handed out free raffle tickets to members. During this meeting, we were fortunate to welcome our youngest member, Cameron. He is pictured below with his great grandfather, Guido Frassinelli (who is standing in the back row, first person on the left), & his mother, Julie.

As the meeting began, Marianne Cagnetti led all in prayer. Then, as members enjoyed coffee and cookies, our president, Hany Francis, brought us up to date on ICF happenings, including upcoming events. Tonia Amalfitano shared news regarding our Pampered Chef fundraiser and Bruno Viera reviewed the branch finances. Members brainstormed ideas for future events and fundraisers.

Going forward, Branch 444 will be meeting on the second Sunday of each month at 7 p.m. in the Auditorium. We look forward to seeing you all at the meetings!

*Respectfully Submitted,*  
*Carol Piccirillo*



St. John Fisher, Branch 444 September Meeting



**Manhattan Beach**  
**Br. 447, American Martyrs**

Ciao Tutti,  
Our Parish is not yet booking space for in-person events. So, we thought it would be fun to go Wine Tasting! Our next General Meeting will be held at Barsha Wine & Spirits in Manhattan Beach on Thursday, October 14, 2021 at 5:00 p.m. We look forward to a fun and relaxing evening catching up with our friends.

Save the Date – Annual Christmas Celebration - December 4, 2021 at 11:30 a.m. at the Italian American Museum of Los Angeles (IAMLA) for a docent-led tour of the museum. We will then continue our Celebration at San Antonio Winery for lunch and a wine tasting and tour. The winery will be decorated for Christmas and it will be a wonderful way to celebrate the holiday with each other. More details to follow!

Some of us went to the Mass and Bishop's Banquet where Bishop O'Connell celebrated the mass and attended the luncheon. It was a beautiful event and we were blessed to meet Bishop O'Connell and the Seminarians. \* See Photos  
We hope that each of you will enjoy and wonderful Thanksgiving!  
*God Bless,*  
*Stephanie DeRaddo*

**San Bernardino**  
**Upland**  
**Br. 446, Saint Anthony**

Branch 446 in Upland gathered together for the first time in 18 months with an Ice Cream Social at a local park. Thanks to the recruiting efforts of our Sentinel, Anna Reyna, we welcomed 6 new members of the Ricci Family.  
Currently, our members come from the neighboring parishes of Saint Joseph, Saints Peter and Paul, Our Lady of Lourdes, as well as our home parish, St. Anthony.

In October, we attended Saturday evening Mass together. Afterwards we met for pizza at San Biagio's Restaurant, owned by our members Pietronilla and Biagio Pavia. In the future we will be rotating our Mass attendance to all the parishes represented within our branch. We look forward to many more events and social occasions.



Branch 446 proudly displays their new banner

**OAKLAND**  
**EAST BAY**  
**District Council**

We are still doing Zoom meetings but are making plans for some upcoming face to face activities. Br. #10 will begin, low-keyed with a drive-through Ravioli dinner.

The next thing on our agenda is the District Christmas Party @ Buon Appetito Restaurant in early Dec.

In the meantime, Fran and her committee is working on Installation at the Fratellanza Club in mid-Jan. And Leonard and his committee is working on the Crab Feed the next Sat. We will be a busy group praying that Covid-19 is gone and that we are back to "normal". Elections are also this month here's hoping that you have given some serious thought about running for office.

On a sad note, I must share the news of death of 2 long term District members; Peggy Lubeck, Br.#10, an officer of both her Branch and the District and Jan Karp, Br #215, who has been hospitalized for the past few years. Please keep them and their families in your prayers.  
*Have a Happy, Healthy and Blessed Thanksgiving.*  
*Pat Grasso,*  
*District Sec.*

**Deadline**  
**for December Issue**  
**is November 10th.**  
**Send articles and**  
**photos:**  
**editor@icf.org**



A few Branch 446 members at our Ice Cream Social



A few Branch 447 members with Bishop O'Connell



A few Branch 447 members with Bishop O'Connell



**Alameda****Br. 10, Nostra Signora Delle Grazie**

At our October meeting we elected our officers for 2021. Our new president is Jim Lee, who succeeds James McGee. Sharon Brunetti is transitioning from orator to trustee, and Terry Greig will take Sharon's place as orator. Officers continuing in their positions are Gina Foster, first vice president; Jan Rosa, second vice president; Karen Harrington, treasurer; JoAnn Dorn, financial secretary; Jeanette Zugnoni, secretary; Betty Lupetti and Agnes Marcheschi, trustees; Ernie Poggi, sentinel; and John Zugnoni, publicity.

We enjoy James' kindness and his sense of humor. Since James also served as president for a year in the 1980's, when he was just two years out of high school, we are not certain whether to consider him as one president or as two presidents.

Jim also knows how to lead and represent an organization. He just completed a three-year term as president of Saint Vincent de Paul of Alameda County and has also served as president of the Saint Albert the Great-Saint Philip Neri conference of SVdP. He also happened to have attended the Lubeck wedding 53 years ago.

We held our annual Ravioli Dinner on a drive-through basis on October 16. We served 60 drivers and their families waiting at home. Thanks to Sharon Brunetti for chairing the event and to chef Ben Ratto for cooking another delicious meal.

Our next event is our annual Christmas Party, which is scheduled for Saturday evening, December 11. Santa has committed to attending, and we hope that we can meet him indoors.

*John Zugnoni*

*Branch 10 publicity*

**In Memory of Peggy Lubeck, Branch 10**

Branch 10 is saddened to inform the Federation that Peggy Lubeck, our president in 2019 and 2020, died on September 21. Her Mass of Christian Burial was celebrated at the Cathedral of Christ the Light in Oakland on October 9. Father Joy Kumarthusseril, mf, the former pastor of our sponsoring parish, Saint Philip Neri-Saint Albert the Great, presided. Peggy and her husband Bob worked tirelessly for Branch 10 during their years of membership.

Peggy is survived by Bob, to whom she was married for 53 years, sons Stephen, John and Scott, their wives, eight grandchildren and six of her eight siblings. The Lubeck home in Alameda was known as such a welcoming place that the eulogist could recall their telephone number and mentioned it in his talk. Peggy arranged flowers for church functions throughout Alameda and served as docent at the Cathedral. She cared deeply for her family, the ICF and her parish.

**Livermore****Br. 285, St. Filomena**

As Fall begins, we are continuing to enjoy our successful Social Business meetings outside our churches. Our membership brochure has been updated and to encourage membership we have been inviting prospective members to our meetings and attaching a new membership form to our member emails. Attached also is our Fun Italian Activity list which includes Italian themed movies, books and web sites has proved to be very popular.

