Every Meeting is a Membership Moment

Pat Mages
Membership Committee

Happy New Year and congratulations to all 2019 Officers. We are all energized, renewed and ready for a successful year. When you hear the word “membership” many of us think it’s about recruiting new members and holding membership drives. However, the first of the new year is a perfect time to take inventory of current members. It is also when membership is renewed.

As most Financial Secretaries will attest, most of your branch renews in a timely manner. It is that small group of members who for various reasons put off or decide not to renew. The reasons are many, but one reason stands out among the rest. ICF ceases to be a place they feel welcomed, fellowship or a necessary part of the branch family. So, we spend the better part of the year recruiting them back to the branch. Membership renewal is not the time branches should be trying to retain that group. Like new membership recruiting, membership retention needs to be ongoing—a monthly activity. Every single meeting needs to be ‘seen’ as retaining and recruiting. It does not have to be something elaborate or time consuming. Yes, it is important to have a business meeting. However, what sets the ICF apart from other organizations is family is the focus of the ‘meeting,’ common faith and everyone participates.

Continued on Page 3

IGNEM VENI MITTERE
I Came to Light a Fire
Celebrate the ICF 95th Anniversary

This year marks the ninety-five-year anniversary of the founding of the Italian Catholic Federation on June 15th 1924. Come together to celebrate how far ICF has come since ICF co-founders Luigi Providenza and Father Albert Bandini held their first meeting at Church of the Immaculate Conception, deep in San Francisco’s Mission District.

The Italian Catholic Federation incorporated shortly after San Francisco Bishop Hanna’s approval was granted in October 1924. Branch #1 at Immaculate Conception Church was formed on December 7th with a starting membership of 300.

Aware that knowledge of the past is essential to understanding the present, members of the ICF celebrate its history and learn from the history of immigration in the United States.

Come join on or all of the three anniversary celebrations: Chicago, Illinois on June 2nd, San Francisco, California on June 9th and Los Angeles, California on June 30th. Anniversary invitations are printed in the Bollettino.

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Make New Friends, but Keep the Old

Nanette Scarpellini Metz

As we enter in the month of love and friendship, now is an ideal time to reflect on what it takes to be a friend as well as a good member of ICF or other organizations. Increasing membership is a hot topic for many of the articles in this month’s issue. However, in order for it to be more than a New Year’s resolutions that fades by March, steps can be taken to increase its long term impact.

Pat Mages and the Membership Committee are gathering best practices from all our branches to share with everyone. Grand President Andrew Pappani has challenged branches to a 10% membership growth. The activities or interactions are small acts that can have a big impact when continued over time. Sure a big budget and lots of fancy events to may attract potential members, but it’s the simple day-to-day or meeting-to-meeting interactions that keep members around year after year. After all, we know you can’t buy friends nor members either. However, we can entice them in with tasty

Grand President’s Monthly Message

Andrew Pappani

I thank the past officers for their commitment to our Federation this past year. A JOB WELL DONE! Newly elected officers, I congratulate you for stepping up to be leaders in your branches and district this coming year it is greatly appreciated.

We have accomplished many things in 2018. United together, we will accomplish more in 2019.

It is my honor to be with you this year as your Grand President of the Federation. It is a New Year filled with many exciting opportunities and expectations. It is this anticipation that inspires me when installations take place. These ceremonies bring new optimism and life into the Federation. At installation time we remember what it is like to have the sense of family and belonging with our heritage and church. With the unity that brings us together we will work hard in 2019 to make our parishes, communities and the world a better place for everyone.

We are heading into 2019, which is our ninety-five-year anniversary of existence of the Italian Catholic Federation June 15th 1924. That’s not too long ago. It seems like yesterday.

We will be having three anniversary celebrations: Chicago, Illinois on June 2nd, San Francisco, California on June 9th and Los Angeles, California on June 30th. Presidents, let talk it up with our members to attend. If you can’t make it, we understand. Set a meeting aside and have a program to celebrate the anniversary in your branch to show the history of the Italian Catholic Federation to your members.

We all have New Year’s resolutions set. My New Year resolution is to help our branches grow. One branch at a time, hand in hand, the central Council members will be there to help you.

When I was installed as your Grand President at this last Convention in San Diego, in my speech, I challenged all branches to a 10% membership growth. That’s not an impossible task. Just think if everybody brought in just one member. What would our membership be? And this is in line with the Federation’s Strategic Plan which states that “We will grow and maintain our membership base.”
Our Shared BFF

Monsignor Daniel Cardelli
ICF Spiritual Director

That person is a friend of mine.” How many times do we hear that phrase? How many times do we use that phrase? I imagine many, many times in a single day, in a week, over our whole lives.

What, then, is a friend? There is a difference between a friend and an acquaintance. We can have many acquaintances but only a few true friends. Why can’t we have many friends? It takes a lot of time and energy to be a real friend, and there just isn’t enough time to truly be a friend to a lot of people. It takes special qualities to be a friend.

A friend is someone we like and someone who likes us. We look forward to talking to our friend and to being with our friend. It makes us feel good to be with our friend because we trust, we share, we help, we confide in a friend. We will go way out of our way to help a friend, even when it’s difficult for us to do that. We make sacrifices for a friend. A friend is really a special treasure!

We may have a few friends, but one of them is our best friend. A best friend is someone who is so committed to the relationship that it comes first and every other relationship comes second. When we laugh, celebrate, cry, hurt, are sad and depressed, so too is our best friend. It is almost as if our best friend is an extension of ourselves. What a wonderful experience to have! There are not many such people who are that committed. Yea! To have such a friend! What a blessing!

Yet, there is one special and unique friendship which we all share, no matter how many other friends we have: the best of all our best friends, our true BFF. He is always present to us. He loves us no matter what we do, good or bad. He forgives unconditionally. He loves us more than we love ourselves. He gives us purpose, life and strength. He is Jesus Christ, Our Lord and Savior. We can go to Him any time with anything and He is there for us. What a wonderful experience to have! There are not many such people who are that committed. Yea! To have such a friend! What a blessing!

Thank you, Jesus!

The language of friendship is not words but meanings.
-Henry David Thoreau

2018-2019 Central Council Contact and Committee Information

Listed below are email addresses for the current Central Council Members. Their email address will apply for all current positions held by the Central Council Members including any Central Council committee chairmanship positions indicated.

<table>
<thead>
<tr>
<th>Name</th>
<th>Committee(s) Chaired</th>
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</tbody>
</table>
Grand President

Continued from Page 1

The Federation needs everyone to focus on our future, growth and retention. We have the tools and resources, we want to be active in your Branches and Districts. Please ask for assistance from your Central Council members, Membership, Task Force, Workshop, Expansion Committee, Mentor Program and even the Grand President. You have elected us to work for you and we are here to help all branches in the goals they want to reach.

Remember what I had said, we need to get back to the basics, back to a family atmosphere. A smile goes a long way to get new members. Use the buddy system. Treat every member like a first time member. Treat others how you would like to be treated. Give back to our Parishes and communities.

**I will leave you with this thought of mind**

There is a fountain of youth; it is your mind, your talents, the creativity you bring to your life and lives of people you love. When you learn to tap this source, you will truly have defeated age.

-Sophia Loren

Once again I want to thank each and every one of you for your love and commitment to the Italian Catholic Federation. I am truly grateful for everything that you do, for your friendship and support. I wish each of you good health and much happiness in the coming year.

Now let’s go forth and carry out the ideas and aims of forefathers of the Italian Catholic Federation, Sir Luigi Providenza and Father Albert Bandini.

God Bless you and God Bless the Italian Catholic Federation and the United States of America

Thanks,
Andrew J. Pappani, Grand President

Therefore encourage one another and build one another up, just as you are doing.

1 Thessalonians 5:11

Membership Moment

Continued from Page 1

Of course, the food is very important!! So how do we keep everyone engaged and feeling a part of the family?

Every branch has at least one or two successful programs that seems to ‘grab’ the members, causing them to want to return. During Convention branches share their success stories. Often these ideas are compiled and distributed, but how many of us know or remember where these papers are filed? I’m requesting branches email me with their programs, and I will share several every month in the Bollontino. I realize many branches write about their programs in the branch articles, however, not everyone manages to read all the articles. Highlighting different branch programs monthly will make it easier. The submissions of ideas do not need to be lengthy, just the facts, i.e., directions and other pertinent information. I’ll also identify the branches contributing the ideas.

St. Gianna, Branch 443, Simi Valley, has sent several ideas for their branch. The most effective tool which many branches use is a calendar of the meetings and events. Branch 443’s calendar includes a ‘Bring a Friend to the Meeting’; a Polenta dinner served the Italian Way; and Bocce and Barbecue in the Park’. Two games 443 played were great ‘ice-breakers’. The first, is a list of ten or so Italian words scrambled. Members are assigned groups to work on this project. The second game is a good cross-culture mixer. Everyone is given a list of questions and a table number. Members go to their assigned table and complete the questionnaire. After, completing the questions the members share with the table their answers. This game works well when questions involve family customs.

Making the meetings and events fun, interesting and enjoyable may not solve all the member retention problems, but it is a positive starting point. Some of the programs may even become anticipated yearly events.

Don’t forget to send your programs to me at: pnagges@icf.org.

ITALIAN CATHOLIC FEDERATION CONVENTION AWARD CATEGORIES

Review the five award opportunities and complete the application. There is one shared application available for all categories. The deadline to submit applications and supporting documents is May 1. Previous year’s nominations are eligible for resubmission.

POPE SAINT JOHN XXIII AWARD

The highest award bestowed by the I.C.F. is presented at the Saturday Night Convention Banquet. The recipient may be of any religious denomination and shall exemplify the spirit and tradition of the late Pope Saint John XXIII. The nominee must demonstrate achievements in one of the following areas: 1. Community Betterment of Civic Endeavors 2. Ecumenical Spirit in Furthering the Brotherhood of Man 3. Charitable and/or Religious Activities. A $1,000 donation will be made to the award recipient’s charity of choice.

SAINT TERESA OF CALCUTTA AWARD

The Saint Teresa of Calcutta Award was created to acknowledge and honor a Catholic Priest, Brother, Deacon or Nun who exemplifies the spirit of Mother Teresa in the performance of works to better the human condition. The recipient will receive this award during the Sunday General Session. A $1,000 donation will be made to the award recipient’s charity of choice.

GRAND PRESIDENT’S AWARD

The I.C.F. Family of the Year is recognized during the Saturday General Session. This award honors an I.C.F. Family which has made a significant contribution to their branch, district, parish and/or community. A $500 donation will be made to the family’s I.C.F. charitable program of choice.

YOUNG ADULT LEADERSHIP AWARD

This award recognizes a member (39 years or younger) who has demonstrated outstanding leadership abilities and possesses the enthusiasm, talent, energy and vision to become a leader who will guide the Federation in the decades ahead. The recipient will receive this award during the Saturday General Session. A $500 donation will be made to the award recipient’s I.C.F. charitable program of choice.

FAMILY OF THE YEAR AWARD

This award recognizes the family (parents, children and other family members) who exemplifies the spirit of the late Pope Saint John XXIII. The nominee must demonstrate achievements in one of the following areas: 1. Community Betterment of Civic Endeavors 2. Ecumenical Spirit in Furthering the Brotherhood of Man 3. Charitable and/or Religious Activities. A $1,000 donation will be made to the family’s I.C.F. charitable program of choice.

Statement of Endorsement:

Please summarize the major accomplishments of the nominee. If known, include offices and contributions. You may attach additional sheets of text.

Applications must be postmarked by: May 1 – Submit to: Italian Catholic Federation
8393 Capwell Drive, Suite 110, Oakland, California 94621
(925) ICF-1024 Website: www.icf.org Email info@icf.org

Print out the ICF Convention Award application by going to icf.org
Sir Luigi & Lady Augusta Providenza Seminary Scholarship Fund Donations*

RECEIVED AS OF JAN 12, 2019:

IN MEMORY OF: DONATED BY:

Most Reverend Richard Garcia Officers/Members of Central Coast District
Mary Zadra Officers/Members of Br. 1
Mary Johnson Officers/Members of Br. 327
Betty Flaherty Officers/Members of Br. 327
Addie Kramer The Kilcullen Family
Addie Kramer Officers/Members of Br. 52
Addie Kramer Bob and Theresa Dianda
Frank Polari, Jr. Bob and Theresa Dianda
Addie Kramer Mike and Marcie Rossi
Addie Kramer The Antonowicz Family
Josetta Matteri Shannon Gier and The Matteri Family
Addie Kramer Jim and Janice Jones
Tony Pappallardo Jim and Janice Jones
Florence Wallace Officers/Members of Br. 229
Addie Kramer Bob and Kathy Acquistapace
Lillian La Pres Mike and Marcie Rossi

GET WELL WISHES:
Margaret De Rango Officers/Members of Br. 161
Don and Rose Arnaudo Mike and Marcie Rossi

THANK YOU FOR ATTENDING OUR 2018 BISHOP’S DAY:
Grand President Andy Pappani Officers/Members of Santa Clara Valley District

HAPPY 40TH BRANCH ANNIVERSARY:
ICF Br. 342 Mary Ann Robert-Mikles

IN SUPPORT OF THE PROVIDENZA FUND:
***A donation was made to the Providenza Fund by Branch 184 - Los Gatos.***

*Named after the co-founder of the ICF, the Sir Luigi and Lady Augusta Providenza Seminary Scholarship Fund provides ICF members a lasting way to memorialize and/or extend greetings to friends, relatives, and loved ones. Members’ donations provide scholarships to seminarians studying for the priesthood in dioceses where the Italian Catholic Federation is located. A monthly Mass is offered for the intention of those listed.

