



BOLLETTINO



Buona Pasqua!

2011 Convention Theme Announced: With God All Things Are Possible

The 2011 National Italian Catholic Federation Convention will be held in Foster City, California from Friday, September 2, 2011 through Monday, September 5, 2011.

This year's theme is: With God All Things Are Possible

There is only one hotel reserved for the Convention. Your reservation must be received no later than August 16, 2011. After this date, reservations will be accepted at the best available rate based on availability. Group rates are effective three (3) days before and three (3) days after conference dates, subject to availability. Please Note: Guest room reservations may be cancelled



up to 24 hours prior to arrival without penalty. Hotel is a non-smoking hotel.

You can make reservations at: <https://resweb.passkey.com/go/icfed> or by emailing your reservations to Reservations@cpfcc.com. In addition you can call 1-888-233-9527 to make a reservation.

The Crowne Plaza San Mateo/Foster City is located at 1221 Chess Drive, Foster City, California, (650) 570-5700.

The Group Room Rate is \$102.00 for Single/Double Occupancy (Rate is exclusive of 8% occupancy tax and 2% tourism fee).



Inside the Crowne Plaza, Foster City.

Central Council Meeting Minutes Saturday - February 12, 2011 Francesco's Restaurant Oakland, CA.

The meeting was called to order at 10:02am by Grand President Jim Jones.

Opening Prayer: led by Msgr. Daniel Cardelli
Salute to Flag/ICF Pledge: GP Jim Jones.
Roll Call of Officers: CC Members excused - Vince Picciola. CC Members Emeritus - 6 in attendance. Introductions: GP Jim welcomed ICF members and guests from visiting branches.

CC Meeting Minutes: from October 16, 2010 were reviewed and approved as written.

Communications

- Thank you - Lillian Valli for donation to Providenza Fund in memory of husband Past Grand President and Central Council Life Member Richard Valli
- Thank you - CC member Vince Picciola for donation to Providenza Fund in memory of his sister Ersillia

- Thank you - Janice Jones for Get Well gift to Providenza Fund during her recent illness
- Thank you - Joan Delfino for Get Well gift to Providenza Fund for recent surgery
- Thank you - CC Member Emeritus Frances Foglia-Teglia for donation to Providenza Fund for recent knee surgery
- Thank you - to CC for prayers and sympathy on the death of Bishop John T. Steinbock.
- Thank you - Catholic Charities of Fresno for donation in memory of Bishop Steinbock.
- Thank you - CC Forrest Price for donation to Providenza Fund in memory of mother Blanche; survived by 6 children, 13 grandchildren, 17 great grandchildren, 2 great-great grandchildren.
- Thank you - Most Rev. Gerald Kicanas, Bishop of Tucson and Fr. Ricky Ordonez, Vocation Director for Diocese of Tucson for the seminary gift
- Letter - George Descalso, Senior VP

continued on page 7

Grand President's Message

In my article this month, Janice and I want to thank you for your hospitality and for making us feel welcomed at your Installations.

Installing the future leaders of our branches and districts assures me that we are going in the right direction and it makes me extremely optimistic about the future of the Federation.

Thank you to those who put on the Installations. I know that it takes a lot of work organizing this kind of event and I appreciate your efforts.



It was enjoyable attending Mass with many of you and the lunches and dinners were excellent. (They must have been because I gained 10 pounds in the last three months!! Not to fear, I will return to my diet right after Easter. I gave up dieting for Lent.)

Thank you Jane Dianda, Bob Basuino, Andy Pappani, Leonard Zasoski and Bob Acquistapace for covering those Districts I could not attend.

I also want to thank the many Central Council members who traveled to the Installations to attend and support the districts and branches at this important time of the year. I truly appreciate you, your assistance, and your dedication to the Federation.

Please allow me to express my love and appreciation to my travel companion, my wife Janice. In October of last year we experienced a scare that with the help of God and a great Doctor, Janice came through it extremely well. I told her that she didn't have to travel with me this year, but she insisted that she be with me during all the Installations. At the Fresno District, I received a thank you note not only directed toward me but also Janice. At the end of the note it said, "We all know that behind every successful man is a remarkable woman." Truer words were never spoken. Janice is a remarkable woman.

The most important event of our Catholic faith will soon be here; Easter, the celebration of the Resurrection of our Lord Jesus Christ.

Janice and I pray that you have a Blessed and Joyous Easter.

God Bless You.

ICF Sends Prayers to the People of Japan

In light of the recent catastrophic earthquake and Tsunami in Japan please keep the people of Japan in your prayers as they face the daunting task of putting back together their lives and their country.

TIME SENSITIVE: PLEASE DELIVER PROMPTLY!

BOLLETTINO

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Lent: A Happy Pain; A Strengthening of a Friendship

Monsignor Daniel Cardelli
ICF Spiritual Director
ICFspiritDir@aol.com

Who wants pain? Probably no one! But pain of itself can be a good thing. A pain in our side may indicate possible appendicitis or a heart attack or something else.

Pain is an alarm system built into us. It lets us know something is not right. The cause of pain can be minor or serious. We thank God for this. Without pain we would be in deep trouble. We could be seriously ill and not know it.

In Lent we induce voluntary pain. We deprive ourselves of something that is good in itself to strengthen our wills. When we experience doing without something that in itself is good, our wills become stronger. Then, when we are tempted to do something that is bad, it will be easier for us to say "No" because we are already used to saying "No" to something that is good.

There are several kinds of pains that we

can turn into happy pains.

Emotional pain: When we are sad, we can offer that up as a gift to Jesus.

Mental pain: When we worry, we can offer that up as a gift to Jesus.

Physical pain: When we are sick, we can offer that as a gift to Jesus.

Spiritual pain: When we are tempted, we can offer that as a gift to Jesus.

Voluntary pain: When we fast, we can offer that as a gift to Jesus.

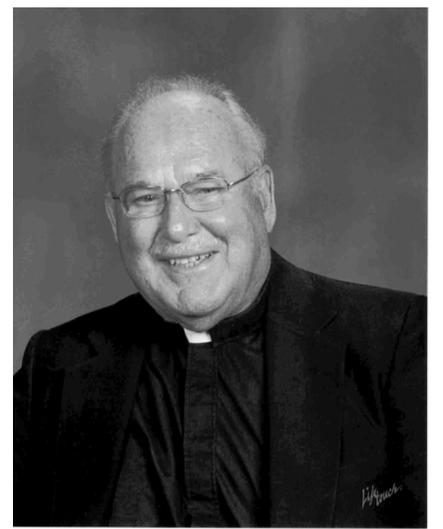
There are several ways to strengthen our friendship with Jesus.

Mass: We strengthen our friendship with Jesus.