One of our members, Chuck Meier, is the author of 2 mystery books, Nuclear Shadow and Silver Shadow, based in Nevada, which can be found on Amazon and on lansingpublications.com.

We are looking forward to a local restaurant fundraiser in the Fall.

In November we will have our Mass of Remembrance where we remember our beloved departed loved family members and friends.

Our annual Christmas party will be held at Pasta's in Pleasanton this year. Hopefully the lifting of Covid restrictions will allow us to participate fully in our annual events.

Continued prayers for our sick and convalescing members and friends.

*Carlotta Schauer*

*Co-Recording Secretary*

**Castro Valley****Br. 343, Our Lady of Grace**

This is an important month for our Branch as we are hosting our 1st dinner/meeting in many months, it seems like years. Our plans for a Pasta dinner are successful thanks to both our members and the parishioners who love our cooking. Thank you to both groups.

This is also time for election of officers and hopefully some of you have decided to run. Remember, there is always someone there to mentor any newbies. We were also new one time, too.

Let us be thankful that we have survived this Covid-19 crisis and that we have the vaccines to protect us.

*Here's to a Happy Thanksgiving and Healthy upcoming holidays.*

*Pat Grasso*

*Branch Sec.*

**CONTRA COSTA  
District Council**

At our last meeting we voted to have a Christmas party & raffle. Patty is looking into venues and will give a report at our next meeting. Roberta offered to chair the raffle. The district will supply a raffle prize and we are asking each of our branches to donate one as well.

We also discussed the upcoming installation of officers which will be held in January or February of 2022. Walter will check on the availability of the Galileo Club and will confirm details at our November meeting. At that time, volunteers will be needed to be part of the planning committee.

Roberta has volunteered to be our new membership chairperson in addition to being our secretary. We thank her for stepping up.

We are proud to announce that our district scholarship recipient this year is Michael Santich from Alamo. We wish him well.

Our district currently has seven mentors, but with 8 branches, we need one more for our Martinez branch. If you are able to serve, contact Rose at: angels8199@aol.com

Our next meeting will be held at the Martinez Round Table Pizza party room in November. The date and time will be emailed to branch presidents. Each branch should send two delegates in addition to the president. Please list this on your meeting agenda and ask for volunteers.

*Wishing all of you a very Happy and Blessed Thanksgiving!*

*Diana Mackinson*

*1st Vice President, Contra Costa District*

**Martinez****Br. 13, San Martino**

This month, we begin to prepare and plan for the holidays: beginning with All Saints Day asking all holy men and women to pray for us; followed by All Souls Day remembering those in purgatory with prayers to assist them in attaining their heavenly reward.

As the month progresses, we gather with family and friends and as a nation on Thanksgiving. This is a time to remember each of us is uniquely created in God's image with something distinctive to share; and part of a larger communion of persons--all members of one race: the human race. "Get along with each other and forgive one another. If someone does wrong to you, forgive them because the Lord forgave you. Do all these things; but most important, love each other. Love is what holds you together in perfect unity. Let the peace that Christ gives control your thinking because you were all called together in one body to have peace. Always be thankful." Colossians 3:13-15

We bring the month to a close with the start of Advent--the expectant waiting and time of preparation for Jesus' nativity. The four weeks of Advent each have

a significance of their own. The first week, we talk of Hope; the second week we understand Peace; the third week, Gaudete Sunday, we remember the Joy that the world experienced at Christ's birth; and, the fourth week recognizes the Love of our Savior.

May all your advent journeys be meaningful expressions of your faith. Happy Thanksgiving.

*Ciao for now, Mary Cook*

**Martinez****Br. 14, San Carlo**

Ciao Amici!

November is our time to give thanks and to remember.

In Italy, as in many other Christian countries, the day after All Saints' Day is All Souls' Day. Across Italy's many regions, centuries-old traditions take place where they celebrate with prayers, flowers, and of course, food.

Some believe that the spirits of those departed return to earth on this day. To welcome them, one common Italian tradition was to set an extra place at the table or put out a tray of food for invisible visitors. In Sicily, those who return bring something with them. Children who've been good and remembered departed relatives in their prayers are rewarded with gifts of toys and sweets. In parts of Piedmont, families traditionally go to the cemetery in the evening without clearing the dinner table, so that spirits can come and help themselves without being disturbed.

As we move through November and the holidays, we also remember those that we have lost, and maybe this year we can set a place for them at our Thanksgiving tables.

We don't have a lot of news to share this month. A big thank you to Donna and the Officers for continuing to meet regularly to make plans for when we can all return in person.

Please pray for good health and peace for all of our members.

Happy 102nd birthday to our friend Sante Cerri. (We think there was some mistake made on his birth certificate). Let us know how you stay so young!

Wishing you all a very Happy Thanksgiving!

*Blessings, ~Helen*



Happy 102 Birthday, Sante Cerri from Branch 14, Crockett. The Bocce King of Martinez.



## Concord Br. 214, Todos Santos

Cari Amici:

We were finally able to have our first meeting in Cauche Hall. It was so nice to be able to be together.

Jo Lee said special prayers for healing of our member, Ron Artale who is still in the hospital, and Maria Marshall's son Mikey who is in the hospital battling Covid-19. We pray they get better soon.

We welcomed our new members who were in attendance, which makes our membership 56 with more joining.

We had a bake-less Bake sale and made a lot of money. Angie Monson was in charge of this.

We sold many calendars at our meeting which are still available at \$25. We had four members who won this year.

We discussed our upcoming Christmas party the beginning of December. It is always a big hit and a lot of fun.

Roberta reminded us of the 55th Anniversary dinner on March 5, 2022.

Roberta reported about the convention she attended. She has many new ideas for our fundraising. Attendance was low.

We had a fundraiser for charity which were diapers and wipes which we received a lot of donations from our members. Half went to the Crisis Nursery and the other went to Birthright. Thank you for all who donated.

Have a safe Halloween. Children will be able to go door to door this year.

Ciao,

Norene Deluca

Correspondence Secretary

## Pleasant Hill Br. 442, Christ the King

Happy Veteran's Day to all of our members! Hope you've started to make your ravioli per le feste. Sadly, our Anniversary Dinner had to be cancelled due to the pandemic. But, non ci pensare, because we will keep you posted on other possible fundraisers.

Please check your email for upcoming holiday events and activities during this month and next.