In Loving Memory (as of Jan 9, 2019)

Deceased Members Larry Cavagnaro Branch 173
Sergio Bruni Branch 021 Maria Lo Giudice Branch 173
Lena Castiglioni Branch 021 Marie Belardi Branch 191
Mary Stagnaro Branch 021 John A Demattei Branch 327
Robert Zoccoli Branch 021 Elizabeth A Flaherty Branch 327
Donald Nuti Branch 050 Mary M Johnson Branch 327
Earl F Geske Branch 103 Bernice M D’arcy Branch 351
Santo J Plescia Branch 108 Nancy Morabito Branch 435
Marion E Golisano Branch 139 Matilde Madia Branch 439
Robert Bacich Branch 173

Scholarship Donations

RECEIVED AS OF JAN 12, 2019:

1st Year
The Antonowicz Family
In honor of the birthday of Franklyn Lopes, Jr.
Officers/Members of Central Council
In memory of Robert Dianda, K.S.G.

Cooley’s Anemia Donations

RECEIVED AS OF JAN 12, 2019:

Branch 39
Terry Giannetto
Margaret Fortino
In memory of James Quin
Officers/Members of Br. 343
In memory of James Barthman
Nettie Descalso-Del Nero
In memory of Addie Kramer
Dean and Jeanette Hudson
In memory of James Quinn
John and Kris Kaiser
In memory of Anna Centoni

Welcome to Our New Members! (as of Jan 7, 2019)

Bob A Besancon Branch 052
Monika A Besancon Branch 052
Rev Dionisio Cachero Oar Branch 111
Pete W Huey Branch 191
Rosanne M Huey Branch 191

Sandra Bruno Branch 352
Art Panella Branch 352
Sally A Panella Branch 352
Darlene A Pedone Branch 445
Gary J Pedone Branch 445

District Installations

Jan. 5th Santa Clara Valley
Jan. 6th Stockton
Jan. 13th San Francisco
Jan. 19th San Bernardino
San Mateo
Tucson
East Bay
Contra Costa
Los Angeles
Archdiocese
San Diego
Santa Rosa
Fresno
Blessed Sacrament
Marin
Central Coast
Feb. 10th Orange
Feb. 16th Orange
Feb. 23rd Orange

Bishops’ Days

Jan. 19th Tucson
Feb. 23rd Orange
Apr. 28th San Francisco (San Francisco, San Mateo & Marin)
Jun. 23rd Stockton
Oct. 26th San Jose (Santa Clara Valley)
February 2019

January Calendar Winners

We held off pulling the calendar winners to give everyone a chance to return their ticket stubs to the ICF office by the January 25th deadline. The winners’ names for January 2019 and February 2019 will be printed in the March 2019 issue. The winners’ names will also be available in the Bollettino Highlights on the ICF website at www.icf.org beginning with the March 2019 issue.

SEE THESE FIRST ON OUR WEBSITE: ICF.ORG

Friends are the siblings God never gave us. - Mencius

Italian Catholic Federation Nineteenth Annual Golf Tournament

DATE: FRIDAY, JULY 26, 2019

COURSE: Laguna Seca Golf Course
10530 York Road, Monterey, CA 93940

FORMAT: Four Person Scramble

START: Breakfast: 7:00 A.M. / Shotgun tee off: 8:45 A.M.

BANQUET: Prepared By Our Returning Chef Ed Leonard
2:00 - Moose Lodge
555 Canyon Del Rey Blvd., Del Rey Oaks, CA 93940

No-host Cocktails

3:00 - Sumptuous Roast New York Strip Dinner

RAFFLE: There will be a raffle with stupendous prizes!

PRICE: Golfers: $170 (includes hot buffet breakfast, 18 holes of golf with cart and banquet.) After July 19th, the price per golfer is $185. Banquet only: $50.

Make check for total amount ($170 per player plus $50 per banquet guest), payable to the I.C.F. Golf Tournament, and send to the address below before the July 19th deadline. Remember: $185 per player after July 19th.

The Central Council and Tournament Committee are very excited about this event and hope to see all of you (golfers and non-golfers) there!

**If an individual brings in 3 foursomes, that individual golfs for free!**

December 2018 Central Council Officers and Members

OFFICERS:

Grand President
Andrew Pappani* (Siria), Br. 28
Grand 1st Vice President
Vincent Piro (Robyn), Br. 39
Grand 2nd Vice President
Deborah Rodondi, Br. 19
Grand Secretary
Lauren Kilecullen, Br. 52
Grand Treasurer
Denise Antonowicz, Br. 184
Grand Parliamentarian
Mike Rossi, O.L.J.* (Marcie), Br. 39
Grand Trustee
Dante Galeazzi* (Julie), Br. 139
Grand Trustee
Franklyn Lopes, Jr., Br. 227
Grand Trustee
Patricia Mages (Louis), Br. 380
Grand Sentinel
Teresa Helfand (Cory), Br. 392
Past Grand President
Leonard Zasoski, Jr.* (Betty), Br. 281
Spiritual Director
Rev. Msgr. Daniel Cardelli, Br. 352

CENTRAL COUNCIL MEMBERS:

Robert Basuino*, Br. 191
David Botta* (Pat), Br. 14
Lisa Crudo, Br. 343
Jane Dianda*, Br. 91
Steven Fuentes*, Br. 327
Roselyne Jarrett*, Br. 72
Kenneth Marshall (Elizabeth), Br. 103
Frank Re (Valerie), Br. 139
Leonard Rossi, O.L.J.* (Karen), Br. 343

LIFE MEMBERS EMERITUS:

Robert Acquistapace (Kathy), Br. 198
Maria Di Paolo, Br. 379
Frances Foglia-Teqlia, Br. 19
Angelina Iarossi-Armenio (Tony), Br. 218
Forrest Price (Prudence), Br. 261
Louisa Russo, Br. 210
Joseph Santello (Catherine), Br. 358
Frank Signorelli, Br. 291
Helen Tatone, Br. 443

MEMBERS EMERITUS:

Gerald Delihno (Joan), Br. 368

Friends are the siblings God never gave us. - Mencius

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SERVICE BEFORE EXPECTATION
Gifts of Love Program
Ready for 2019
Theresa Helfand, Gifts of Love Chair

Brothers and Sisters in Christ,
The Gifts of Love Committee is holding its first meeting of 2019 to select recipients for our Gifts of Love Awards. In this month of February, when we celebrate Valentine’s Day and think of those we love and care about - let us also open our hearts, thoughts and prayers to our fellow parishioners and neighbors in our communities who may be in need.

For those of you who are unfamiliar with the Gifts of Love program, we have a fund from which we make awards to individuals with disabilities or agencies that assist individuals with disabilities. We do this throughout the year, in order to provide funds to individuals with disabilities to help lead fuller, more independent lives, and to find greater inclusion within their communities. We also work with providing assistance to agencies whose goal is to do the same for their clients.

Applications are evaluated on a regular basis by the ICF Gifts of Love Committee which decides who receives the awards and the amounts. We have a great Committee this year and we look forward to helping those in need! Please keep in mind that our next meeting will be in June.

We would like to request applications from disabled individuals that may require special or specific aids or “tools” in order to complete their education, training or assist them in their daily lives.

In order to generate applications, the Gifts of Love Committee is asking each Branch President to mention the program at their next meeting and also to publish a request for applications in their respective Church and/or School Bulletins if possible. The application form is available on the ICF Web site (www.icf.org). Applications should either be mailed to the ICF Office at 8393 Capwell Drive, Suite 110, Oakland, CA 94621 or e-mailed to the ICF Office at info@icf.org.

If you would like more information about the Gifts of Love program, please contact Committee Chairperson Teresa Helfand at telfand@icf.org.
God Bless You,
Teresa Helfand

2019 1st Year Scholarship Program
Dante Galeazzi
Scholarship Chairperson

Materials on the 1st Year Scholarship Program were sent to high schools after Thanksgiving. They were sent to the Districts and Branches in the January mailing and are available on our ICF website www.icf.org via a link on the homepage as well as in the documents in the Officers’ Portal.

The deadline for donations and applications is March 15, 2019.

Please discuss participating in the program at your meetings by making a donation of a full $400 scholarship, if possible, or a partial donation of any amount. Partial donations help to make other scholarships possible when the money is combined. Individual donations are welcomed as well. Please encourage your children, grandchildren or anyone you know who is eligible to apply. They can contact their high school counselors about the Italian Catholic Federation 1st Year $400.00 Scholarship or they can download the application using the link on the homepage of the ICF website.

Student Eligibility Requirements consist of the following:

Applicant must be a High School Senior with a total cumulative GPA (3 ½ years) of at least 3.2 and meets all of the requirements in either #1 or #2:
1) Student must be Roman Catholic and of Italian descent and live within the Roman Catholic Dioceses of Arizona, California, Illinois and Nevada only where Branches of the Federation are established. 2) Student must be Roman Catholic but need not be of Italian descent or live where Branches of the Federation are established if either Roman Catholic parent, guardian or grandparent is a member of the Italian Catholic Federation--membership of a Roman Catholic parent, guardian or grandparent is mandatory for #2.
Please visit or call local high schools where you would like to see applicants originate to be sure they are promoting our scholarship program and have applications available.
If you have any questions or applications are needed, please call the ICF office toll-free at 1-888-423-1924.

Clinical Trials: The Basics?
Laurice Levine, MA, CCLS
Thalassemia Outreach

Clinical trials are studies on human subjects designed to answer questions about medical research and interventions including treatments such as new drugs, devices, or procedures. Clinical trials are also conducted to obtain information about known interventions that require further study or to learn how to prevent the development or recurrence of a disease.

Investigators, usually led by doctors, design a research plan, called a protocol, with the goal of generating data on safety (does not cause harm) and efficacy (does it work?). In order to run a clinical trial, the investigator must obtain approval by the appropriate health authority such as the Food and Drug Administration (FDA) in the United States as well as the hospital ethics committee called the institutional review board (IRB).
Clinical trials can cost millions of dollars and are therefore sponsored by a government organization such as the National Institutes of Health (NIH) or a pharmaceutical/biotechnology company. They also vary in size; they can involve a single research center or multiple centers, in one country or in multiple countries. Only 10 percent of all drugs started in human clinical trials become approved drugs.
There are four phases in a drug clinical trial. According to the FDA, the phases are described as follows:

Early Phase 1—a pre-trial information gathering or exploratory phase to assess whether or not a drug affects the body.
Phase 1—focuses on safety and looks at any adverse effects caused by a new drug or treatment. This phase usually involves a small number of healthy volunteers.
Phase 2—focuses on the effectiveness of a drug in people with particular conditions. The participants in the study medication or therapy will usually be compared to participants who are given a placebo, which is an inactive substance. Safety continues to be evaluated during this phase.

Continued on Page 8
Family Recipes
Deborah Rodondi
Grand 2nd Vice President

It is that time of year were the duck hunting season is over and you may have a surplus of them in your freezer wondering how many ways you can prepare them. As you may recall many of my family members are avid duck hunters. My Nephew Tony is always looking for new ways to prepare the ducks. He made this delicious meal just last month for us. And who can resist the comfort food of a pot pie!

DUCK POT PIE
2 ½ cups cubed raw duck meat (about 2-3 wild-ducks-widgeon preferred)
1 ½ cups raw white potatoes, diced
1 cup onions, diced
1 cup celery, sliced or diced
1 cup carrots, sliced or diced
3-5 cloves garlic
2+ cups broth, I used beef
3 Tbls. butter
1-2 Tbls. oil
1 egg
salt and pepper

pie crust
In a frying pan over medium heat, put a small amount of vegetable oil. When hot add duck pieces and sauté until browned. Add ¾ cups of broth and simmer meat until tender. Check every 20 minutes, until done (about 1 hour). Keep at least ¾ cup liquid in pan at all times. Salt and pepper to taste. Duck is done when it breaks up with a spoon. Add 2 Tbls. flour, stir and cook for an additional 5 minutes.

While the duck is cooking, in another pan heat 3 Tbls. butter. Saute vegetables over medium-high heat, until onions are translucent. Add vegetables mixture to duck with an additional 1 cup broth. Simmer and thicken up to make a nice gravy.

Put a pie crust (I buy the 2 piece pie crust in the refrigerator section of the grocery store-I prefer the Pillsbury brand) in a pie dish and pour in duck mixture. Wet the edges of the pie crust and put the second crust on top. Crimp the edges together. Beat one egg and brush on top of the crust.

Bake for 1 hour at 350 degrees. Of course you can substitute any kind of meat or poultry to make this dish. Peas are a nice addition to a pot pie.

For a pot pie you may recall many of my family members are avid duck hunters. My Nephew Tony is always looking for new ways to prepare the ducks. He made this delicious meal just last month for us. And who can resist the comfort food of a pot pie!

A house is not a home unless it contains food and fire for the mind as well as the body.

- Benjamin Franklin

Literature Review: Playing by Heart

Vince Piro
Grand 1st Vice President

In Carmela Martino’s newest novel, Playing by Heart, is a romantic that one is set in Baroque era Italy. As with many books in this genre, the book is filled with many twists and turns, much emotion, and ultimately, fruitful lessons for the reader.

The novel is told from the point of view of Emilia Salvini, who is dreams of a marriage to a man who loves music as she so deeply does. And she shows real talent and promise as a harpsicord player and composer. Her passion for music is not shared, however, by everyone in her family. She lives in 18th century Milan, where being the younger sister dictates that she will likely be sent to a convent instead of marriage since her family cannot afford too many dowries. Full of desperation, she hopes to prove her musical talents are necessary to her father’s goal to become part of nobility. As part of her plan, she must convince her music tutor of her talent and commitment, but he believes that girls should not learn music. However, before she can hatch her plan, her supportive mother passes away while giving birth. Overcome with grief, Emilia composes a sonata, which moves her maestro and causes him to recognize her talent. As a result, he begins to tutor her in music theory. As she takes lessons, she is joined by Antonio Bellini, the maestro’s nephew, who appears to be jealous of her talent and whom Emilia scorns. Overtime, Emilia’s feelings toward her rival change from rivalry to affection. As with most romances of this nature, the plot thickens and Emilia discovers that her accomplishment could destroy her future and her sister’s life.

