



BOLLETTINO



ICF Parades Through Streets of SF

Denise Antonowicz
Heritage Chairperson

On Sunday, October 9, 2016, the Italian Catholic Federation was well represented at the San Francisco Heritage Parade. I want to personally thank Grand President Leonard Zasoski, Jr. and his wife BG Zasoski for driving the trailer up from Bakersfield to San Francisco, which provided us with our parade float.

On Saturday, October 8 at 9:30am, Bob Basuino, Donna Pfaff, Russ & Louise Vento, "Mom" Marie Antonowicz, Michelle Antonowicz and myself, gathered on Pier 54 and worked together to build our entry into the parade.

At 5:30am the next morning, Mom and I were at Pier 54 to check on the float and wait for our Sunday group to arrive. Our parade group, Russ and Louise, Jo-Ann Maggiora Donovan, Franklyn Lopes, Jr., BG and Leonard, Michelle, Germaine, Mom and I rode on the float through the streets of Fisherman's Wharf, Chinatown and finally Little Italy. It was a beautiful day, we had a great time and our ICF received great recognition.

Next year, we will again be representing



the ICF in this parade of more than 100 entries.

Save the Date for next year – Sunday, October 8, 2017!



Cooley's Funding Moves to Children's Hospital Los Angeles

Laurice Levine and Thomas Coates, MD

There have been some exciting changes to the Cooley's Anemia (Thalassemia) program! As you all know, Cooley's Anemia has been the ICF's national charity since 1984.

After many important discussions and due diligence, the ICF Central Council voted at its June meeting to continue to support Cooley's Anemia as the national charity but to move the funds to support the Thalassemia program at Children's Hospital Los Angeles (CHLA), which is run by Dr. Thomas Coates.

The primary factor that facilitated this change was that Laurice Levine, who has been the spokesperson for the thalassemia program since 1999, transferred her

specialty care from Children's Hospital Oakland (CHO) to CHLA and will consult with Dr. Coates annually. Her routine care continues to be in Seattle and managed by Dr. Siobán Keel at the Seattle Cancer Care Alliance. This change also came after much thought and consideration but has proven to be the right decision as she continues to thrive.

More about Thomas D. Coates, MD:

Thomas Coates, MD, is the Section Head of Hematology in the division of Hematology/Oncology at CHLA and principal investigator at the Saban Research Institute. Dr. Coates's interests are thalassemia, sickle cell disease, disorders of neutrophil

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Grand President's Monthly Message by Leonard Zasoski, Jr.

Now that our Convention is behind us, the Central Council Members are ready to begin working within their committees to assist you to gain and retain members, grow our national charities to benefit those in our communities, and raise additional funds to help keep our dues as minimal as possible. These are just a few of the areas that we manage through the Central Council committees. Please feel free to contact the committee chairs with any ideas or concerns that you have, so that we can be of assistance.



Below is a full listing of all the committees and the chairpersons for each. By the first of the year, we will have an email address for each committee; they will be listed on the ICF website, www.icf.org, so members can make contact with committee chairpersons directly. This email address will remain in place from the current committee chair to the next committee chair, so that we maintain an ongoing contact for a better flow of information from the members to the Central Council.

The committee chairpersons are as follows:
Apostolate Charity – Nina Malone

By-Laws and Rituals – Leonard Rossi, O.L.J.

Convention Directors' – Roselynn Jarrett (Note: The Awards Committee is now part of the Convention Directors' Committee);

Deputy Program – Andy Pappani

Expansion – Anne Interrante

Finance – Debbie Rodondi

Gifts of Love – Teresa Helfand

Heritage – Denise Antonowicz

Hospitalization – Denise Antonowicz

Live to Give – Michael Cannady

Membership – Vince Piro

Public Relations – Lauren Kilcullen

Scholarship – Franklyn Lopes, Jr.

Task Force – Vince Piro

Ways & Means – Lisa Crudo

Workshop – Andy Pappani.

As I am writing this article, knowing that the Thanksgiving holiday will soon be upon us, I am reminded of how precious life is. We don't know when someone will become ill, lose their job, become disabled or have tragedy occur in their life. We seem to become so wrapped up in everyday living that we tend to forget all that is good

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TIME SENSITIVE: PLEASE DELIVER PROMPTLY!

BOLLETTINO

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UPCOMING:

2016 Bishops' Days:

Nov. 6 Las Vegas

Nov. 6 Los Angeles

Nov. 6 San Diego

Nov. 9 San Bernardino

Dec. 4 Reno

2017 Bishops' Days:

Feb. 18 Orange

Feb. 18 Tucson

Apr. 23 San Francisco (San Francisco, San Mateo & Marin)

2017 District Installations:

Jan. 8 Santa Clara Valley

Jan. 14 Central Coast

Jan. 14 San Bernardino

Jan. 14 Santa Rosa

Jan. 15 East Bay

Jan. 17 Marin

Jan. 21 San Mateo

Jan. 29 Orange

Jan. 29 San Diego

Feb. 12 Los Angeles (includes San Fernando Valley, San Gabriel Valley and Santa Barbara/Ventura)

Feb. 14 Las Vegas

Feb. 18 Tucson

Taking the Time to be Thankful

Monsignor Daniel Cardelli
ICF Spiritual Director
ICFspiritDir@aol.com

Our country celebrates Thanksgiving as a Federal Holiday. In 1621, the Plymouth colonists and some Native Americans shared an autumn harvest feast that is acknowledged today as one of the first Thanksgiving celebrations in the colonies. In 1863, President Abraham Lincoln proclaimed Thanksgiving Day as a national holiday to be celebrated in November.

Today, we give thanks to God for all that we have. There are many gifts for which we are thankful.

1. For our life, our consciousness of ourselves as an individual person. No one in the past, in the present or in the future possesses that experience of ourselves as a conscious person. We are, therefore, unique.

2. For our family, those we love and those who love us. Remember celebrating Thanksgiving at Nona's (Grandmother's) house? Lots of food, the turkey, stuffing, pasta, vegetables, mashed potatoes,



pumpkin pie and in some cases Jell-O salad. And, oh yes, the kids' table!

3. For our Faith, the privilege to know God, to serve Him in this world and to be happy with Him in the next. To receive Christ in Holy Communion is the greatest privilege of all.

4. For our Country, to live in a country that cherishes freedom of speech, freedom of religion and freedom of the



press. Yes, a country where a person is innocent until proven guilty rather than guilty until proven innocent.

These are a few of the many gifts for which we are especially thankful. There are still many more that we can add to this list. Some are special to us, as individuals, such as love for a person, an organization, a group, a mentor, a special friend.

We thank God, we praise Him, and we love Him with all our hearts. Happy and Blessed Thanksgiving to all!

ITALIAN CATHOLIC FEDERATION
HISTORY HIGHLIGHTS

Bishops' Day... Let's Meet Our Bishop!

David Botta and Carmen Kilcullen
Past Grand Presidents

Ever since the beginning of the Italian Catholic Federation, a primary aim of the organization has been to support the education of seminarians for the priesthood. It is this commitment that the ICF makes to continue the work of Christ on earth for the benefit of all.

Since many Bishops' Days occur at this time of the year, we thought that it would be timely to refresh everyone's mind on the importance of this celebration.

The earliest contribution to a bishop was made in 1941 at the Stockton convention when \$500 was donated to Archbishop John J. Mitty of San Francisco. This contribution came from the general fund of the ICF. In subsequent years, donations continued to be made in the same manner.

In 1981, upon the death of our co-founder Luigi Providenza, the Central Council decided to establish a separate fund which would collect moneys to be presented to the bishops. The fund was named the Sir Luigi and Lady Augusta Providenza Seminary Scholarship Fund.

A portion of the Apostolate assessment of the dues is earmarked for the Providenza Fund. Members, branches, and districts are encouraged to donate contributions to the Fund in memory of departed loved ones, for wedding congratulations, for the recovery from sickness and any other occasion that a member wishes. There are appropriate donor cards for this purpose available from the ICF office. Each month's Bollettino also lists donors.

The money collected in the Fund is then distributed to the Bishops where the

Federation is located. The amount given is based on a formula of membership. Districts also donate to the Bishop money collected on the district level.

It has become customary to make these donations at a special function known as a Bishop's Day. The celebration usually begins with a Mass, followed by a lunch or dinner where the Bishop is the honored guest. The donation from the Providenza Fund is presented by the Grand President and a district representative makes the district donation. There usually are also prayers for vocations presented. Photos should be taken for good publicity, especially in the Bollettino. If any seminarians are available in the area, they could be invited also.

We realize that sometimes it is difficult to attend a Bishops' Day when everyone is so busy and has other commitments. But, remember, it is only one day in the year. It is an opportunity to meet and greet your Bishop. On a personal note, we have found that the Bishops enjoy talking to the members present.

When your district's Bishop's Day rolls around again, consider attending. We believe that you will find it a rewarding experience.

High Five!
and Membership Stats
will return next
month.
Thank you!

Grand President

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going on around us. We have all heard the term "stop and smell the roses." I feel that daily we need to stop, or at least pause, for a moment and thank the Lord for all that is good in our lives. Even in times of tragedy, there is always something to be thankful for. We just need to open our minds and hearts and see the good all around. I would ask all members of the Federation to stop or pause for a moment each day and reflect on the good in your life and you will be amazed at how much better you will feel.

I would like to take this opportunity to wish you and your family a Happy and Blessed Thanksgiving.

Leonard Zasoski, Jr.

Relief Fund Established for the Earthquake in Italy

On August 24, 2016 an earthquake, measuring 6.2, hit Central Italy. Its epicentre was close to Accumoli, in an area near the borders of the Umbria, Lazio, Abruzzo and Marche regions.

The Federation has started a relief fund for the people who were devastated by the earthquake in Italy. \$2,500 has already been donated from the Central Council funds. We encourage all Branches and Districts to donate to this relief fund.

Please send your donation to: Italian Catholic Federation, 8393 Capwell Drive, Suite 110, Oakland, CA 94621. Please make all checks payable to the Italian Catholic Federation and write Italy Earthquake Relief on the memo line. We will in turn gather all donations and send one check to Catholic Relief Services. The deadline for donations is December 31.

Thank you for your generosity. Please continue to pray for those who were impacted by this terrible disaster.

BOOK REVIEW

Vince Piro

Grand 2nd Vice President
Branch 39, Merced



Italian Diabetes Cookbook: Delicious and Healthful Dishes from Venice to Sicily and Beyond by Amy Riolo, American Diabetes Association, 2015. 226 pp.

Now Eat This! Italian: Favorite Dishes from the Real Mamas of Italy--All Under 350 Calories by Rocco DiSpirito, Grand Central Life & Style, 2012. 384 pp.

Chloe's Vegan Italian Kitchen: 150 Pizzas, Pastas, Pestos, Risottos, & Lots of Creamy Italian Classics by Chloe Coscarelli, Atria Books, 2014, 288 pp.

At this year's ICF annual convention, I was approached by a member who urged me to review some Italian cookbooks that were written for those who have special dietary needs. (She politely approached me as I was earnestly munching on a hamburger and French fries.) She noted that many of our members probably have special

dietary needs but find it difficult to find cookbooks that fit their special diets. Here are a few cookbooks (along with publisher descriptions) that offer recipes for those with special diets. All these books can be found at online booksellers and your local bookstore. Buon appetito!

1. Italian Diabetes Cookbook: Delicious and Healthful Dishes from Venice to Sicily and Beyond

"Contrary to popular belief, Italian food is the perfect cuisine for those looking for heart healthy and diabetes-friendly dishes. Real Italian food, that is, which is healthful, delicious, and the most popular cuisine in the world. At its core, classic Italian cuisine is all about preparing fresh ingredients like fruits and vegetables, whole grains, beans, legumes, dairy, seafood, and poultry in time-honored techniques that preserve both tradition and flavor. In the Italian Diabetes Cookbook, award-winning author Amy Riolo looks to honor this tradition with 150 easy-to-prepare, satisfying, and robust Italian dishes that can be enjoyed by the whole family — while helping fine food lovers everywhere achieve their health goals.

Inspiration for this book came to Amy when she visited her ancestral hometown of Crotona, Italy, for the first time. Each recipe includes notes on the history and cultural importance of each dish, and most contain wine pairings — an essential part of any authentic Italian meal! Highlights include: Ricotta, Grilled Eggplant, and Fresh Mint Bruschetta; Whole-Wheat Ziti with Goat Ragu; Swordfish with Olives, Capers, Herbs, and Tomatoes; Red Pepper, Yellow Tomato, and Artichoke Salad; Espresso Panna Cotta; and many more!"

2. Now Eat This! Italian: Favorite Dishes from the Real Mamas of Italy--All Under 350 Calories. "Weight-conscious food lovers no longer need to deprive themselves of the ever-popular cuisine of Italy. Award-winning celebrity chef and #1 New York Times bestselling author Rocco DiSpirito's latest Now Eat This! book is the solution.

In his signature style, DiSpirito has recreated 100 classic Italian recipes to be healthy and low in calories and fat-yet still full of flavor. After travelling to Italy and perfecting the dishes side-by-side with the chefs who make them best-the Italian mamas-he offers sinful pastas, sauces, and desserts you never thought you could eat while keeping healthy, including: Spaghetti with My Mama's Meatballs, Mozzarella en Carozza, Chicken Parmigiana, Hand-Torn Pasta alla Bolognese, Sausage and Peppers, Classic Cannoli, Chocolate and Hazelnut Espresso Budino, and much more!

NOW EAT THIS! ITALIAN proves that Italian food doesn't have to be calorie-packed to be delicious. All under 350 calories, these full-flavor, low-fat recipes are sure to indulge your appetite without packing on the pounds.

3. Chloe's Vegan Italian Kitchen: 150 Pizzas, Pastas, Pestos, Risottos, & Lots of Creamy Italian Classics. "Popular vegan chef and winner of the Food Network's Cupcake Wars" Chloe Coscarelli digs into her Italian roots to create more than 150 recipes inspired by the most popular cuisine in the world.

If you think a healthy vegan diet means giving up pasta in creamy sauce, cheesy pizza, and luscious tiramisu, think again! Following her hit cookbooks Chloe's Kitchen and Chloe's Vegan Desserts, Chef Chloe goes to her family's homeland to veganize its time-honored delicacies—and add some distinctively delicious twists.

Sumptuous mains like Butternut Ravioli with Brown Sugar and Crispy Sage and Red Wine Seitan on Ciabatta let you show off your kitchen skills, and her inventive pizza creations include Crumbled "Sausage" and "Mozzarella" Pizza as well as Butternut Squash, Caramelized Onion, and Apple Pizza. And vegans can once again enjoy comfort favorites with Chloe's Potato Gnocchi, Lasagna Bolognese, and Eggplant Parmesan. Known for her surprising twists on favorite desserts, Chloe's got your classics covered with Chocolate-Dipped Almond Biscotti and Italian Wedding Cake, and she turns up the dial with new delights like Mint Chip Gelato Sandwiches, Banana Coffee Cupcakes, and Pomegranate Mint Italian Soda—sure to win over omnivores, vegetarians, and vegans alike. Chloe also includes directions for making her recipes allergy- and gluten-free so that you can feast on all your favorite foods, no matter your diet."