Statemi bene. Tanti auguri! As my Nonna would say, "Appi Tanchisgivi!"

Ci vediamo quando siamo piu' vecchi,  
Teri Martinucci Hurlbut

**Deadline  
for December Issue  
is November 10th.  
Send articles and  
photos:  
editor@icf.org**

## BLESSED SACRAMENT

### Auburn Br. 342, St. Joseph

Due to everchanging COVID conditions and an overabundance of caution, it was decided to postpone our Bishop's Day and Memorial Mass until the Spring.

Our Branch will be holding our annual Christmas Dinner on December 11th. It will most likely be a takeout event. Our calling committee will be contacting you soon with more details. Also be on the lookout for an email about the event.

Ciao!

Pam Andersen

## SANTA ROSA District Council

After many many months of silence, our District Council finally commenced on August 22nd. There were 22 members present and 2 guests. Bishop's Day was discussed and took place in September. We were honored with the presence of our Bishop Vasa. Dessert and coffee were served in the Parish Hall of St. Eugene's, Santa Rosa.

Several of our local branches are meeting, actually Br. 198, Sonoma Br. 103, and Br. 127 for its Board members.

To be precise the District Council is meeting again on October 24, Sunday in Sonoma at Father Robert's Hall. All our welcome to attend. Please R.S.V.P. to Marilyn at 707-933-0239.

In the meantime, let us prepare for more continued meetings and dinners. We all deserve social contact.

Marilyn Sylvestri

Recording-secretary

Santa Rosa District Council



Bishops' Day presentation of a Spiritual and Monetary Bouquet to Bishop Vasa

## Healdsburg Br. 52, San Francesco di Sales

Greetings to all our members.

Upcoming events:

ICF Monthly Meeting: Tuesday, November 9 at 6:00 p.m. in the rectory.

ICF Monthly Mass: Sunday, November 7 at the 10:00 a.m. Mass.

Polenta Dinner: Saturday, November 13. Price: \$20.00 for adults, \$10.00 for children. This will be a drive-through dinner (hopefully our last drive-through event). For tickets, please call Carmen and Lauren at 595-3111, or get tickets after the Masses or come by the rectory. Deadline for reservations is Sunday, November 7. Please attend and support the branch.

We are planning in-person events for 2022. Polenta Dinner: February 5 and Fish Fry: April 8. Mark your calendars!

Happy Thanksgiving!

Lauren Kilcullen

## Cloverdale Br. 75, L'Annunciata

Ken and Claudia Cuneo and I enjoyed a lovely Bishop's Day at St. Eugene's Becker's Hall. We witnessed the presentation of a Spiritual and Monetary Bouquet to Bishop Vasa which he accepted in his charming, gracious manner. The money will go towards assisting our seminarians in their journey to the priesthood. One of the seminarians gave a heartfelt speech and told of his call to the priesthood. We were served a tasty cake and coffee dessert and sent forth by Central Council to "grow" our branches.

Accustomed to our pre-Covid dinners at Cattlemen's Restaurant, the Cuneo's and I celebrated the day with a dinner following dessert! Great fun!

Our Branch joined with other groups in fundraising for our parish. We sold desserts, hot dogs and hamburgers. Altogether we raised over 5 thousand dollars.

We have not yet selected a slate of new officers but pray the Holy Spirit will nudge the right person into leading our Branch into the future!

Ciao

Patsy Buchignani

## Sonoma Br. 103, St. Sebastian

Hail Columbus!! He is still on the calendar. Make every day a day to celebrate. Sonoma Br. 103 had its first Board meeting of the year which included 2 members AND Carmen Kilcullen with Lauren Kilcullen from Central Council. AS per their advice, we will be reaching out to the Expansion Committee to help keep our Branch alive.

Our next board meeting will take place

on October 11, which is a Monday in

stead of our regular Tuesday. Our fate may be decided. In any event, I will keep you all posted.

For those of you who live in Sonoma we are finally wakening...some venues are no longer available which makes it difficult to nurture our past affiliations with other ICF branches and SOI. We are now in cooler weather, leaves turning orange and yellow. Perhaps November will bring more freedom...

Tanti saluti,

Marilyn Sylvestri

Recording Secretary

## Petaluma Br. 127, St. Vincent

Dear members,

Please don't forget to mark our 2nd Monday of the month meeting night on your calendars. Looking forward to seeing you there.

All of our scholarship winners have written thank you notes, including their updated educational goals. It's good to know we have helped and that it is appreciated.

May many blessings come your way during the upcoming holidays.

Dennice DiGirolamo

## Arcata Br. 144, St. Mary

ICF Br. 144 will be selling tickets on this beautiful hand-crafted quilt shown by Barbara Vanni and Joan DalPorto. Drawing will be Dec. 20, 2021. Call any member for tickets. \$5.00 ticket or 3 for \$10.00.





## Eureka Br. 145, St. Ambrose

At the Sept 21st meeting of the ICF Eureka Branch a motion to cancel the scheduled Colivas Memorial Scholarship spaghetti drive-thru dinner was approved.

The proposal stated that in lieu of holding the dinner this year the Colivas family would commit \$800 in donations to the scholarship fund this October.

In addition, if those who have pledged to provide food and supplies for the dinner instead donated the cost of those supplies to the fund directly, a financial outcome similar to the 2019 dinner (\$1318.) would be realized.

Later during the meeting, a suggestion was put forth to have a socially distanced biscotti sale after the masses on the weekend of November 6th & 7th. Doing so would help our Branch checking account and keep our club in the minds of Eureka parishioners.

Finally, Betty Senestraro announced that Ft. Sudhakar Mannam, Parochial Vicar of St Bernard and Sacred Heart Parishes, has agreed to serve as our Branch #145 Chaplain. Fr. Sudhakar previously served as Chaplain for ICF Branch #103 in Sonoma.

November and December birthday wishes to Nancy Renzo, Lora Canzoneri, and Betty Senestraro!

## Santa Rosa Br. 198, St. Eugene

Dear Brothers and Sisters,

Following our October potluck and our turkey dinner in November, we look forward to our Christmas party in the Parish Life Center. Eggnog at 5:30 p.m. and dinner at 6:00 p.m. Thank you to all our members who brought food items to the November meeting to be donated to the Redwood Empire Food Bank.

Nancy Azevedo will have your dues envelope ready to pick up at the December 6th meeting. We want everyone to continue as members of our Branch. Also, at our December 6th meeting we will once again be collecting unwrapped toys to donate.