Stations of the Cross: We strengthen our friendship with Jesus.

Praying the Rosary: We strengthen our friendship with Jesus.

Silently listening to Jesus: We strengthen our friendship with Jesus.



Meditating on Scriptures: We strengthen our friendship with Jesus.

Giving Alms to the poor: We strengthen our friendship with Jesus.

Comfort the sorrowful: We strengthen our friendship with Jesus.

Visiting or caring for the sick: We strengthen our friendship with Jesus.

Yes, Lent Is A Happy Pain And Filled With Opportunities To Strengthen Our Friendship With Jesus.

UPCOMING:

2011 Bishops' Days:

April 3	Stockton
April 9	Orange
May 1	San Francisco (San Francisco, San Mateo & Marin)
Sept. 18	Las Vegas
Oct. 16	San Jose (Santa Clara Valley) Santa Rosa
Oct. 23	Fresno
Nov. 12	Los Angeles
Nov. 13	Monterey (Central Coast)
Nov. 13	San Diego

June is Member Appreciation Month

Roselyne Jarrett,
Membership Chairperson

The third annual Member Appreciation Month is just around the corner. Has your branch planned something special to celebrate your members? Here are a few suggestions submitted by various branches:

- Special theme, such as Hollywood Awards Night, at the meeting when certificates are distributed
- Free or discounted lunch/dinner for members
- Family night – members invite their families to enjoy refreshments, games and other fun activities
- Go on a special outing (winery, local landmark, museum, golf, casino, ball game, etc).
- Bingo for prizes purchased by the branch
- Pedro or other card game tournament with no entry fee – branch covers the payouts

The goal is that our members feel appreciated and know that they are important to the ICF. Advertise your member appreciation event in your branch newsletter, Bollettino article, ICF postcards, via email, phone tree and announce at your meeting.

Prior to your event, prepare certificates to present to your members. Last year, some branches chose to award certificates to members or families celebrating a milestone anniversary, while other branches chose to present a certificate to each member of the branch regardless of how many years of service they have dedicated to the ICF. Certificate categories to consider are:

- Charter Members
- 100% meeting attendance
- Outstanding committee chairperson,

cook, server, bartender, Bingo caller, etc.

- Top membership recruiter, ticket seller, etc.
- Highlight a special contribution children make to the ICF (participating as a lector, usher or altar server at your branch and district masses, helping at events, etc).
- Remember to acknowledge your Chaplain too!

To make the certificates, create a template on your computer or email the membership committee (membership@icf.org) to have the file sent to you. Print the certificates on certificate paper (available at WalMart, Target or any office supply store) or add a border and print on regular white or colored paper. If a member is not able to be present, consider mailing a certificate to them. This is a great way to reach out to silent members.

The Membership Committee is looking forward to learning about your branch's member appreciation celebration. Please send us photos with a caption and we will post in a future edition of the membership message in the Bollettino. Thank you for all you do for your members...and the ICF!



From The Mother Cabrini Shrine

Every night City Hall was filled with sleeping men, women and children. The city's all powerful aldermen, known as the "gray wolves" sold city contracts under the table as efficiently as Marshall Field sold dry goods.

Will Mother Cabrini help?

To be continued...



High Five!

Top five districts/areas with increased membership (excluding deceased members).

Los Angeles	+22
Contra Costa	+19
San Mateo	+9
Central Coast	+7
Orange	+7

Congratulations to the following districts/areas who also achieved positive membership: Las Vegas, Phoenix, San Gabriel and Santa Rosa.

Membership Stats as of

July 1, 2010:

12,291

New: 530

Reinstated: 10

Transfer in/out: 104

Non-payment: 336

Deceased: 189

Cancelled: 498

Total Membership as of 03/11: 11,808

Dues Are Due

Attention Members: It is not too late to renew your membership. Please submit to your dues to your Branch Financial Secretary. The ICF and our charities appreciate your membership. Thank you!

Heritage Around the ICF

Louise Vento
Heritage Committee

Did you know in the springtime in Italy, people still go out in to the country side to cultivate their own vegetables? They love to look and forge for wild asparagus (bruscandoli), dandelion greens, wild leeks, chives and mushrooms. The best time to pick wild asparagus is in mid March or April after the spring rains. They thrive in a rocky terrain. The plants spread out over the ground and every other year new shoots mature and poke their skinny spears through the earth. You need to protect your hands from the older prickly branches or else your hands will look like you were scratched by a cat. Wild asparagus is good cooked in a frittata or with Gnocchi, olive oil, garlic and



pecorino cheese. In America if we want asparagus we just go to the supermarket.

Did you know that the Province of Agrigento is located along the Southern coast of Sicily? It was originally know as Akragas because the first inhabitants were Greek. It was renamed Agrigentum by the Romans and Kercent by the Arabs. The name was changed to Agrigento in 1927 by the Fascist Benito Mussolini. Throughout the centuries it was destroyed time and time again. A short distance outside of Agrigento is the Valley of the Temples, a major attraction of ancient Greek Temple ruins. Agrigento is well known for its olive and almond orchards. In February each year they celebrate the Almond Blossom Festival. If you visit Agrigento be sure to bring back a piece of pottery depicting the Trinacria, the three-legged symbol of the Sicilian Crest.



MARCH CALENDAR WINNERS

DAY	NAME	BR	CITY	WINS
3/1	Jerry & Ann Thomas		Gardena, CA	\$30
3/2	Norma Steffen	7	So. San Francisco, CA	\$30
3/3	Larry Donnelly		Campbell, CA	\$30
3/4	Kathy Collins		Merced, CA	\$30
3/5	George French	195	Calumet City, IL	\$30
3/6	Virginia Trigg	303	Rancho Mirage, CA	\$30
3/7	Irene Troiano	303	Cathedral City, CA	\$30
3/8	Peg & Bob Coyne	303	Cathedral City, CA	\$30
3/9	Richard Romano		San Francisco, CA	\$30
3/10	Richard Cafferata	52	Healdsburg, CA	\$30
3/11	Lauren Kilcullen	52	Santa Rosa, CA	\$30
3/12	Angelina Guerrieri	14	Crockett, CA	\$30
3/13	Tom Balestreri	229	Chula Vista, CA	\$30
3/14	Mike Zanetell		So. Lake Tahoe, CA	\$30
3/15	Rob Re		San Mateo, CA	\$30
3/16	Hank Triglia	14	Crockett, CA	\$30
3/17	Loretta McCalmont	198	Santa Rosa, CA	\$50
3/18	Jill Long		Martinez, CA	\$30
3/19	Ed Swertfager	281	Bakersfield, CA	\$100
3/20	Maria Kyle	261	San Diego, CA	\$30
3/21	Geri Alves	31	Los Banos, CA	\$30
3/22	Evangeline Scarone	102	Burbank, CA	\$30
3/23	Georgann Chiozza	154	Colfax, CA	\$30
3/24	Phyllis Costabile	96	Westchester, IL	\$30
3/25	Alma Huff		Stockton, CA	\$30
3/26	Mark A. Lewis		Merced, CA	\$30
3/27	Virginia P. Zorio	135	Reno, NV	\$30
3/28	Mr. & Mrs. Mike Oscars		Bakersfield, CA	\$30
3/29	Cecelia McGhee	48	Modesto, CA	\$30
3/30	Antonio Beccari		Bakersfield, CA	\$30
3/31	Doreen O'Rourke	18	Santa Rosa, CA	\$30