OCTOBER CALENDAR WINNERS

DAY	NAME	BR	CITY	WINS
10/1	Bob Fjerstad		Pleasanton, CA	\$30
10/2	Gerry Crema	391	San Jose, CA	\$30
10/3	Annie McCarthy	210	San Bernardino, CA	\$30
10/4	John Musgrove	343	San Leandro, CA	\$30
10/5	Jeff Bondi	31	Los Banos, CA	\$30
10/6	Fr. Michael Gazzigan		San Jose, CA	\$30
10/7	Lauren & Kevin Vitarello		Novato, CA	\$30
10/8	Frank Duclo	39	Le Grand, CA	\$30
10/9	Mitchell Maricich		Crockett, CA	\$30
10/10	Valerie Vanni	28	Gilroy, CA	\$100
10/11	Sheila Donohue		Bakersfield, CA	\$30
10/12	Kathleen Ostorero	48	Modesto, CA	\$30
10/13	Branch 290		San Francisco, CA	\$30
10/14	Elva Valli	14	Martinez, CA	\$30
10/15	Eileen Foster	27	Madera, CA	\$30
10/16	Evelyn Harp	417	Madera, CA	\$30
10/17	Anne Madej	91	San Leandro, CA	\$30
10/18	Edith Handley		San Francisco, CA	\$30
10/19	Dave Nannini		Merced, CA	\$30
10/20	Dorene Campanile	173	Burlingame, CA	\$30
10/21	Julie Richards	25	Chualar, CA	\$30
10/22	Roseanne Nava		San Francisco, CA	\$50
10/23	Patti Phillips	4	San Jose, CA	\$30
10/24	Gennaro Filice	28	Gilroy, CA	\$30
10/25	Rae Mignola		San Rafael, CA	\$30
10/26	Minda Cabral	14	Benicia, CA	\$30
10/27	Fr. Michael Pham		San Diego, CA	\$30
10/28	Carol Salmeri	39	Merced, CA	\$30
10/29	David Zanini	354	Paso Robles, CA	\$30
10/30	Gary & Jodi Maricich		Watsonville, CA	\$50
10/31	Vince Veneziano	111	Montebello, CA	\$30

Holiday Message For December Bollettino

As you know, many Individuals, Districts and Branches traditionally place Christmas and New Year's messages in the December issue of the Bollettino. These can be sent in, already designed and sized, or the text may be faxed or emailed and we will create the design. The deadline is November 10.

These are the choices and prices for the ads:

2 1/2" x 2 1/2" (one column square)	\$25
2 1/2" x 5" (vertical or horizontal)	\$35
4" x 5" (horizontal)	\$50
6 1/2" x 5" (horizontal, quarter page)	\$70

To place a message, please send in your ad, either finished or just the text you want, size selection, and your check made out to the I.C.F. (noted Christmas ad), to:

Italian Catholic Federation
8393 Capwell Drive, Suite 110
Oakland, CA 94621

Attn: Bollettino

Please send e-mails to info@icf.org and the fax number is (510) 633-9758.

Cooley’s Anemia

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function and number, and iron overload in children and adults. He also directs the CHLA epidermolysis bullosa center.

Dr. Coates attended medical school at University of Michigan Medical School and served his pediatrics internship and residency at Indiana University Medical Center. He also completed his pediatric hematology-oncology fellowship at Indiana University Medical Center. He came to CHLA in 1985 from the James Whitcomb Riley Hospital for Children in Indiana. Dr. Coates was appointed Section Head of Hematology within the Hematology/Oncology Division in 1994 and currently directs the clinical and research activities of a team of five physicians and eight nurse practitioners, as well as social workers and psychologists whose focus is entirely on non-malignant hematology.

History of the Cooley’s Anemia Program at Children’s Hospital Los Angeles:

CHLA has long been involved in the diagnosis and management of patients with hemoglobinopathies (blood disorders such as Cooley’s anemia/thalassemia). Dr. Carol Hyman, who retired from the staff of CHLA about four years ago, started managing the hemoglobinopathy patients in the 1950s at Cedar Sinai in Los Angeles. Dr. Hyman was actually the original recipient of ICF funds in 1984 when the ICF, under the leadership of then-Grand President David Botta, chose Cooley’s anemia as its national charity.

Dr. Coates came to CHLA in 1985, and starting in the early 1990s, he became the Section Head of Hematology, at which time the hemoglobinopathy program began another growth phase—the development of a specialty center for Cooley’s anemia. He

and Dr. Hyman worked closely together until her retirement in 2012.

The hemoglobinopathy program has undergone substantial growth between the mid-1990s and the present. In 1999, CHO’s Dr. Elliott Vichinsky and Laurice Levine collaborated with Dr. Coates to develop the Standards of Care for Thalassemia: the first document of its kind to establish consistent care throughout the state. The CHLA center was one of the initial Centers for Disease Control (CDC) thalassemia program sites, and it was involved in the Thalassemia Clinical Research Network (TCRN) and several other local and national-level hemoglobinopathy research consortia. The hemoglobinopathy program has had a close association with the Cooley’s Anemia Foundation (CAF) since that time. Dr. Coates has been a member of the CAF medical advisory board for the past 20 years.

In 1999, Dr. John Wood, a pediatric cardiologist and PhD MRI engineer, came to CHLA and began working with Dr. Coates. Together, they developed MRI technology allowing measurement of iron in multiple tissues in the body. Work at the CHLA center, as well as centers in Australia and England, has revolutionized the management of iron overload, the major cause of death in patients with thalassemia. This technology is now considered state-of-the-art for the management of iron overload. Dr. Wood has helped to establish this technology in several thalassemia centers in the United States and Asia. Laurice was among the initial patients in the studies for MRI assessment of iron, and she has flown to CHLA countless times to undergo studies in this area.

The CHLA hemoglobinopathies center has been heavily involved in National Institutes of Health (NIH)-funded research, as well as industry-funded research on projects related to the management and treatment of patients

with thalassemia, sickle cell disease, and other hemoglobin disorders. Over the past few years, the CHLA hemoglobinopathies center began to get referrals of “children” in their fifties to seventies with iron overload related to myelodysplastic syndrome and other rare adult disorders. Knowledge that has been obtained through the management of and research on children with hemoglobin problems turns out to be very applicable to the management of adults with these very serious, life-threatening disorders. The iron overload team at CHLA has been working collaboratively with adult providers around the country, as well as locally, to co-manage these patients so that adults with rare iron overload disorders can have the advantage of expertise from a center with a large number of iron-overloaded thalassemia patients.

There are currently 160 thalassemia patients being seen at CHLA, making CHLA and CHO the two largest specialty centers in the United States.

Dr. Coates’s team, in conjunction with CAF and funding from the pharmaceuticals industry, has site visited other smaller thalassemia centers; run outreach clinics and installed MRI technology in Hawaii; taught local providers how to use this information; and acted as remote consultants to many physicians throughout the country for the management of these disorders.

How the ICF Funds Will Be Utilized at CHLA:

The median survival age for thalassemia major in 1975 was about 15 years. Those patients died of heart iron overload. Currently, the calculated median survival age for thalassemia major patients is about 65 years. While this is an incredible improvement, it also exemplifies one of the challenges that all modern children with rare genetic disorders face: while they are now surviving well into adulthood, there are too few adult providers with the special expertise required to manage them. Thalassemia is so rare in the United States that adult providers do not have the opportunity to develop adequate knowledge to provide quality care to patients. To conquer this obstacle, CHLA is developing adult provider co-management networks between adult providers and pediatric specialists so that patients who have survived childhood can continue to have productive, long lives. Of course, parallel to this is the importance of making sure that every patient in the country, whether pediatric or adult, has access to the specialized centers of excellence. There are only about eight major thalassemia centers in the United States. Consequently, countless patients are managed in smaller community practices, as they do not live close enough to a major center.

As CHLA actively develops this program, it is the hope that it will become a model accepted by insurance providers for management of thalassemia patients. Currently, many insurance companies will not pay for a pediatric doctor to care for an adult patient. Working through all of the barriers and problems of developing an effective co-management model is very complicated and involves dealing with interpersonal relationships and development of trusting relationships between patients and their family practice doctors, as well as trusting relationships between

centers of excellence and community providers. This process also requires close collaboration with participating patient-oriented community groups.

CHLA has already been working on this problem actively for several years and has been able to get some philanthropic funding to support and pilot the development of a co-management program. It is Dr. Coates’s intention to utilize the additional funds from the ICF to expand this co-management program; patients’ longevity and their quality of life depends on the success of this endeavor.

Laurice Levine’s Role in Overseeing ICF Funds and Her Involvement at CHLA:

After nearly 17 years at CHO, Laurice resigned on July 1, 2016 as Senior Thalassemia Outreach Coordinator. The amount of necessary travel was no longer conducive to her well-being and that of her husband, Matt, and family. (In 2015, her job took her away from home for half the year!) Laurice and Matt’s journey to their son Benjamin was a long and difficult one, and she does not want to miss out on his childhood. She also felt like it was time for a change.

Since Laurice has extensive experience with the thalassemia community and matters relating to the above-mentioned area, as some of her duties at CHO involved this type of work, Dr. Coates’s intent is to utilize some of the ICF funds to incorporate her into the CHLA adult co-management network team. This funding will also help strengthen CHLA’s already excellent relationship with CAF to enhance this pilot project in Southern California.

There is no funding at CHLA for an outreach coordinator, which was Laurice’s job at CHO, nor would she be able to work at CHLA full time for obvious reasons. However, she plans to continue to be the liaison for the ICF, visiting branches and attending events as she has been doing for the past 17 years. The ICF is Laurice’s passion, and she is grateful to be able to continue this incredible relationship and provide outreach to the ICF community.

Laurice also has a new job as a formal medical consultant for Blue Bird Bio, a biotechnology company located in Cambridge, Massachusetts (also with a lab in Seattle), that conducts research on gene therapy for thalassemia. Laurice has done work with Blue Bird before; during her tenure at CHO and thereafter, most recently this past August, she collaborated with Blue Bird and gave several talks. Now, in addition to working on projects that she is passionate about, Laurice can work from home and stay with Benjamin every day; she is beyond grateful for this opportunity.

We hope you are enthusiastic about these changes. This is a time of positive growth for both the ICF and the thalassemia community, and we are confident that the program will continue to thrive. Thank you all for your continued generosity to and support of our national charity.

Feel free to contact Laurice Levine for any questions or to schedule a branch visit:

360-860-2023

LLevine430@aol.com

Cooley’s Anemia Donations

Donations Received by October 10, 2016

IN MEMORY OF:

Joseph Teresi
Bryan Hickie

DONATED BY:

Mr. Charles Gullo, Jr.
Officers/Members of Br. 308

GET WELL WISHES:

Mr. Franklyn Lopes, Sr.

Mr. and Mrs. Richard Vote

BIRTHDAY WISHES:

Sal Ursino

Liz Grammatico

BRANCH DONATIONS:

Branch 12
Branch 27

Gifts of Love
Donations

Donations received by October 10, 2016

IN MEMORY OF:

Charles Tapella (Member of the “Green Spaghetti Gang”/St. Francis Band Club)
Alma Massolo
Robert Ramonda
Phyllis Dovalgo

DONATED BY:

Barbara and Warren Petree
Officers/Members of Br. 403
Marilyn Aguilar
John and Kris Kaiser

GET WELL WISHES:

Dan Capodanno
Kathy Santos
David Botta
Barbara Ruffner

DONATED BY:

Adolfo and Carla Del Carlo
Russ and Louise Vento
Angelina Iarossi-Armenio
Joan and Jerry Delfino

Convention Resolutions and Communications

Lauren Kilcullen - Chairperson

Committee Members: Anne Interrante, Richard Interrante, Donna Raffanti, Nettie Descalso-Del Nero, and Betty Zasoski

Officers and Members of the Italian Catholic Federation, assembled in the Diocese of Fresno for their 86th Annual Convention on September 2, 2016 - September 5, 2016 adopt the following Communications and Resolutions:

COMMUNICATIONS:

COMMUNICATION TO POPE FRANCIS

We pledge our loyalty, affection, and devotion to the Vicar of Christ on earth. We commit ourselves to living a life of faith. We pledge our prayers that God will grant him many years of his Pontificate.

COMMUNICATION TO MOST REVEREND ARMANDO X. OCHOA, DD

We express our gratitude and assurance of our prayers for his continued service to the people of the Fresno Diocese. We are grateful for his participation in this year's convention, representing the Diocese of Fresno.

COMMUNICATION TO REVEREND MONSIGNOR DANIEL CARDELLI

We wish to thank I.C.F. Spiritual Director Reverend Monsignor Daniel Cardelli for all his years of loyal service to the I.C.F. We appreciate his spiritual guidance and leadership to the Central Council and membership of the I.C.F. We look forward to many more years of his friendship and guidance.

COMMUNICATIONS TO GRAND PRESIDENT LEONARD ZASOSKI, JR.

We wish to thank Grand President Leonard Zasoski, Jr., for his leadership during the past year. Your many long hours and hard work devoted to the Federation has not gone unnoticed. We are truly appreciative.

COMMUNICATIONS TO ALL BISHOPS AND CLERGY ATTENDING THE CONVENTION

We are grateful for your participation in this year's convention, representing the members of our dioceses. We appreciate the time you have taken to spend this weekend with us. We value your guidance, advice, and prayers.

COMMUNICATION TO ALL BISHOPS AND PRIESTS WHERE THE FEDERATION IS ESTABLISHED

We reaffirm our devotion and send affectionate greetings and heartfelt gratitude for their inspiring guidance. We ask for their blessings on the works of the Federation, that we follow in the footsteps of our founders, Sir Luigi Providenza and Father Albert Bandini. We are united in a common faith and love for Christ's Body and the Church; and we will continue to be faithful and diligent in our message of our values: faith, family, and heritage. We continue to support the many needs of the Catholic Church, especially our seminarians and clergy.

RESOLUTIONS:

TO THE MEN AND WOMEN SERVING IN THE UNITED STATES MILITARY FORCES

As officers and members of the Italian Catholic Federation and as proud Americans, we stand united today in defending our freedom and liberty. We offer our prayers to all in the Armed Forces, praying for their well-being and safe return.

TO ALL ELECTED LEADERS OF OUR UNITED STATES OF AMERICA

We offer our prayers of support to our elected leaders as they make difficult

decisions and compromises to assure the well-being of ALL in our United States of America and in the world.

TO THE PEOPLE OF THE WORLD WHO HAVE SUFFERED FROM NATURAL DISASTERS AND VIOLENCE IN 2016

We offer our prayers and support to the people of the world, devastated by natural disasters and human violence in 2016. We join them in their sorrow over lost loved ones and offer our petitions to the Lord for the survivors. We pray to the Lord to protect and heal them.

TO THE CONVENTION DIRECTOR'S COMMITTEE, LOCAL COMMITTEES, AND DIOCESAN CHAPLAINS

Whereas, the preparation of the annual convention entails many months of dedicated work, time, and sacrifices on the part of many individuals; and whereas, under the direction and outstanding leadership of Roselynn Jarrett and the chairs of various local committees under the guidance of Allen Watts, the Local Chairperson of the Convention, the success of the convention was assured. We, as members of the Italian Catholic Federation, express our sincere thanks and heartfelt appreciation for all that you do.

TO THE OFFICE STAFF OF THE ITALIAN CATHOLIC FEDERATION

We thank them from the bottom of our hearts and commend them for their untiring work for our organization and offer our generous gratitude to Charlene Kramer, Patty Smith, Dave Rose, and Michelle Feldman, Editor of the Bollettino.

TO MEMBERS OF THE FEDERATION WHO ARE ABSENT DUE TO ILLNESS

We miss your presence and leadership, advice and good company. Be assured of our prayers for your health and well-being.

TO THE DELEGATES AND NON-DELEGATES ATTENDING THE CONVENTION

We thank them for representing their branches and for their dedication in preserving and keeping the Italian Catholic Federation, a strong and vital organization in their communities. We wish them all a safe trip home.

TO LAURICE AND MATT LEVINE

We offer our congratulations on the happy occasion of the birth of their son, Benjamin. May parenthood bring you much joy and happiness.

TO THE FAMILY OF GUY MASCIOTRA

We offer our condolences to the family of Guy Masciotra. As Field Director and Central Council member, Guy was instrumental in opening over 100 branches and furthering the ideals of the ICF.

TO THE FAMILY OF JOE DONATO

We offer our condolences to the family of Joe Donato. Joe loved the ICF and was a leader and guiding force of the ICF in Las Vegas.

TO THE FAMILY OF REVEREND MONSIGNOR E. JAMES PETERSEN

We offer our condolences to the family of Reverend Monsignor E. James Petersen on his recent passing. Monsignor served as Grand Chaplain of the Italian Catholic Federation with distinction from 1993 – 1999.

Mister President, I move that these communications and resolutions be adopted. Thank you.