At the time this article was written, our officers for 2022 are:

President: ???  
Vice President: Mike Milano  
Financial Secretary: Nancy Azevedo  
Secretary: Gail Azevedo  
Treasurer: Robert Acquistapace  
Orator: Lynette Lucia  
Trustees: Steve Azevedo  
Marc Bisio  
Christine Liberto  
Sentinel: Bill Pisenti

Thank them for accepting their offices. We really need them.

Please pray for our deceased and ill members as we celebrate with the Church – All Saint's Day and All Soul's Day.

*May everyone have a truly Happy Thanksgiving.*

*Ciao, Gail Bong-Azevedo*

## FRESNO District

### Madera Br. 27, Santissimo Crocifisso

At this writing, Madera is enjoying a beautiful, 71-degree, blue sky October day, following a brief rain shower yesterday morning. Please pray for continued rain in the months to come.

Our Branch participated in the annual Harvest Festival at St. Joachim School in early October. We hosted our traditional salami booth. The festival was well attended, as always.

Just a reminder that our regular meetings on the second Tuesday of the month have resumed at the church, but there is no meeting in December.

*Blessings to all members,  
Mary Keitz*

### Clovis Br. 250, Our Lady of Perpetual Help

Happy October birthday to Shirley Mitchell! The Zanarini's report their Granddaughter, Emily Diener, started her freshman year at Montana State University in Bozeman. Emily is majoring in Environmental Engineering.

Did you know that Italy has more masterpieces per square mile than any other country, reflecting the country's love for great art?

Mark these events on your calendar:

October 31: Membership breakfast meeting at the Old Town Waffle Shop in the Barnyard shopping center in Clovis, from 9 a.m. to 11:30 a.m.

November 14: Fundraiser at Cool Hand Luke's restaurant in Clovis. Take out or dine-in, noon to 9 p.m. Tickets are \$20. Choice of BBQ chicken, 7 oz. sirloin or ribs. Our Branch makes about \$6 per ticket sold. Call Rich or Mary Zanarini for tickets.

It's essential that these events receive everyone's help and participation so we may support our Parish and school, as well as the many non-profit organizations. THIS IS THE LORD'S WORK!!

Do you know which Pope commissioned the painting of the Sistine Chapel ceiling? See answer near end of column.

A big congratulations to those who helped organize this year's convention! The problems caused by the Coronavirus made it more challenging.

Knowledge is knowing a tomato is a fruit. Wisdom is not putting it in a fruit salad.

Answer to quiz; Pope Julius II.

Thanks and praise to our Lord for the most welcome rain received earlier this month! Notice how the air smelled so fresh and felt so invigorating?

Thought for the month:

*"Though the multitude may press him,  
We are blessed that God's own son,  
cares*

*For every child as tenderly as if there  
Were one"*

*Ciao,  
Georgina Glop*

## MONTEREY CENTRAL COAST

### Santa Cruz Br. 21, N.S. Del Soccorso

Buon giorno, Tutti! We hope that you all continue to do well and are ready to join in on up-coming ICF Branch 21 festivities. The Take-out Pasta Dinner was a big success and we thank all those who took orders, shopped, cooked, packed up and handed out the dinners to folks passing through the Hall parking lot. John Barisone's delicious marinara sauce really set off the pasta and meatballs. Thank you, John, and thanks to you all who bought the dinners. We had a great response!

On November 7th there will be the Memorial Mass celebration at 8:30 a.m. at Holy Cross. In place of the after mass breakfast, there will be coffee and snacks served outside the church. Different but it will be nice. Then we will be moving on to our annual Christmas party on December 9th. We haven't decided how this will be presented as yet, so stay tuned. As you know, we are still in transition from Covid lock down to being completely back to normal. But those who have come to the few get-togethers that we have had are so happy to see one another; it appears that the venue or presentation isn't so important right now.

In closing, these are November's birthdays to celebrate:

Sue Bellangero, Mary Jo Belli, Patricia McNeal, Eugene Panelli, Louie Pao-lino, Cindy Schuette, Wayne Shaffer, and Jack Stagnaro. Happy birthday  
*God bless and stay healthy  
Patty Morelli  
Secretary Branch 21*

### Monterey Br. 36, Santa Rosalia

Happy Thanksgiving to you and your family. May we thank GOD for all our Blessings he has given us and thankful for our faith that keeps us strong. Let our Lives be full of both Thanks and Giving.

"Grace and Peace be yours in Abundance" Peter 1:2

We have donated \$1617.50 to for our Seminarians. Bishop's Day will be on October 24, Holy Cross Church, Santa Cruz, CA.

We are planning our 85 and over birthday party on October 30. We will be honoring 99 members that are 85 and

over. Many of these members have dedicated many years to our Branch #36 and we appreciated all their hard work they have given us. Our oldest member is Ruth Flynn, age 103. Pictures and details of this event will be next Bollettino.

We are planning our annual Turkey Dinner in November. More information will follow soon.

Please continue to pray for all members that are ill, hospitalized, recently loss of a loved one and any of their special intentions.

*Bless the food before us,  
The family beside us,  
And the love between us.  
Amen*

*Elaine Valentine,  
1st Vice President  
Branch #36*

### Capitola Br. 227, St. Joseph

Branch members had their first in-person meeting in October after a year and a half. Members gathered at Stewart's Floral in Santa Cruz and were delighted to see each other. After a great deal of thought and discussion, members voted to move to our neighboring parish, Aptos Resurrection, starting on January 1. The details about this move will be coming soon from President Franklyn Lopes.

Officers for 2022 will be elected in November. Many thanks to Rosa Radicchi and Bryan Stow who volunteered to serve as the Nominating Committee. We were happy to learn that our branch took first place at the convention for Apostolate Charity Work in branches with membership of 71 to 129.

Remember to get your 2022 calendars. They are available at Stewart's Floral, 1658 Soquel Drive, Santa Cruz. Cost is \$25 and \$5.00 of that stays at our branch. With the calendars comes a daily raffle—you just might be a winner.

Happy Birthdays to our members who are celebrating birthdays in November: Jane Kotila, Howard Barber, Sister Judy Silva and Kay Waldvogel

*Best wishes to all ICF members for a Thanksgiving filled with togetherness and gratitude to our Lord for all the blessings He has bestowed.*

*Deanna Musler, Secretary*



Happy Thanksgiving from Branch 36



**Paso Robles**  
**Br. 354, Saint Rose of Lima**

Fall, the loveliest season of all is upon us, with the beauty of the changing leaves, pumpkins lined up in the fields ready for picking, pumpkin pies in the stores ready for eating, and See Canyon's juicy apples waiting to be plucked from the trees. And, Paso Robles is reporting a bountiful grape harvest this year. God is good!