This novel explores many themes relevant to modern readers, especially the role of women in a society where they are asked to play gender-defined roles rather than fulfill for their own dreams. Martino is able to accomplish this by filling her novel with a page turning plot, relatable and engaging characters, and descriptions of Italy and court life that fill the reader’s imagination.

The novel is inspired by the real ives of composer Maria Teresa Agnesi and mathematician Maria Gaetana Agnesi, who herself was a nun.

Playing by Heart won first place in the Windy City RWA Four Seasons Romance Writing Contest, Young Adult Category.

Carmela Martino is an author, speaker, and writing teacher who lives in the Chicago area. She wrote the middle-grade novel, Rosa, Sola, while working on her MFA in Writing for Children and Young Adults at Vermont College and which I reviewed in a previous edition of The Bollettino. The novel was named a Booklist “Top Ten First Novel for Youth” and won a Catholic Press Association award in the Children’s Books category. Her other credits for children and teens include short stories and poems in magazines and anthologies. Her articles for adults have appeared in such publications as the Chicago Tribune, Catholic Parent, Writer’s Digest, and multiple editions of the annual Children’s Writer's and Illustrator’s Market.

Carmela has taught writing workshops for children and adults since 1998, and she blogs about teaching and writing at TeachingAuthors.com. You can read more about her at CarmelaMartino.com and follow her on Facebook at facebook.com/carmela-martinoauthor.

Playing by Heart can be ordered as a print book or an ebook through Amazon.com.

Clinical Trials

Continued from Page 7

Phase 3—Involves more participants from various populations and continues to study safety and effectiveness of the therapy when given in different dosages and sometimes in combination with other medications.

Phase 4—Occurs after the FDA has approved the drug to go to market and continues to assess safety, efficacy, and optimal use. Eligibility factors include age, medical conditions, and stage of disease. Inclusion criteria allow someone to participate in a clinical study, while exclusion criteria disqualify someone from participating in a trial.

There have been many studies involving thalassemia (Cooley’s Anemia) that have improved patients’ longevity and quality of life. Before government grants were more common, the Italian Catholic Federation was instrumental in supporting medical research for thalassemia.

To learn more about current research in thalassemia:


Resources:
National Institutes of Health U.S. National Library of Medicine: ClinicalTrials.gov:
https://clinicaltrials.gov/ct2/about-studies/learnWhere
Wikipedia
https://en.wikipedia.org/wiki/Clinical_trial
**Order Your New ICF Brochures**

A beautiful new ICF brochure is available now for use by all branches. This is a great marketing tool to distribute to guests at monthly membership meetings, information tables at branch events, and for membership drives. On the inside of the brochure, there is a reserved area to place your branch contact information. Please contact the ICF Office at (888) ICF-1924 to have brochures sent to your branch.

Source: http://www.romanlife-romeitaly.com/romantic-italian-phrases.html

**Make Friends**

*Continued from Page 1*

food and welcoming conversation.

In the business world, successful employers realize that retention is the best way to recruit new employees. A healthy organization where the employees are happy and engaged with each other presents an inviting culture that attracts desired employees. Having to recruit new employees every year because people keep leaving is expensive and damaging to the sustainable success of any organization.

As new members enter ICF or a new company, having procedures in place to make them feel welcome is key to building and maintaining a strong and healthy organization. No one wants to sit alone at a table like the new kid at school. What can you do to make a difference?

Some people are naturally outgoing. Others may be more reserved, but may still provide a warm welcome if they are given the tools through group activities or icebreakers to facilitate connecting. By helping your branch to be more cohesive and less clique-oriented, the membership culture will be enriched by newcomers as well as by members who may be feeling disconnected from the group. Remember, members renew when they feel a part of the group, not if they drift away.

A simple smile and a kind word go a long way to making a difference both to the individual and the group as a whole.

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**Il Tavolo Italiano**

**La Famiglia - The Family (clues in English & answers in Italian)**

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Source: http://media.iltavoloitaliano.com/flatpages/The_Family.pdf

**True friendship is like sound health; the value of it is seldom known until it is lost.** - Charles Caleb Colton
There is no better gift than the gift of love and life. Recognize your Valentine and give a unit of blood in their honor. For more information contact your local blood bank, or, Franklyn Lopes, Jr., Central Council Member/Live to Give Committee Chair Flopes@icf.org
or
Laurice Levine, Medical Consultant/Live to Give Committee Member LLevine430@aol.com
When you give blood send in the donation postcard (pictured below) and your loved one will receive a letter from the ICF and your donation will be recognized in the Bollettino.
Thank you for giving the gift of life!

The Ways and Means Committee presents the 2020 “Daily Raffle” theme:

“Cooking With Our Grandchildren”

We need your participation. So how can you help?

• Share a FAMILY RECIPE and ANECDOTE about Cooking or Baking with your Grandchildren.
• Share a PICTURE that holds a fond memory of Cooking or Baking with your Grandchildren.
• Sell! Sell! Sell! The “Daily Raffle” is a great fundraiser for the entire Italian Catholic Federation, since a portion of every sale goes directly to your Branch!

ANOTHER WAY TO HELP

List special family occasions such as Family Birthdays, Anniversaries or Graduations…Branch and District events.

PRICE SCHEDULE

$10 – one name/event; $15 – 2 names/events; $20 – 4 names/events

(Additional numbers will be a combination of prices listed above.)

Example: $30 – 5 names/events @ $20 +$10 or $40 – 8 names/events @ $20 + $20

Deadline for names and payment is: May 1, 2019

Mail information and checks payable to:
Italian Catholic Federation
8393 Capwell Drive, Suite 110
Oakland, CA 94621

The Committee thanks you for your continued support. Chairperson: Bob Basuino
Members: Denise Antonowicz, Franklyn Lopes, Jr. and Leonard Rossi, C.I.F.
Members At Large: Teresa Helfand and Nina Malone
Assistants: Lisa Crudo and Patricia Mages

For further questions, call the I.C.F. office at (510) 633-4058

ICF is Going Green!

Did you know that you can receive the monthly Bollettino by email?
Benefits:
• Save a tree
• Read text at higher magnification
• Read all pages in full color
• Receive earlier than printed version
Visit this link to sign up:
http://eepurl.com/bLaMfB
Branch Reports

Fresno

Madera

Santissimo Crocifisso, Br. 27

On December 10th approximately 60 members and guests attended the Christmas party at the Madera Municipal Golf Course. Everyone was treated to a wonderful meal of tri-tip, and chicken, several varieties of salad, rolls and Elsie’s exceptional eggnog (with that extra something!). Thanks to the December committee, chairmen: Louise Chiarelli, committee: Ray Chiarelli, Mike Chiarelli, Carol Chiarelli, Jack, Jennifer and Juliana Chiarelli, Elsie Bottorff, Monty and Leonia Pistoresi, and Ila Schoettler. Bob Rolan and his beautiful voice led the Christmas carols accompanied by Rick DeCarlo on his accordion. We were able to donate approximately $1200.00, to St. Joachim Church, St. Joachim School, Holy Family Table and other ministries in the Parish. Please continue to pray for our ill and injured members, especially Monty Pistoresi who is recovering from hip surgery. Also include in your prayers those who have lost loved ones; Paul Accornero on the loss of his wife, Kathy Parrish on the loss of her husband and Adolph Mayorga on the loss of his sister. I hope everyone has a happy and healthy 2019!

Ciao,

Kerin Cavallero

Bakersfield

Br. 33

Branch #33 began the year with guest speaker, St. Francis Parish Pastor, Msgr. Craig Harrison, with a video presentation of a “Walk Through Assisi.” Monsignor has spent many summers in Assisi and was happy to share some of his memories with our group. He is planning a Retreat there in 2020 and all are welcome.

We lost member Anna Kirby in 2018. Prayers continue for her family.

We are looking forward to installation of 2019 officers in February, with Past Grand President Leonard Zasoski doing the honors. In March we will have Joanne Border, Director of the local St. Vincent de Paul as our speaker. April brings us Msgr. Perry Kavoookjian, Pastor of St. Elizabeth Ann Seton, in Bakersfield, who will talk to us about Lent. Also that month we expect a visit from Laurice Levine, from the Thalassemia Group (Cooley’s Anemia). May and June we plan to honor our Mothers and Fathers, respectively. After taking the summer off in July and August, we return in September looking forward to the 2019 Convention in Arizona. In November we will honor our loved ones who have passed with a special All Souls Day Remembrance. December we honor our saviors birth and celebrate the season of giving.

Happy New Year and Blessings to our fellow Branches!

Ciao,

Branch #33

Gustine,

N.S. Del Pettoruto, Br. 54

Ciao!

Happy New Year from Branch 54! We hope everyone had a wonderful Christmas holiday season. Many of our members attended a Christmas brunch at Anderson's Pea Soup in Santa Nella. Just like typical Italians, Branch 54 members enjoy spending quality social time together. Plans are being made for branch 54 to host an Italian night in the community of Gustine—a fun night of food, music, and togetherness. Date and more information to follow. Until next time Ciao! from Branch 54.

Respectfully submitted by,

Regina Chavez

Los Angeles

District Council

Los Angeles Archdiocese

Happy 2019. Well, the holidays have come and gone. I hope you’re still keeping those New Year’s Resolutions. The District officers held their first meeting of the year. We have some big plans for you. Our first general meeting will be on Saturday, February 23 at St. Rose of Lima in Simi Valley. Breakfast will be served at 9 a.m. with the meeting starting at 9:30 a.m. Please send a representative from your branch. Installation of Officers will be on Sunday, January 27th held at St. Peter’s Italian Catholic Church in L.A. Lunch will be served afterwards in Casa Italiana. Hope to see you all there. Have a great year and have fun.

Thank you. Perry Shurko

Carmelo Sabatella AIA, Past President

ICF Branch 108

C 626 372-7812; E: cas1810@aol.com

Montebello

St. Benedict, Br. 111

Ciao a Tutti. A warm hello to everyone. Our February General Meeting and San Valentino Potluck Dinner will be on Thursday, February 21, 2019 at 6:30 p.m. at the St. Augustine House, 200 N. 12th Street, in Montebello. Join us for a pre-meeting Valentine's potluck dinner. The branch will provide vegetable lasagna, salad, garlic bread, water, coffee, wine, and cake. Bring your favorite main dish or side dish to share. All are welcome!

Congratulations to Irena Scoria, Carmelia Palmieri, Lynn Enrico, Florencia Terramani, Christina Castello, and Eileen Viera who celebrate birthdays this month. Happy Birthday to everyone!! Buon Compleanno a tutti!!

Our St. Joseph Table this year will be held on Saturday & Sunday, March 16 & 17, 2019 at St. Benedict Parish Hall. Set up will

South Pasadena

Holy Family, Br. 108

At the January Branch General Meeting members celebrated the birthdays of Angie Dawes, Past Branch President Michele Silveri and member JD Lombardi (not pictured). Branch is looking forward to a successful 2019.

Please keep our sick members in your prayers that they may reach a speedy recovery. And to our former Branch members who recently have gone to their eternal reward. May they rest in peace.

Ci Vediamo presto!

Carmelo Sabatella, AIA, Past President

ICF Branch 108

C 626 372-7812; E: cas1810@aol.com

Br. 27 Three generations of ICF members! From left Gina Civiello, Mary Pistachio, Patrick, (back) Gino and Nina Civiello.

Br. 27 Bob Rolan singing carols at the ICF Christmas party accompanied by Rick DeCarlo on the accordion.

Br. 54 Founding member Frank Scesa, longtime member Isabel Borelli and Br. 54 President Diane Rebello

Br. 67 St. Peters Cathedral

Breakfast will be served at 9 a.m. with the general meeting will be on Saturday, January 27th held at St. Peter’s Italian Catholic Church in LA. Lunch will be served afterwards in Casa Italiana. Hope to see you there. Have a great year and have fun.

Thank you. Perry Shurko

Carmelo Sabatella AIA, Past President

ICF Branch 108

C 626 372-7812; E: cas1810@aol.com

Br. 108 Christmas party
be on Friday, March 15th, starting at 6:00 p.m. in the parish hall. The monies we will raise at this event will allow us to support our parish, offer scholarships to St. Benedict School graduating students, support our clergy and Seminarians, scholarships to graduating high school students, Cooley’s Anemia, and other charities.

We pray for our sick members and those in need; keep them in our thoughts and prayers. Thank you for all you do for the ICF and may St. Joseph and God Bless you abundantly.

Finally, I leave you with the following Happiness quote: Happiness held is the seed; happiness shared is the flower. May your life be filled with love, peace and harmony!

A Presto!
Frank Salomone

San Pedro
St. John Joseph of the Cross, Br. 115

Thank you to all who attended our January Pala Casino fundraiser. The funds raised help our branch support the many charities that are dear to our branch.

Our 2019 officers were installed on Sunday, Jan 27th at a St. Peters’ Italian Catholic Church. Congratulations to all!

Please plan on attending our Potluck meeting on Feb 21st at 6 p.m. Our branch is dedicated to promoting activities that build faith and family spirit. Please invite friends and family to attend and come and see what we are all about!

Membership dues of $38.00 are now being collected. They can be paid at our monthly meeting or sent to Pauline Iacono, 1072 West 8th Street, San Pedro 90731.

Scholarship applications are now available at local high schools. Applications can also be found online at ICF.org. Deadline for applications is March 15th.

Mark your calendars for our upcoming Crab dinner feast on Saturday, March 2nd in honor of St. John Joseph of the Cross. Dinner will include antipasto, linguine with clams, fresh crab and veggies. Dessert and wine included. Entertainment will be provided by Duo Domino. All this for $40.00. Please call Neal Dileva for tickets at 310-433-1044. Come have fun with us!