Sir Luigi & Lady Augusta Providenza
Seminary Scholarship Fund Donations*

IN MEMORY OF:	DONATED BY:
Robert Ramonda	Joe and Betty Antuzzi
Robert Ramonda	June Sohn
Terry Pappalardo	Russ and Louise Vento
Elma Casale	The Alberti Family
Frank Notti	Lauren Kilcullen
Leda Costamagna	Officers/Members of Br. 45
Robert Garcia	Suzanne M. Padilla
John DaPrato	Giovanni and Nancy Corsi and Art Fricke
Elinor Franchetti	Officers/Members of Br. 161
Lil Kavanaugh	Barbara Firpo
Eleanor “Ellie” Sahlin	Officers/Members of Br. 285
Fr. Frank Murray	Barbara Firpo
Rose Vallerga	Vic and Pat Arnaudo
Lee Ceccotti	Officers/Members of Br. 161
Robert Ramonda	The Sandoval Family
Teresa Cairo	Officers/Members of Br. 358
Fr. Frank Murray	Officers/Members of Br. 19
Fr. Frank Murray	Leonard and B.G. Zasoski, Jr.
Fr. Frank Murray	Officers/Members of Central Council
Fr. Frank Murray	George and Diana Bacigalupi
Carolyn Giannini	George and Diana Bacigalupi
GET WELL WISHES:	Officers/Members of Central Council
David Botta	

*Named after the co-founder of the I.C.F., the Sir Luigi and Lady Augusta Providenza Seminary Scholarship Fund provides I.C.F. members a lasting way to memorialize and/or extend greetings to friends, relatives, and loved ones. Members’ donations provide scholarships to seminarians studying for the priesthood in dioceses where the Italian Catholic Federation is located. A monthly Mass is offered for the intention of those listed.

Benvenuti Membri Nuovi

Report Date: 10/19/2016			
EVELYN J CENTENO	Branch 013	MARTIN P DE SAPIO	Branch 380
IMELDA P RITO	Branch 014	ROBERT A DE SAPIO	Branch 380
DAVID A LANSFORD	Branch 025	ROBIN F DE SAPIO	Branch 380
RUTH REDONDO	Branch 039	VINCENZO DE SAPIO	Branch 380
ROBERT S BLASSER	Branch 052	RACHEL L EPHRAIM	Branch 382
SANDRA M BLASSER	Branch 052	CAROL J VOLPE	Branch 382
JAMES B BALDRIDGE	Branch 067	JANICE G TAYLOR	Branch 406
BEVERLY LAZOR	Branch 067	TIMOTHY J TAYLOR	Branch 406
DANIEL GHERADI	Branch 138	ANTOINETTE M FOGGIATO	
ABIGAIL JOHNSON	Branch 138		Branch 435
ADDALLEE JOHNSON	Branch 138	GIOVANNI A FOGGIATO	Branch 435
ASHLEEN M JOHNSON	Branch 138	MICHAEL R AMERIO	Branch 438
DENISE E JOHNSON	Branch 138	TINA AMERIO	Branch 438
JACK JOHNSON	Branch 138	GLORIA M CULY	Branch 438
JOHN JOHNSON	Branch 138	STEVEN R CULY	Branch 438
RYAN P JOHNSON	Branch 138	DEBBIE A SILVERNAGEL	Branch 438
CLAUDIA A BROWN	Branch 139	JOAN CRONIN	Branch 442
MARY BODISCO	Branch 173	LUIGI ERALDO SCALABRONI	
LAYNE A GIORGETTI	Branch 214		Branch 444
LOGAN L GIORGETTI	Branch 214	MSGR DAVID A SORK	Branch 444
LYNDSEY M GIORGETTI	Branch 214	JOSEPH R TROVATO	Branch 444
AILEEN J LA CORTE	Branch 218	PATRICIA G SCAMMACCA	
JOAN M FORRESTER	Branch 343		Branch 446
		RONNIE J URIBE	Branch 446

In Loving Memory

Report Date: 10/19/2016			
ARDEEN MERRY	Branch 006	FRED A GOLISANO	Branch 139
JOHN M HAIDICH	Branch 036	ROSE MARIA SICKLE	Branch 163
JOSEPHINE M HAIDICH	Branch 036	RITA VANONI	Branch 169
ANNA C PANETTA	Branch 036	RONALD V ROVERE	Branch 210
LEDA COSTAMAGNA	Branch 045	WILLIAM M FAULKNER	Branch 215
ANTHONY ALAIMO	Branch 072	JOHN GAGLIANI	Branch 261
		ELEANOR C SAHLIN	Branch 285

Scholarship Donations

Donations received by October 10, 2016	Scholarship Donations - 2 nd - 4 th Year
Scholarship Donations - 1st Year	Aldine Grisenti
Tom and Elaine Davis	In memory of Bob Ramonda
In memory of Robert Ramonda	Officers/Members of Br. 191
Robert Furfaro	In memory of Bob Ramonda
In memory of Frank Furfaro	
Bruce and Lonnie Swarringim	
In memory of Robert Ramonda	
Liz Donaldson	
In memory of Bob Ramonda	

Live to Give Blood Donations

Donations received by October 10, 2016
Mindy White
In honor of Leonard Zasoski, Jr. (Cancer Free - Thank You, Jesus!)
Gina Pugliese
In honor of Amanda Amoroso



The ICF Live to Give Committee would like to extend a heart-felt thank you to the following people who participated in the 5th Annual Convention Blood Drive:

Denise Antonowicz
Michael Caglia
Kerin Cavallero
Danny Centurioni
John DelMonte
Mary DelMonte
Maria DiPaolo
Anthony Farinella
Judy Hare
Lucy Huffer
Anne Interrante
Mary Kingshill
Thomas Kingshill
Serena Martocchio
Cynthia Newton
Lucy Orsi
Robert Pachinger
Andy Pappani
Sid Pappani
Richard Pfaff
Debbie Piro
Gina Pugliese
Therese Rhodes
Richard Romagnoli
Mike Rossi
Louise Segreto
Kate Shimshock
Richard Shimshock
Joseph Tabigue
Crystal Watts
Mary Zonarini
BG Zasoski
Joey Zasoski
Leonard Zasoski, Jr.

29 units of blood were collected. One unit of blood can be divided into platelets, red blood cells, and plasma, thus helping 3 people. Consequently, 87 people have benefitted from the generosity of ICF blood donors at this year’s convention.
Thank you all for giving the gift of life!

2016-2017 Central Council Officers and Members

OFFICERS:

Grand President - Leonard Zasoski, Jr. (Betty), Br. 281
Grand 1st Vice President - Andrew Pappani (Siria), Br. 28
Grand 2nd Vice President - Vincent Piro (Robyn), Br. 39
Grand Secretary - Lauren Kilcullen, Br. 52
Grand Treasurer - Deborah Rodondi, Br. 19
Parliamentarian - Leonard Rossi, O.L.J.* (Karen), Br. 343
Grand Trustee - Denise Antonowicz, Br. 184
Grand Trustee - Lisa Crudo, Br. 343
Grand Trustee - Nina Malone*, Br. 342
Grand Sentinel - Franklyn Lopes, Jr., Br. 227
Past Grand President - Robert Basuino*, Br. 191
Spiritual Director - Rev. Msgr. Daniel Cardelli, Br. 352

CENTRAL COUNCIL MEMBERS:

David Botta* (Pat), Br. 14
Michael Cannady* (Donna), Br. 154
Jane Dianda*, Br. 91
Steven Fuentes*, Br. 163
Dante Galeazzi* (Julie), Br. 139
Teresa Helfand (Cory), Br. 392
Anne Interrante (Richard), Br. 380
Roselynn Jarrett*, Br. 72
Michael Rossi* (Marcie), Br. 391
(*denotes life member)

LIFE MEMBERS EMERITUS

Robert Acquistapace (Kathy), Br. 198
George Bacigalupi (Diana), Br. 50
Jody Balestrieri, Br. 229
Nettie Descalso-Del Nero, Br. 39
Robert Dianda, K.S.G. (Theresa), Br. 91
James Jones (Janice), Br. 191
Carmen Kilcullen (Larry), Br. 52
Larry Marsalli, K.L.J. (Elise), Br. 5
Vincent Picciola (Diane), Br. 358
Thomas Poggi (Marisa), Br. 40
Leroy Taddei (Stella), Br. 343

MEMBERS EMERITUS:

Gerald Delfino (Joan), Br. 368
Maria Di Paolo, Br. 379
Frances Foglia-Teglia, Br. 438
Marco Galeazzi (Diane), Br. 139
Angelina Iarossi-Armenio (Tony), Br. 218
Patricia Mages (Louis), Br. 380
Forrest Price (Prudence), Br. 261
Louisa Russo, Br. 241
Joseph Santello (Catherine), Br. 358
Frank Signorelli, Br. 291
Helen Tatone, Br. 443
Chris Valentini (Elizabeth), Br. 14

(Revised 9/16)

Ways to Add an Italian Twist to Your Thanksgiving Recipes

Nicole M.
www.selectitaly.com

Thanksgiving dinner. It's supposed to be a fabulous representation of all that makes American food, American. A gigantic turkey surrounded by mashed potatoes and stuffing. Salad, dinner rolls, gravy boats, and cranberries. Top that all off with apple and pumpkin pie, it can't get any more traditional right?

This year go Italian

Add an Italian twist to your Thanksgiving recipes! If you are like us here at Select Italy, than you know we can't go more than a day without adding a little spice of Italy to our lives, and Thanksgiving is no exception. For me, Thanksgiving was always better with a bowl of tortellini soup and a

plate of pasta. But then just adding more and more food to the already enormous traditional Thanksgiving meal just seemed to be too much. So we took a step back and thought, how can we add an Italian twist to the American Thanksgiving? Our Select Italy experts pulled our heads together for this one and found some amazing ideas that we are going to try this year (and you should too!)

Wine

Instead of sticking with Beaujolais (a French wine many people suggest with turkey) try a new Italian inspired flavor. Light ruby red in color and delicious aromas of red fruits, the Castello di Neive Grignolino is incredibly food friendly. The Castello di Neive, where the Grignolino is made and the surround estate are located in the Langhe area of the Piedmont

region. The Stupino family who owns the Castello di Neive winery are inspired by tradition, research and creativity. Respecting the centuries-old heritage about wine-making with embracing technologies and research are the perfect combination for their delectable Grignolino. Made from 100% Grignolino grapes, lightness and elegance have made this wine a widely appreciated addition to any meal. Not hosting Thanksgiving this year? Bring a bottle of Grignolino as a hostess gift, the new and unique taste will leave everyone remembering this years special Thanksgiving. Look here to where you can find this wine around you!

Side Dish

Throughout Puglia, food is a priority and its traditional cuisines are the perfect representation of the healthiest ways to eat – The Mediterranean Diet. A long relaxing meal during the day is very common and fresh local greens, seafood, vegetables,

cheese, pastas, and olive oils are seen and used everywhere. Puglia is simply a foodie paradise with over 50 million olive trees grown in the region and 80% of Europe's pasta comes from the local wheat fields. To spice up your Thanksgiving with a little Puglia twist, try the most adored traditional dish- Fava Puree with Wild Greens. Definitely a one-of-a-kind addition to your Thanksgiving meal but your guests are absolutely going to love it! You can find a great recipe here.

Turkey

No doubt, turkey is the culinary star of the holiday season. If you are looking for something a little bit more unusual with a flavorful twist, try an orange and fennel brine for your turkey this year. It's the perfect addition to your bird and it will definitely leave your guests wanting more. Adding an orange and fennel brine rub is simple to do and oh so delicious.

Family Recipes

By Deborah Rodondi

Grand Treasurer

Happy Thanksgiving to all! What better way to celebrate the month of November than with a recipe involving pumpkin and being sent in by ICF member Deanna Musler. Deanna graciously wrote: "I enjoy your column each month and thought I would submit my late mother, Nataline Locatelli's recipe for pumpkin gnocchi". She further wrote: "On the ranch where I grew up in Soquel, CA, our extended family always had a large garden. My mother used the pumpkins grown there to make gnocchi. I never wrote down her recipe, but happened to come across it in a Central Coast District Cookbook years after she died. My 94 year old uncle, Frank Locatelli, still plants a garden in the same spot on the ranch every year."

I have the cookbook she is referring to, thanks to my mom loving to buy ICF cookbooks. When I looked it up I also found some other interesting gnocchi recipes which I hope to try and share in the future with you.

Since I have never made pumpkin gnocchi (actually I made potato gnocchi once in my life and it was not pretty) I turned my kitchen into a test kitchen. I bought a sugar pumpkin and also a can of pumpkin. I followed the recipe that Deanna shared with me using the sugar pumpkin. Then I made two other batches combining several recipes I found. The taste testers of my experiment were my brother and my Branch 19 Colma last night when I cooked them dinner. They all gave it a thumbs up.

Pumpkin Gnocchi

1 1/2 cup cooked pumpkin

1 cup flour

1 egg

1 tsp. salt

1/2 tsp. baking powder

Mix all ingredients together. (I mixed the pumpkin and egg first, then added the dry ingredients) If dough is soft, add a little more flour. Have a kettle with salted boiling water ready. Drop dough by teaspoonfuls in the boiling water. Cook five minutes and then drain. I cooked until the gnocchi floated to the surface of the water, then scooped out. Add your favorite spaghetti sauce and cheese. Serves 4.

I coated the gnocchi with burnt butter and sage. Put 1/2 cup butter in a saucepan with 4-7 leaves of sage (I used pineapple sage, since I have it in my garden), either full leaves or cut in slivers. Melt butter till it starts to brown and get that nutty smell. Toss with gnocchi.

Cooking the Pumpkin:

Cut the pumpkin in half and discard the stem section and stringy pulp.

In a shallow baking dish, place the two halves face down and cover with foil

Bake in a preheated 375 degree oven for about 1 1/2 hours for a medium sized sugar pumpkin. Or until tender.

Cool and with spoon remove from skin.

Variations on the above recipe: I added nutmeg (1/4 tsp.) and cinnamon (1/2 tsp.) to taste and about 3 Tablespoons granulated or brown sugar. I even baked and riced one Idaho potato and added it to the recipe.

Tips: I learned that the secret to mixing the ingredients you don't want to over mix as this makes for tougher gnocchi; just mix until all ingredients are blended. (Obviously that is what happened many years ago when I tried making potato gnocchi).

Rather than dropping by spoonful's into the water I would take some of the mix and lightly roll into a log (finger size) on a floured surface and then cut into pillows. Refrigerate until ready to cook or place on a cookie sheet and freeze. Once frozen you can bag them for easier storage in your freezer.

Hoping you might like to share some of your specialties or the family recipes that have been handed down with the members of the ICF. Send them to me at drodondi@comcast.net or mail to the ICF office include a story if any. If you have questions send them also, I may not be able to answer them but we can put them out there for our readers and maybe find what you are looking for.

Buon Appetito!

La Celebrazione di Gioventu -- The Celebration of Youth

Submitted by Roselynn Jarrett

Central Council Life Member

Celebrate the Feast of ICF Patron Saint Frances Xavier Cabrini on November 13

About Mother Cabrini – Source: Holy Spirit Interactive

Frances was born at Lombardy in Italy. She was one of thirteen children and was raised on a farm. As a child, she dreamed about being a missionary to China. She sailed paper boats down a stream to play her "pretend game." The paper boats were ships taking missionaries to China. And she began giving up candy because in China, she probably wouldn't be able to have any. But when she grew up, Frances was not accepted into the two convents that she asked to join. Her health was not too good, so she taught at girl's school for six years.



Then a priest asked her to help out in a small home for orphans. Frances stuck to the work, and some other generous women joined her. Together

they took vows. At last the bishop told Frances to begin her own congregation of missionary nuns, which Frances did without hesitation. This congregation is called the Missionary Sisters of the Sacred Heart.

Soon it began to grow, first in Italy and then in many other countries. Frances, whom everyone called Mother Cabrini, had always had her heart set on going to China. But it seemed that God wanted her to come to America. When Pope Leo XIII told her, "Go west, not east," the matter was settled. St. Frances Xavier Cabrini sailed for the United States and became an American citizen. She helped large numbers of Italian immigrants and was like their real mother and friend. Mother Cabrini and her sisters found things very difficult in the beginning. The archbishop of New York even suggested that they go back to Italy. But Mother Cabrini answered, "Your excellency, the pope sent me here and here I must stay."