Thank you to members Jackie Beato and Joan Ryder for representing Branch 354 at our Italian Catholic Federation Convention in Santa Clara. They both had a wonderful time and reported that the convention "went great." Congratulations Branch 354 for being awarded a second place for Apostolic Works of Charity for small branches. Start stashing your gambling money 'cause next year we celebrate convention in Las Vegas.

Unfortunately, due to the Covid crises, our "almost famous" Pasta Dinner planned for November 6 has been postponed until a later date.

Oh, and by the way, David Zanini, our fearless leader, is another year older. Happy, happy birthday David.

*Yvonne Maddalena*  
*Recording Secretary*

**CHICAGO**  
**District Council**

Warm greetings from the Chicago Area Branches!

After almost two years of staying in the safety of our homes due to the pandemic, the ICF—Chicago Area Branches gathered at St. Francis Borgia Parish for a joyous Bishop's Day celebration honoring the young men preparing for the priesthood. ICF of St. Francis Borgia – Branch 392, hosted the uplifting festivities, which took place on Saturday, September 25th. Although the event was smaller in scale when compared to previous years, the inspiration and happiness generated was still bountiful. Representatives from Mundelein Seminary, ICF members with families and friends, and parishioners (all still wearing the required facial masks, some still practicing social distancing) got together for the festivities, which began with a beautiful Mass celebrated by our Father Mario Stefanowski and Father Thomas Byrne, a Director at Mundelein Seminary. A delightful seminarian, introduced to us as Conrad, did the readings.

At the end of the Mass the presentation of the Central Council and Chicago District donations was made by Teresa Helfand, representing the Central Council, and Maria Perna, the Chicago District President. Father Byrne gave a lovely speech thanking the ICF for the annual donations, which are used to help meet the seminarians' educational costs.

The evening's festivities concluded with a reception in the parish hall, where refreshments were served. It was

a most enjoyable evening, which served as the initial step to restart "normal" activities.

Notwithstanding the challenges being caused by COVID-19, the celebration was well attended. Many thanks to all of you!

May the Lord guide the young seminarians as they prepare to serve God and see to the needs of Catholics.

*Pray. Stay well. Stay safe.*  
*Aurora Pensa*  
*First Vice President*  
*ICF Chicago District*



**SAN JOSE**  
**SANTA CLARA**  
**VALLEY**  
**District Council**

Santa Clara Valley District President Bob Basuino presents the District seminary burse to the Most Reverend Oscar Cantu, Bishop of San Jose.

The Bishop's day Mass at St. Joseph's Mtn View with Deb R Grand Pres, Bob B SCVD Pres, Craig Noah Br Pres Br 47 and Eva Stern - Financial Sec Br 47 thx,  
Ric





## Gilroy Br. 28, Santa Maria Ausiliatrice

On October 3, 2021, at the Bishop's Day event at St. Joseph Church in Mountain View, Br. 28 presented Bishop Cantu with a \$1000 donation in support of the Diocese. Also, in coordination with the ICF Oakland Office, Br. 28 funded a second-year scholarship of \$500.00 awarded to Megan Carpena of Morgan Hill who will be attending the University of Nevada, Reno. President Joe Fortino and wife Peggy represented ICF Br. 28 at the Convention and were present at the award ceremony presenting the plaque to the Sam and Judy Bozzo family for the "Family of the Year." At submission of this report, we are looking forward to our first dinner meeting in over a year and a half on October 18th in Cullen Hall.

I and members would like to extend to Joe Fortino our appreciation for his stewardship of Branch 28 the last three years. Joe took the helm of Branch 28 during those turbulent times when variants, infectious breakthroughs, and booster shots were the talk and debates of the day. Joe kept his hands on the wheel and navigated through those unsettled waters. My husband John weighed in regarding Joe Fortino's tenure as President. He said going to High School and Jr. College with Joe reminded him of that star football status he exhibited of strength, determination, and skill as an offensive guard, which Joe translated to President of Branch 28 of the Italian Catholic Federation. On behalf of members of Branch 28 of the Italian Catholic Federation, thank you Joe, and Happy Thanksgiving to all.

*Peace and God Bless,  
Kim M. Filice*

## St. Mary Br. 184, Los Gatos

This was a quiet month. Not much going on. Donna Pfaff has the annual raffle calendars. \$25 each, you have 365 chances to win. Even after you've won, your name goes back into the raffle barrel, and you have another chance. This year's calendar is dedicated to "A Year of Hope." Grandchildren, nieces, and nephews of our ICF members drew pictures that appear on the calendar pages. Thanks to Donna and Dick Pfaff who attended Bishops Day to represent our Branch. Bishop Cantu spoke very well of the ICF and how important we are to the church and our community. Our Branch supported the parish country faire with a beautiful raffle basket given to the Bingo Committee.

Our next meeting will be the week of Oct 18. I will be contacting you to see which day and what time is best for everyone.

Happy October birthdays! Happy Thanksgiving! May you finally be able to meet with your families and friends!

*Ciao, Denise Antonowicz, President*



Br. 28-Left to right: 2nd Vice President - Roy Shackel, member - Ken Kiser, President - Joe Fortino, 1st Vice President - Vince Saso.



Br. 28-Left to right: John Matteucci, Gennaro Filice, Joe Fortino, Vince Saso, Sam Bozzo.

## San Jose Br. 191, Saint Frances Cabrini

Tap...Tap...Tap...The Sound you hear is our President, Debbie Piro, with gavel in hand at our General Meeting.

The SFC food drive (with the help of John Dahl) will begin for the holidays. The request of hams/turkeys helps give our needy families a holiday meal. Members may donate, but the easier way is through a monetary donation. (Checks made out to Branch 191) Please give generously.

Branch 191 held our annual Baby Layette Shower at the October meeting. Sharon Logan/Linda Galassi will be collecting baby items to help a new Mom get a fresh start. Needed Items: Newborn 0 - 6 months, sleep sacks, onesies, newborn diapers. Monetary donations are welcome. Make checks out to Branch 191; place "Layette" in the memo line. Also, you may bring your items to the "Drive Through" on December 5th, at Isolation Products, 157 Lozano Drive, Sunnyvale.