Mass in honor of St. John Joseph of the Cross will be offered on Tuesday, March 5th at 8am. Reception will follow on Parish Center Patio.

Happy Valentine’s Day to all
Anita Gioiello Trujillo Treasurer

Glendora
St. Dorothy, Br. 179

On Saturday, December 15, the ICF Branch 179 met at our members’ Josie and Bill Bresee home for a wonderful Christmas celebration. We had a pot luck dinner that included lasagna, sausage and peppers, guacamole and chips, and for dessert, cannoli, of course! A great evening was had by all! We pray everyone had a blessed Christmas and that 2019 will be the best year ever!

Patricia Auriemma
Recording/Corresponding Secretary

Arcadia
Holy Angels, Br. 218

A huge thanks to Matt Luchetta and crew who prepared and served the food and President Jerry who pulled it all together and all that helped with our New Year’s Eve Party. A grand time was had by all—a delicious dinner, great music and a wonderful way to end the year and begin a new year. Our next meeting is February 10 and it is not too soon to start talking about our St. Joseph’s Table—March 16 and 17. There will be a lot of planning on this in the next weeks to come. As always, our members always pull together to help out in one way or another.

A happy Valentine’s Day to everyone. See you at our next function.
Lolly M.

Temple City
St. Luke, Br. 326

With our tummies still full of the holidays’ yummy stuff and our brains still trying to find out how we survived so much meriment, Branch 326 is beginning to forge ahead with its 2019 calendar of scheduled activities.

The Branch’s first batter up (no pun intended) is our annual fund-raising pancake breakfast. When it comes to eating, there must be some truth to the somewhat bigoted statement that more Italians “kill themselves” with knives, forks and spoons, than with any other weapon, not including fermented grape juice. And this pancake breakfast is a prime example of how well 326 does when it comes to making a profit from the sale of food. We do very well at most of the events that the Branch attempts, as we are blessed with people who are not afraid to roll up their sleeves or don an apron to make it success.

However, since the success of our membership drives have not produced the necessary increase in membership, the Branch has researched and had great results with recruiting high schoolers (who need service hours) abiding by the established protocol, to assist 326 in its endeavors.

Inspirational quote: You cannot be a half a saint—you must be a whole saint or nonsaint at all.

Little bit of humor: Did any one see a line at confession that says, “ten sins or less?”
Tony Farinella

Downey
St. Raymond Br. 362

As the end of the year came we did a lot of fun activities together. One was to be invited to the Children’s hospital for a recognition dinner for all that our organization does. It was very lovely and kind of them to show such gratitude for all that we do. As the weekend continued, we enjoyed a nice pancake breakfast on Sunday with Santa and many gifts and prizes. Many prizes

Continued on Page 12
were given away in the raffle including a brand new bike and many nice gift baskets of food and gift cards from our Senior Group of St. Raymond. The following day we enjoyed a nice branch Christmas party which was very nice to be all together as the end of the year came around. We hope you all had a lovely Christmas and New Year’s season and we look forward to seeing you at our next bingo in February. Thank you and God Bless. Happy New Year!

Thousand Oaks
St. Paschal Baylon, Br. 380
Branch 380 celebrated the start of a new year with a night of magic. Magician Chad Nelson entertained members with an amazing show. A delicious BBQ dinner with a choice of chicken, tri tip, or ribs and numerous side dishes was enjoyed by all. Our branch is looking forward to these upcoming events:
Jan. 27th (Sun.) Officer Installation at St. Peter’s Church in Los Angeles
Jan. 28th (Mon.) Service project: For the Happy Church in Los Angeles
Feb. 1st (Fri.) General Meeting: “Love for the Poor”
Feb. 8th (Fri.) Parent/Teacher Night: “A New Beginning for Your Child: Raising the Bar”
Feb. 16th (Sat.) Pechanga Casino bus trip with ICF group at St. Rose

Simi Valley
St. Gianna, Br. 443
Jingle Bells, Rudolph the Red Nose Reindeer, and Up on the Rooftop sung by a local Boy Scout troop got Branch 443’s annual Christmas party on December 7th off to a fantastic start. This was the third year the Boy Scouts began our party with Christmas carols, and as usual, all enjoyed their performance. Of course there was plenty of food—appetizers, chicken masala, pasta, meatballs, salad, and desserts. And it certainly isn’t a party without music—a DJ Sean Reeves played a variety of music during dinner; and after dinner, there was plenty of good dancing music! If members and their families weren’t out on the dance floor, they were at the photo booth provided by member Michelle Moore, which like last year, was a huge success.
Branch 443’s next big event is a Casino run on February 16, which is starting to become a bi-annual event. Although it’s a two hour ride to the Casino, President Ritamarie Downey always plans activities to pass the time, and food and drink to keep all of us from being too hungry when arriving at the Casino.

Rancho Palos Verdes
Saint John Fisher Parish, Br. 444
We started off the New Year with a short Italian Smithsonian DVD presentation and a potluck on January 10, 2019 for our general meeting. The presentation was very informative and we all enjoyed socializing with one another during the potluck. On January 27, 2019 was the Officer Installation at St. Peter’s Italian Church for the LA Archdiocese. Here is the list of our presented Officers for 2019:

President: Hany Francis
Treasurer: Bruno Vieri
Recording and Corresponding Secretary: Tonia Amalfitano
Trustee: Carol Piccirillo
Trustee: Gina DiPietro
Orator: Paul Leo
Sentinel: Cristina Baldemor
Sentinel: Pat Payne

We have some exciting social and charitable events happening at our Parish in the coming months:
February 14, 2019- General Meeting: Valentine’s Day Theme (Dinner and Music) @ 7 p.m.
March 15, 2019 – Special Event: Lenten Soup Supper- ICF Branch 444 Hosts Parish Grazie!
Tonia Amalfitano
Recording and Corresponding Secretary

Manhattan Beach
American Martyrs, Br. 447
Buon anno a tutti! We are very excited to welcome all the new members to Branch 447. We have an exciting year planned and look forward to growing our branch, strengthening our friendships, and working to serve the Parish and our community in 2019. We kicked off the New Year with an exciting General Meeting, potluck dinner, and mixer where the members broke into small groups and answered some fun questions to get to know one another better. We are so grateful and happy that so many members made commitments to give service by making and delivering sandwiches to those less fortunate in our community, sell donuts after mass, and to work on our upcoming major fundraiser and first anniversary celebration! As our funds grow, so does our ability to give back to the parish and the community. We are planning to commemorate our first anniversary with a special Italian Dinner, including live music and a major raffle – be on the lookout for more event details and join us. We also established a Facebook page, so watch your e-mail for our friend request. We are looking forward to a wonderful 2019!

Salinas
Sacred Heart, Br. 25
Branch 25’s annual Polenta Luncheon and Bake Sale, held in November 2018 at the Sacred Heart Parish Hall, netted just over $3,000. Thank you again to all of the members and volunteers who helped make this fundraiser a success.
The Branch 25 Christmas Party was held at JMH Ranch on Sunday, December 9, 2018, with 24 members and guests attending. Our Branch Chaplain, Father Manny Recera of Sacred Heart Parish, serenaded the group with “Oh, Holy Night” and members sang several carols. Seminarian Chris Arriaga, Deacon Morten Zachula and wife Carol were there. Deacon Morten recently underwent cancer treatments at Stanford and we were happy to learn that he is in remission! President Julie Richards also presented Father Manny with the annual Christmas checks for our Parish priests.
Branch 25 participated in the annual free-to-all Sacred Heart Parish Christmas Day Luncheon with money and prepared food donations; and JoAnn Sullivan worked as dishwasher the kitchen. (See Photo.) Over 400 guests were served.
Our next Branch meeting will be held on Tuesday, January 8, 2019, at noon at the Knights Hall in Salinas. We will be reviewing the budget and begin preparations for the Central Coast Installation Mass and Luncheon which will be hosted by Branch 25 on Saturday, February 23, 2019, at Sacred Heart Church.
We wish everyone a Happy and Healthy New Year!
JoAnn Sullivan
Recording Secretary

Monterey
Santa Cruz
Nostra Signora del Soccorso, Br. 21
My goodness, time flies! We hope that everyone had a happy and healthy Christmas Holiday...and were able to avoid getting the flu. One of God’s many blessings: the days are getting longer!
Several events are coming up. First is the Valentine’s Day Dinner on February 15th. This year our Branch will celebrate this event with the Knights of Columbus. Working with the Knights gives everyone a chance to see some new and familiar faces.
In March, we will begin again with the No Bake Sale and also will hold several Soup Suppers during the season of Lent. Please watch for further information via e-mail or snail mail.
As a reminder, if you haven’t paid your annual ICF dues, please send your check to Financial Secretary Rosa Radicchi. Also, 2019 is Open Enrollment for the ICF Hospitalization Plan. The age restriction to join has been lifted and all ICF members may enroll this year. For more information or applications, please contact Roseann or Rosa.
A new year means a fresh start and Thomas Edison once wrote, “I am 67, but I’m not too old to make a fresh start.” We at Branch 21 are never too old for a fresh start, to contribute, to make a difference. Come to our meetings and enjoy good company and share whatever bread we are breaking. February’s General Meeting will be on Tuesday, the 5th and March’s General Meeting will be on the 12th. The fun starts at 4:30 p.m. at Holy Cross Hall.
Patty Morelli
Secretary Branch 21

Monterey
Santa Rosalia, Br. 36
Have a great Valentine’s Day. A Valentine Day Blessing to you and your family.
Love one another: As I have loved you.
John 13:34
Congratulations to 2019 officers: Robert Huffer, President; Joe LaMonto, 1st VP; Tariye Cavaliere, 2nd VP; Suzanne Menendez-Herbst, Rec. Sec.; Antonia Ruccello, Cor. Sec.; Elaine Valentine, Fin. Sec.; George Leonard, Co-Treasurers; Joann Riso and Robert Bianchi, Trustees: Liz Grammatico, Antonia Ilhnot, and June Serrano; Sandie Russo, Sentinel; Jane Gasparrino; Orator.
As you are aware, the IRS and Franchise Tax Board for the State of California require annual tax returns to be filed by our Districts and Branches. It is important to remember that all Districts and Branches now have two numbers - a Federal Tax ID Number for any forms filed with the IRS and a State Tax ID Number for any forms filed with the State.

The IRS limit for the tax year ending 2018 is the following:
Branches or Districts with Gross Receipts of more than $50,000.00 will be required to file IRS Form 990 EZ or 990.

Branches or Districts with Gross Receipts of $50,000.00 or less will be required to electronically file IRS Form 990-N which is an e-Postcard.

The State limit for the tax year ending 2018 is the following:
Branches or Districts in California with Gross Receipts of more than $50,000.00 will be required to file State Form 199.

Branches or Districts in California with Gross Receipts of $50,000.00 or less will be required to electronically file State Form 199-N which is an e-Postcard.

***THIS IS IMPORTANT INFORMATION AND MUST BE STRICTLY FOLLOWED***

Both Forms must be filed no later than May 15, 2019. The IRS and State strictly adhere to this date, so please take this process seriously.

Any District or Branch who does not file for 3 consecutive years will lose its tax exempt status with the IRS and the State. If you lose your tax exempt status you will have to file paperwork and pay a fine in order to regain your tax exempt status.

Included in the Financial Secretaries’ packet are materials that the District and Branch Financial Secretaries will need to help them with this process. District and Branch Presidents - please work with your Financial Secretary to go over the information when it is received and be sure that the appropriate forms are filed by the due date.

Please make sure all District or Branch finances are in order and that Bank Statements are reconciled through December 31, 2018. Remember that the Gross Receipts are total amounts received without subtracting any costs or expenses. These amounts include, but are not limited to, Membership and Hospitalization Dues, Dinners, Fundraisers, Raffle Tickets, Income from Convention Raffle Tickets and Calendar Sales, Interest from all Bank Accounts, Monetary Donations, etc.

If you have any questions, or need help filing, please call the I.C.F. Office at 1-888-423-1924.

Thank You,
Denise Antonowicz, Grand Treasurer

We thank Antonia Ihnot and June Serrano for making our annual Christmas Party such a delightful evening, making everything so bright and merry. All enjoyed a 4- course dinner prepared by our Executive Chef Peter John Curatolo and crew and dancing to U.S. Express Band. Thank you, Joe LoManto and your committee for making Children’s Christmas Party a special day for all. Everyone enjoyed a fun time from our youngest to our oldest from games to face painting and the highlight was Jolly Santa.

Branch 36 Scholarship Applications are available to Seniors graduating in 2019 from schools in Monterey/Carmel/Pacific Grove/Salinas area. Contact Barbara Lucido at 372-7537 for applications and guidelines. Deadline is March 15, 2019.

January 10, we started our New Year with a dinner/meeting. Thank you Peter John Curatolo, Executive Chef and crew for preparing Sausage-Veal Stuffed Eggplant Parmigiana served over creamy Polenta, oven roasted green bean Gremolata, salad, famous ICF garlic bread, and dessert.

St Joseph Celebration will be March 10 at the Moose Lodge. Contact Mary Manuguerra 375-2009 for more information. Our first of six Lenten Dinners will be March 08. All dinners include Catch of the day, salad, pasta, and garlic bread. Dinner are served at 5:30 p.m. at San Carlos Hall, Monterey, CA.

Calendar
February 21--Thank You Dinner - San Carlos Hall
March 10--St Joseph Celebration - Moose Lodge
Lenten Fish Dinners - San Carlos Hall
March 8, 15, 22 and 29
April 5 and 12

We are sad to report, we lost several of our dear members, Anthony Villafranco,
Castroville
Santa Caterina de Siena, Br. 51
Happy Valentine’s Day!
Not only is it a romantic holiday for people in love, but it is a time to celebrate Saint Valentine. There are many stories about St. Valentine, but there is one interesting tradition. In the late 1400s, a “romantic tradition” became attached to this fast day. People would pin bay leaves to their pillows on Valentine’s Day Eve so that they would see their future mate that night in their dreams, (I bet it made their pillows smell good too). Very interesting tradition!