The archbishop admired her pioneer spirit, and so she and her sisters were allowed to begin their great work for God. Schools, hospitals, and homes for children were opened up in different states. As the years passed, Mother Cabrini made many trips to spread her congregation and its works. She founded 67 institutions, and there were always difficulties, but she put all her trust in the Sacred Heart. "It is he who is doing everything, not us," she would say.

Color the photo of Mother Cabrini.

Leonard Zasoski, Jr.
Vice President Construction Operations
Director of Safety



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St. Victor, Br. 195

In September, members really enjoyed attending the comedy, “Secrets of A Soccer Mom” at the Towle Theater in Hammond, Indiana. Most had not been there before so they were pleasantly surprised with the high quality performances and the low admission price. Plans for upcoming events were finalized. There will be a “Turkey Shoot” at the October meeting at which four members will win gift certificates to shop for their Thanksgiving dinner items. We will celebrate a Members’ Memorial Mass in November. We will be hosting a reception following the 16th Annual Christmas Concert to be given at our home parish, St. Victor Church. Details of the Branch’s annual Christmas party were reported. Thanks to Michele Kiernicki, Branch Secretary, for all her work in arranging the party. Officer elections will be held in October. We were surprised and sorry when Mike Sawadski, announced his decision not to serve a second term as president. Mike has done a wonderful job; we thank him for his valuable contributions. A date and time was set for a Branch group photo to be taken for the new church photo directory. All members were encouraged to also have individual photos taken. Prayers were offered for all sick, deceased and struggling members and their families.

River Forest
St. Vincent Ferrer, Br. 358

We are now in the month of thankfulness and gratitude. here is a short Thanksgiving prayer:

Lord, thank you for walking with us through the seasons of our lives.

For the winter, when we are held safe in your arms through the darkness.

For the hope of spring, as we are filled with new promise and life.

For summer time, full of warmth and color

And for autumn days as leaves fall to seed new growth.

You are always with us.

Amen

Happy Birthday:

John Corcoran

Get Well wishes:

John Corcoran

Buon Ringraziamento!

Fresno

Madera
Santissimo Crocifisso, Br. 27

There was no September meeting due to convention. About twelve members enjoyed the horseraces on Thursday night with a delicious dinner. An added bonus was to see the Branch 27 horse win the race! Thank you Holy Spirit for a wonderful time. Jim Cavallero was our delegate and he attended many of the informational break-out sessions. He gained a lot of useful hints that he will be sharing with the club at the October meeting. Members are getting ready for our annual spaghetti and meatball take-out dinner. Please continue to pray for our ill and injured members.

Ciao,

Kerin Cavallero



Fresno
Our Lady of Victory, Br. 32

The new officers for 2017 are as follows: President – Elaine Lencioni; First Vice Pres. – Maria Guglielmino; Second Vice Pres. – Monica Ficher; Secretary – Beverly Magana; Financial Secretary – Paulette Volpa; Treasurer – Patricia Vivenzi; Trustees – Martha Acuna and Evelyn Lopez; Sentinel – Richard Romagnoli; and Orator – Evelyn Lopez. Congratulations to these individuals and Best Wishes for a successful year.

Thank you to our past president, Claire Pisching, for a job well done. A thank you is extended to Corinne Abate, Eleanor Andreotti, and Yvonne Saldubehere for their dedicated service to Br. 32.

Congratulations to Br. 70, Sanger, for their very successful Bishop’s Day event. Kay Lopez and her committee did a fantastic job of honoring Bishop Ochoa.

Our meeting on November 22, will include a memorial ceremony to honor the deceased members of Br. 32. Dinner begins at 6:00 p.m. The memorial and regular meeting will follow dinner.

The Christmas Party is planned for December 3. Family and friends are invited to attend the no-host lunch. Santa will be sleighing in at 11:00 a.m. to Yosemite Falls Restaurant on Ashlan and 99 Freeway. Please call Elaine Lencioni for reservations.

Stephanie Griffith and Monica Ficher are diligently working on Br. 32’s Italian Dinner on April 8, 2017. Save the date – more info to follow. Get well wishes are sent to Julius and Corinne Abate, Dorie Sabbatini, Eleanor Andreotti, and Yvonne Saldubehere. Also keep Cle Estra, and our ailing and home bound members in your prayers.

Patricia Vivenzi

Bakersfield
San Luigi, Br. 33

Branch 33 is happy to report member Mary Marchetti recently celebrated her one

hundredth birthday. Mary was reached by telephone during a meeting and was delighted by a rousing rendition of “Happy Birthday” sung by the membership. God bless you Mary.

According to Gertie O’Neil, Mary’s daughter, she was first brought to an ICF meeting by friends. At that time, Mary was engaged. As she entered the meeting hall, Mary noticed a young man making coffee. Their eyes met across the room and Mary instantly knew that he was the one. The engagement was subsequently broken, and Mary and the coffee-maker were later married.

Stuffed bell peppers were the evening’s fare. Cook Michael Brancato said he “made them just like Mama used to make them”. Michael’s recipe follows: Half pound hamburger; Half pound ground Italian sausage; One onion, chopped; Three ribs of celery, chopped; Four cloves of garlic, minced; Two to three eggs; one and one-half cups bread crumbs; salt and pepper to taste; Ten bell pepper, sliced length-wise; and enough Italian sauce of your choosing to cover (Marinara or meat). Stuff pepper with mixture and cover with sauce. Bake at 350 degrees for one hour.

Branch 33 sends warm wishes to all ICF families for a meaningful and reflective Thanksgiving holiday. As God continues to bless our nation, let us live in the spirit of Mercy and remember those in this world who are suffering.

Ciao for now,

Roberta Cerri Teglia

Merced
St. Cecelia, Br. 39

Still energized from the Fresno convention workshops, meetings, religious events and social gatherings, we want to encourage more members to join in and get involved as officers and chairs of our various committees. Working toward a shared goal with other like-minded members is a lot of fun, so contact our president, Terrie Rhodes, 209-658-9204, or any officer listed in our newsletter, to discuss how you can get more involved in our family-



Members of Branch 27 enjoying the Saturday night dinner in back Elsie Bottorff and Jennifer Valorosi. In front Theresa DeFrank and Kerin Cavallero.

Members enjoying the raffle on Thursday night. From right: Jennifer Valorosi, Marcia valorosi, Elsie Bottorff, and Leila Meadows.

Branch 27 members enjoying “Night At the Races” fron left: Ray Chiarelli, Louise Chiarelli, Ila Schoettler, Mark Beveridge and Cari Beveridge.

oriented, fraternal, faith-filled, philanthropic and social club.

Our October dinner meeting was a delicious meal of spaghetti with meat sauce, salad, French bread and dessert. Thank you Maryellen and Loretta. Election nominations were held, with voting to take place at the November meeting. We thank all who volunteered to continue being an officer and our new recruits who agreed to fill a position. Your willingness to be leaders in our branch are much appreciated!

Mark your calendars: Our next dinner meeting is Wednesday, November 9, 5 PM Social Hour, 6 PM Dinner, 7 PM Meeting. Maryellen and crew will be serving up a full-on Thanksgiving feast. You won’t want to miss it! Your presence also is welcome and appreciated as you will be there to participate in voting for our 2017 branch officers.

Upcoming event: November 27, at 1:30 PM, come and help decorate our Italian-themed



Branch 33 celebrates Mary Marchetti’s 100th birthday. Mary shown receiving gift crucifix with Monsignor Craig Harrison of St.Francis Church, Bakersfield and Maria Steele, Branch 33 President.



Branch 111 Picnic Bocce Winners.

Christmas tree for the Courthouse Museum's annual Holiday Open House.

*Tanti saluti a tutti,
Stephanie Lucich*

Bakersfield

Our Lady of Perpetual Help, Br. 281

Here at Branch 281 Bakersfield, nothing adds a little pep to our step like the cooling weather of fall. Our October meeting was a wonderful potluck—a great testament to our branch's dedication, effort, and cooking skills! Thanks to all who attended.

Our next branch meeting will be held November 10, in which we will enjoy a Thanksgiving-inspired meal followed by some diverting rounds of Turkey bingo. The meeting will be in the parish hall. The more the merrier for this meeting—be sure to bring a friend or potential new member!

Speaking of potential new members, if we can entice them with bingo then the annual Christmas Party is a great follow-up to really showcase our focus on family and fun, and influence new family memberships. Mark your calendars for December 10th! If you would like to be involved and lend a helping hand at this event, please come to the November meeting and sign up with yours truly--it's the most fun "work" you will do all year, and it will definitely land you a spot on Santa's "nice" list. As always, it will be a night filled with festive music, delicious food, family activities, and most importantly, the Christmas Spirit.

Baci e abbracci,

Kristen Watts

Los Angeles

Archdiocese District Montebello

St. Benedict, Br. 111

Ciao a Tutti. A warm hello to everyone. Hope everyone is enjoying the cool fall weather and looking forward to the fast approaching holidays! It has become our tradition for our November general meeting, this year on November 17th, to celebrate Thanksgiving with a potluck dinner and everyone brings their favorite dishes to share with everyone. Thank you to everyone for your participation.

We would like to congratulate all the members who celebrated their birthdays in September and October: Elizabeth Alba De Lorenzo, David Melendrez, Rose Licari, Giuseppina Sorce, Esperanza Chavez, Leonardo A. Salomone, Lina Canzonieri, Crocetta Salomone, Jeannine Vieni, and Eugenia Hernandez. We also want to congratulate the following members who celebrate their birthdays in the month of November: Ren Mata, David Estrada, Joyce Adragna, Giselda Arenas, Joe Canzonieri, and Thomas Enrico. Happy Birthday to everyone!! Buon Compleanno a tutti!!

Thank you to everyone who are participating to this years Bishop Banquet and Chaplain Recognition Mass & Luncheon being held on Sunday, November 6th, with mass at St. John's Seminary Chapel in Camarillo at 11:00 a.m., followed by the luncheon and program at Seminary Dining Hall. I would like to take this opportunity to thank everyone for all the charitable works you do, and in a very special way for your continued and generous support of vocation to the priesthood and religious life.

On Saturday, October 19, 2016, our Branch will host the Los Angeles Archdiocese District meeting, 9:30 a.m. to 11:30 a.m. at the St. Augustine House, located at 200 n. 12th St. (corner of Cleveland Ave.) Montebello. Everyone is welcome to attend.

This year the St. Frances Cabrini Pilgrimage at Burbank will be held on Sunday, December 4, 2016, starting with Mass at St. Francis Xavier Church at 12:30 p.m. after mass there will be a procession to the Mother Cabrini Shrine, adoration to the Blessed Sacrament and a Benediction. A delicious luncheon will then be held in the Parish Hall. Please plan on joining us to this beautiful pilgrimage.

Finally, we will end the year with a great Christmas Dinner Dance on Saturday, December 17, 2016. Music will be provided by Duo Domino, with Rita & Marion Marino, a Professional Piano Bar, along with our traditional delicious Italian Buffet dinner. It will be a great party! Please plan on joining us and invite your family and friends for some great dancing and holiday cheer.

We pray for our sick members and those in need; keep them in our thoughts and prayers. I leave you with a quote from Voltaire "Appreciation is a wonderful thing. It makes what is excellent in others belong to us as well".

A Presto!

Frank Salomone



Branch 111 Picnic.



Branch 111 September meeting.

San Pedro

St. John Joseph of the Cross, Br. 115

On Oct 21st a few of our members attended the Heritage Day festivities sponsored by City of Los Angeles. The celebration and cultural event was enjoyed by all who attended.

November is a busy month for our branch. On Nov 6th our parish annual Christian Brunch was held. Thank you to members who helped out with cooking, serving and cleaning up. As always the food was delicious and the funds raised go to a worthy cause.

Also on Nov 6th our district held its annual Bishop Day Banquet. The event was held at St. John Seminary. Our spiritual Bouquet and Seminary Burse of \$600.00 was presented. Thank you to all who attended.

Our branch will be leaving for our annual Las Vegas Golden Nugget trip on Nov 13th returning on Nov 16th. Side trip to outlet mall and strip will be included. There is still time to join this fun loving group. If interested in joining us please call Pauline Iacono at 310 832 0563 for reservation and pricing.

Our next general meeting will be held on Nov 17th at 7:30pm. Upcoming pilgrimage to Mother Cabrini on Dec 4th will be discussed. Please plan on joining us for this beautiful tradition. Call Mary Cigliano for reservations 310 832-0608

Our branch Christmas party scheduled for 6pm on Dec. 10th will also be discussed. Please plan on joining us for holiday cheer! Call Nancy Donato for info and reservations 310 833 2584

2017 calendars have arrived and are for sale.



Branch 326 Pancake Breakfast.

\$25.00 not only gets you a wonderful calendar but 365 chances to win money daily! This is a fund raiser for our branch.

Happy Thanksgiving to all! Let us join together in prayer and thanksgiving for all we have and what we are able to do.

Anita Gioiello Trujillo Treasurer

San Gabriel Valley Region Arcadia

Holy Angels, Br. 218

Upcoming: Saturday, November 19, is the setup for the Christmas Boutique. We will be selling sandwiches after the 5:00 mass. Sunday, the 20th, the boutique is from 7:00 to 2:00. We will need your baked goods for the baked goods table.

Our Christmas party has been changed to





On Friday, October 7, ICF #36 Co-President Liz Grammatico along with members Ann Ferrante, Jane Gasperson, June Serrano, Antonia Ihnot, Dolores Rappa, Rosemary Favazza, Mary Benech, and Marie Ruiz attended a retreat at the St Francis Retreat Center in San Juan Bautista. The Retreat Center provides a peaceful and contemplative environment conducive for renewal of mind, body and soul. The Day Retreat was led by Brother Angelo Cardinali who was raised on the Monterey Peninsula and is the brother of Sal Cardinal.

Friday, December 9th from 5:00 to 10:00. The menu as of this writing is undecided. We will need for the members to bring the dessert. This is a FREE event for our members. Guests are \$10.00 each and children are free. Santa will be visiting so be sure to let us know if your children or grandchildren will be attending. The music will again be by Linda Herman, whom everyone really enjoyed last year. Be sure to RSVP for this.

The branch would like to congratulate John Curley on being appointed Chief of Police for the city of Covina. We are very proud of John, who has been a member of our branch for many years. He will make a great Chief.

It's not too early to mention our New York New Year's party. There will be more on this later.

At our last meeting we had nomination of officers. The election will be at the November meeting, which is on the 13th. This will be our thanksgiving meeting and we will also pay tribute to our veterans in honor of Veteran's Day.

Everyone have a wonderful Thanksgiving and hope to see everyone at these upcoming events.

Lolly M.

Temple City St. Luke, Br. 326

Happy Thanksgiving to all of our members!
Our Annual Pancake Breakfast was a huge

success. Thank you to all of the members who worked the event and those who supported us.

Please continue to keep all of our ill members in your prayers, especially: Roberta Nangelo, Mary Jacobs, Herminia Saez, Mary Lou Lemoine, and Ann Primising. And, let's not forget to pray for our deceased members.

Happy October Birthday to: Pat Buccola, Eleanor Cuneo, Mary Jacobs, Jim Law, and Fred Peritore.

Happy November Birthday to: Mary Lou Lemoine and Marillee Taylor.

"The little things that mean so much...a note...a special touch can make the day and warm the heart of one whose life is set apart.... But grateful still for special friends whose caring never...never ends!" (Anna M. Matthews)

God Bless,

Jo Anne Disney

Monterey

Santa Cruz

Nostra Signora del Soccorso,
Br. 21

Hello, Members and Friends. Once again, Fall is here and it has been said that 'Autumn carries more gold in its pocket than all the other seasons'. {Jim Bishop} We believe that is also true of Branch 21; you, the members and friends, are the gold in our Branch's

pocket and we appreciate so much your unwavering support.