"A Time for A Change" was at the forefront of our meeting. The membership attendance is declining, meetings are in the evenings, and the average age of our membership is a concern, Debbie proposed a new venue. The suggestion of a Saturday breakfast/brunch was brought to the floor. Debbie expressed

concern of the safety of members at night, and feels our branch needs an uplift. A further discussion will continue regarding this change, and we look forward to new ideas. Please express your thoughts, opinions, and concerns regarding this innovative idea.

Not what we say about our blessings, but how we use them, is the true measure of our Thanksgiving. W. T. Purkiser

*A holiday blessing to all,  
Shirley Catania  
sentinel*



Br. 28-Left to right: Sam Bozzo, Gennaro Filice, Joe Fortino.



Br. 191 St Frances Cabrini—Fall time



Br. 191, Pick a pumpkin



Br. 191 St Frances Cabrini—It is Halloween Time



## San Jose Br. 368, Santa Teresa de Avila

Br. 368 will have our regular ICF meeting on Wednesday, November 10th at 7 p.m. to discuss upcoming events and paths forward for next year. Our Sunshine person, Avis Erkel, is still recovering from illness and is grateful for all the prayers offered for her. Pray for Paul Butler who is still very ill. President Mary Ridi has returned from her trip to Italy. Joyce Robba, first vice president, did a nice job as backup for Mary. Father George's new book is here, "Pandemic Priest; Lifting Hearts in Covid times." The office has copies. Attention!! "Happy September Birthday to Father George." Father blessed the animals on the feast day of Saint Francis of Assisi. We will be preparing for the election of ICF Br. 368 officers. If you are interested in being part of the board, please let the board know. The parking lot mass was started in March of 2020, because of Covid, and will move into the church at the end of October. Mass will still be streaming every week on Youtube, as it has during all of "Covid Time." Mary's Garden has a new entrance and the main entrance to the church has a nice new patio. Check it out. In March of 2020, during covid shutdown, the board voted to have two Memorial Bricks made and installed at Avila Hall Memorial Area in honor of Fr. Pegman and Monsignor Maloney. This is for their contributions to ICF and Santa Teresa Parish.

*Happy Halloween,  
Tom Myers*



Contact Tina Rossi to purchase your calendar and remember that \$5 remains with our branch!

Our fundraisers continue to provide funding for our many Branch programs. Our Branch recently funded a 3rd-year scholarship of \$600, which was awarded to Ana Miciano of Morgan Hill.

*Thank you, dear members, and wishing you all a Healthy and Happy Thanksgiving!*

*Janis Patellaro*

## Sunnyvale Br. 408, Resurrection

Our Branch participated in the 2021 Santa Clara Valley District (SCVD) Bishop's Day hosted @ Branch 47 in St. Joseph's of Mountain View on Sunday 3 October 2021. Where Patricia Look and Tina Dutra served us a delicious lunch on the new Outdoor Plaza. Bishop Cantu Presided at the Mass and after Mass concluded, ICF donated over \$8500 to support our Diocesan Seminarians. Bishop Cantu was also given a Spritual Bouquet presented by Eva Stern on behalf of members of the District.



SCVD District Bishop's Day cake

We will be holding Branch Elections in October, so please talk to any of the Branch Officers if you are interested serving in 2022. Sandra will be stepping down as Secretary as takes the Lead of the Craft Guild supporting

Sunnyvale Community Services.

Our next Blood Drive will be held 4th Deceemder from 8 – 1 p.m. using the Stanford Mobile unit outside the Farana Center. We look forward to seeing you there.

Congratualtions to Donna Ogden our Fundraising Catalog winner of \$30!

We continue to hold our monthly meetings via Zoom on the fourth Monday of the Month -with Sandra Hosting and Coordinating for us – Thank you Sandra!

Please Pray for our sick Members: Al Chantelope, Steve Richey, and Dori Blefari.

## Morgan Hill Br. 435, Santa Caterina D'Alessandria

Once again, a fun filled time at our yearly Bar B Que at the Guglielmo Winery. A beautiful setting and wonderful food! Thank you, George and all your crew. Our members look forward to this event every year.

A heartfelt wish to the Jim Friebe family and friends on our loss of Anna Friebe. She was a most popular member and schoolteacher of our area. Condolences to Jim and family.

Can you possibly put this in??

Having had a wonderful time at our 2021 Convention, our President Giulia Gallego is moving on to our Christmas celebration.

Thursday, December 2, 2021, is our date. Due to Santa Clara County mandates regarding Covid-19 we could not secure a venue in our hometown. The Longhouse Restaurant in Gilroy has hosted us in the past with our events. They are always pleasant to accommodate us and within our budget. We hope to have a big turnout and anxious to have a good time. See you there!

More information to follow.

*Sincerely submitted,*

*Sylvia Sorci*

*Giulia Gallego, President*



Br. 445 - Diane Devine in Memphis



Br. 445 Jennifer & a baby alligator!

## San Jose Br. 445, Transfiguration

After receiving their COVID vaccinations, our members started to travel again by planes, trains, automobiles and even an authentic Paddleboat! Br. 445 members Diane Devine, Jennifer Nisich and Donna Pfaff had a marvelous time exploring stops along the mighty Mississippi River from Memphis to New Orleans!

Our Sandwich Ministry continues to provide a weekly lunch to 120 people in need. Sandwich kits, costing about \$40 each, are filled with bread, lunchmeat, cheese, cookies, chips, drinks, napkins and condiments to make 15 sack lunches per kit. Several kits are delivered for assembly each week. They are then collected and distributed to 3 socially active organizations in San Jose. Over 7,000 lunches have been distributed through this Ministry to charitable groups since April 2020.

In addition to the volunteers who are assembling these sack lunches, our friends and families are being asked to help sponsor a sandwich kit with a donation of \$40. If you'd like to help please send a \$40 check made out to 'Church of the Transfiguration' which is the parish handling the bookkeeping for this project. Please write in the Memo Section of your check:

'LUNCH KIT SPONSOR'. You will then receive a tax document as your receipt. Send your donation to coordinator:

Bill Perry  
5946 Bridgeport Lake Way  
San Jose, CA. 95123

Thank you for your help.

Happy November Birthday wishes to members: Diane Devine, Art Maggio and Bill Howell! Tanti Auguri a tutti voi!

'Felice Ringraziamento' ... Happy Thanksgiving to all.

*Until next month stay safe and well ;-)*

*Jan Marianelli Stumhoffer*



Br. 445 -Jennifer Nisich & mom Donna Pfaff in New Orleans



Br. 445 - September Cruising



## STOCKTON

### Modesto Br. 48, St. Stanislaus

It seems like we go two steps forward and one back. We are a month behind in what we are to do. We did manage to help with the St. Stanislaus Fall Festival by making items to donate to the auction and country store and buying the dinners and other food that was available. As with other events, it had many changes. The one big thing that was new is they held a Cornhole Tournament and had a lot of fun with it.