Our branch took the month of January off because of our late December celebration of the Epiphany. This month we are getting our committee together to gear up for our annual Polenta Dinner to be held on March 10th at Our Lady of Refuge parish hall in Castroville. We will be serving this delicious meal from 2:00 p.m. to 4:00 p.m., takeouts are available. The cost is $15.00 a person, (please note there are presale tickets only, tickets will not be sold at the door). For more information or to reserve tickets please contact Cindy Stafani at (831) 633-5012.

Happy birthday to our February babies: D.L.Grier, Dennis Hibbs, Franca Rossi, Amber Souza, my son Gregory Stefani and my wonderful mom Anna Cortopassi who is celebrating in heaven... buon compleanno!

And lastly as we celebrate the day of love remember 1 Corinthians 13:13, “And now these three remain: faith, hope and love. But the greatest is love.”

Blessings to all,
Cindy Stafani

Members from Br. 51, Castroville getting ready for our 1st Annual Epiphany party: Ashley Stafani, Britanni Bertao, Bethany Barlow and Natalie Carbonel

Capitola
St. Joseph, Br. 227
Our January meeting featured a Polish sausage dinner prepared by Mary and Bob Montoyne and Fran and Lou Boczek. Dessert was Heidi Ambiel’s fresh apple cake prepared by her just before she had to go out of town.

Our annual Fish Fry dinners start on March 8 and continue for the six weeks of Lent. Ellen Pauly has agreed to once again coordinate the dinners and she is asking for volunteers to set up, cook, serve, and clean up. There will be sign-up sheets at the February meeting.

Vicky Howell and Mary Montoyne will chair the Scholarship Committee this year. Stay tuned for information on how to apply for the Perlino and branch scholarships.

Oakland
Santa Rita, Branch 40
Our Branch officers were installed Jan. 20th at the Fratellanza Club. The first Monday of each month at 7 p.m. is currently when our Branch meets. All members are encouraged to attend. Your support and input are important for the continuation of our Branch. The Epiphany Desert Social was a wonderful success. With great support from our Sacred Heart Church Parishioners, made the sharing of homemade desserts that much better. Member dues for the year are due. Please send in your payment of $42, by check made out to ICF Branch 40. And mail it to Anne Marie Grader, 727 Wimbeldon Road, Walnut Creek, CA, 94598. We are sending out dues reminders in the next few days. If you have already paid, Thank you.

Next we would like to send out Happy Birthday greetings to Ernestine Pernecco and Doris Wais.

Happy St. Valentine’s Day!
Keely Sanchez
Recording Secretary

Oakland
East Bay
Nostra Signora Delle Grazie, Br. 10

Over 100 members and friends of Branch 10 enjoyed our annual Polenta Dinner on Saturday, January 9 at Monsignor Hall in Alameda. Thanks, as usual, to chefs Ben Ratto and Rich Kaula for the delicious meal of salad, polenta with chicken, dessert and coffee.

Five of our newest members were initiated at our general meeting of January 3. Fran LaTorre, our mentor, administered the oath and presented ICF pins at the welcoming ceremony.

At our meeting of December 6, we voted to donate $500.00 for the victims of the California wildfires. We also voted to give $100.00 to the scholarship fund named in memory of deceased member and chef John Rosa. The fund benefits college-bound graduates of La Escuelita Elementary School in Oakland, where John taught for many years. Funds are raised through the “Rosa Bowl,” the annual event hosted on January 1 (John’s birthday) by John’s wife Jan and their three sons and their families.

At press time we were looking forward to the East Bay District’s two major annual events, the Dave Rose Memorial Crab Feed on January 19 and the District Installation on January 20. We anticipated that all officers and a few other members would attend the Installation.

We have started to plan for our annual Irish Social, to be held this year on Sunday, March 16 in Monsignor O’Brien Hall. Details will follow in the March Bollettino.

John Zugnoni
Publicity

Oakland
Santa Rita, Branch 40
Our Branch officers were installed Jan. 20th at the Fratellanza Club. The first Monday of each month at 7 p.m. is currently when our Branch meets. All members are encouraged to attend. Your support and input are important for the continuation of our Branch. The Epiphany Desert Social was a wonderful success. With great support from our Sacred Heart Church Parishioners, made the sharing of homemade desserts that much better. Member dues for the year are due. Please send in your payment of $42, by check made out to ICF Branch 40. And mail it to Anne Marie Grader, 727 Wimbeldon Road, Walnut Creek, CA, 94598. We are sending out dues reminders in the next few days. If you have already paid, Thank you.

Next we would like to send out Happy Birthday greetings to Ernestine Pernecco and Claire Ramirez. God bless you.

We ask that you remember in your prayers the sick and convalescing of our Branch.

Prayer: “You have given me another day, O God, untouched and New. Take my hand and hold it tight, For I can not walk alone.”

Amen.
Ciao,
M.A. Francis and L. Francis

Fremont
St. Francis of Assisi, Br. 215
Corpus Christi Parish will be hosting its 2nd annual Friends and Family Dinner on March 2, 2019 at Corpus Christi Parish Hall. Doors open at 6:30 p.m. Texas Roadhouse Restaurant to cater. Cost is $25.00 for Adults, $15.00 for Children 9 and older. Children 8 and under are free.

President Fran and Branch Orator Nadine Mattier represent Br. 215 by chairing Raffle and Dessert Table. Tickets and flyers will be available beginning weekend of January 19-20.

Soup Suppers at Corpus Christi Church will begin Wednesday, 3/13/2019. Branch 215 will alert members what date we will co-host with another ministry. Last year’s Lenten Soup Suppers were big hits. Attendance averaged around 80 people with at least 10 families with children attending each night.

For members having children or grandchildren who will be graduating from high school in June, applications for First Year College Scholarships are available on the ICF website. Applications need to be filled with the ICF office in Oakland no later than 3/15/2019.

Please pray for the repose of the soul of Sir Robert Dianada, Knight of St. Gregory, Past East Bay District President, Past Central Council Member and founding member of ICF Branch 91, St. Lawrence O’Toole, Oakland, CA. Sir Robert passed away early the morning of January 8, 2019.

Ken Chiatello
Branch 215

Livermore
St. Filomena, Br. 285
Felice Anno Nuovo a tutti. We pray that your 2019 will be filled with good health and all the joys that the good Lord brings.

We are off and running with a new year and a new board. Our goals are to increase membership and come up with different ideas for events and meetings.

In January we had meetings, Installations, and crab feeds. Now we have added some busy times and changed events.

February 15 is the General / Social meeting at St. Elizabeth Seton in Pleasanton. Carlotta Schauer and Elaine Meier will host a Valentine themed get-together.

On February 23, 2019, our Branch 285, will host our Annual Chicken Cacciatore and Polenta Dinner. We normally have this fundraising event in the spring, but due to unforeseen circumstances, we had to reverse the date with the Bingo Bash. The Dinner begins with antipasto at 6:00 p.m. Included in the meal is salad, chicken cacciatore, sauce, polenta, wine and soft drinks and dessert. Tickets are $30.00 for adults and $10.00 for children 10 years and under.

The event takes place at St. Augustine Hall in Pleasanton, 3999 Bernal Ave. It is a wonderful event with a delicious meal, great decor, fabulous raffle prizes and a silent auction. It is such a fun night! We hope all will consider attending. Proceed to our Tri-Valley Scholarship Program and our other ICF Charities. Contact Christine (925) 462-3704 for tickets.

Ciao,
Carolina
Castro Valley
Our Lady of Grace, Br. 343

Welcome to all the new and returning branch officers who were installed on Jan. 20th at the Fratellanza Club. Since we elected these officers, let’s give them our support. Now is the time for everyone to get ready for a busy year of fundraising and fun.

Thank you to all who helped make the District Crab Feed a success either by attending or helping with chores or both. Remember it takes a team.

That team effort was also needed to make our Super Bowl Sunday bake sale a success, so another big thank you.

Our branch was saddened to learn of the death of Sir Robert Diania, K.S.G., Br. 91, and our prayers and sympathy go out to his wife and family.

Our next meeting/dinner will be our ever popular polenta with chicken and sausage on Feb. 14th. Now what could be more convenient than to take your sweetheart out to dinner? Just an idea! It is Valentine’s Day.

Welcome to any guests who have joined us for dinner meetings. Here’s hoping that you have become interested enough to join us and had any questions answered.

A Happy Valentine’s Day to all you sweethearts out there.

Pat Grasso,
Branch Secretary

Contra Costa District Council

The District Installation of Officers was wonderful. We thank the following: Crockett Branch 14 for hosting it and Donna Hoffman for leading it, Father Larry and Father Mario for celebrating Mass and Deacon John for assisting, Walter Costa for being our reception contact, Diana Mackinson for the Mass program, Mistress of Ceremonies Roselyne Jarrett and the Central Council members who honored us with their presence. Thank you.

The next district meeting is on Thursday, Feb. 28 at the ‘Legends Restaurant at Diablo Creek’ Golf Course in Concord at 7:30 p.m. Each branch president is requested to bring two delegates to the meeting.

District 2019 calendars were circulated at the last district meeting. Please contact your branch president if you would like a copy.

The district is in need of a heritage chairperson. Please contact President Patty Jarrett if interested.

As you probably know, membership has been decreasing over the last few years. We can stop this decline by telling our friends and/or relatives the reason why we belong to the Italian Catholic Federation and by encouraging them to join us. By belonging to our organization, we are performing great acts of stewardship, also enjoying the friendship and camaraderie with other members. We worship our God, support many charities, grant many scholarships to qualifying students and promote the religious spirit among our members and others outside our organization.

In closing, yesterday’s the past, tomorrow’s the future, but today is a gift. That’s why it’s called the present. - Bill Keane

Joseph (joe@lores33@comcast.net)

Martinez
San Martino, Br. 13

Happy St. Valentine’s Day! February is the month of love. Think about the unity and kinship we share as we celebrate our love of God. We approach Lent with Ash Wednesday on March 6 followed by Easter on April 21 and prepare ourselves for Jesus’ resurrection. As ICF members, offer prayers for the intention of Bishop Michael Barber of the Oakland Diocese.

Annually, the Contra Costa District tabulates members’ intentions and presents them at the Bishop’s Day celebration. Intentions are in the form a Spiritual Bouquet together with a monetary bourse for the benefit of Seminarians donated from combined branch funds. A Spiritual Bouquet is an anonymous personal offering. A Mass with the Bishop is con-celebrated with Chaplains and for all interested in attending. The bouquet that follows is hosted by a branch in the Diocese.

This year, Bishop’s Day is scheduled on August 25 in Pleasant Hill. To include your prayers for Bishop Barber for the year 2019, please give your list to our branch president at the February 21 meeting. Indicate the number of Masses, Communions, Stations of the Cross, Triduums, Rosaries and/or Novenas that you will complete for his intention throughout the year. Please submit without your names. Consider participating in this wonderful gift.

Also, mark your calendars for other District events: May 19-Communion Breakfast in Concord; Aug 3-A’s Game in Oakland; Nov 11-Night of Recollection in Richmond; and Dec 2-Christmas dinner at DeVino’s in Pleasant Hill.

Thank you.
Ciao for now,
Mary Cook

Crockett
San Carlo, Br. 14

The winter weather didn’t prevent hearty members from attending our first meeting of the new year, including Donna Ronchetto, all the way from Idaho. Sadly, Donna was in Crockett for the funeral of Gary Maritich, beloved dad of Aimee Maritich and brother of Catherine (Cookie) Maritich. Our sincere condolences to the Maritich family.

Additional sympathies to Aaron and Kathy Cargo on the death of their son-in-law, and to ICF’s Secretary Charlene Kramer, on the passing of her mother.

We welcomed transfer members Maria Catanese and Marty DeVenuta to Branch 14, and Nancy Botta installed Chris Carolos, who just happens to be her fiancee. President Donna thanked the 2018 officers, and those who help each month. Special thanks to the Cabral Family for planning a festive Christmas party, to Aron Cargo for his lively accordion music, and to a jolly Saint, John Valentin.

Seems our branch activities revolve around food...Tickets are on sale for our popular Polenta and Sausage Dinner, $20, to be held on February 9th. At our February 12th meeting, the “Smith Girls” (Sylvia Smith and Clarinda Haisley) will prepare a delicious Chicken Cacciatore dinner, and then on March 16th, it’s our famous Corned Beef and Cabbage Dinner, $20. Contact Donna for tickets, 799-2336.

Sign up at the February meeting for an April 5th Thunder Valley Trip, $30. Big winners in December!

Wishes for improved health to Joe Malcusa, Debbie Keys and Pauline Cardoza.

Diane Thomas

Concord
Todos Santos, Br 214

Includes: St. Agnes, St. Bonaventure, Queen of All Saints & St. Francis of Assisi parishes.

We started 2019 with a new slate of Officers. Hopefully all will be attending the Installation Jan 26th. Board members are busy setting up a calendar of events for the year. All will be posted next month.

We do have a few dates already set, so mark your calendars to save the dates: Our TEA will be held Saturday April 27, at St. Agnes parish, Cauchi Hall.

Our Annual Wine Tasting Event at Viano Winery is slated for Jun 9th it is a Sunday.

These are two events you won’t want to miss.

I have stepped down from my position of being the Correspondence Secretary, member Norene DeLuca will now take the position. I know she will be Awesome.

I have truly enjoyed my position and Thank our branch for voting me in each year.

Closing with prayers for our sick and elderly, special prayers for member Sandra Debrichy’s son Marco who is on hospice. With Praises to Our Lord and Savior.