SEE THESE FIRST ON OUR WEB SITE: ICF.ORG

Scholarship Focus

Catharina Guidice

School: University of California, Berkeley

Mascot: Bears

Catharina Giudice currently attends the University of California, Berkeley. She is majoring in Molecular and Cell Biology because as she puts it, "I love biology, and doing what I love makes life a constant playtime." She says that she chose Cal "Because no matter what your interests are, there will always be someone that shares the same passions as you."

Catharina appreciates receiving an ICF scholarship because "Besides the obvious fact that having some extra money to start off a new life is always helpful, it also reminded me that hard work and perseverance do bring merit in the end." She reminds us that a scholarship is more than receiving money; it is also about personal achievement and recognition.

Catharina loves the college life and when asked what she likes best about college, she responds, "Everything! The people, the freedom, the freshness of ideas, the diversity of thoughts, the DORMS!"

You can support the ICF scholarship program by encouraging your local branch



to give a whole or partial scholarship to the ICF Scholarship Program. Or you can give a personal donation. To learn more about the program or to donate, please visit <http://www.ICF.org/scholarships.HTML>.

2010 Ways and Means Calendar Needs Contributions

Le Regioni D'Italia

"Le Regioni D'Italia / The Regions of Italy"
Each month, the calendar will feature regions of Italy -
The History, Interesting Highlights, Cuisine, etc.

As a new feature, this year we are offering an opportunity to ICF Members - for a donation of \$10.00 (per name) we will list the names of members, your family or friends in the calendar on their birthdays. The deadline for the names and payment to be sent to the ICF office will be **May 1, 2011**.

The Calendars are a big fundraiser for the Federation and we want to do all we can to encourage members and friends to purchase one with your help.

Mail your list of names with birthdates and a check made payable to the I.C.F. to:

Italian Catholic Federation
8393 Capwell Drive, Suite 110
Oakland, CA 94621

If you have any questions, please call the ICF Office at 1-888-423-1924 or Jim Friebel, Ways and Means Chairperson, at (831) 638-1742.



Sir Luigi & Lady Augusta Providenza Seminary Scholarship Fund Donations*

IN MEMORY OF:

Gino Cimoli
Albert Lippi
Albert Lippi
Josephine Aiello
Mrs. Gloria Sarnicola
Laura Jackson
Angelo Matteucci
Richard Valli
Mary Aiello
Mary Isola
Dina Gherardi
Oreste Bartoli
Clarence Nunes

DONATED BY:

Officers/Members of Br. 50
Officers/Members of Br. 227
Franklyn Lopes, Jr.
Josephine Lucido
Thomas and Lisa Sarnicola
Rosie and Elaine Lencioni
Nello and Cookie Rossi
Rosemarie Gregori
Josephine Lucido
Officers/Members of Br. 20
Officers/Members of Br. 20
Officers/Members of Br. 20
Mrs. Virginia Mirrione

GET WELL WISHES:

Ann Fitzgerald
Anna Friebel
Flora Rogers
Jeanne Spediacci

Jim and Janice Jones
Jim and Janice Jones
Officers/Members of Br. 161
Officers/Members of Br. 290

CONGRATULATIONS:

Reverend Monsignor Eugene O'Donnell Giulia Gallego

*Named after the co-founder of the I.C.F., the Sir Luigi and Lady Augusta Providenza Seminary Scholarship Fund provides I.C.F. members a lasting way to memorialize and/or extend greetings to friends, relatives, and loved ones. Members' donations provide scholarships to seminarians studying for the priesthood in dioceses where the Italian Catholic Federation is located. A monthly Mass is offered for the intention of those listed.

ICF General Fund Donations

Stan and Michelle Diebert
In memory of Michael Rogers

In Loving Memory

Report Date: 03/17/2011

ELIZABETH MORETTI	Branch 019	JOSEPHINE S GAGLIANI	Branch 163
ORESTE BARTOLI	Branch 020	MILDRED GAGLIASSO	Branch 184
MARY DINAGHERARDI	Branch 020	ANITA SERRATO	Branch 186
MARY ISOLA	Branch 020	MINNIE ASTI	Branch 198
ELIZABETH L KIRKSEY	Branch 021	MARTIN DEBENEDETTO	Branch 218
DONNA L MERLOTTI	Branch 021	LUCILLE CAVALLERO	Branch 223
ELEANOR PRATHER	Branch 021	DIANA J CROOKS	Branch 227
ROBERTA P O'MEARA	Branch 027	ALBERT LIPPI	Branch 227
OPAL M IMPRESCIA	Branch 028	MICHAEL PONZA	Branch 227
TERESA DELECCE CAGLIA	Branch 032	GARY SAMPSON	Branch 250
GINO DEVECCHIO	Branch 032	JOSEPHINE CARDELLA	Branch 326
LAURA JACKSON	Branch 032	ANTHONY L SILVA	Branch 343
CONNIE URIZALQUI	Branch 033	ANNA CACCIA	Branch 351
ANNE M ROTTER	Branch 036	EDWARD IACHZIGER	Branch 352
IDA PALADINI	Branch 039	MARY GIUNTA	Branch 358
UMBERTO PETRONI	Branch 039	ANGELO A SIBILANO	Branch 358
ALBINA GIANI	Branch 040	TOSCA MITCHELL	Branch 365
GINO N CIMOLI	Branch 050	EDWIN M FLAGG	Branch 368
JOSEPHINE AIELLO	Branch 072	NANCY BRUNO	Branch 379
MARIE MAIELLO	Branch 072	MARY JANE FERRANTE	Branch 382
GRACE VISCUSO	Branch 072	BARBARA SEARLES	Branch 382
CALLIOPE LAFLEUR	Branch 135	PRIMO J INNOCENTI	Branch 393
MARGARET E MELLO	Branch 139	PHYLLIS I SORICETTI	Branch 419
STEFANO BARNAUDO	Branch 154	PATRICIA ROTOLO	Branch 425
ANGIE FEDERIGHI	Branch 163	FRANCESCO DIFILIPPO	Branch 437

Desferal Camp in Need of Funds

Our Apostolate Charity year began in September 2010 and ends in August 2011. Your support and generosity to our National Charity, Cooley's Anemia, has been overwhelming and I am proud to be associated with this program and with you who support it with your hearts and your fundraisers.