It's getting into the Holiday Season and we want to remind you that on December 2nd, is our annual ICF Christmas Party at the Holy Cross Hall. This is a free dinner given as a gift to our current members. It's always a lot of fun and full of surprises, so watch for the information flyer. In 2017, we plan to have a number of functions, and we invite you to come to the General Meetings to help choose and plan these events. Your ideas are most welcomed.

Our Branch will continue to have the coffee and donut table set up outside Holy Cross Church on the last Sunday of each month following the 8:30 and 10:30 masses. Come and meet and greet potential new ICF members. It's always fun to talk to folks about ICF and what makes it tick....over a cup of steaming coffee.

The month of November is also election time for ICF Branch Board Members which will bring a few changes to Branch 21, so stay tuned. Change can be exciting.

We are very sad to say goodbye to one of our most cherished Branch 21 members, Erminio Orlando. Erminio loved the ICF and rarely missed a function. His gentle spirit will be dearly missed. We send our thoughts and prayers to his family and friends.

Finally, we want to remind you that there will not be a General Meeting in December. But, meetings will resume in January, the 1st Tuesday of each month. We hope to see you there. In the meantime, something to remember: "Though our feelings come and go, God's love for us does not." {C.S. Lewis}

Patty Morelli

Secretary Branch 21

Salinas N.S. Del Sasso, Br. 25

Branch 25 supported the annual Sacred Heart Parish International Festival and staffed the Pizza Booth on Sunday, September 18, 2016. Thank you to the members who volunteered to assist (see the photo of several of our team above). Father Manuel Recera, also from Sacred Heart Parish, has also joined our branch as our Chaplin. He will be attending our next Branch meeting, as will our Branch Deputy Trustees, Ed and Bella Leonard, on Tuesday October 12, 2016. The October meeting is dedicated to planning and communications for our largest fundraising event, the Annual Polenta Lunch and Bake Sale on Wednesday, November 9, 2106, at the Sacred Heart Parish Hall. The lunch

preparation begins on Tuesday, November 8, 2016, and our Branch will be offering delivery service for large orders of boxed lunches. Branch 25 elections will be held during a short meeting on the morning of the Polenta Lunch. Our annual Christmas Party will be held on Sunday, December 11, 2016. Invitations will go out this week.

Attachment Photo Caption: Salinas Branch 25 Pizza Booth volunteers at the Sacred Heart Parish International Festival on September 18, 2016. From the left: Julie Richards, Gia Usery, Linda Hoffman, Thelma Frontani, and JoAnn Sullivan.

Hollister Santa Barbara, Br. 26

On August 20, we held a Polenta and Sausage Dinner at Immaculate Conception Church. Many volunteers made for light work. For everyone who planned, shopped, decorated, set up, cooked, BBQ'd, sold tickets, bartended, donated gift baskets and cleaned up, you deserve a well earned round of applause! Bella, Bella!

In June, we awarded \$500 scholarships to high school students continuing their catholic education. Gus Brigantino, and Clare Cognacci are now attending De Palma and Notre Dame High School. Luke Brigantino applied his scholarship to UC Davis. Congratulations to you all and many continued successes!

Please remember our Hollister members who are in need of prayers Norma Martinetti, Elsie Sanchez, Fideli and Roseanne Scornecchi and Alma Terribolini. We pray for their recoveries and God's graces for their needs.

Looking forward to seeing everyone at our next meeting, November 2.

Monterey Santa Rosalia, Br. 36

Branch 36 hosted the Central Council District Meeting and Strategic Plan Workshop on September 17, The workshop was informative and the morning Hor'doeuvres and lunch was outstanding.

The person who won the 50/50 raffle drawing for Santa Rosalia Festa Italia was Dominic Freschi from Antioch, CA.

We have lost a precious couple, John and Josephine Haidich. John passed away 9/18/16 and Josephine 9/21/16, a blessing it happened that way, because they were together every minute of each day. This was the first funeral I ever attended that had two caskets, Josephine

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On Friday, October 7, ICF #36 Co-President Liz Grammatico along with members Ann Ferrante, Jane Gaspersen, June Serrano, Antonia Ihnot, Dolores Rappa, Rosemary Favazza, Mary Benech, and Marie Ruiz attended a retreat at the St Francis Retreat Center in San Juan Bautista. The Retreat Center provides a peaceful and contemplative environment conducive for renewal of mind, body and soul. The Day Retreat was led by Brother Angelo Cardinalli who was raised on the Monterey Peninsula and is the brother of Sal Cardinal.

would have been 102 years old November 6, and John was 96. They loved "their ICF" and came to everything, even our gambling trips. Josephine was honored each year at our 85 and older party for being our "oldest star."

Our deepest sympathy to Eva Flores whose husband Horace 'Les' passed away. Les was a wonderful husband, father, grandfather and his favorite time was when he was with his family.

Also to Helene Crivello whose son, Antoine, passed away, and to Joe Panetta and family on the sudden death of their beloved Anna, who passed away with a heart attack.

Anna contributed so much to our community and especially promoting the Italian culture and traditions, Anna lived her faith each day, and, as Antonia Ihnot said, we have lost a true HERO.

Mark your calendar:

November 24 - Have a blessed Thanksgiving,

December 3 - Adult Christmas Party.

December 11 - Children's Christmas Party.

GOD SPEAKS IN STRANGE WAYS

"Touch me God and let me know that you are here!"

Where upon God reached down and touched the man,

But the man brushed the butterfly away and walked on.

Don't miss out on a blessing because it is not packaged the way you expect.

Peace be with you,

Bettye Sollecito

Branch 36

Castroville

Santa Caterina de Siena, Br. 51

Happy Thanksgiving!

The holidays are here, a time for celebrating with family and friends.

At last month's meeting President Paul outlined the plans for our Bingo Fundraiser/Christmas Party. Details were worked out and a flyer will be mailed to all members. The date for the event is December 11th. Volunteers are needed for various activities, such as the set up for bingo and dinner. The next item on the agenda was the election of officers. Some of the Board members have agreed to stay on but other positions are open. The nominating committee will be contacting members to fill the open positions.

Our next meeting will be on November 1st please try to attend (this will be to finalize dinner plans and the slate of officers).

We would like to welcome and thank our mentors (deputies) Ed and Bella Leonard for attending the meeting and sharing their knowledge of I.C.F. procedures. (Big High Fives!)

Please keep in your prayers Carl Armento, Wilma Cursi, Carrie Holbrook, Vic Sigala and Alice Soliven and all who need God's healing blessings.

Happy Birthday- November- Virginia Frassetto, Egidio Tonus and Delores Tottino--December birthdays- Larry Barlow and Zach Barlow.

As we enter the Holiday Season give extra hugs to family members and friends, make memories and let go of passed hurts. Remember to thank God for His many blessings.

Happy Thanksgiving!

Ciao,

Leonora Barlow

Capitola

St. Joseph, Br. 227

Thanks to Vicky Howell, Jane Salm, and Linda and Tony Calciano for preparing the traditional turkey dinner for our November meeting.

President Bob Montonye is surveying members to see how they wish to be notified about monthly meetings, whether by e-mail or phone. Please respond when he contacts you.

Reports are that everyone had a fun time on the Reno bus trip celebrating Columbus Day.

Again Branch 227 members come through with assistance for the luncheon following the Anointing Mass on October 19. Thanks to those who made salads for the luncheon.

Mark your calendars for Saturday, December 10, at 3:00 p.m. for the Christmas party.

There is currently much preparation for 2017. Our branch will host the Central Coast District Installation of Officers on Saturday, January 14. Ron Castle will serve as a Trustee for the Central Coast District for the year. Plans are being made for a membership drive in January. And last, but not least, is the sale of 2017 calendars. The cost is \$25, \$5 of which stays with our branch. Treasurer Jim Smith will have the calendars available at the next few meetings.

Happy Thanksgiving to everyone. May your day be filled with togetherness and gratitude for all the blessings God has bestowed.

Deanna Musler, Secretary!

Paso Robles

St. Rose of Lima, Br. 354

In the absence of President David Zanini who was busy with the many forest fires, Vice President Karen Kudjia presided over our September meeting. Great job!

Irma Zanini together with Father Roberto Vera returned from the convention with many interesting ideas for the coming year. We hear Father Roberto was a big hit with his renditions of Italian songs.

It is time to elect officers for 2017. Irma, Jackie Biato and Michael Frederico will submit a panel of suggested officers for members' approval at our October meeting.

Irma and Joan Ryder attended the district meeting in Monterey September 17. Both returned with useful information.

Our upcoming November Pasta Dinner is scheduled for November 19th. We anticipate a large attendance and are ready with preparations. Member Yvonne Maddelena was able to get a donation of 55 small potted plants from Jim Braebeck of the Farm Supply and has suggested that perhaps they could be purchased by the dinner guests.

The yearly trip up to Monterey for the Santa Rosalia Fisherman's Festival has become very popular with our members. Eight of us had an eventful day enjoying calamari, cannoli and lots of dancing. Tenor Pasquale Esposito again provided beautiful classic Italian songs.

President David and Genaro Olveda celebrated birthdays this month. Best wishes from all.

Since this is my last submission, I would like to thank all who have contributed information for compiling my newsletters.

Thought for the month: "Autumn is a second spring where every leaf is a flower." Albert Camus.

Theresa Sollazzo, Correspondence Secretary

Oakland

East Bay

District Council

We were hoping for 80 at the 80th, but a Grazie Tante to all who came to help us celebrate our 80 years as the first district formed in the ICF. We are not as large as we once were, but we are still working on increasing our numbers.

This year we are happy to say that Lisa Crudo was re-elected to the Central Council, and has been elected Grand Trustee and to the hospitalization committee, along with her other duties. We are also pleased that our District President, Leonard Rossi, will serve as Parliamentarian of the Central Council. Let's give them our thanks for serving and our support.

As many of you know we are still looking for deputies for some of the branches, so think and pray about this need. Remember there will be a workshop and training plus the guidance from other deputies when you volunteer for this position.

Some district things to look forward to, beginning with the Christmas party, Dec.3rd; installation of officers, Jan.15th; the Crab Feed, Feb.10th and our quarterly Communion.

November will be a time for serious thinking (election day) and for being thankful for what we have,

our family, friends and the ICF. Hopefully we will take time to vote and to thank God for what we have received. As one priest said in his Sunday homily recently, instead of asking, we need to also be thankful for what we are and what we have been given.

Happy Thanksgiving to All!

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Members of ICF Branch 36, Monterey, California

Alameda**Nostra Signora Delle Grazie, Br. 10**

With Halloween having just passed and Thanksgiving to be celebrated in a few weeks, can Christmas be too far in the future? We have scheduled our children-oriented Christmas party for Friday evening, December 9. The annual function begins at 6:00 p.m. in Monsignor O'Brien Hall. Maria Croft has volunteered to prepare the dinner of pasta and meatballs, salad and dessert. Jeff Branchaud has arranged for a visit by Santa Claus. Prices are \$12.00 for adults and free for youngsters 12 and under. For reservations, please contact Gina Foster, gfooster@cso.org or (510) 995-8141.

We are co-hosting, with Branch 343, the East Bay District Installation on Sunday, January 17, 2017, at the Fratellanza Club in Oakland. Additional information will follow in the December Bollettino.

We held nominations for 2017 officers at our branch meeting of October 6. Most candidates are running unopposed, and most of this year's officers have agreed to continue in their present positions. We will announce the results of the elections in the December Bollettino.

We also voted at our October 6 meeting to join with local Alameda businesses in sponsoring the October 15 Fun Fair conducted by our sponsoring parish, Saint Philip Neri-Saint Albert the Great. Proceeds from this annual event benefit Saint Philip Neri School.

We thank Sheila Doan for again taking charge of the sale of ICF calendars to members and friends of Branch 10. The 2017 calendar sells for \$25.00 and contains the group picture from our 90th Anniversary Dinner. Sheila can be contacted by cell, (510)207-2957, or at home, (510) 865-5615.

We are coming close to scheduling an initiation of "new" members. We estimate that our numbers have increased by 40 since our last initiation.

At the time this article was submitted, we were looking forward to our October 22 Ravioli Dinner. Heidi Schmidt volunteered to cook. Heidi organizes meals at Saint Mary's Center in Oakland and sings in the parish choir. We will report on the Ravioli Dinner in the December Bollettino.

John Zugnoni

Oakland**Santa Rita, Br. 40**

Wishing a Happy Thanksgiving to you and your family. We welcome our new members to Branch 40. They are; Rosita Gonzales and her sons, Francisco, Fredrico and Johnnie, also Margie Aguiler and Debbie LaChino and her son Antonio Muscardin. Our Anniversary dinner had to be canceled due to small response. A year calendar of activities for 2017 is in preparation so that our members will be informed of the events and can plan to attend the functions. Officers for the 2017 year were elected at the October meeting. The list of names and position of office will be in the December Bollettino. Our activities are a way to bring the members together and to raise funds to support our parish and charities. Please come and join us when possible.

Upcoming:

November 1st: Our Monthly meeting at 7PM. At the Sacred Heart Center.

December 3rd: Annual Member Christmas Party. This is on a Saturday. Your officers are working on party details. You will receive further information, But please keep this date open so you can share in the Christmas Spirit with fellow members new and old.

We wish a Happy Birthday to those celebrating in November; Angie Rainero and Clemence Zanata.

Remember in your prayers the sick and convalescing, especially Rita Avery, Irene Crosetti, Rosalie De Santi, Mary Devincenzi, Ernestine Pernecco and Clemence Zanata.

Thought: "It is not how much we do, but rather how much love we put in the doing."

Saint Mother Teresa

Ciao!

M.A. Francis and L. Francis

Livermore**St. Filomena, Br. 285**

How sweet it was! The cookie sale at St. Augustine's Church picnic made \$400 for St. Augustine's building fund. The photos nearby show the eye catching display of cookies and some of the ladies who helped make this event such a success. And, as suggested in Mathew 5:15, "let your light shine before men, that they may see your good deeds and glorify your Father in heaven," the ICF Branch 285 banner is prominently displayed to potentially attract new members. The varieties of cookies and cakes made by members and the coffee generously donated



(Above) Branch 285 Cookie Sale representatives Joy Furtado, Judy Wellbeloved, Anna Yocham, Elaine Meier

(Right) Selling cookies: Elaine Meier and Carolyn Cardinalli.

by the Livermore Vineyard Avenue Starbucks were real winners. Thanks to the bakers and those who gave their time to make this such a success.

This past month we lost long time member, Ellie Sahlin. Ellie was a lifelong resident of Livermore and taught at both Livermore and Granada High Schools. She was very active in many charities in addition to our ICF branch. Her unselfish charitable giving to ICF and the community will be missed.

Have a creche nativity set you would like to share? Again this year on Sunday, December 11th, we will have our Nativity Display at St. Elizabeth Seton. We want to make this the best ever and that will be hard to do. Typically we display upwards of ninety nativity sets from all parts of the world. Some are large, some are miniature, some are made by master craftsmen, others are made by family members and passed down. All are wonderments especially to the young ones. To share your creche set and family tradition for a day, please call Nancy Navarini at 925-640-6334. Bring your family, grandkids, and friends to this unique display of Jesus' birth - they will not be disappointed.

Come join us for our events or meetings - together we are the Italian Catholic Federation family.

Ciao, a presto

Chuck Meier

Castro Valley**Our Lady of Grace, Br. 343**

Starting off with a heart felt thank you to those who helped man our booth at the parish festival. And a big Italian thank you to all who helped the district celebrate our 80 years as the 1st ICF district. May we celebrate many



more!

We would also like to acknowledge those who stepped up to run for office, and maybe think about and pray about, the role of deputy. These positions can all be mentored so you are not alone out there.

Our next big fund raiser will be our bake sale, Nov. 13th. I know that many of you have special goodies that you make, so let's have a great variety to offer the folks after Sunday Masses. At the Nov. meeting we will be accepting donations of both nonperishable food items and/or money to stock the shelves of the OLG St. Vincent de Paul pantry. As both a group and individually, we have much to be thankful for and can use this time to share our blessings with others.

Plans are under way for our branch Christmas party, as our regular meeting night is also the feast of the Immaculate Conception, so be on the lookout for changes. However the District Christmas party is already set up for Dec. 3ed at Buon Appetito, more information to follow.