Christina Artale,
Past Correspondence Secretary

Continued on Page 16
Danville
St. Isidore, Br. 352
The New Year started off with a bang! Our Branch’s January Pasta & Crab Feed sold out before the RSVP date! We filled the room to capacity – and what fun! Nothing like being elbow-to-elbow with over 100 crab-eaters - we may need to graduate to the gym next year. Many thanks to members Russ & Patti Bellici & their remarkable catering crew who once again pulled a rabbit out of a hat (or should that be, a crab out of a shell?) – that Sicilian marinade takes the crab experience to a whole different level! No one left hungry. And “Grazie” to our member volunteers who also helped serve, decorate, man the bar and check in the crowd – Marilyn Creighton, Suzi Reynolds, Len Salvenmini & Steve Gougi. We have the best volunteers!

Our February monthly dinner meeting will be held a week earlier than usual, due to the President’s Day holiday. That meeting is scheduled for Monday, Feb. 11th. Chef Angelo is on deck that night – you won’t want to miss it. See you at 6 p.m. – and don’t forget to treat your favorite Valentine! Ciao,

Branch 352

Brentwood
Immaculate Heart of Mary, Br. 432
On March 3rd, Br. 432 will host the next Immaculate Heart of Mary Pancake Breakfast. The breakfast, on the first Sunday of each month, is free to all Parishioners. Donations are accepted to offset ingredient costs. Even though breakfasts are free, we have generated a profit over the years. The profits allowed the ICF and co-sponsors, the Knights of Columbus, to add 2 scholarships to the scholarship programs, the second one last year.

All preparation and serving of the breakfasts are done by the ICF or the Knights of Columbus volunteers. Come be part of the breakfast by volunteering. Along with the food, there is a great deal of charity and love served. It is a big undertaking, not to be taken lightly. Amen to that!

Speaking of scholarships, this year the Knights of Columbus will host the Scholarship Awards Dinner on June 24th. The Knights will host the winners and their families to dinner and the award’s presentation. Plan on attending. Show your support for these great young adults and their efforts for a better future.

Get ready, the 10th annual “FESTA d’ITALIA”, Br. 432’s version of “Hot August Nights” is coming. Some of America’s greatest cars will be on display for car enthusiasts to enjoy. With great food, it doesn’t get any better. Make plans to attend. The date is Sept. 27th. More information to follow.

Life does not consist of holding good cards but of playing the cards you do hold well.

San Francisco
St. Clare of Assisi, Br. 438
Happy New Year. Here we go with a new year and some new ideas. I’m anxious to see our calendar for this year. It is going to be a good year. I encourage all of you to attend our meetings if you haven’t.

Our Christmas party was so much fun. We started the night with one delicious dinner catered by Original Pete’s. After dinner, who should walk in … but Mrs. Santa Claus and her special elf: Carol and Jack Bacigalupi. You did such a good job surprising all of us. You both looked great playing Santa’s helpers. It was so rewarding seeing the excitement on all the little ones’ faces as they received their gifts from Mrs. Santa and our special elf.

We have so many sick members that need your prayers. Vincent Cukar, Diane Crimene, Judy Perella, Michael O’Boyle, and Bill Mertz. Also, please pray for the people in need.

Your Reporter,

Vonne Perry

Pleasant Hill
Christ the King, Br. 442
We started the year with a “Soup-er and Chili-y” themed January meeting. A perfect way to stay warm and cozy during the cold and rainy days that came with the new year. Thank you to all who contributed to our wonderful pot-luck. Delicious and comforting all.

March is around the corner. This means so is our long-awaited Ladies Tea Fundraiser. Saturday, March 16th. If you are interested in helping with being a hostess, server, help with ticket sales and gift baskets look for the sign-up sheets or contact our committee chairs Joan Cummings and Diana Mackinson. Ladies don’t forget to buy your tickets early.

Our next meeting is scheduled for Sunday February 10. Just in time for Valentine’s Day. The year is going by fast. It seems we just put our Christmas ornaments away! Look for the email e-invite meeting details.

And speaking of e-mails, if you or someone else in the branch you know isn’t receiving the email communications, please contact Joanna Mackinson at joannamackinson@gmail.com. We are updating our branch roster and need to make sure we have accurate names and email addresses for everyone. We don’t want you to miss important information. Contact Joanna as well if someone needs to be removed from the list.

Alla prossima!

Eileen McGauran

Sacramento
Roseville
San Francisco Italian Athletic Club
San Francisco
Maria S. S. Immacolata, Br. 1
Dear Members,

Our Installation was enjoyed by all! Upcoming:

February--No Meeting
March 13--Spuntino & Raffle $20.00. Reservations necessary.
March 27th--Mardi Gras--No Meeting

April--No Meeting
May 16--Bollettino, Br. 432's version of "Hot August Nights" is coming. Some of America's greatest cars will be on display for car enthusiasts to enjoy. With great food, it doesn't get any better. Make plans to attend. The date is Sept. 27th. More information to follow.

Life does not consist of holding good cards but of playing the cards you do hold well.

la vita è buona

San Francisco
St. Elizabeth, Br. 258
On Jan. 19th, Mary and I are planning on going to the East Bay District Dave Rose Memorial Crab Feed in Alameda.

Felice Anno Nuovo - Happy, Healthy New Year to all of you.

On January 28th, we have a trip planned to Thunder Valley. We are still hoping for a big pot.

Our sincere sympathy to Patti Celi and her family on the death of Josephine Palmieri, 100 years old. Josephine and her husband Vince were members of Br. 258 for many years. They were most generous with their donations of ice cream, etc. for many of our occasions. Josephine, you will be greatly missed by all of your friends at Br. 258.

To our members celebrating their birthdays in February—many more years of Much
San Francisco
St. Cecilia, Br. 365

The holidays are behind us and it’s a perfect time to look forward to a 2019 active year. We had a really nice Meeting/Christmas Party on December 15. The members present were treated to a delicious buffet lunch. After lunch, we were able to mingle and enjoy lots of socializing and good conversations. We also had a great raffle—the winners’ won fantastic prizes! Our branch Chaplin Fr. Landi was present and also enjoyed the afternoon, as did President George and wife Nancy. What a nice meeting!

Branch 365 is now meeting on the 3rd Saturday of the month, unless otherwise announced. As of this writing, we haven’t had our February meeting yet. We will report on the meeting in the next Bollettino!

My name is Mara Amato and since the ICF branch I belonged to closed, my husband Cosmo and I have joined Branch 365. So far, a total of eleven Branch 38 members have transferred to Branch 65. Maria Gloria will be our Heritage Chairlady. She is a columnist for the Italo-Americano newspaper. You’ll find her reports pertaining to our Italian heritage extremely interesting.

A special note: Don’t forget to pay your ICF 2019 dues! Branch 365 members need to send their dues to Joe Basauno and the eleven Branch 38 newly joining members need to send their dues to Cosmo Amato! A little confusing, but be patient…time will straighten everything out!

Branch 365 next meeting will be Saturday, February 16 in the Green Room at 11:00 am.

Ciao,
Mara Amato

San Mateo
South San Francisco
Sacro Cuore, Br. 7

Happy St. Valentine Day South City!

Thanks to Tony Parenti for being our chef at the first dinner meeting of 2019. The sausage and potatoes were buonissimo! We had a small but lively crowd so thanks to everyone who attended and helped.

Thanks to Barbara Cavilleri and team for chairing the February dinner. We are very fortunate in South City to have so many talented cooks willing to volunteer their time and effort.

Remember our annual Crab Cioppino feed is Saturday, February 23. This is a major fundraiser for the branch so please attend. Hosted by the combined Migliore and Mangini families this is an event not to be missed. Call Donna Smith for reservations 650-588-0639.

Please continue to keep in your prayers Donna Pascone, the sister of our Past President Jim Elii, and all our members and their families who are ill.

We send our deepest condolences to our members Betty Fontana on the passing of her son, Tony Fontana, and Past President Kelly Teglia on the passing of her mother, Joan Leonard.

In your hands, O Lord, we humbly entrust our brothers and sisters. In this life you embraced them with your tender love; deliver them now from every evil and bid them eternal rest.

The old order has passed away: welcome them into paradise, where there will be no sorrow, no weeping or pain, but fullness of peace and joy with your Son and the Holy Spirit forever and ever.

FHR

Colma
San Vincenzo De Paoli, Br. 19

Hello Everyone!

Hoping all had a nice holiday and are in the best of health.

So much was accomplished in the past year due to the hard work of everyone. Time to begin another year and many new projects are in the works. One of these is:

- Monday, April 8th – Special guest speaker Laurice Levine, Cooley’s Thalassemia Program Consultant for Children’s Hospital in Los Angeles. This is ICF’s National Charity. There will be no meeting only announcements. Please make a reservation to Cheryl Simon at (605)755-0878 or e-mail to cas94015@yahoo.com.
- Saturday, February 2: Pedro Tournament Contact Donna Barnes (650)991-0178
- Saturday, March 9th: Champagne Bingo opens at 1:00 p.m. Contact Deborah Redondo (650) 563-0805
- Sunday, June 9–ICF 95th Anniversary, Mass at St. Peter & Paul’s, Lunch SF Athletic Club, $60.00
- Sunday, June 9–ICF 95th Anniversary, Mass at St. Peter & Paul’s, Lunch SF Athletic Club, $60.00

San Francisco
St. Augustine, Br. 213

Our 2019 officers and branch members enjoyed a wonderful Installation and luncheon at the Basque Cultural Center in January. Thanks to Branch 7 All Souls for organizing this event.

A fun information meeting was held last month with Chairperson, Roberta F. announcing a St Joseph’s Dinner for ICF members and parishioners. Members are asked to join the committee to help with the March meeting event. Remember to RSVP for the event.

Jacque Smith announced that she is organizing a Champagne Bingo in late June or July. More information regarding committee signup and date will be announced at the next meeting.

Special thanks to our board members who are busy planning interesting activities and updating us on special events within the district. We welcome suggestions from members to find new meeting ideas.

Welcome to Harold and Virginia F. for becoming official branch members and for bringing in their son as a member. Their knowledge and experience adds much to our meetings.

Remember to let us know if you will be at the meeting so the cooks can plan dinner. Speedy recovery prayers to Deputy Dorine and Linda Morelli and to all members and their families that experience physical difficulties this past month.

Don’t forget to start planning on sharing your family heritage information at one of our future meetings. Barbara P. starts the first presentation. Attend the next meeting to learn more about this project. We miss you! We welcome your contribution making Branch 213 an interesting, active Branch.

Joyce James

Burlingame
Our Lady of Angels, Br. 173

HAPPY NEW YEAR TO ALL!

We will start out the new year with delicious pasta with Sugo and also with Pesto for our January meeting on 1-10-19.

We will not have a meeting in February as our date falls on Valentine’s Day.

Several FUTURE DATES:

- January 9—Installation of Officers to be hosted by Branch 7 All Souls, SSF 10 a.m.
- Any officer who can’t attend need to have someone stand up for them.
- April 27—Our Pedro Tournament, chaired by Doreene Campanile.
- April 28—BISHOP’S DAY 2019 on Sunday, Hosted by Branch 6 Our Lady of Mount Carmel in Redwood City
- June 9—ICF celebration 95 years at Sunday Mass at St. Peter and Paul’s with lunch to follow at SF Athletic Club

As you can see we have many plans for 2019 and if any suggestions for fun trips please let the officers know.

Please keep the prayers coming for any of our sick members. At this time Jack Sherratt needs our prayers.

God Bless,
Rosalind C. Emery

San Carlos
St. Charles, Br. 327

Our 2018 ICF year ended with a lovely Christmas get-together with food provided by our board members. We had a wonderful selection of goodies, hot apple cider and egg nog. Everyone had a good time visiting and catching up with one another before family holiday festivities began. Thank you to the board members for all the food and goodies.

Our branch will be hosting our annual Anniversary corned beef dinner on Saturday, March 2. All are invited!

The price is $45.00 per person and includes the dinner, wine and musical entertainment. It is always a great time.

For reservations, please call Barbara Borra, 650-593-4118.

Rose Beall will once again be organizing the gift baskets for the raffle at the corned beef dinner. Donations for the baskets may be brought to our February meeting. If you are unable to shop, monetary donations may be made to help out. Thank you.

We lost another of our long time members, DeMattei passed away in November. Our condolences to all of his family.

Save these dates:

- Sunday, April 28–Bishop’s Day, hosted by Branch 6, 5:00 p.m. Mass, Our Lady of Mount Carmel, Redwood City
- Sunday, June 9–ICF 95th Anniversary, Mass at St. Peter & Paul’s, Lunch SF Athletic Club, $60.00

Virginia Malaspina

Millbrae
St. Dunstan, Br. 403

Our first monthly meeting for the year 2019 will be held on Tuesday, February 5, 2019 in the Parish Center with a social at 5:30 p.m. and dinner at 6:00 p.m. We will serve a delicious soup dinner with salad, dessert and wine for $12 per person. Please send your reservation check payable to ICF #403, to Eunice Danli, 4 Spring Valley Lane, Millbrae, CA 94030 by January 31, 2019.

We will celebrate our 29th Anniversary in the Parish Center on Sunday, February 17, 2019 with dinner of chicken marsala, salad, rice pilaf, mixed vegetables, dessert and wine for $25 per person. The festivities begin with a social at 4:00 p.m. and dinner at 5:00 p.m. For reservations send check payable to ICF #403 by February 2, 2019 to Eunice Danli (see address above).

We have just lost one of our long-time members, Rudy Torigiani. His wife Barbara passed away in October. Our deepest sympathy to his family.

Happiness and Good Health.

Please remember our ill and deceased members in your prayers.