Each year, Oakland Children's Hospital sponsors several activities for the Cooley's Anemia patients which they treat. The hospital has redesigned their program to better fit the needs of patients and families as they deal with changing demographics and an aging population. Due to your generous donations in the past, we have participated as a sponsor for their wonderful programs by donating \$2,500.00. This money is used to help with a Patient BBQ in July and a Teen/Adult Weekend Retreat in the Fall. There are also small gatherings at the Day Hospital for when the children receive blood transfusions. This year we want to con-

tinue our program whereby we offer them support, but we need to once again ask our Districts, Branches and Individual Members to take part and send in donations.

A time of recreation among friends is not something many of these children/young adults or their families can afford and we have the opportunity to help make fun and healthy experiences available to them. Please consider making a donation to help bring these events into their lives.

The deadline for contributions is June 30. Please make your check payable to Italian Catholic Federation, memo it "Children's Hospital Activities Donation" and mail it to the I.C.F. Office, 8393 Capwell Drive, Suite 110, Oakland, CA 94621.

As a reminder, please submit your Apostolate Charity report on or before July 15, 2011.

Thank you.

Scholarship Donations

1st Year Scholarship Donations

Branch 28
Branch 32
Branch 127
Branch 135
Branch 139
Branch 145
Branch 161
Branch 218
Branch 227
Branch 258
Branch 391
Branch 406

Branch 417

Louis and Patricia Cordich
In memory of Cody Anthenian
San Mateo District Council
In memory of Ario Gregori
Santa Rosa District Council
Robert Grassilli
The Albert and Rina Brocchini Family Foundation

2nd Year Scholarship Donations

Branch 32
Branch 139

Cooley's Anemia Donations

Branch 4
Branch 4
Branch 54
Branch 220
Branch 368

Roger and Kathy Santos
In memory of Gary Jones
Officers/Members of Br. 28
In memory of Frances Cefalu
Roger and Kathy Santos
In memory of Frances Cefalu
Officers/Members of Br. 227
In memory of Michael Ponza
Franklyn Lopes, Jr.
In memory of Michael Ponza

Officers/Members of Br. 191
In memory of Josephine Sunseri
Charles P. Gullo, Jr.
In memory of Mae Ferraro
Franklyn Lopes, Jr.
In memory of Pat Keating
Officers/Members of Br. 145
In honor of Bob and Kathy Acquistapace
Officers/Members of Br. 145
In honor of Glenn and Linda Sherman
Richard and Valerie Vote
In memory of Harry M. Rovera

Interested in learning more about the ICF's National Charity, Cooley's Anemia (Thalassemia)?

If your Branch would like members of the Cooley's Anemia Team at Children's Hospital Oakland to come and speak at one of your meetings or special functions, please contact:

Laurice Levine,
Thalassemia Outreach Coordinator
(510) 428-3885 x 5427 or
email: LLevine@mail.cho.org

Cooley's Corner

Prevalence of Thalassemia Around the Globe and Cost of Care

Part Three of a Five Part Series

Laurice Levine, MA, CCLS
Thalassemia Outreach Coordinator
Children's Hospital & Research Center at Oakland

Foreword: An integral part of the Thalassemia Outreach Program at Children's Hospital Oakland is to educate the community. The ICF has generously adopted the Thalassemia Program as their national charity and by popular demand by ICF members, we are doing a Bollettino series on thalassemia. For some of you it may serve to refresh the knowledge that you have already gained and for others, we hope that you find this new information to be of interest. Thank you for reading and thank you for all your support.

Thalassemia is one of the most common genetic diseases of the blood. For a child to be born with Thalassemia in the major form both parents must carry the trait for the disease. Thalassemia trait developed as a protection against malaria, therefore, Thalassemia is common in parts of the world where malaria is prevalent. Thalassemia occurs across the globe, but is most common among the following populations:

- Italy

In Sicily 1 in 8 people carry the Thalassemia trait and in all of Italy 6% of 25,000 people are carriers of some type of Thalassemia

-Greek (1 in 7)

-Asians and Pacific Islanders

-East Indian

-Middle Eastern

-Transcaucasian (Georgian, Armenian, and Azerbaijani)

Worldwide, almost 150 million people (or 2.9% of the population) carry the trait for Thalassemia and approximately 100,000 children are born with severe forms of Thalassemia every year. In the US, 2,000,000 people are estimated to be trait carriers.

Thalassemia affects all parts of the body and thus is a costly disease to maintain. **The total cost per year for standard care approximately \$100,000** or higher if a patient falls ill or requires something like a surgery. At Children's Hospital & Research Center at Oakland all patients are treated, regardless of insurance. Therefore, some of the ICF funds go towards assisting patients who do not have medical insurance or are not covered for certain procedures and medications. Regardless of their ability to pay, all of the thalassemia patients receive a high quality care.

If you have any questions, please feel free to contact Laurice Levine at 510-428-3885 x 5427 or LLevine@mail.cho.org.

In Future Issues:

- The Thalassemia Program at Children's Hospital & Research Center at Oakland and Research Update
- Patient Perspective.

Gifts of Love Gratitude

Committee Meets to Distribute Funds

On March 12, 2010, the members of the Gifts of Love committee met at the Italian Catholic Federation office in Oakland to review applications.

Upon review, the following three applicants have been issued Gifts of Love funding:

Katie Chan has been awarded \$1,800 towards the purchase of a special stroller to help her mother move her around. Katie is 11 years old and has cerebral palsy. The new stroller will help her mom get Katie to and from her physical and occupation therapy appointments, and to various other

activities outside of the house.

Maverick Hanecak has been awarded \$600 to attend Camp Krem, an overnight camp for children with special needs. Maverick has autism and has recently been diagnosed with obsessive compulsive disorder. Camp Krem allows Maverick to sing, dance, do art and crafts all while receiving 1-on-1 care.

Courtney Harrington has been awarded \$1,000 toward medical expenses. Courtney is 20 years old and living with Attention Deficit Disorder (ADD).