"As we gather together to ask the Lord's blessings", let us remember all those who are less fortunate than we are.

A Happy and Blessed Thanksgiving to All.

God Bless America.

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(Above) Happy Halloween from Branch 14 Crockett.



(Left) Members of Contra Costa District at their Mass and District Breakfast Great Job Walter Costa and the Knights of Columbus for a great breakfast.

**Contra Costa
Crockett
San Carlo, Br. 14**

Thanks so much to our convention representatives Nancy Botta, Janice Burnett, Donna Hoffmann, Vonda Lesti-Egan and Joe Macaluso for their interesting reports. It sounds like they learned, enjoyed, and returned, full of ICF enthusiasm. “Called to be Merciful” was the convention’s theme this year. Mercy means compassion, kindness and understanding; all are worthwhile attributes to practice as challenges enter the lives of our loved ones.

A very, very special Happy Birthday to Lena McCrossen, who turned 100 in September. She is active, bright, and has her own seat of honor at our meetings. Lena is an inspiration to all of us. The changes in this world Lena has observed and been a part of are hard to even comprehend.

In September, Al Di Prima, Imelda Rito and Jenny Sebastian were initiated into the ICF. We welcome you to Branch #14! And it was so good to see Julie Contestable, sisters Sara and Sue Rexroat, Tony Scardina and Bill Valli at the September meeting after long absences. You all looked great!

So, now it’s November, and the holiday season is upon us. Our November 8th Thanksgiving Social includes mass at 5:30. Is there anything for which you are grateful? If so, wouldn’t attending mass be a good idea? A full course turkey dinner begins at 6:30 (\$10.00), and our regular meeting is at 7:30. Oh! Don’t forget

to vote before coming to the meeting.

May your Thanksgiving be filled with the love of family and friends, may your heart be filled with joy, and may God bestow upon you, and those you love, abundant Thanksgiving blessings.

Ciao,
Diane Bottini Thomas

**Pittsburg
San Domenico, Br. 72**

Dear Members,

Our branch received a check for 400.00 from Joann Thilgen for the Monterey bus trip. Joann was once again the chairperson. We thank her! We also thank Helen Politakes for helping on the bus with snacks and Bingo. A big thanks to ICF members from Brentwood, Martinez and Pleasant Hill who joined us. Everyone enjoyed the parade, entertainment and festival.

Our next meeting will take place on Saturday October 29 at 6:PM. We will have a pasta dinner followed by our meeting and elections for 2017. We will also have a Halloween party and free raffle. A prize will be given to the first person who signs up a new member that night for our branch.

We will go to dinner in November to celebrate our branch anniversary and a meeting will follow. I will mail an invitation to all members with the location, date and all the details.

We will attend the Contra Costa District Night of Recollection on Wednesday November 16. The social will start at 6: 30 PM with dinner to follow at 7:PM. Our District Chaplin Father Larry Young will give a spiritual talk after dinner. Father Larry is a great speaker. This event will be held in Martinez at the La Tapatia Restaurant party room. Please RSVP to Patty Jarrett by November 14 by calling (925) 228-0810.

Would you like a chance to win money every day in 2017 and have a ICF Calendar for 25.00? Each month features something from an ICF branch and guess what? We have a write up written by Roselynne Jarrett about the history of our branch. It put a tear in my eye to read it!



(Above) Branch 432’s show cars for the concourse.

(Left) Branch 432’s Festa meal serving line, it’s all good.

**Concord
Todos Santos, Br. 214**

Includes: St. Agnes, St. Francis of Assisi, St Bonaventure & Queen of all Saints churches

Members enjoyed a weekend in Reno for the “Italian Festival,” Columbus day weekend. We thank Veronica Peery & MJ Murray for organizing this. Our membership continues to grow, with an installation to take place soon. November meeting will bring our Thanksgiving Feast, time flies and feeling blessed with Fall in the air.

Prayers for our sick & elderly & continuing to lift our prayers to Mary Howard in the loss of her son. God Bless our Military.

Bless Your Thanksgiving
Christina Artale,
Correspondence Secty.

**Danville
St. Isidore, Br. 352**

Our Fall Harvest Dinner was held on Saturday, Oct. 22, at St. Isidore’s Monsignor Cardelli’s Center Gym. Once again, Chef Angelo and his kitchen crew “wowed” the crowd with his specialty roasted chicken, sausage & creamy polenta with sauce. Music was provided by Ken Cooper’s “AKA Trio” with dancing highly encouraged! The branch members & student volunteers outdid themselves, making this such a special event. A huge THANK YOU to all who assisted with the event planning, meal preparation, decorations, raffle prizes & sales, etc. It was definitely a wonderful evening, enjoyed by all members, family & friends. Look for pictures next month!

Due to the Thanksgiving holiday, our November dinner meeting will be held on the 2nd Monday of the month in the St. Isidore room - November 14th at 6pm. Members can expect a fabulous spaghetti & meatball dinner. Note – we will be voting on our 2017 officer slate, so be ready – this could include YOU!

“Save the Date” for our Christmas Pot Luck on Monday, December 12th. What a great way to gather & enjoy each other’s company (& recipes!) before the holiday season begins – you won’t want to miss this!

In the meantime, a very Happy Thanksgiving to All!

Ciao,
Branch 352



See you soon.

As we say in Pittsburg,
Sempre Avanti
Patty Jarrett

**Richmond
St. Raymond, Br. 154**

The Polenta Dinner held on October 15, 2016, was a tremendous success. We had well over one hundred attendees who helped to make our fundraiser one of our best ever! Thank you to Walter Costa, Toni Reeder, Alicia and Ruben Trevino and Gloria and Cody McConnell, Julian Acuña, Fred De Simoni, Domenica Yonke, Carmen Avila, Carol and Marilyn Darling, the Martinucci family and everyone who contributed your time, talents and support. If I have forgotten anyone, please forgive me.

Joe Meneghelli reported that another bus trip is scheduled for October 31, 2016. Halloween costume optional!

Congratulations to Isabella Costa, our second year scholarship winner! Supporting the Polenta fundraisers enables us to award this scholarship.

Calendars are here and for sale. Please see Dee Yonke to place your order, who knows you might win!

November 14, meeting is a mass to remember our deceased members, evening meal of soup and salad to follow,\$8.00. Call Terry Ventin 510-524-6093 for reservations.

The December 14th meeting is our Annual Polenta Dinner. Free for all members, \$10.00 for guests. Reserve with Toni Reeder by December 4th, short meeting to follow.

Find us on FaceBook-St Raymond154. Like Us!

Lorraine Acuña



(Left) Branch 442 - Teri Hurlbut Leading Blessing Before the Meal.

(Above) Branch 442 Dinner Salad

rigatoni during the three day event, making sandwiches and pasta bowls along with salad and breadsticks. Beautiful weather and wonderful music made for an enjoyable weekend. Thank you to all the members who contributed to the success!



Members and friends work at the Italian Food Booth at the St. Bonaventure Fall Festival in Huntington Beach.

Reminder for Branch 45 members, our Christmas Luncheon is coming up on Sunday, December 11th at 2pm. It will be held at Espanol restaurant. Details to follow!

Buon compleanno for November members Verona Devito, Maria Keller and Janine Orsi!!

Ciao,
Elaine

Buon compleanno e tante belle cose a tutti i soci della sezione 73 nati nel mese di novembre.

Robert Delpippo

Brentwood Immaculate Heart of Mary, Br. 432

During our September meeting we discussed the success of the fundraiser at Ruby's restaurant. We also discussed the possibility of having some people get together for a dinner at the White House restaurant in Anaheim. Also on the agenda is the upcoming branch Christmas party scheduled for early December, details to come. Don't forget if you use Facebook to like our Branch 423 page! Until next month.

Ciao,
Miranda

Pleasant Hill Christ the King, Br. 442

There is no better way to welcome Autumn than with good music, good food and good friends. On October 1, 2016, Branch 442 celebrated our 3rd year with our 3rd annual Italian Dinner event. With over 225 guests and a talented Italian singer the evening was filled with the sounds of friendship and the smells of the delicacies being prepared by our cooking team. Led by the Dallara and Scodeller Families, the evening was a huge success. There was plenty of pasta and roasted pork for everyone. I personally had seconds of the sautéed zucchini prepared by Matt Dallara; it was a real treat! And for dessert - torta. We cannot forget the hard work of Paul Peterson who guides and organizes the finances of this event as he has reported that it was a huge fundraising success for the many charities we will support in the coming year! Thanks to all who worked and a special thanks to all who came to enjoy the night.

Scenes of ICF brought to you by:
Paul M. Nuti
Past President Branch 442, 2013-15

Orange Huntington Beach St. Bonaventure, Br. 379

Branch 379 Huntington Beach supported St. Bonaventure Catholic Church by again running the Italian Food Booth during the annual Fall Festival held October 7-8-9. Members cooked and served 25 lbs. of sausages, 360 meatballs, and 32 lbs. of

Reno Reno St. Albert, Br. 135

On a beautiful sunny Sunday afternoon on September 18, 20 members and guests of Branch 135 enjoyed a terrific outdoor picnic luncheon at Idelewild Park in Reno. Bob Capurro did a great job of barbecuing the hamburgers and hot dogs to perfection. The members added to the picnic by bringing a pot of chili beans, some wonderful salads and desserts. Tickets were distributed to members to sell for our upcoming Polenta Dinner fundraiser to be held Saturday, November 5.

Our first regular meeting of the fall season will be held on Sunday, October 16 at St. Albert's Hall at 6:00pm.

Our annual fundraiser will be a polenta and chicken dinner with all the "trimmings" at the Boys & Girls Club of Truckee Meadows, 2680 E. 9th St., Reno, on November 5, 2016. Tickets are \$35.00 for adults and \$10.00 for children (ages 6 to 12). To obtain tickets, contact Rachael Ferrari at 775-560-4010 or email her at rachael.ferrari@gmail.com.

The next two meetings are Sunday, October 16 and November 13.

Ciao,
Charlyne Pacini

Sacramento Sacramento St. Mary, Br. 45

Saluti,

Members of St. Mary's Branch 45 enjoyed our District's Bishop's Day at the Cathedral of the Blessed Sacramento on October 16th. We celebrated mass at the Cathedral for this very special event. The District presented Auxiliary Bishop Cotta with a check for \$2,000 for the Seminary Fund.

Save Sunday, November 13th for our Chicken and Polenta Dinner in Giovanni Hall at St. Mary's! Dinner includes Chicken, Polenta with Meat Sauce, Salad, Rolls and Dessert! Meeting starts at 4:30pm, we will be holding our elections for 2017! Dinner is at 6pm. Cost is \$14 for members, and \$17 for non-members. Make your reservation by Tuesday, November 8th!!

To make reservations or for further information, call Janine at 916-508-1199.

Roseville San Vito, Br. 73

Remember to set aside Saturday 3 December as the date of Branch 73's Christmas gathering. The festivity will be a joint sponsorship of the Knights of Columbus, ACTS, and your Branch. In all probability the main feature will be a late afternoon or early evening dinner at no cost to members. More information will be forthcoming, perhaps through a mailing.

Inyiamo a tutti i soci della Sezione 73 i migliori auguri che abbiano un felice festa del Ringraziamento il 24 novembre con i loro familiari e buon cibo sulla tavola.

When speaking of the traditional centerpiece of the dinner, remember to say, "Abbiamo mangiato un bel tacchino", not "un bel turco". Using the latter would indicate you had a Turk on your table.



Joe Aguilar preparing for Branch 438's Ministry Fair Day.



and love.
Ciao!

Pam Andersen

Roseville

St. Clare of Assisi, Br. 438

Our branch was very busy in the month of September working on three different events. On Sept. 10th. & 11th. St. Claire sponsored the Ministry Fair. So many members worked at our branch booth representing the Italian Catholic Federation. Four new members signed up for membership and we have a few applications pending. Good job to all the workers. A big thank you to Joe Aguilar. On Sept. 15th. Michael Fuentes chartered a bus to bring members and parishioners to the Giants and Cardinals Game. Sadly the bus was not as full as last year. Just remember Michael works very hard organizing this event. This game brings us money for our Treasury and enables us to be able to sponsor different events. It would be nice to have more participation. On Sept. 16th. We sponsored Our Blessed Sacrament District Mangiamo Dinner. What a beautiful showing of members from the different branches. So many members enjoying the evening eating delicious different pasta dishes, salad and cupcakes for dessert. To set off the evening we had a very successful raffle. Proceeds will go to the seminarians and will be presented on Bishops Day. Paula once again you did a great job putting this together. A big thank you to all the branches.

Please remember all our sick members in your prayers. Please say an extra prayer to Dave Henderson who is recuperating from a triple by-pass heart surgery.

Happy Halloween everyone
Your Reporter
Yvonne Perry

San Bernardino
Redlands

Sacred Heart, Br. 217

Branch 217 in Redlands really knows how to celebrate Columbus Day. We held our bi-annual sausage sandwich sale that weekend and were warmly received by the parish. A few of our members flew to Italy and shared in the Canonization Mass of St. Mother Teresa of Calcutta. We brought back numerous memories and souvenirs which were displayed during the sausage sandwich sale.

Branch 217 has been serving our parish and local soup kitchens through our “Donare la Pasta” program, which began in 2014. Our parish is promoting the ICF’s Donare la Pasta program by encouraging pasta and sauce donations as a corporal act of mercy: Feed the hungry. The first half of October we collected 250 bags of pasta and 175 jars of pasta sauce. (See photograph) The items have been donated to the Boys and Girls Club of Redlands, A.J.’s Kitchen and The Blessing Center, three of our local charities which prepare hot Italian meals for the hungry in our city. God bless all who donated and God bless the hungry citizens of Redlands.

Finally, our 50th anniversary is rapidly approaching (February 2017), and we will be celebrating it during our 2017 Gala dinner on March 23, 2017. Hope to see everyone there. Looking forward to a wonderful Thanksgiving and blessed Advent/Christmas this year.

Upland
St. Joseph, Br. 446

St Joseph Branch 446 in Upland is off to a wonderful start! As one of the new branches founded this year, we have had a fun time getting to know all of our 56 members. One of our more memorable events was a pot-luck dessert buffet at which time several of our members shared stories of their heritage. Members also participated in the Fall Family Festival and contributed an Italian themed food basket for the festival auction. Officers are hard at work planning up-coming events and parish related service projects. Branch 446 is strong and proud!

Betty Cavanaugh

San Diego
San Diego

Our Lady of the Rosary, Br. 230

With the arrival of Fall, Branch’s 230 calendar is a busy one. The annual Pancake Breakfast held on September 25 received many positive reviews – the food was delicious and those attending commented on the cheery atmosphere and the excellent service. On Friday, October 21, branch members enjoyed a pre-thanksgiving dinner of turkey and ham with all of the fixings provide by Cupid Catering. One of the biggest and most popular events of Our Lady of the Rosary Parish is the annual Spaghetti Dinner to be held on Saturday, November 5, from 12:00 to 9:00 p.m. Adults \$15.00 and children (10 and under) \$6.00.

Branch members will be attending the San Diego District’s Bishop’s Day on Sunday, November 6, hosted by Branch 261, St. Therese Parish. Following the November General Meeting on Friday, November 18, the branch will host an ICF San Diego District Workshop on Saturday, November 19, from 10:00 a.m. to 12:00 p.m. Once again we welcome members from the Central Council. Certainly a busy time for Branch 230.

God Bless,
Maria Tollefson

San Diego
St. Therese, Br. 261

Our Pastor Father Michael Pham was transferred to another parish... We have been assigned Father Peter Bosque... Father recently taught at the University of San Diego... Also assigned – in residence - to our parish is Father Richard Pagano... Father Richard is attending the John Paul the Great University in the MBA program. He is originally from Florida...

Forrest Price arranged a meeting with ICF representatives and our new pastor... Father Michael is most familiar with the ICF after spending some time in San Francisco. He has asked us to continue our mission and that he will support our parish endeavors.