We have been asked to hold our meetings at our members' homes for now. I was going to have the meeting at my home but had to undergo some repairs and was out of my house for ten days. I am back in it now, so I hope to have a meeting before the end of October to get caught up. We would like to take orders for our baked goods then have them come by my home to pick them up since I am a short distance from the church. The information on what we can sell at the church are still a little unsure. I hope our members will come up with some other ideas at our meeting to help keep us going.

*Stay healthy and safe.*

*Cecelia McGhee*

### Lodi Br. 82, St. Anne's

Happy Holidays!

Yes, they are coming!! Seems once Halloween arrives, the rest fly by.

Hope you had a chance to stop by St. Anne's School October Harvest Fest for food fun and fellowship. Our ICF Salami Toss booth was a huge success. Many were seen walking with their winning salami. Grazie to all who donated salami/potatoes and volunteered their time to decorate and work the booth for those 2 days.

At our October meeting, members showed their creative side with spooky snacks like deviled egg eyeballs and mummy dogs. Those were munched on as we watched videos about the Catholic History of Halloween and All Saints/All Souls Day. It was an enjoyable evening of tricks and treats!

Want to add un delizioso antipasto to your upcoming holiday feasts? Then, come to our Tues., Nov. 22nd meeting where you'll learn to create charcuterie boards. We begin at 6:30 in the Youth Room. Bring a friend and un buon appetito!

Over the Advent season, we'll have another go at Secret Pal with a reveal event after Christmas. If interested in participating, contact me, Elisa, or icfstanne@gmail.com.

Dec. 1st is the 3rd anniversary of our branch re-establishment. Mark your calendar for Sun., Dec. 5th, to attend 8:30



Br. 395, Food looks a bit different during COVID, but still delicious!



Br. 395 members enjoy the rinfresco after the Italian Mass at Church of the Presentation.



A "rinfresco" after our Italian mass on October 3 with Branch 395 members and our Chaplain, Fr. Mark Wagner.

mass together, then celebrate afterward over breakfast. Place to be announced. Heartfelt appreciation is extended to all Veterans every day, but especially on your special day of remembrance, Nov. 11th. Your unselfish service is commendable. May God grant you peace. Have a wonderful, safe Thanksgiving gathering with family and friends! *Saluti...Patty Litts, President*

### Manteca Br. 139, Nostra Signora del Buon Viaggio

Branch President Jim Alfieri welcomed visitors to our September meeting: Doreen Cvitanovic from Foster City and Dominic Queirolo (son of Tony and Ida), who is visiting from New York. Central Council member Dante Galeazzi was also in attendance.

Before we enjoyed a tasty dinner of spaghetti, meat balls, baked squash and

salad prepared by Chef Tony, and a delicious dessert provided by Paula Beck and Pat Pierano, Jim led our members in a Hail Mary for our seminarians and in Grace.

Prayers are asked for Branch Treasurer Lillian Pauletto, who has had to resign her office because of health issues.

Jim and wife, Colleen, attended the Grand Convention in Santa Clara and provided an overview of the events.

Ed and Patti Fichtner are selling the 2022 calendars this year.

Anna Mello has agreed to again chair our biscotti baking/selling for the holidays if permission to use the parish facilities can be obtained from our pastor, Father Chad Wahl. Branch First Vice-president Birdie Nieri has been assigned that task. This activity is a major fundraiser for our branch.

After all the meeting's business had been covered, President Jim led us the closing prayer and the Federation Anthem was played.

*Fino novembre,  
Mariano*

### Tracy Br. 390, St. Bernard

Get ready for November take-out dinners—the night of Thursday, November 18, Father Fleming Hall is the place for Turkey dinner with all the trimmings, just like last year's, prepared by Mike and his crew. See you there!

It's time for nominations for board of directors of Branch 390. Let us hear from you if you are interested, please!

Steve Ridolfi continues to post the life of our branch through pictures on our Website: [www.icfbranch390.org](http://www.icfbranch390.org). Be sure to check out the added attraction of our HERITAGE section—If you haven't sent Steve yours yet, send them please! The newsletter on our website would love to hear from you!

*Stay healthy, happy and safe,  
Betty Hollars*

### Stockton Br. 395, Presentation of the BVM

Our Branch Chaplain, Fr. Mark Wagner, surprised us and wanted to hold an Italian mass to honor St. Francis of Assisi. With the help of the fantastic members of Branch 395, we had a beautiful Italian mass at 6:30 p.m. on October 3. Josephine Weber and I did the readings in Italian, and we had a cantor who sang in Italian too. It was a very special evening, followed by a rinfresco hosted by our Branch in the Presentation Church Hall. We truly hope that this will become an annual event.

By the next *Bollettino*, we will have our election results. Newer members have been encouraged to take on leadership roles and we appreciate their willingness to do so. 2022 should be a great year for the ICF!

*A couple fun facts about St Francis of Assisi before I conclude:*

*He was a catholic friar who gave up a life of wealth to live a life of poverty.*

*He established the Franciscan Order of friars.*

*He was known for his love of nature and animals.*

*St. Francis set up the first known Nativity scene to celebrate Christmas in 1220.*

*Alla prossima,  
Mary Ann*

*Deadline  
for December Issue  
is November 10th.  
Send articles and  
photos:  
[editor@icf.org](mailto:editor@icf.org)*



# SAN DIEGO

## Santee Br. 449, Guardian Angels

On October 9, 2021, Guardian Angels Catholic Church ICF Branch 449 (Santee, California) served their first ever pulled pork BBQ dinner at the annual parish fall festival. The popular BBQ dinner has been around since very first Guardian Angels Parish festival in 1962, but was canceled in 2019 due to lack of available resources to help with the dinner. Branch 449 was able to reinstate the popular event this year due to the generosity of ICF members Diane and Joe Ameng who prepared and cooked the dinner while the rest of the branch members served festival patrons. Over 300 dinners were served during the festival and Branch 449 received many kudos and thanks for bringing back the signature dinner that so many have come to associate with the Guardian Angels Fall Festival.

All the best,  
Helene McGowan  
helene@cox.net  
Corresponding Secretary  
Guardian Angels  
Italian Catholic Federation,  
Branch 449





# Zona Divertimento

## Thanksgiving Word Scramble

Unscramble the Thanksgiving words and then use the highlighted letters to form the secret message. You will have to unscramble the message as well.