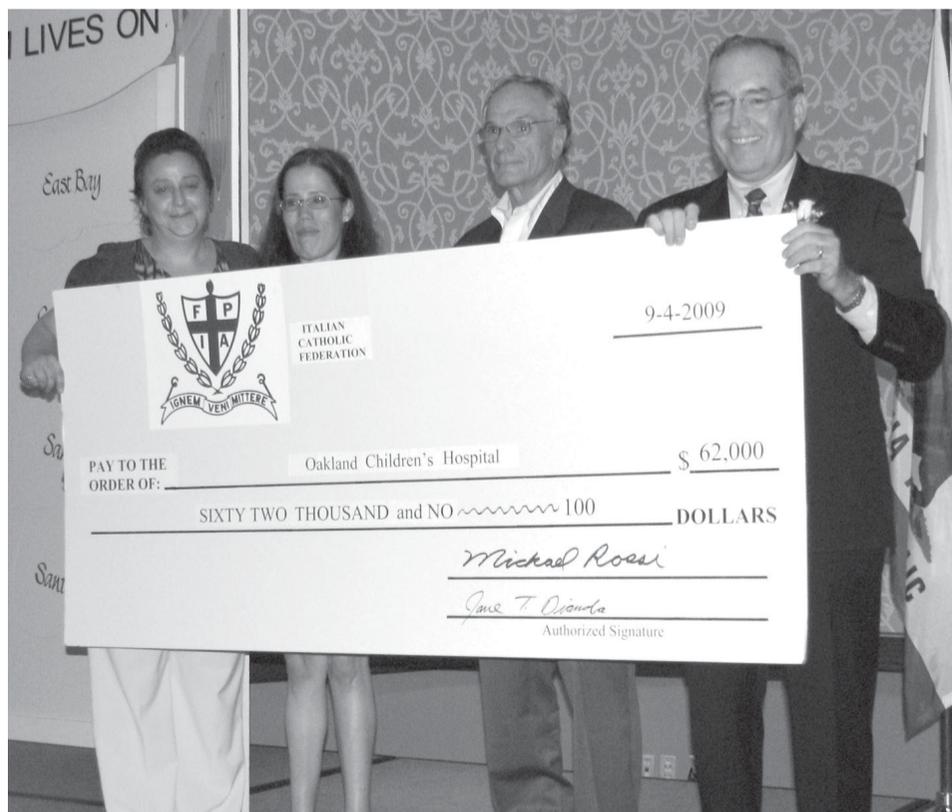
Gifts of Love Donations

Branch 4	Officers/Members of Br. 186
Branch 368	In memory of Anita Serrato
Nickie La Rocca	Harold and Virginia Fuentes
Officers/Members of Br. 435	In memory of Josephine Gagliani
In memory of Larry Gallego	The Millis Family
Mara L. Millis	In honor of the birthday of Steve Crisafi
In memory of William Molnar	

BENVENUTI MEMBRI NUOVI

Report Date: 03/17/2011

RICHARD A BUA	Branch 004	FRANK LAURO	Branch 115
GARY E COSTA	Branch 005	LINDA L LAURO	Branch 115
JUDY HARE	Branch 005	MARIE H DURAN	Branch 139
MARGARET BEHN	Branch 007	ALISE G FURSE	Branch 145
JEANETTE M MITCHELL	Branch 018	FRANK GIACOMINI	Branch 145
LYDIA CLARKE	Branch 021	MARK M LAZZAROTTO	Branch 145
MARIA C LOIACONO	Branch 021	SUANNAM ROWELL	Branch 145
JOSEPHINE A PISTA	Branch 021	ED BIANCHI	Branch 163
JAMES CECILIAN	Branch 028	MARIE BIANCHI	Branch 163
LAUREL CECILIAN	Branch 028	KATHY DEL FANTE	Branch 163
MARIE CAVALIERE	Branch 036	ANGEL B RODRIGUEZ	Branch 191
MICHAEL DI MAGGIO	Branch 036	TERESA M RODRIGUEZ	Branch 191
ANTHONY J RUSSO	Branch 036	TRACY ANDERSON	Branch 209
DONNAR RUSSO	Branch 036	MARY F DUCHSCHER	Branch 227
JUANITA A RUSSO	Branch 036	FRANCESCO MIRAGLIA	Branch 227
KAY A RUSSO	Branch 036	SONIA MIRAGLIA	Branch 227
MICHAEL A RUSSO	Branch 036	BETTY J MASSA	Branch 250
CANDICE A VEGA	Branch 036	MARY MUELLER	Branch 250
SUSAN (SUE) ROBISON	Branch 045	LAURIE A DIGNEO	Branch 258
SCOTT CAVALLO	Branch 052	MARIO T DIGNEO	Branch 258
NANCY E MADARUS	Branch 052	ANDREW K HASEK	Branch 266
SOPHIA J METALLINOS	Branch 052	BRUCE G HASEK	Branch 266
CARMEN PUCCINELLI	Branch 052	JOAN M HASEK	Branch 266
STEVE SELZLE	Branch 052	KENDAL M HASEK	Branch 266
GIANNA VOLPI	Branch 052	REV FRANCISCO HERNANDEZ-GOMEZ	Branch 266
JOHN VOLPI	Branch 052	JUDY DEAN	Branch 281
JOHN D VOLPI	Branch 052	BARRY MATHIS	Branch 281
KATIE S VOLPI	Branch 052	GLORIA J DEAN	Branch 291
REMEDIOS V BALUYUT	Branch 056	CHRISTINA M MUSCARELLA	Branch 291
DANA JARRETT	Branch 072	KATHLEEN SULLIVAN	Branch 291
REV HELMUT RICHTER	Branch 072	CHUCK HERNANDEZ	Branch 326
ASHLEY ROSE	Branch 072	LUCY HERNANDEZ	Branch 326
BAILEY ROSE	Branch 072	RACHEL C GIANUARIO	Branch 327
TAYLOR ROSE	Branch 072	RICHARD C GIANUARIO	Branch 327
NICK RUSSO	Branch 072	NINA BALASSONE	Branch 343
JEANETTE PRESTI	Branch 073	HARVEY D GRASSO	Branch 343
ELIZABETH S BONFIGLI	Branch 103	ANGELA RAGUSA	Branch 362
MAUREEN MIGNACCO-DUTIL	Branch 103	SCOTT RAGUSA	Branch 362
		ROBERTA A GALLEGOS	Branch 368



Support from the ICF makes advancements in patient care possible. (Photo taken at the 2009 Convention.)

BOOK REVIEW VINCE PIRO

ALSO ONLINE AT ICF.ORG

Don't Sing at the Table: Life Lessons from My Grandmothers

Adriana Trigiani

Harper Publishers, 2010. 224 pp.

In *Don't Sing at the Table: Life Lessons from My Grandmothers*, Adriana Trigiani, author of the popular Big Stone Gap series, lovingly portrays the inspirations of her popular novels, her two grandmothers, Viola and Lucia. Trigiani's two Italian-American grandmothers were hard working, no nonsense women, who dealt with life's challenges head-on, but they were also kind and caring women, who left their granddaughter with bits of wisdom on life and love.