Remember the following dates:

- Feb. 24th - Mass
- Feb. 25th - Meeting

Ciao,
Eva Perata, President
Marin
Larkspur
St. James, Br. 161
We would like to thank Lucia Della Santina and Jeanne Asdourian for being the co-presidents for the past two years. Thank you for your great service.

Our winter meetings have changed from the third Tuesday to Saturday mornings, February 16 and March 9 at 10:30 a.m. in Healy Hall.

If you have not already done so, please pay our dues ASAP.

Please continue your get well prayers for everyone who isn’t feeling well.

Wishing everyone a very Happy Valentine’s Day.

Anna Biggio
Recording Secretary

San Jose
Santa Clara
N.S. Assunta, Br. 5
Congratulations to New and Old Officers of Br. 5 who were installed on January 5, 2019 at St. Clare’s Church. Two New Officers are Steve Ricossa (2nd Vice President), and Fred Marota (Trustee). Please support Br. 5 and help us together in 2019. Let us have another successful year.

Please remember to pay $42.00 per member for 2019 ICF dues. Thanks to all members who have already paid.

Each month remember to call Mary Ann Ruiz for Monthly Dinner/Meeting reservations. Watch for the Agenda each month in the mail.

This is to wish everyone a Happy Valentine’s Day.

Clara
Marlene J. Rotolo

Gilroy
Santa Maria Ausiliatrice, Br. 28
Branch 28’s Christmas Party was held on December 17th at Old City Hall Restaurant. Members, guests and children enjoyed a visit from Santa and Mrs. Claus who provided the children with Christmas presents. Thanks again to Santa and Mrs. Claus for taking time to visit Branch 28 and provide joy to the little ones. During the evening we enjoyed a song by member Mary Patane who sang “Ave Maria”. Her wonderful singing talent added to the holiday spirit as we enjoyed a pasta buffet dinner with cake for dessert organized by Peggy Fortino.

On January 5, 2019 newly elected board members attended Mass and Installation for the 2019 year. Hard working 1st Vice President Joe Fortino was installed as President taking the gavel from Gennaro Filice. Thank you Gennaro for your three years of service, and thank you Joe for leading Branch 28 forward.

Mark your calendars as our next fundraising event is a “Taste of Italy” that will be March 2, 2019 at Cullen Hall at St. Mary Parish. More information will be provided at the upcoming dinner meeting.

Please remember that at our February 25th dinner meeting potential new members will be provided with a complimentary dinner. If you know of anybody that would be interested, please let the callers know.

2019 membership dues information has been mailed out to all members. Dues are payable by March 1st. Thank you for your continued membership and if you have any questions, please contact Kim Filice (kimfilice@ charter.net or 408-842-6561).

Peace and God Bless,

Kim M. Filice

Los Gatos
St. Mary, Br. 184
The Santa Clara Valley District Installation of Officers was held on January 5, 2019. St. Clare’s Branch 5 was the host for the Mass, Installation and luncheon. We were honored to have Grand Officers present who traveled a distance to be there.

Good news! We received so many compliments on the Crab Feed last year, that we are holding another Crab Dinner on February 23. We will have a no host bar and appetizers from 6 to 7 and dinner at 7. Please call Donna Piffat (408 265 7902) or Denise Antonowicz (408 356 2543) for details and tickets. Get your nut crackers ready!

Applications for scholarships are available. The requirements for the students state that they are of Italian descent and Catholic, AND OR related to a member of the ICF. Call Rose Arnaudo (408 354 4017) for applications.

We ask you to keep Rose and Don Arnaudo and their family in your prayers, as they continue to journey through health concerns. Indeed, we pray for all of our ICF members who need prayers, as prayer is an integral part of our belief.

Finally, Happy Valentine’s Day - a holiday that dates back to Rome circa 496 A.D. and still going strong. “Love makes the world go ‘round!”

Ciao for now, Lucy Amico

San Jose
St. Frances Cabrini, Br. 191
Dear ICF Members,
Branch 191 had a fantastic start in 2019.

On January 5th, we held our Installation at St. Claire’s Church in Santa Clara. At Mass, our District Chaplain, Father George Aranha gave a homily on the importance of a journal to write daily things that inspire you, things you tend to forget and wished you could remember at a later time. The host branch, Branch #5 did a wonderful job organizing the day with Mass, Installation, and “in the hall luncheon.” It was truly a fun day. Thank you Janet Glaukbke and Mary Ann Ruiz and all their helpers. Thanks also to all the Central Council members who supported us –12 in total.

What is happening at Branch 191? “…THAT’S AMORE”… Is what will be happening!! That is our Spring Polenta Dinner Dance on Saturday March 2nd, at St Francis Cabrini. Our committee members are hard at work in the planning, and we expect to see a full house. Polenta, chicken cacciatora, salad, rolls and dessert are on the upcoming menu. Be there at 6 to 10:30 p.m. for a fun time for the whole family. More details to follow. Plan on it!!!

We are looking forward to a wonderful year.

Jim Jones

San Jose
Santa Teresa de Avila, Br. 368
2019? Is that right? Are we sure it isn’t 1920? Maybe these 20- somethings are phony years. Everybody knows that only years beginning with 19 are real years.

We heartily thank our fantastic officers for 2019, all of whom served us in 2018. John Gillio will once again be our president, with Mary Ridi again as first vice-president and Joyce Robba as second vice-president. Anne Cordoni will continue as secretary, and Barbara Ruffner will continue as treasurer. Thanks to Ed Wendler who will once again serve as orator, and to Ron Sanchez, who will once again chase away the bad guys as sentinel. Our trustees are Paul Butler, Avis Erkle, and Robin Schliche. Mike Nunziata is our past president and continues with his enthusiasm and love. Thus we present our officers, and a fine bunch they are!

Our special, special thanks go to Jerry Delfino, who has generously served as district mentor for lo these many years. Jerry regularly encourages and praises our members at every meeting, reporting for the good of the order. He has been so good, so kind, and so generous! Thank you, Jerry!

We have a new mentor to our branch, Janet Glaukbke, from Branch #5. Welcome, Janet! She replaces Tina Souza Dutra, who has joined our club as a member and will continue in the mentor capacity from another branch. Speaking of mentors, our branch supplies eight of the ten mentors to our ten-branch district.

Blessings to all,

Judy Zahn

San Jose
St. Martin of Tours, Br. 391
President Mike Rossi opened our January 2019 meeting by congratulating Father Saju on his 25th anniversary of his ordination and introducing Father’s mother and cousin, who were visiting from India. We celebrated the beginning of the new year with a “Chili and Pasta” experience prepared by the Vallorz team.

Greg Kepferle, our Guest Speaker from Catholic Charities, spoke of how this organization consistently saves lives. It strives to alleviate conditions of chronic poverty, reduces poverty amongst the vulnerable, and reduces “generation poverty. During his informative Q&A session, Greg emphasized how this multi-service organization responds to people in need while partnering with local govern-
Sunnyvale
Resurrection, Br. 408

We had a special speaker for our January meeting on the 28th Jan 2019 when Laurice Levine – a patient in the Cooley’s Anemia Program at Children’s Hospital LA spoke to us on the ICF National Charity Program – Cooley’s Anemia and her experience living and raising a family with this twice a month blood transfusions imposed by Cooley’s anaemia.

Remember Lent begins on Wednesday, March 6th.

Branch 408 will host the first Parish Lenten Soup Supper on March 8th – We will need our usual 12 soups, servers and this year. We also need a team to lead the Stations at the church.

Branch 408 will host the annual PASTA Dinner on March 9th with the school. We will need raffle prizes and volunteers for this.

Please remember to include our sick members in your prayers – Bishop McGrath, and Paul and Dori Biefari.

Happy New Year to all! It seems to take a long time to get to the holidays with all the shopping, parties, family events, and special celebrations. Then another year has gone by. I hope everyone had a wonderful Christmas and a safe and joyous New Year. Many people are dealing with some kind of cold or cough—not the flu, just an annoying affliction. Hope we are all in for good health in 2019.

Branch 435’s Christmas Party was at the Longhouse restaurant in Gilroy. The food was good, the company enjoyable and we didn’t have to cook or clean up. We sang Christmas carols led by Giovanni Foggia, involving an Italian Christmas song involving a donkey. We all learned something new that night.

Our January meeting was a semi potluck with a pasta dinner prepared by Giulia Gallego and Josie Talamo, and the rest of us brought salads or desserts. Pier Antoniucci told us about the student exchange program we have with Italy and is looking for homes to host students this summer. Local students will be living with host families in Italy.

Our house is getting there. Much activity with electrical, plumbing, walls, cabinets, doors, etc. We hope to be in soon.

In this world of constant stress, remember to love, comfort and care for each other. Let’s not be strangers.

CK

Morgan Hill
Santa Caterina D’Alessandria, Br. 435

Happy New Year to all! It seems to take a long time to get to the holidays with all the shopping, parties, family events, and special celebrations. Then another year has gone by. I hope everyone had a wonderful Christmas and a safe and joyous New Year. Many people are dealing with some kind of cold or cough—not the flu, just an annoying affliction. Hope we are all in for good health in 2019.

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God Bless
Maryclaire

Santa Rosa
District Council

Rain, Rain here in the Valley. Much needed!! District Installation of Officers went very well. Our appreciation to 2nd Grand VP Debbie Rodondi for officiating and to #209 for hosting. Well done!

Branch directories and calendars were distributed at that time. Let us support each other.

The February District Meeting is on Sun., Feb. 10, at #127, Petaluma. Officers at 1:30; regular meeting at 2 p.m. We will meet in the Multi-media room of the school.

Let’s keep working on membership. There are many ideas on the website at icf.org.

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Petaluma
St. Vincent’s, Br. 127

Greetings from Petaluma!

For my 1st article of 2019, I hope you had a beautiful and memorable Christmas and a Happy New Year filled with love, happiness and peace.

Our wonderful Christmas Party followed Communion/Mass for the deceased and living. We have a lot planned for the year. Up first is Soup/Dessert Nite Meeting…happening by the time you get this article. Thank you to Dennice and her kitchen crew for the great job I know they will do.

Feb. 10th - District Meeting to be held at our Branch at 2:00 p.m.
Feb. 11th - Regular Meeting - Rm. 9
Feb. 23rd - Quarterly Communion for deceased and living. While visiting family. She is on the mend and will be home by the time my article goes to press. Let us fast forward to next month. It’s the month of Valentine and looking forward to another fun evening at St. Francis Solano but do not hesitate to bring a family member or friend. We enjoy your company and support.

Happy New Year to all!! And don’t forget that there are only 335 shopping days till Xmas!

Felicie Arno Nuovo
Marilyn Sylvestri
Recording Secretary

February 2019

Tina Rossi reminded us to pay our annual dues by March 15, 2019. Please send them in as early as possible.

Also, Mary Lipari reminded us that scholarship applications must be submitted by March 15, 2019.

Our popular 32nd Annual Valentine’s Gala will be held on Saturday, February 9, 2019 at 6:00 p.m. Our “Sweetheart Ball” features our famous grilled steak dinner and music by DJ Ken Cardona. Win one of our fabulous raffle prizes!

Look for our branch’s 2019 calendar of events, which will be available at our next meeting.

Upcoming events: Branch 391 General Meeting—February 5, 2019 at 6:30, Valentine Gala—February 9, 2019, and 2019 Wine Down with ICF—May 3, 2019—Save the date!

At the December celebration we collected donations for the California Fire Victims and sent them to Northern Valley Catholic Social Services. Thank you to the Al and Br. 391 celebrating Father Saji’s 25th anniversary of his ordination with his mother, Elizabeth, and his cousin, Fr. Saji.

Happy Valentine’s Day!
Janis Patellaro

January Patellaro

Santa Rosa
District Council

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Morgan Hill
Santa Caterina D’Alessandria, Br. 435

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God Bless
Maryclaire

Healdsburg
St. Francis de Sales, Br. 52

Our January Polenta Dinner was a great success. We initiated our new members who joined the branch in 2018. It was nice to see members who were not able to attend, you missed a great and tasty dinner, and above all, a tasty prelude to the next months. As is my usual habit, I usually frequent other meetings and participate in the events. By participating in the events.

Branch 391 2019 Branch Officers

February 2019

Bollettino
Continued on Page 20
**Stockton**

**Santa Rosa**

St. Eugene, Br. 198

**Dear Brothers and Sisters,**

The year 2019 started off on a very positive note with our 53rd Anniversary Dinner for our Branch followed by a successful District Installation where Ernie and Claire Giampaoli were awarded the District President Award for 2018. Ernie and Claire are two deserving members of our Branch and we are very proud of them both.

With our cookie exchange completed at the February 4th meeting, we look forward to March 4th when we will have a delicious Corned Beef dinner at 6:00 p.m. in the Brinker Room prior to our meeting. The cost is only $10.00 and we urge you to bring a friend who will join our Branch. Plan now to attend our annual fundraiser on April 6th in the Brinker Room. Only 140 tickets will be sold so get yours early. Consider donating a raffle prize to help make the raffle a big success. We hope everyone has a very happy Festa de San Valentino on February 14th.

**Fraternally,**

Gail Bongi-Azevedo

**Sebastopol**

St. Sebastian, Br. 209

In January we enjoyed a delicious ravioli dinner prepared by our President, Pam McAlvain and Vice President, Yvonne Dorr. At our meeting, following dinner, our branch honored Lona Bertoli for her 34 years of service to Branch #209 as she retires as our secretary.

Br. 209 Sylvia Hughes, our oldest member, turned 101 in December.

Also at our January meeting we initiated Matt Andrews, and welcomed him as our newest member.

On January 27th we hosted the Santa Rosa District Installation of Officers. Beginning with mass at St. Sebastian's Church, and followed by a reception and luncheon in our Parish Hall.

A reminder that along with your annual dues, the ICF Hospitalization plan is open to ALL members for an annual fee of only $25.00.