Parents and Grandparents are having farewell parties for our young adults who are leaving home for college... Some of these students attend college in our area... One is going to Jordan...since she speaks Arabic (and Chinese) and will easily assimilate into the Arab culture... Savannah Dowling, daughter of our President Pamela Tallarida. Savannah received a Fulbright Scholarship... She is teaching Amman, Jordan. She did experience jet lag & some culture shock. Savannah and a few students recently visited the Taj Mahal in India..

We do have some sad news to report... For the first time in over 45 years our branch was not a winner in the San Diego District Bocce Tournament... We congratulate the winning



Savannah Dowling, daughter of Branch 261’s President Pamela Tallarida. Savannah received a Fulbright Scholarship and along with a few students recently visited the Taj Mahal in India.

teams from St. Sophia and Our Lady of the Rosary.

Prudence and Forrest Price were most pleased to have attended the Annual Convention... They provided a report to our September General Meeting attendees... Our members enjoyed a Pollo Loco meal.

We ask that you keep the Krcmarics in your prayers... Dolores and Don are virtual shutins... Both were devoted workers at our dinner parties... Dolores was our Secretary for many years...We should note that Dan and the writer were USN shipmates in the 50’s... We were both in Seattle WA at the time... Dan & Dolores are also avid Notre Dame fans... They always wears ND shirts on game days....

Vic Tallarida Br. #261 San Diego

San Francisco
San Francisco

Maria S.S. Immacolata, Br. 1

Dear Members

Please note the Following events:

Nov 27 -- Branch Mass ICC 10:30 am

Dec 7 -- Christmas Party and Raffle, 6:30 pm Members free Guests \$10.00 Please bring a Raffle Prize Hosts the Officers Reservations Pres Vic Arnaudo (650) 755-1369

Congratulations to the 2017 Officers Pres Vic Arnaudo 1st Vice Paul Biagi 2nd Vice Anna Doyle Recording Secretary Pat Arnaudo Financial Secretary Mary Zadra Treasurer Toni Morsello Orator Ollie DeMicheli Treasurer Margaret Sapienza David Boragno Sentinel Joe Allen

Since there will be no meetings in January and February, the dues for 2017 will be collected in November and December. The dues for 2017 will be \$38.40 or \$63.40 for members with hospitalization . Checks should be made payable to: ICF Branch 1 Please continue prayers for Mary Zadra now recuperating from a fall . Please pray for the deceased members of Branch 1 during the month of November.

Happy Thanksgiving!

Ciao
Toni Morsello

San Francisco
Sts. Peter and Paul, Br. 38

Every year in October, our branch reschedules our monthly meeting to the 3rd Saturday of the month. On the 2nd Saturday/Sunday, our Parish Church and School, Sts. Peter & Paul, has its annual Bazaar & festivities. Besides this important fundraiser, there’s the Columbus Day Parade, it’s Fleet Week, the awesome Blue Angels perform, and the North Beach neighborhood becomes a madhouse... people & cars everywhere! But, it’s very exciting to honor our famous Christopher Columbus! On Oct. 12, “Everyone is Italian!”

At our September meeting we had a lively discussion with George Pagni and our branch members present on what we can do to get new members to join our branch. Most of our members in branch #38 live out of San Francisco. The few remaining of our active members, who do live in SF, are getting to be fewer and fewer. Unfortunately, age is our biggest problem. As I have mention in the Bollettino, a few of our very active members have died in the last two years, which is a major loss for our branch. Now I don’t think we have enough members to even be officers for 2017. This makes it impossible for the few members left to cover everything that needs to be done: fundraisers, recruiting new members, preparing for our meetings and lunches, etc. Hopefully, Rose Mangini is feeling a lot better. We know Rose was in charge of the Italian Pride Booth at the SSPP Church/School Bazaar. She does an excellent and great job, and we know the Committee depends on her! Our prayers are with you, Rose.

Our “Free Members Lunch” at our October meeting was a surprise. Our theme was “Trick or Treat”...so you know what that meant! Happy Halloween everyone!

Our Branch #38 wishes a Happy Thanksgiving to all ICF members & their families.

Ci Vediamo il 12 di Novembre at 12:00 Noon!
Ciao, Mara Amato

San Francisco
St. Elizabeth, Br. 258

We are looking forward to our tour of K. Q. E. D. And our delicious lunch at the Frattellanza Club in Oakland on November 18th.

For all our November Birthday celebrants, we wish you you Joy and Happiness on your Birthday and the year ahead.

Please remember our ill and deceased members in your prayers.

We wish our members and their families a very Happy Thanksgiving. We all have a lot to be thankful for..

Please remember these dates:

Officers meeting: November 7th.

Mass: November 27th.

Meeting: November 28th

Ciao,
Eva Perata, President

San Francisco
St. Cecelia, Br. 365

Reservations have been made for our Christmas Luncheon. We will again be going to the Cypress Grill at Harding Golf Course. Florence has made arrangements for Thursday, December 7th at 12 Noon. The cost is \$ 26.50 per person. This includes tax and tip. Your guests are always welcome. Please get your check to Florence by the end of November. Her address is 520 Vicente, S.F. CA 94116.

Our next meeting will be on November 9th. It will be a regular meeting at 6:30. We hope

to plan our Branch Calendar for 2017. Please try to attend.

There will be no meeting in December.

Please continue to keep our sick members in your prayers.

God Bless and stay well.

Ann Basuino

San Mateo
District Council

Congratulations to Deborah Rodondi for her re-election to the ICF Central Council! Many thanks to her for writing the report for me in the August/September Bollettino. Keep President Marc Teglia in your prayers. They do help and we wish him well. Many thanks for your prayers for my son John and me in his illness. Miracles do happen.

We send our deepest sympathy to the Murray Family on the loss of our Dearest Friend and Chaplain Father Frank Murray.

Our deepest sympathy to the Family of our long time delegate Rose Marie Sickle (Branch 163).

Mark your calendars:

Friday, November 4, Chaplain's Night at the Basque Center, 599 Railroad Ave., So. San Francisco. No host cocktails 6:00 p.m. Dinner 7:00 p.m. Entree choice: Rack of Lamb with scalloped potatoes and vegetables \$55; Salmon with Champagne sauce, vegetables and rice \$50; Breast of Chicken Chasseur with Vegetables and rice \$45. R.S.V.P. by October 26 to Kelly Teglia, 874 Baden Ave., So. San Francisco 94080. 650-589-1638. Make checks payable to ICF San Mateo District. Name of attendees must accompany food choices. Remember to ask your Chaplain to attend and send Chaplain's Bio to Kelly.

Happy Thanksgiving! God Bless!

Anne O'Brien

Colma
San Vincenzo De Paolo, Br. 19

Hello Everyone!

During the month of September we sent two representatives to the convention. They both shared their experiences about convention at a dinner meeting late in September. We also had a Champagne Bingo. During the month of October we sponsored a booth for our Parish Festival "Feast of the Holy Angels". Confirmation candidates volunteered to help hand out prizes and encourage parishioners to come and play our wheel game. Fun was had by all.

This month we had a Champagne Bingo and dinner meeting. We want to thank all who have participated in the above events the past two months. A lot of energy and hard work was done by everyone and now are enjoying their October Festa Italiana Reno trip – well



Members of the San Mateo District.

deserved.

Friday, November 4: Chaplain's Night at Basque Cultural Center, South San Francisco. Contact Kathy Trevizo (650)993-8336 for reservations and information.

Monday, November 14: Dinner and regular meeting. Make reservations with Cheryl Simon at (650) 755-0878 by November 5th.

Monday, December 12: Annual Branch #19 Christmas Party at Sharp's Park. Contact Kathy Trevizo (650) 993-8336 for reservations.

Thursday, November 24 – Happy Thanksgiving!

Please remember in your prayers Father Frank Murray who has gone to be with the Angels in heaven.

N. Thurman

Burlingame
Our Lady of Angels, Br. 173

Our summer is gone but looking forward to all of the fun activities planned for the next few months.

Our October meeting is our "Make a Sandwich Night" along with our regular meeting. Thanks to Jean Watterson and Mara Barsotti-Millis for helping with the evening. It is also election time so any member who has not spoken up for a position can do so at our meeting. We are

lucky to have so many volunteer earth angels in our club to help the officers and they are greatly appreciated.

Please try to attend our Semi Annual District Mass Saturday, 10-15-16 All Souls Church 479 Miller Ave. S.S.F. refreshments to follow: reservations to: Lola Migliore 650-589-8269

Upcoming events for November:

11-4-16 Chaplains Night at the Basque Center S.S. Francisco - No host cocktails 6 P.M. Dinner - 7 P.M. RSVP: Kelly Teglia 650-589-4638

11-15 Branch Anniversary Dinner Basque Cultural Center - Contact: Dorene Campanile 650-344-7870

11-20 Pedro Tournament O.L.A. \$40 registration 12:30 P.M. start time: 1P.M. Contact: Bea Tomasello 650-344-5276. Dinner to follow.

We were sorry to hear of Father Frank's passing and know he will put in a good word for us up above. Please keep in mind our many branch members who need our prayers

God Bless,

Rosalind C. Emery

San Carlos
St. Charles, Br. 327

First off, a big thank you to Celeste Lennemann and Gloria Haars for the wonderful Mexican casserole, chili, salad and pineapple-coconut cake. It was a truly delicious dinner enjoyed by everyone in attendance.

We have a lot of upcoming events for the month of November:

November 4 - Chaplains Night at the Basque Cultural Center. The flyer was sent to all members in the October newsletter...hosted by Branch 7.

November 12 - Branch 19, Holy Angels, Colma. Champagne Bingo. Call Deborah Rodondi, 650-583-0805, for info.

November 12 - Branch 130, St. Pius, Redwood City. Polenta dinner. Call Jean Tomatis, 650-368-5486, for info.

November 15 - Branch 173, Our Lady of Angels, Burlingame. Anniversary dinner. Basque Cultural Center.

November 15 – Branch 327, our monthly meeting and dinner.

November 20 – Branch 173, Our Lady of Angels, Burlingame. Pedro Tournament. Reservations to Bea Tomasello, 650-344-5276, by November 17.

November 24 – HAPPY THANKSGIVING!

Also, our branch is forging ahead and working out the final details for the Installation of Officers for the San Mateo District. Save the date – January 21, 2017.

Ciao,

Virginia Malaspina

Millbrae
St. Dunstan, Br. 403

Our recent Polenta Dinner was a successful event and we thank all who helped, cooked, set-up, and donated raffle prizes. We particularly appreciate the attendance of our neighboring branches.

We received a letter from Children's Hospital in Los Angeles thanking our Branch for the donation to Cooley's Anemia.

Our membership chairman, Paul Larson,

Valente Marini Perata
& Company

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reports we have 2 new members, Mary and Jim Whitehead, which brings our total membership to 67.

San Mateo District Chaplain’s Night will be held on Friday, November 4, 2016 at the Basque Cultural Center, So. San Francisco. Meal choices are: rack of lamb \$55, salmon \$50, chicken and vegetarian pasta \$45.. Treasurer, Eunice Danli will take reservations. Please send check payable to ICF branch #403 to 4 Spring Valley Lane, Millbrae, CA 94030 by October 23, 2016.

Our delegate to the ICF Convention, Caroline Cannizzaro, gave a report on the many activities and reports that it was a very rewarding experience.

Marin

Larkspur

St. James, Br. 161

Marlene Farber has thirty-five 2017 calendars. They make great gifts for hospitality, birthday or Christmas. Daily raffle winners range from \$30 to \$100, it is quite a bargain for \$25 and the branch gets to keep \$5 for each calendar sold. Call Marlene Farber at 415 461-1119 if you would like to buy one.

On Saturday, November 12 there will be a talk and olive oil tasting led by certified olive oil taster Orietta Gianjorio, “Clearing the Air: the Truth about Olive Oil”. It will be held in O’Brien Hall at Our Lady of Mt. Carmel Church in Mill Valley from 11am to 1pm. Cost is \$20 a person and seating is limited so get your reservations in early. RSVP to (415) 924-9429 or email RSVP2ICF@gmail.com.

Mark your calendars for The Christmas Luncheon on Saturday, December 3 from 11:30am to 2pm. Mr. & Mrs. Santa will greet the kids with a gift. Cost is \$30 per person over 14 and \$10 per person under 14. Call Jeanne Asdourian or Lucia DellaSantina for reservations.

Our next meeting will be November 15.

Our get well wishes to everyone who isn’t feeling well.

Happy Thanksgiving to all of you.

Anna Biggio

San Jose
Santa Clara Valley

Santa Clara

N.S. Assunta, Br. 5

An official vote of 2017 Officers was taken and approved at the October Meeting. Congratulations to all the Officers for 2017, and renewing their oath January, 2017. Please gave them your support.

A delicious Turkey Dinner will be served at the Dinner/Meeting on November 17, 2016. Cost: \$10.00. Call Bea Cunha for reservations.

Thanks to all members who are attending our Dinner/Meetings. The past few months, we had a great turnout. Come and enjoy and be informed.

The Annual Layette Tea is schedule for Sunday, December 4, 2016 at 3:00PM (doors open) at 2:00PM at Holy Family Church/ Parish Hall. Infant items are needed as well as Monetary Donations. Please bring your items, and donations to the November Dinner/ Meeting.

Dues are currently due for 2017. Letters will be mail to all members. If you have not received one, see or call Marlene Rotolo.

Happy Thanksgiving to all members and their families.

Ciao,

Marlene Rotolo

Gilroy

Santa Maria Ausiliatrice, Br. 28

Many thanks for all who attended our Polenta Dinner Fundraiser. We didn’t sell enough tickets as we had hoped, but we did all right anyway. Thank you Andy and the kitchen crew for a delicious dinner. And to all those who helped serve we thank you too. We did do very well on the raffle, because of all the members who donated wonderful gifts.

Our next fundraiser will be our Scholarship breakfast on November 6. We need support as this is how we fund our 5 scholarships we give out each year. Come enjoy our meal of pancakes, eggs, sausage, milk, orange juice and coffee. We will be serving from 7: am to 11: am. Come and take away some of our home baked goodies available that day at our bake sale.

St Francis Cabrini pilgrimage will be on November 13 at St. Francis Cabrini Church, San Jose.

November 14, Thanksgiving dinner prepared by the board. Please note the date change as to not be too close to Thanksgiving. One week earlier than usual.

Our 2017 calendars are now on sale. Get yours quickly.

Pray for our sick members.

Ciao,

Anna Barberi

San Jose

St. Frances Cabrini, Br. 191

On November 13, Branch 191, St Frances Cabrini Church in San Jose, will be hosting our Annual Saint Frances Cabrini Pilgrimage. Our morning starts at 10:45 am, with a procession around the perimeter of the Church grounds. As we process as a group, 5 different ethnic communities will recite a decade of the Rosary in their native language. After processing, we will attend Mass, and after Mass we will meet in Essig Hall for lunch. This is a wonderful way of honoring our Patron Saint on her Feast Day.

Saint Frances Xavier Cabrini was born in 1850 in Lombardy, Italy. She knew from childhood that she wanted to become a Nun. After taking her vows, she founded the Sisters of the Sacred Heart Order. She was a remarkable woman, but then most Saints are remarkable. During the 67 years of her life, she established 67 houses. Saint Frances Cabrini, pray for us.

San Jose

Santa Teresa de Avila, Br. 368

On the first weekend of October, our eleventh annual Parish Festival was again a delightful event for all. Children, their parents, their extended families, and friends enjoyed two day and a half days of a movie, fun game booths, various meals, and craft, plant, book, and white elephant booths. We also had music and dance entertainment on a stage. Wow!

We continue to pray for our members struggling with health issues. “Lord, please take care of us all.” Our hearts and our love go out to our members and their families who are having such serious problems at this time. We miss each of those unable to come to our meetings!

John Gillio, thank you for making the polenta for our October meeting! Joyce and Phil Robba, Robyn Schlice, and Noreen Gillio, thank you for the Halloween themed dinner and decorations.

Our current project is our Monte Carlo night

on October 29, which we are hosting in conjunction with the Fil-Ams of our parish and the Knights of Columbus. Joyce Robba and Pat Cordich have generously volunteered to chair the event. We have planned Halloween activities for the youngsters.