In the first part of *Don't Sing from the Table*, Trigiani writes several chapters about the lives of her grandmothers. These portraits provide us with details about their lives and illustrate the values that guided them. Trigiani leads the reader away from the stereotypes that many people have of Italian American women (especially grandmothers) and depicts two women who are complex,



introspective, and independent.

For instance, of Viola, Trigiani writes, "There was a duality in her approach to life, as she ran the factory [of which she was co-owner] and her home on parallel rails. She was a powerhouse in the mill, a taskmaster boss, unyielding in her quest for perfection . . . But as driven as she was at work, she was just as insistent about being feminine: charming interesting, socially engaging, and — the highest dream of all — elegant." Through Trigiani's writing, Viola emerges as a force, determined, committed, and powerful, but she is also always glamorous and graceful. She is not an Italian-American stereotype.

Trigiani's grandmother Lucia (Lucy) is equally compelling. With a life marked by tragedy, she emerges as a survivor, who is also independent and self-sufficient. After her husband dies at a very young age, Lucia

takes over their store-front business and makes a go of it. "Known in her town for 'her can-do common sense and even temperament, Lucy had a place of respect in her community in matters practical and philosophical." Rather than let tragedy break her, Lucia kept her body and soul together, running a successful business while raising a family, "put[ting] all three of her children through college." She earned money "sewing and selling factory-made shoes, including the popular Red Goose brand."

After the initial chapters of the book, *Don't Sing from the Table* focuses on sharing the folk wisdom and advice that Trigiani's grandmothers gave her as she was growing up. Chapters focus on such topics as "Children," "Security," "Sex and Marriage," and "Belief." Regarding one's reputation, Lucy tells her granddaughter, "You only have one reputation. When you're good reputation is gone, it's gone." Her grandmothers also teach her that "Self respect is the most important respect of all." These life lessons are illustrated by Viola and Lucia's lives as they "practice what they preach."

As much as this book is about Trigiani's grandmothers and their wit and wisdom, it is also about the author herself. In her descriptions of her grandmothers we learn much about what the author values. How-

ever, she is often also more direct, relating to the reader her ideas on a variety of subjects. Her chapter on belief focuses on her religious values and represent both her traditional Catholic upbringing and a more modern sense of belief. She writes, "The development of faith and a spiritual life that sustains us is not about [organized] religion; it's something far more personal; it's about cultivating the ability to be still. We must nurture our souls with the same diligence with which we care for our bodies . . ." Of course, her grandmothers are never far behind. She writes later in the chapter, "I learned to be still from my grandmothers. Sometimes they were so busy caring for their families and doing their work, they had to steal a moment to be still. But they did it; they insisted! I found roast beads tucked in their pockets, and prayer cards in their wallets . . ."

Trigiani is best known for her Big Stone Gap series of novels, which follow a cast of characters who live in Big Stone Gap, Virginia. Trigiani was raised in southwest Virginia in a big Italian family. She based her debut novel on her hometown, drawing inspiration from its citizens and her family. *Don't Sing in the Kitchen* gives the reader an insight into this popular author's richest influences, her grandmothers.

La Celebrazione di Gioventù -- The Celebration of Youth How to Say "Happy Easter"

Want to know how to say "Happy Easter" around the world. Here is a list of languages and the translation:

Albanian gëzuar Pashkët

Basque ondo izan Bazko garaian

Breton Pask Seder

Catalan bona Pasqua

Croatian Sretan Uskr

Czech Veselé Velikonoce

Danish God Påske

Dutch Vrolijk Pasen / Zalige paasdagen

Finnish hyvää pääsiäistä

Flemish zalig Pasen

French joyeuses Pâques

Gaelic (Irish) Cáisc Shona Dhuit

Gaelic (Scottish) a' Chàisg sona

Galician boas Pascuas

German frohe Ostern

Hungarian kellemes Húsvéti Ünnepeket

Icelandic gledilega paska

Indonesian Selamat Paskah

Italian buona Pasqua

Latin prospera Pascha sit

Latvian priecīgas Lieldienas

Lithuanian su Šventom Velykom

Norwegian god påske

Polish Wesołych Ćwi't Wielkanocnych

Portuguese Feliz Páscoa

Russian ñ òðàçàéèèñ Ìàñðè

Serbian ñðá•ái Óñèðñ

Sicilian bona Pasqua

Slovenian Vesele velikonoène praznike

Spanish felices Pascuas

Swahili heri kwa sikukuu ya Pasaka

Swedish glad Påsk

Tagalog maligayang pasko ng

pagkabuhay

Thai ÊØçÊÑ'µiÇÑ'ÍÔÊµíÁi

Turkish paskalya bayramýnýz kutlu

olsun

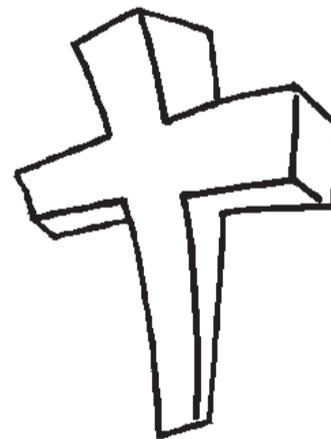
Ukranian Ç Âãèèèîáí'ìè ñâyòàlè

Welsh Pasg Hapu

Easter Word Search

B M A L M H B B K I N G R N R
N O I T C E R R U S E R E O O
A P O S T L E S E Y S C D I O
S E C I F I R C A S H J E T S
N S N A M O R O O R R E M A T
R C D S G T T R I I K S P V E
O Y R A M B C S S V Z U T L R
H L O V E L T E M M A S I A Y
T C R O W N N Y L O H S O S Z
X C R U C I F I X I O N N K Q

APOSTLES
CHRIST
CROSS
CROWN
CRUCIFIXION
HOLY
JESUS
KING
LAMB
LOVE



MARY
REDEMPTION
RESURRECTION
RISEN
ROMANS
ROOSTER
SACRIFICE
SALVATION
SAVIOR
THORNS



SAINTLY STORIES

by Clem DeAmicis

St. Martin de Porres

My research into the lives of the saints has revealed many blacks who led saintly lives and played important roles in the development of the Church. One such person was Martin de Porres, the son of a Spanish nobleman and a black woman.

Martin was born in 1579, in Lima, Peru, a country suffering from the conquest of Pizarro, where 2,000 Spanish ruled over 25,000 Indians and 40,000 blacks. Initially, Martin's father refused to acknowledge him as his illegitimate son because Martin had his mother's features and looked so black. So his father deserted the family, which also included a daughter, and then, either out of shame, regret or conscience, returned a few years later.