On February 23 we will host a Polenta & Chicken dinner. Please call Lona for tickets at 707-527-1021. No tickets will be sold at the door.

Ciao,

Louise Vicino

**Stockton**

Nostra Signora del Buon Viaggio, Br. 139

Dr. Elizabeth Demichelis will once again lead Branch 139 into the new year. She and her corps of 2019 officers were installed in early January at St. Stanislaus Church in Modesto. Our branch officers included: Jim Alfieri, first vice-president; Michelle Harmon, secretary; Barbie Ratto, financial secretary; Lillian Pauletto, treasurer; Colleen Alfieri, orator; Cary Pozz, sentinel and Yvonne Chimenti, Linda Bertuccio and Ed Fichtner, trustees. Our officers were part of the Stockton District installation ceremony conducted by ICF Grand President Andi Pappani. The Grand President also installed our Past Branch President and Central Council member Frank Re as District president, Dr. Demichelis as second vice-president and Ida Queirolo as treasurer.

Our branch members are mourning the passing of Marion Goliiano on December 16. Marion, 84, was preceded in death by her husband, Fred, and a son. Marion and Fred were both very active in I.C.F. matters. Rest in Peace.

Tutto per subito, Mariano

**Modesto**

St. Stanislaus, Br. 48

The Stockton District Installation of Officers was a full house. We had great support from Central Council which we appreciate. Since we are such a small branch our sister branches came to help with the set up. Handled them a copy of the floor plan and in a very short time everything was set up. They also helped with the dessert. We are very thankful for all their help. We also want to thank Leonard Rossi for being our Master of Ceremonies. He always does a great job.

We have our St. Joseph’s Table Celebration March 17, 2019 at 2:00 p.m. We invite all of you to come it is potluck so bring your favorite dish, family and friends. Enjoy the afternoon eating great food, visiting old friends and we have a fun raffle with gifts that are wrapped so you don’t know what you have won until you open your prize.

Mass for our deceased members will be Sundays February 10, 2019 and March 10, 2019 at the 8:00 a.m. mass at the Maze Blvd. Church. Our Bank Night winner was Nanci Souza.

Coming up:
- Feb 10, 1:30 p.m.District Meeting Tracy Br. 390
- Feb 13, 7:00 p.m. Meeting in the Hall at 7th and K Street
- Mar 13, 7:00 p.m. Meeting in the Hall at 7th and K Street
- Mar 17, 2:00 p.m. St. Joseph’s Table Celebration and Potluck

Cecelia McGehee

**Tracy**

St. Bernard, Br. 390

Installation of new Stockton District officers were Sunday January 6. Thank you to the new 2019 officers for Branch 390: President Anita Ridolfi, 1st VP Chuck Tusso, 2nd VP Nancy Schlemmer, Recording Secretary Alena Chappell, Correspondence Secretary Betty Hollars, Financial Secre-tary Annette Elissagaray, Treasurer Serena Martocchio, Orator Joe Schlemmer, Trustees are Mary Gualco, Marilyn Tusso, Lucy Orsi, Sentinel Stephen Ridolfi, Branch Deputy Marilyn Amoral, District Deputy Karen Rosson.

On January 24, members feasted on polenta and chicken cacciator, with all the trimmings. We are fortunate our membership is growing each year after several years of decline. Annette Elissagrey has been doing a fantastic job as our membership chairwoman for the past few years. She pays special attention to new folks and encourages them to participate. Again, thank you members for donate raffle prizes and other contributions. December’s total of $825.00 for raffle tickets broke all previous records with all items donated! How great is that?

Stockton

We will host the 2019 1st quarterly Stockton District meeting on Sunday, February 10th at Etche Bella in Tracy. Thank you Annette Elissagaray for hosting us at her lovely home. Please let her know if you will be attending.

February’s meeting is Thursday the 21st. Come celebrate love. Menu includes ribs, special se-cret recipe beans and all that goes with them.

Be sure to look for photos of yourselves on our website www.icfbranch390.org - new photos are loaded every month. Thank you Steve Ridolfi.

Hope everyone has a healthy, happy and safe 2019!

Ciao for now,

Betty Hollars

**Manteca**

Presentation of the BVM, Br. 395

The month of February is a time for romance, and for Branch 395 it is also a time for Polenta!

Our annual Polenta dinner was a huge success. Over 400 people came together to enjoy a delicious chicken and sausage cacciator and polenta dinner prepared by member, Jason Kimball. A big thank you to our chairs, Jo Weber and Bernice Nickols for all of their hard work. Thank you to all of our branch members for their help because we couldn’t do it without you. We also can’t forget to thank all of the people who continue to support this fundraiser year after year. All of the money raised goes right back to our seminarians, scholarships and to a variety of charities. Look for pictures in next month’s bolletino.

Our members have accepted our New Year’s membership challenge and as a result we are pleased to welcome four new members to our branch! We look forward to installing them officially soon.

Happy Valentine’s to all of our ICF members!

alla prossima,

Mary Ann

Br. 395 Attending Stockton District Installation
Angels Camp
St. Patrick, Br. 413

Happy Valentine’s Day to all! Here we are in February, and the foothills east of Stockton are green and beautiful! We are getting ready to put on our annual ICF Valentine’s Dinner and Dance. It will be held on Saturday, February 16th. If you would like more information and to buy a ticket, please call Branch President Robert Pachinger at (209) 754-9615.

March will bring our St. Patrick’s Day corn beef sandwiches, so stayed tuned for more info. Many of us also enjoyed a Christmas gathering at the home of our president, Bob Burdick. He and his lovely wife, Susan, put on a great spread and we all relaxed and enjoyed ourselves.

January will find us preparing for our annual Bishop’s Day Dinner and Installation and soon our BIG fundraiser, our annual Lasagna Sit Down and Take Away Dinner will be upon us in February, keeping the members busy as we are every year, feeding our great dinners to the community.

Our branch hopes that everyone in the ICF has a wonderful 2019. Buon Anno a tutti! JoAnne

Reno
St. Albert, Br. 135

We welcomed 26 members and guests to our annual Bishops Dinner, Dec. 9, 2018 to honor our Bishop. We presented him with monetary gifts to fund the education of the Seminarians of our diocese.

Special thanks to Bobby and Rachael Ferrari, their son Daniel and cousin Ben Schaff, Bob and Suzanne Capurro for preparing a delicious dinner of barbecued leg of lamb, pasta with pesto sauce, vegetables, salad and spumoni ice cream and biscotti. Lydia Brunelli and Mel Sullivan prepared and served the appetizers.

Special guests included Vince Piro, Grand 1st VP of the Italian Catholic Federation and his wife, Robyn, and Bishop Randolph R. Calvo, Bishop of Reno.

Vince Piro presented a $1,000 check to the Bishop from Central Council’s Providenza Seminary Scholarship Fund for the education of the Seminarians of our diocese. The gifts from Branch 135 presented by President Charlyne Pacini included $1,000 to Bishop Calvo for his Seminary fund and $250 for his TV ministry.

Members attending this dinner event brought many “bags of food” for St. Vincent’s Pantry whose ongoing mission is to feed the “homeless and hungry” in our Reno community.

On Nov. 17, 2018 our Branch held its annual Polenta and Chicken “fundraiser” dinner with the Assembly #3118 of the Knights of Columbus. We had a great crowd of over 300 people enjoying food and entertainment. Many thanks to our members and the “Knights” who worked very hard to make the dinner a success. We will be splitting the proceeds.

Our next meeting will be February 10, 2019.

Happy New Year!
Charlyne Pacini

Tucson
Green Valley
Our Lady of the Valley, Br. 425

The month of December continued to be a busy time here in Green Valley. Our snowbirds have family visiting or have gone off to visit with their families. Those of us remaining had a wonderful Christmas Party at Desert Diamond Casino’s buffet as well as a celebration of the 84th birthday of one of our Past President’s and Deputy of our area, Dick Silva. A great time had by all at the restaurant at Green Valley Country Club, Dominic’s.

December would not be complete without our annual Christmas Bake Sale. The members of OLV parish eagerly bought our Italian and other specialty baked goods such as biscotti, ricotta cookies, almond cookies and other Christmas goodies.

Our branch hopes that everyone in the ICF has a wonderful 2019. Buon Anno a tutti! JoAnne
ITALIAN CATHOLIC FEDERATION

IT ALL BEGAN JUNE 1924

and it continues 95 years later. The organization which became the Italian Catholic Federation was envisioned to be “primarily a parochial society upon which the local pastor could rely on for his work,” but it has become something much more than that. It encompasses a spirit and vitality whose charitable works within and beyond parish boundaries assist, elevate, enrich, and invigorate the lives of countless numbers of people.

JOIN US AS WE CELEBRATE 95 YEARS

Sunday, June 9, 2019 - Mass at 11:45 am
St. Peter & Paul Church
666 Filbert St. - San Francisco, CA 94113

Lunch following
San Francisco Italian Athletic Club
1640 Stockton St. - San Francisco, CA 94113

LUNCH
$60 PER PERSON
• Italian Salad & Antipasto
• Pasta with Marinara Sauce
• Risotto al Funghi
• Coffee - Tea - No Host Bar
• Red & White Wine at each Table

ENTREE CHOICE
• 1/2 Roasted Chicken OR
• Grilled Salmon
• Roasted Potatoes & Mixed Vegetables
• Ice Cream.

Seating limited to 300 Reservations
Deadline May 31, 2019
Please send One check per Branch made to
Italian Catholic Federation
with a list of Attendees & Entree Choice to
Italian Catholic Federation 6393 Capwell Dr, Suite 110
Oakland, CA 94621

“95TH ANNIVERSARY GALA”
SAN FRANCISCO

RESERVATION / SPONSOR FORM
(Sit Down Luncheon with Appetizers)

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Entree Choices: A 1/2 Roasted Chicken B Grilled Salmon

Total # of Reservations ___________ x $60.00

Donation as a Sponsor __________.

Please mail this form and your check, payable to Italian Catholic Federation, no later than Friday, May 31, 2019 to:
Italian Catholic Federation
6393 Capwell Drive, Suite 110
Oakland, CA 94621

Branches will be seated together unless notified differently.

Please contact the I.C. Office 1-888-423-1924 if you have any questions.

That’s Amore

In Napoli where love is king
When boy meets girl here’s what they say

When the moon hits your eye
Like a big pizza pie that’s amore
When the world seems to shine
Like you’ve had too much wine that’s amore

Bells will ring ting-a-ling-a-ling, ting-a-ling-a-ling
And you’ll sing, “Vita bella”
Hearts will play tippy-tippy-tay, tippy-tippy-tay
Like a gay tarantella

When the stars make you drool
Just like a pasta fazool that’s amore
When you dance down the street
With a cloud at your feet you’re in love
ICF Branch Expansion:
Seven Ways YOU Can Help!

Did you know that the ICF has an expansion team that works to start several new branches each year? Our emphasis on faith, family and heritage still resonates strongly with many Catholics even now in 2018, 94 years after our founding. There are seven great ways you can get the ball rolling to help us start a new branch:

1. If your previous pastor has been re-assigned to a parish without ICF, reach out to him about starting one.
2. If your branch supported a seminarian that is now ordained and assigned to a parish without ICF, reach out to him about starting one.
3. If you are in a parish that is without ICF, reach out to your pastor about starting one.
4. If you know of a parish nearby that is without ICF, reach out to pastor about starting one.
5. If you know of a parish that previously had ICF, and would be ideal to re-open the branch, reach out to pastor.
6. If you have friends in a parish without ICF, reach out to them about starting one.
7. Volunteer to be part of an expansion team to get a new branch started.

Contact Mike Rossi, ICF Expansion Committee Chairperson, at mrossi@icf.org for more information.

Thank you!
Join the Hospitalization Plan!

You've heard of the AFLAC duck? Well, we have the ICF Chicken!

Extra money in your pocket when you’re hospitalized or have surgery.

We will be holding an Open Enrollment period where ANYONE, regardless of age, can enroll in the plan. From January 1 to December 31, 2019, members in good standing may join.

So remember, when you pay your dues for 2019, add that extra $25 per year for extra peace of mind. See the Hospitalization Plan section of the Members' Area page on the ICF website at https://www.icf.org/membership/members/ for more details, or feel free to call the ICF Office at (888) ICF-1924 with any questions.

After one year the limitation to age 70 will go back into effect, with the exception of NEW incoming members. Brand new members, even if over the age of 70, may enroll and pay the Hospitalization Plan fee at the same time they pay their dues when they join.

Officer Training Available

Attention ICF Officers!

Officer training slides are available on our website for the following positions: President, 1st Vice President, 2nd Vice President, Financial Secretary and Treasurer, Recording and Corresponding Secretary, Sentinel and Orator.

See the Officer Training section of the Members' Area page on the ICF website at https://www.icf.org/membership/members/ to download the slides.

Are You Fluent in ITALIAN?

Before you answer YES, we may not be asking the question you think we are. Using the letters of the word ITALIAN is a great way to remember how to maintain a path toward a successful, healthy and growing branch:

I Inform yourself. Make sure you know all about the ICF and what makes us special so that you can tell others.
T Transform your branch. Talk to your board about how you can make your branch more welcoming with music, hospitality, kids' areas and decorations.
A Amazing meetings and events. Keep business meetings short, and ensure every interaction with members is amazing with well planned spiritual/social/service programs and great food.
L Leadership growth. Invite others to lead, and mentor them.
I Inform others. Spread the word, and promote your branch in bulletins, newspapers and social media.
A Ask for help. Visit the ICF web site for ideas, speak to ICF officers or members in other branches, work with other ministries in your parish, etc.
N Nurture your membership. Show you care by reaching out if members miss meetings, visiting them if ill, encouraging them to share their talents and become more involved.

So, share the meaning of ITALIAN with your members and officers, and ensure your branch becomes fluent!