Our branch thanks Mary Ridi for filling-in at our September meeting for our president, Mike Nunziata, who has been sick.

With thoughts of our many ill friends and thanks for all the blessings we have received, we think of Ed Wendler’s formula, JOY, J for Jesus, O for others, and Y for yourself, when we need joy in our lives.

Wishing you joy and love on Thanksgiving Day

Judy Zahn

San Jose

St. Martin of Tours, Br. 391

Congratulations to our 2017 officers, who were re-elected at our October meeting: President-Mike Rossi; First Vice President-Marcie Rossi; Second Vice President- Doug Schenk; Secretary-Louise Vento; Financial Secretary -Tina Rossi; Orator-Sister Jane Garrison; Trustees -Susan Busco, Donna Rossi, and Russ Vento; and Sentinel-Linda Ochinero. We continue to thank you for service to our branch.

Thank you to Al and Diana Vallorz for the wonderful lasagna/sausage dinner that was enjoyed by all at our October meeting held at St. Clare’s Hall. Thank you to our servers as well. We thank St. Clare’s for the use of their hall during the remodeling of our kitchen at St. Martin’s. We may be back at St. Clare’s in November if remodeling is unfinished.

Louise Vento presented an informative Heritage Report on Christopher Columbus, a native of Genoa. Don’t forget to contact Louise for your copy of our ICF 2017 calendars.

Save the Dates: In November, our ICF members will be assisting in the First Communion dinner. On November 13, there will be a pilgrimage at St. Frances Cabrini beginning at 10:45 am. Our annual Christmas Party is scheduled for December 6 at St. Martin’s. The Central Council is starting a fundraising campaign for the Italian Earthquake Victims.

Congratulations to Julia O’Brien for receiving our third-year scholarship award.

We truly thank Bianca Vallorz for her great work on the Bollettino.

We pray for our deceased member, Al Mendence, who was St. Martin’s oldest living parishioner and altar boy.

Janis Patellaro

Sunnyvale

Resurrection, Br. 408

Branch 408 hosted the Reception after the first Ecumenical Peace Service on 3 October.

We were joined by a Buddhist Monk, the Mayor of Sunnyvale and the Head of Sunnyvale Public Safety (DPS). The Children of the School created Peace Bookmarks for the Attendees. This event was very moving and Br 408 was pleased to be asked to participate.

The Santa Clara Valley District Bishop’s Day was held at the 11:30 AM Mass on Sunday 16 October and was followed by an Italian Buffet at Mariani’s. Bishop McGrath was very pleased to receive the Burse.

Fr. Noel’s Installation Mass was held just a few short days after the 2016 Bishop’s Day.

We congratulate our new Officers for 2017.

Our October Blood Drive was held on a Saturday and once again on a Saturday - we

struggled for Blood Donors! However, e did recruit one new member – Deacon Mike Haas – Good work Patricia. Thank you for your Prayers and Support. We look forward to our next Mobile Blood Drive – the last drive of 2016 - on Sunday 4 December . Please Pray for donors.

Remember to include our sick members in your prayers - especially for John Parker’s wife Barbara, Betty DeVille, Donna DeFrancisi, Paul Blefari, and Edith Novak.

Morgan Hill

Santa Caterina D’ Alessandria, Br. 435

For our Sept. dinner meeting we were fortunate to have Joan and Rich Della Maggiore cook our fabulous and delicious dinner. We feasted on lamb Osso Buco, rice and spinach. We also enjoyed wonderful assorted appetizers. They served salami, cheese, bread and garlic olives. For dessert we had different ice creams and melons. A big THANK YOU to the helpers in the kitchen. They were Peter Cassidy, Angela Estrela and Josie Talamo. Some of the Della Maggiore’s family were also there to help. It was a treat having our food brought to our tables. Thank you Joan and Rich for a remarkable and yummy dinner.

Denise Campagna spoke to us about the I.C.F convention. She informed us it was a great convention and thanked us for sending her and Sal as our delegates. Denise and Sal have been attending these conventions for over 30 years.

Our branch welcomes some new members. They are Angela Estrela, Maria Hitchcock, Vee Hudson and Marie Lamb.

Ken Ravizza is on his way of recovery from his injury.

Peace and God bless.

Donna Basilin

Santa Rosa

Napa

San Giuseppe, Br. 12

Eleven members attended Bishop’s Day at St. Eugene’s on Sunday, September 18.

Our delegates, Angela Vidaurreta and Juliann Fontana really enjoyed the Convention in Fresno. There was a lot of good information given at the workshops to bring back to our Branch.

Our next meeting will be October 3rd which will be at Filippi’s Restaurant. Nomination and election of officers will be held.

The next Officer’s Meeting will be October 17. At that time we will work up a calendar of events and a budget.

Ciao,

Juliann

Cloverdale

L’Annunciata, Br. 75

We met briefly in August to enjoy “build your own ice cream sundaes” hostessed by Barbara Covello. We appreciated her resilience in doing this having just lost her husband, branch member, Don Covello, at the end of July. Thank you, Barbara, for your spirit and commitment and we are so sorry for your loss. Don was very special to us.

September’s meeting hosted by Raul and Kathy Arreguin was a “build your own deli sandwich” night....great fun! It was followed by an enthusiastic convention report from our branch president trying to pass the spirit of Fresno Convention on to the branch! She reported that the venue was nice, the events

were entertaining, and the presentations were inspiring.

Our branch has recently committed to hosting a coffee social once a month after the 9:30 a.m. Mass. We’ve done it twice and both times it was pleasant with people meeting each other and engaging in animated conversations, creating deeper bonds. It’s also a wonderful time to invite parishioners to join our branch!

October’s meeting will be a no-host Harvest Celebration with branch members bringing in their favorite dishes.

Arcata

St. Mary, Br. 144

A special mass for deceased past members was conducted by Fr. Bala prior to our regular meeting. Judy Cardoza opened the regular meeting with the regular procedures. Fr. Bala introduced the new priest joining our parish, Fr. Francis; he gave a short introduction to his background and experience. He was well received.

Correspondence included thank yous from scholarship winners in our membership. Paula Proctor updated progress on the Women’s Retreat scheduled for Nov. 5 by Sister Christine Hilliard. She will be heading this event. Hope women will be able to take advantage of this opportunity.

Judy gave a short report of the State Convention held in Fresno with a variety of topics. Certificates of accomplishments were awarded for Retention of Membership and Apostolate/Charity Awards. Good Job!

Discussion of the September Polenta Dinner was on the agenda. The overall numbers were down, but the dinner went well. Improvements were noted and new ideas were discussed. Cooks did an outstanding job as usual. The next Polenta Dinner is scheduled for February.

Birthdays for October include Wade Delashmutt Jr., Lucille Fraga, Toni Green, Robert Rocha, and Jim Spallino.

Happy Birthdays!!!!

Eureka

St. Ambrose, Br. 145

This month was our Jerry Colivas Scholarship fund raiser dinner. This is our biggest event of the year. The spaghetti sauce “alla Colivas” was delicious as always. Also a big thank you to Jerry Colivas Jr. and Julie Bonino for also having a hand in the sauce as well. Gene Senestraro also helped with the cooking of the spaghetti and serving up each order. Thank you. Our menu was spaghetti, salad, bread and ice cream and homemade biscotti. Thank you Betty Senestraro and Julie Bonino for providing them.

Marian Griffin and Suana Rowell provided many great items for our very successful dutch auction. Thank you!

Our servers were amazing, only three of them covering fourteen tables! Thank you ladies.

Cannot forget Joe Bonino and Ken Griffith who were there everywhere they were needed

Again we were a small crew but we made it happen. This scholarship dinner is an example of how we give back to our community.

Other dates for your calendar are November 5th and 6th, our biscotti sale after mass. Also December 11th for our Christmas brunch after mass. Our next meeting will be on November 8th. Please plan to attend.

Lets remember to give thanks for all of our many blessings,

Nancy Paoli

Santa Rosa

St. Eugene, Br. 198

We are having busy, fruitful times. Our Oct. fundraising dinner served 280 friends polenta and stew by our Chef Steve Costaglio. We did well for our charities. Then came our harvest potluck dinner meeting a few days later. November 7 brings our meeting with a spaghetti and meatball dinner by Bill Scinto followed by our December 5 Christmas Party membership dinner by Chef Tom Saks. We are eating a lot. Thanks to God for our fellowship and blessings.

Happy Thanksgiving and Christmas,

Gene Zingarelli

President

Sebastopol

St. Michael, Br. 209

Our October meeting featured a “Happy October/Halloween Potluck! – Many delicious dishes were enjoyed.

On October 22 our Branch hosted our Annual Ravioli Dinner. Great food and many compliments were received from those in attendance.

Plans are progressing for our upcoming 50th Anniversary Celebration on December 3. Be sure to make your reservations as soon as possible because seating is limited. Should be a festive event and a delicious dinner is planned. Don’t miss it!

Not much other news at this time due to the concentration on the planning of the above-mentioned celebration. Will give you an update in the next article.

Hope everyone had a fun time with your families on Halloween. It is such fun to see the little ones all dressed up when they come to our door.

Upcoming:

November 1 -- Board Meeting

November 8 -- Regular Meeting

December 3 -- Branch 209’s 50th Anniversary Celebration

Happy Thanksgiving to all!!

Ciao,

Lona Bertoli

Stockton

Modesto

St. Stanislaus, Br. 48

Thanks to all our members that baked for the bake sale. It was a very successful bake sale. We always say the sale is after all the masses but we were sold out by 10:00 am.

The convention calendars are here and the members are encouraged to buy one and also help sell the calendars. We get to keep five dollars from each calendar sale.

Branch 48 will be celebrating their 80th anniversary July 8, 2016. Please save the date on your calendars. Details for the dinner will be in the bollettino as the time approaches.

Our branch calendar for the year has been sent in to the parish office for approval.

We encourage our members to attend the district meeting at Tony’s Kitchen. There is always great food and ambiance. It reminds me of my family’s home in Italy.

Mass for our deceased members will be Sunday, November 13, 2016 and December 11, 2016 at the 8:00 am at the Maze Blvd. Church.

Happy Thanksgiving to everyone and their families.

Coming up:

Nov 6 - 1:30 pm District Meeting Br. 139 Tony’s Kitchen

Nov 9 - 7:00 pm Meeting - In the hall at 7th and K Streets, Modesto

Dec 14 - 6:00 pm Christmas Potluck and meeting - Hall at 7 & K Street

Cecelia McGhee

Manteca

Nostra Signora del Buon Viaggio, Br. 139

We heard a report from President Frank Re and First Vice-president Elizabeth Demichelis on their attendance at the very successful Grand Convention held in Fresno in September.

Cards expressing the branch’s sympathy were sent to George Bertuccio and Sharon Cunial, each of whom lost parents recently.

Chairman Marco Galeazzi reported on the success of our Pizza Booth at our parish’s Harvest Festival. As always, it was a busy food booth.

Anna Mello announced that it was time to plan biscotti baking to prepare for our annual sale of the delicious items in time for the Christmas holidays. It has become an important fundraiser for our branch.

We will be hosting the Stockton District meeting on November 6 at Tomy & Ida’s Kitchen, also known as Cucina Queirolo.

Preliminary discussions are now being held concerning our annual “All You Can Eat” shrimp dinner, set for next April. It is a very popular ICF event in Central California.

Before the singing of the Federation Anthem and the meeting adjournment, or Charity Drawing was conducted. The winner was Dino Cunial, who donated the \$100 to the local Veterans of Foreign Wars post.

Ciao,

Mariano

Tracy

St. Bernard, Br. 390

We now have two very successful dinner meetings under our belts for the new season of Branch 390 monthly meetings. September was very exciting with an almost all-time high of well over 100 dinner attendees enjoying ribs, special secret recipe beans, veggies and all the trimmings. Then October brought many more with the Italian chicken, pasta, and more trimmings. We were happy to host some of the Manteca Branch 139 members who traveled to Tracy to join us for the first time.

St. Bernard’s Fall Festival dawned on us with 100+ degree temps so our booth sold pizza and lots and lots of lemon slushes. All funds raised went to support both our church and school.

Thanksgiving dinner will be served at the November meeting, with a food drive included. Everyone who brings food to support our efforts are to be thanked for their generosity. As always, many wonderful raffle prizes will be offered in case anyone wants to start shopping early. We are again serving a turkey dinner, complete with all the homemade trimmings that go along with it - and desserts, desserts, desserts! (Just a reminder, don’t start your diets before this dinner meeting!)

Board nominations are coming up soon - be ready to contribute your ideas for those positions.

Those of you who attended the convention in Fresno are aware that our Stockton district is helping out at next year’s Sacramento event. Let us know if you want to participate by notifying your branch president or officers so we can be a force in attendance next year.

Our condolences to the family of Peter Corrallo, a long-time member of our branch. Many ICF members and friends attended the services for Pete and we ask that you keep his wonderful family in your prayers.

Hope everyone stays healthy for the holidays and always - flu season is approaching so be careful.

Stay well and be happy!

Ciao for now,

Betty Hollars

Stockton

Church of the Presentation, Br. 395

Branch 395 took a couple of months off for the summer (July and August) and resumed meetings in September. In June, the Stockton District hosted a “Night at the Stockton Ports Minor League Baseball.” A good number of our members attended and a great time was had by all. In August the Stockton District had its annual picnic in Escalon with a delicious barbeque steak dinner with all the trimmings. At our September meeting Mary Ann Piana Chapman gave a report on the National Convention. We had two delegates. In September Branch 395 participated in our parish’s Fall Fest by making pasta with pesto for the Ribs and Pesto booth. It was a great success. We are now planning for our 2017 Polenta/Chicken Cacciatore dinner which will be held in February. Branch 395 will host the 2017 Bishop’s Burse in April and we are making plans for that event. Have a happy and safe Halloween!

Upcoming Events:

November 6 – District Meeting

November 10- Branch meeting

December 10 – Annual Christmas Luncheon

We Give Thanks

Our Father in Heaven,
We give thanks for the pleasure
Of gathering together for this occasion.
We give thanks for this food
Prepared by loving hands.
We give thanks for life,
The freedom to enjoy it all
And all other blessings.
As we partake of this food,
We pray for health and strength
To carry on and try to live as You would have us.
This we ask in the name of Christ,
Our Heavenly Father.

– Harry Jewell

Holiday Message For December Bollettino

These are the choices and prices for the ads:

2 1/2" x 2 1/2" (one column square)	\$25
2 1/2" x 5" (vertical or horizontal)	\$35
4" x 5" (horizontal)	\$50
6 1/2" x 5" (horizontal, quarter page)	\$70

To place a message, please send in your ad, either finished or just the text you want, size selection, and your check made out to the I.C.F. (noted Christmas ad), to:

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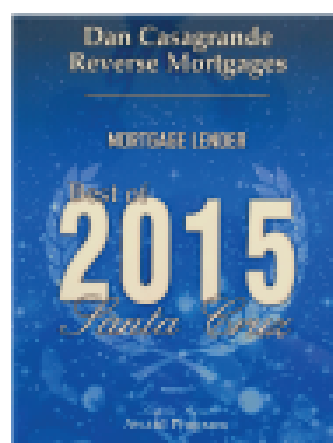


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9. Pay for your children's or grandchildren's college or professional education.
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13. Fill the gap in a retirement plan caused by lower than expected returns on your assets.
14. Pay for short-term in-home care or physical therapy following an accident or medical episode.
15. Pay for a retirement plan, estate plan or a will.
16. Convert a room or basement to a living facility for an aging parent, relative or caregiver.
17. Set up transportation arrangements for when you are no longer comfortable driving.
18. Create a set aside to pay real estate taxes and property insurance.
19. Delay collecting Social Security benefit until payments are maximized.
20. Eliminate credit card debt and avoid building new credit debt.
21. Cover monthly expenses between jobs without utilizing other saved assets.
22. Cover expenses and avoid capital gains tax consequences of selling off other assets.
23. Purchase health-related technology that enables you to live at home alone.
24. Help your adult children through family emergencies.
25. HAVE FUN! Buy a new car, take a dream vacation and enjoy your retirement.

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