As a young child, Martin exhibited a call to holiness. People often referred to him as the "holy Negro." At the age of twelve, Martin was apprenticed as a *cirujano*, a barber who did more than cut hair, but provided the healing arts of a surgeon, doctor and pharmacist. Martin was a success as a healer and became a young folk hero to the blacks and Indians whom he served.

In 1594, Martin decided to broaden his

vocation and his spirituality by embracing the religious life. He chose the Dominican Priory of the Holy Rosary, in Lima, where he requested admittance, not as a priest or a brother. Rather, he was admitted as a *donato*, a lay servant and assigned, at his request, to the lowest tasks in the house. It would be years before he would become a professed lay-brother.

At the priory, he gracefully accepted barbs and insults to his mixed nativity and illegitimacy. He wore a hair shirt and an iron chain around his waist and fasted continuously on bread and water. He was considered the most edifying of lay servants, constantly manifesting the virtues of humility, perfect obedience, poverty and chastity.

Because of his skill as a barber/doctor, Martin was appointed as major infirmarian, a position in which he flourished, since he considered physical health essential to spiritual growth. He personally treated each of his patients; he not only visited the sick daily, but he bathed them and changed their linens. Soon, he extended his care of the sick to the city. Martin did not wait for patients to seek him out. With a sack full of medical supplies and food, he walked the city streets searching for the sick and the needy. After tending to their medical needs, he instructed them in religion; he understood how important it was to address the whole person. However, not everyone accepted his help, especially some of the noble families that had fallen on hard times. They chose to go without food or medical aid than to accept help from a mulatto. Therefore, Martin arranged for someone else to tend to them.



His assignment to distribute daily alms of food to the poor allowed him to take on the personal care of many slaves brought to Peru from Africa. He also sought out and helped newly-arrived immigrants who needed jobs and lodging, by housing them in a supply room. When his charges became too numerous for the space available, he set them up at his sister's home. It was Martin's thesis that helping the poor was not the job of an institution; rather, it was the personal responsibility of one human for another. As a result, many miraculous cures were attributed to Martin. However, he never took credit for them. God, he explained, was the real curative power.

During his time, he was instrumental in establishing an orphanage, a school and a foundling-hospital. One of his institutions, the Collegio de Santa Cruz, still exists and shelters children in Lima today.

Martin's charity was not limited to human beings, but extended to the many wounded, sick and hungry animals that came

his way. He cared for them as he would a person in need, believing that all life, whether human, animal, insect or otherwise, was sacred.

The most difficult trial for Martin was his growing fame. People sought him out, followed him about the city streets and even spied on him in prayer, hoping to see him in ecstasy at his special nook where he gazed at the tabernacle. The inordinate public attention made Martin uneasy and uncomfortable. He was especially disturbed by the incongruity that those who had originally despised him because he was a mulatto, now sought him out and asked his advice.

This truly humble person, whose principal claim to sainthood was the great purity of his life and his love of all people, was a close confidant of St. Rose of Lima and of Blessed John Massias.

In 1639, he predicted his own death. Sick with fever, he died with his Dominican brothers around his bed chanting the Creed and the Salve Regina. He was carried to his grave by a long procession of prelates and noblemen.

Martin de Porres was beatified in 1837 and canonized by Pope John XXII in 1962. His feast day is November 3rd and he has been designated as the patron of interracial and social justice. In a very special way, he is the patron of all Negroes. He is often depicted with animals or carrying a broom, a symbol of the lowly status he requested when he entered the religious life.

Please refer any comments and suggestions to: DeAmicis@Pacbell.net

CC Minutes

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Andreini Co. regarding ICF liability claims

- Invitation – Oakland District Bishop's Day on Feb. 26th in Pittsburg at 10:30 am
- Invitation – Fresno District 2nd Annual Bocce Tournament on May 7th
- Letter – CSU Long Beach celebration on Mar. 23rd at Graziadio Center for Italian Studies
- Letter – Vince Picciola to propose a 1st year scholarship in honor of PGP Richard Valli

Reports

Spiritual Director – Msgr. Daniel Cardelli

- Msgr. Cardelli expressed his admiration with the zeal and loyalty of the members of the ICF. He stated how proud he is to be part of the Federation.

Grand President – Jim Jones

- Attended the following Installations: Central Coast in Capitola, Tucson combined w/Bishop's Day, San Gabriel, Los Angeles, Phoenix area in Surprise, Contra Costa, Santa Rosa in Sebastopol and Las Vegas
- Jane Dianda covered San Mateo and East Bay Installations, Bob Basuino attended in San Bernardino, Andy Pappani in Santa Barbara/Ventura. Bob Acquistapace attended the Installation in Eureka and Leonard Zasoski in San Diego.
- Upcoming Installations include: Feb. 15 - Larkspur/Marin, Feb. 19 - Blessed Sacrament, Feb. 27 – Fresno, and Chicago on Mar. 24. GP Jim will also attend Bishop's Day in Chicago on Mar. 27

- Jane to attend Oakland District Bishop's Day and Bob Basuino to attend Orange District Installations on Feb. 26

- Attended Committee meetings for: Finance, Convention Director's, Heritage, Task Force and Public Relations

Grand Treasurer – George Bacigalupi

- Reviewed General Fund Budget for 2010- 2011; draft has several omissions; entries not complete. An update will be sent to CC members when postings have been made.
- Reviewed Budget/Finances for January 2011
- George stated that the signers on our bank accounts have been updated and out-of-date information has been deleted.

Deputy Chairperson – Jane Dianda

- Br. 143 North Hills – has voted to close; sent out official ballot to each member of the branch. This was a successful way of doing closure
- Br. 286 Alhambra – no officers, 6 members in attendance; branch wants to close. Ballots will be sent out in the same way as Br. 143 was handled.
- Br. 11 Oakland – with help of District Deputy Pat Mueller, letters were sent to each member and a meeting was held to nominate and elect officers for the upcoming year. Paul Loscavio elected Branch President; branch moving to St. Margaret Mary Church in Oakland. Most offices filled and the pastor is thrilled to have this branch at his parish.
- Br. 20 San Francisco – branch considering closing or merging with another branch. Branch President Barbara Buttering sent a letter to each member to get their feelings; will be following up with Barbara

next week on how to proceed.

- Br. 163 Burlingame – District Deputy Bob Tomasello stated no one is willing to take offices of President, 1st Vice or 2nd Vice President. Attended January meeting; met with Branch President Harold Fuentes to discuss concerns. Harold has agreed to retain his office as have two other officers; will work with Harold and Bob for future officers.