Figure 1: A 10x10 grid showing the distribution of amino acid frequencies for 10 different proteins. The proteins are listed on the left: ICUNROP, CA, ETRSH, VA, MEVRN, OE, B, ILIGP, MR, KUTEY, R, BCNERR, RAY, YRAOME, FWL, TMOLPY, UH, AYHLI, OD, GWNMP, AA, O, and INKPM, UP. Each row represents a protein, and each column represents an amino acid. The frequency of each amino acid is indicated by the number of orange squares in that column, with a maximum of 10 squares per column.

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**SAVE THE DATES**  
**June 24 & 25, 2022**

The Central Council Golf  
Tournament--Friday, June 24  
at Bennett Valley Golf Course  
in Santa Rosa



Wine Tasting Tour or an  
antiquing trip with a lunch-  
-Saturday, June 25.

*Details to follow*

# Thanksgiving

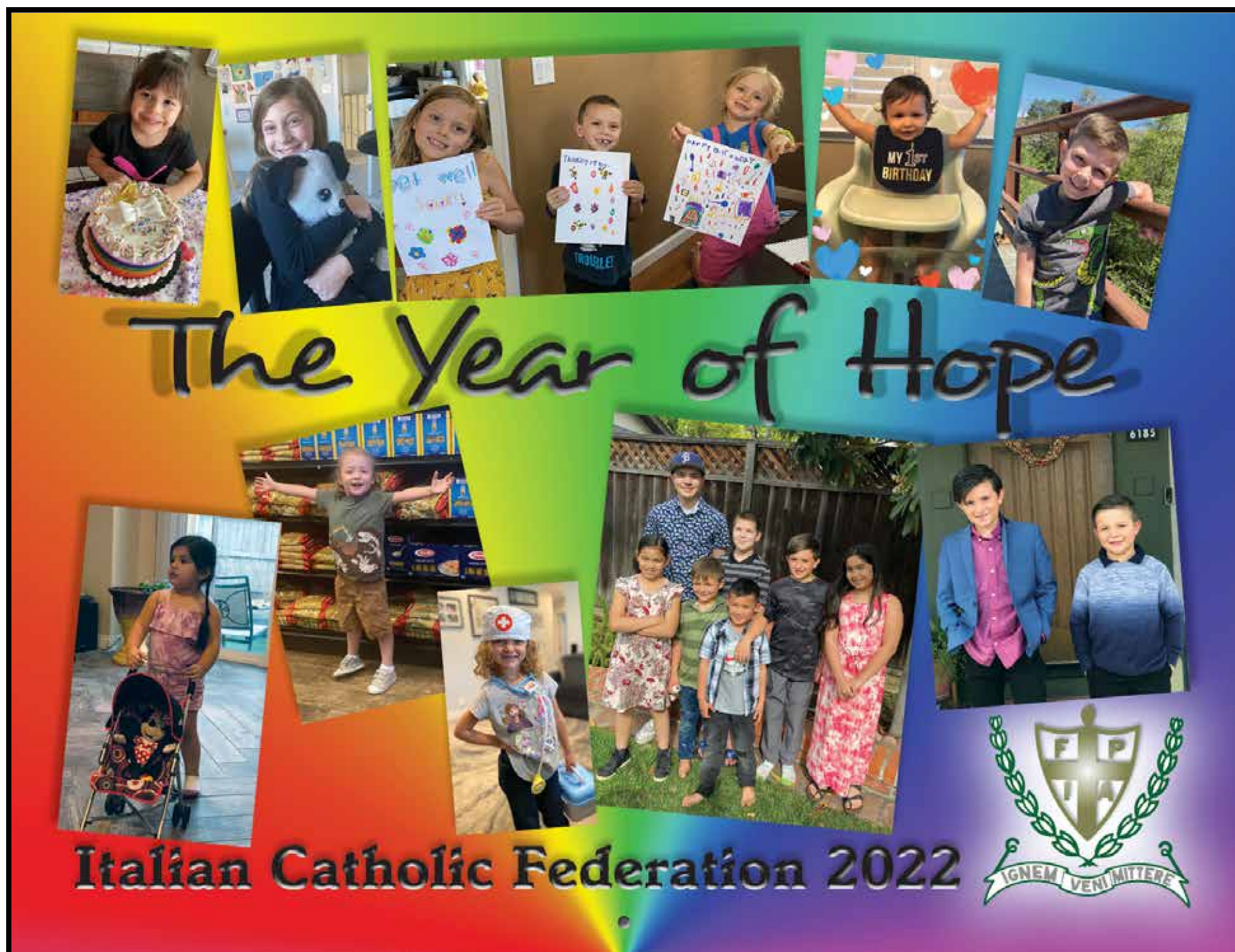
Fill in the crossword, find the hidden words and finish the sentence.



This is the *Day*  
that the Lord has made;  
let us *Rejoice*  
and be glad in it.

Psalm 118:24





## *Purchase Your ICF 2022 Calendar Now!*

The ICF 2022 Calendars are great gifts and ideal raffle prizes.  
They offer wonderful drawings and pictures of our children which remind us about our theme  
***“The Year of Hope.”***

Also, the calendar offers you an opportunity to **win money**.

Please keep the calendars in mind with the  
Holidays coming up.

This is a simple & effective fundraiser for our Branches  
as well as way to fund many of our organization’s programs.

**So, let’s focus on selling our calendars!!!**

Branches have received their allotment of calendars.

Be sure to contact your local Branch if you are interested in buying one.



November, 2021

Dear Branch President,

As you know, many Individuals, Districts and Branches traditionally place Christmas and New Year's messages in the December issue of the Bollettino. These can be sent in, already designed and sized, or the text may be provided and we will create the design. These are the choices and prices for the ads:

2 1/2" x 2 1/2" (one column square)	\$25
2 1/2" x 5" (vertical or horizontal)	\$35
4" x 5" (horizontal)	\$50
6 1/2" x 5" (horizontal, quarter page)	\$70

To place a message, please send in your ad by e-mail, either finished or just the text you want, size selection, and your check made out to the ICF (notated Christmas ad), to:

Italian Catholic Federation  
8393 Capwell Drive, Suite 110  
Oakland, CA 94621  
Attn: Bollettino

Please send all ad files electronically to  
[info@icf.org](mailto:info@icf.org).

**The deadline is November 10th.**

Thank you.  
*ICF Office*