- Phone calls have been received with concerns about proper procedures for nominations and elections of branch officers; issues resolved by allowing them to voice concerns.

- Central Coast District Deputy - appointed Sarah Jane Amoroso, effective Jan. 1, 2011.

- In-Touch newsletter for January has been received by the District Deputies.

Field Operations Director – Louis Mages

- Reviewed day-to-day work with branches and contacts
- Reported on prospects for new branches, especially: El Dorado Hills and Roseville in the Blessed Sacrament District
- Contacted Joe Donato in Las Vegas; Bishop is anxious to open several branches
- Working to keep open troubled branches and retain members of closing branches
- Theresa Helfand spoke about starting a new branch in Chicago – church that once had a branch is interested; pastor seems very excited and willing

Committee Reports

Apostolate/Charity – Theresa Helfand

- Committee thanked Vince Piro for artwork on Cooley's Anemia on ICF website
- Committee would like to increase knowledge among members about the Gifts of Love and Providenza Fund programs
- Day of Recollection/Retreat in Chicago on July 15 – Feast Day of Mother Cabrini

By-Laws and Rituals – Leonard Rossi

- Committee met a couple weeks ago to discuss proposals, including; dual membership, financial obligations and ability to serve and convention delegate, etc.
- Mission statement should be included in both the ritual and bylaw books
- Discussed the consistency of the title of chairperson of Deputy program
- Discussed when member is eligible to utilize rights of the ICF, such as voting privileges

- Msgr. Cardelli has made suggestions for Membership Application and will be submitted to the Executive Committee for approval

- Bylaw proposals and changes will be presented at June CC meeting

Convention Directors – Steven Fuentes

- Thanks to Los Angeles District for a wonderful convention; reviewed 2010 surveys
- Met w/ hotel director in Foster City for upcoming convention
- Reviewed 2010 Convention Budget
- Theme for 2011 Convention is "With God, All Things Are Possible"
- Business ad rates for souvenir books will remain the same; branch/district will in-

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crease

Finance – George Bacigalupi

- No further report (refer to Grand Treasurer's Report)

Gifts of Love – Andy Pappani

- Reviewed Report for Jan 2010-2011; balance to date is \$30,162.98
- Committee met Nov. 27, 2010: 22 applications, 13 rejected, 9 awarded
- Next meeting will be on March 12th at 10 am at the office

Heritage – Vince Piro

- Sutter Creek Parade on June 5th – need CC members to attend
- Santa Rosalia Festival, LA San Gennaro and Morgan Hill Italian Festival in September
- San Jose Giants Italian Night in August
- Checking into San Diego Festival in Little Italy
- Lincoln Italian Festival May 20-21st; committee members will research further
- Annual Heritage reports will be due on June 30th; using the same format as last year
- Hoping to complete archiving pictures in the next couple of years
- Bi-monthly Heritage online newsletter featuring history of Italy
- Interviewing those who worked with Sir Luigi Providenza to include on DVD of ICF

Hospitalization – Deborah Rodondi

- Dec. 31, 2010 – 576 active members; assets as of Jan. 21, 2011 are \$850K. Accumulated gains from 12-31-02 to 12-31-10 are

\$312,105.00.

- Per the memorandum dated 10-13-08; allowing transfer of funds for benefit of \$30,000 (3.53%) to general fund to cover current deficit. The motion passed.

Membership – Roselynn Jarrett

- Asking committee members to write Bollettino articles for membership
- Researched options for new ICF placemats; cost is too excessive
- More branches/districts exploring idea of a youth program
- In touch with Arizona branches; will be visiting first weekend in March. They want more guidance in how to present membership drive.
- Membership postcards with “exit interview” and separate postcard to appoint chairperson, set goals, etc. sent to branches. 21 postcards have been received as of today.
- Working to redesign the membership brochure

Public Relations – Leonard Zasoski

- Convention Awards – need more applicants. Due date falls on Sunday this year.
- Want to try having an audio conference meeting to save cost and time
- Bollettino – color on back page is no additional charge; sold advertisement at \$2000 for the year. Only 1 handwritten submission for this last issue; branch articles increased to a 250 word maximum. This restriction will be strictly adhered to. Looking into having the option of having the Bollettino sent electronically to members in near future.
- Website – trying to get all forms online, including financial reports, finished by summer.

Scholarship – Dante Galeazzi

- Santa Rosa awarded \$12,000 and Santa Clara Valley awarded almost \$11,000 in 2010
- April 16 will be judging 1st year scholarships
- Improvements made on scholarship applications
- Need to have 2nd, 3rd, 4th year applications available online

Task Force – Michael Rossi

- Charged with developing a strategic plan for the ICF – have met with a professional strategic planner. He gave a good presentation and proposal; this seems to be valuable, but the one proposal is not enough. Looking at the value of the organization, vision and mission statement, goals and objectives, data collection and analysis, etc.
- January meeting was held by teleconference; very successful 75 minute meeting. Recommendation that ICF get a service that all committees can use.

Ways and Means – James Friebe

- Calendar theme this year is “Regions of Italy”. 2013 calendars were sold; monies for 130 birthdays have been sold.
- Golf Tournament – Friday, July 29th: A bus trip on the day of the Golf Tournament was suggested. Also, for those who bring in several golfers, a discount or play free.
- Seminary Night – June 18th in Monterey at San Carlos Hall

Workshop – Bob Basuino

- Working to set up a workshop in the San Mateo District

Unfinished Business**New Business**

- Election of Life Member

- Bob Basuino nominated by Jane Dianda and elected
- Election of Central Council Member
- Pat Mages nominated by Michael Rossi and elected
- Maria Tollefson nominated by Roselynn Jarrett
- 1st Year Scholarship in memory of Richard Valli
- Proposal in absentia by Vince Picciola to have 1st year scholarship in memory of Richard Valli for this year; seconded by Bob Basuino. Monies would come from the general fund. Debbie Rodondi/David Botta amended the motion to include Ario Gregori and monies would be taken from \$10,000 earmarked for scholarships. Friendly amendment by Steven Fuentes/Roselynn Jarrett that we give two \$1000 4th year scholarships in memory of Richard Valli and Ario Gregori; amendment and motion carried.

Action on Communications**Good of the Order**

- Prayers for Fran Foglia-Teglia, who fell and injured her recent knee replacement
- Tickets still available for Contra Costa District Bishop's Day on Feb. 26th
- Nello Rossi – discussed issues within his district
- Thank you from Leonard Rossi for all the prayers and concern from the Valli family
- July 10th – Br. 390 Tracy celebrating their branch anniversary

Closing Prayer was led by GS Nina Malone and adjourned at 3:03 pm.

*Respectfully submitted,
Nina Malone
Grand Secretary*