On Sunday, October 9, 2016, the Italian Catholic Federation was well represented at the San Francisco Heritage Parade. I want to personally thank Grand President Leonard Zasoski, Jr. and his wife BG Zasoski for driving the trailer up from Bakersfield to San Francisco, which provided us with our parade float.

On Saturday, October 8 at 9:30am, Bob Basuino, Donna Pfaff, Russ & Louise Vento, “Mom” Marie Antonowicz, Michelle Antonowicz and myself, gathered on Pier 54 and worked together to build our entry into the parade.

At 5:30am the next morning, Mom and I were at Pier 54 to check on the float and wait for our Sunday group to arrive. Our parade group, Russ and Louise, Jo-Ann Maggiora Donivan, Franklyn Lopes, Jr., BG and Leonard, Michelle, Germaine, Mom and I rode on the float through the streets of Fisherman’s Wharf, Chinatown and finally Little Italy. It was a beautiful day, we had a great time and our ICF received great recognition.

Next year, we will again be representing the ICF in this parade of more than 100 entries. Save the Date for next year – Sunday, October 8, 2017!

There have been some exciting changes to the Cooley’s Anemia (Thalassemia) program! As you all know, Cooley’s Anemia has been the ICF’s national charity since 1984. After many important discussions and due diligence, the ICF Central Council voted at its June meeting to continue to support Cooley’s Anemia as the national charity but to move the funds to support the Thalassemia program at Children’s Hospital Los Angeles (CHLA), which is run by Dr. Thomas Coates.

The primary factor that facilitated this change was that Laurice Levine, who has been the spokesperson for the thalassemia program since 1999, transferred her specialty care from Children’s Hospital Oakland (CHO) to CHLA and will consult with Dr. Coates annually. Her routine care continues to be in Seattle and managed by Dr. Sioban Keel at the Seattle Cancer Care Alliance. This change also came after much thought and consideration but has proven to be the right decision as she continues to thrive.

More about Thomas D. Coates, MD:
Thomas Coates, MD, is the Section Head of Hematology in the division of Hematology/Oncology at CHLA and principal investigator at the Saban Research Institute. Dr. Coates’ interests are thalassemia, sickle cell disease, disorders of neutrophil development, and research. His work has been published in over 100 peer-reviewed manuscripts. He is a member of the Seattle Children’s Research Institute and the American Society of Hematology. He is on the board of the Seattle Cancer Care Alliance.

As I am writing this article, knowing that the Thanksgiving holiday will soon be upon us, I am reminded of how precious life is. We don’t know when someone will become ill, lose their job, become disabled or have tragedy occur in their life. We seem to become so wrapped up in everyday living that we tend to forget all that is good upon us, I am reminded of how precious life is. We don’t know when someone will become ill, lose their job, become disabled or have tragedy occur in their life. We seem to become so wrapped up in everyday living that we tend to forget all that is good

continued on page 4

continued on page 2
Taking the Time to be Thankful

Monsignor Daniel Cardelli
ICF Spiritual Director
ICFSpiritDir@aol.com

Our country celebrates Thanksgiving as a Federal Holiday. In 1621, the Plymouth colonists and some Native Americans shared an autumn harvest feast that is acknowledged today as one of the first Thanksgiving celebrations in the colonies. In 1863, President Abraham Lincoln proclaimed Thanksgiving Day as a national holiday to be celebrated in November.

Today, we give thanks to God for all that we have. There are many gifts for which we are thankful.

1. For our life, our consciousness of ourselves as an individual person. No one in the past, in the present or in the future possesses that experience of ourselves as a conscious person. We are, therefore, unique.

2. For our family, those we love and those who love us. Remember celebrating Thanksgiving at Nona’s (Grandmother’s) house? Lots of food, the turkey, stuffing, pasta, vegetables, mashed potatoes, pumpkin pie and in some cases Jell-O salad. And, oh yes, the kids’ table!

3. For our Faith, the privilege to know God, to serve Him in this world and to be happy with Him in the next. To receive Holy Communion is the greatest privilege of all.

4. For our Country, to live in a country that cherishes freedom of speech, freedom of religion and freedom of the press. Yes, a country where a person can be innocent until proven guilty rather than guilty until proven innocent.

These are a few of the many gifts for which we are especially thankful. There are still many more that we can add to this list. Some are special to us, as individuals, such as love for a person, an organization, a group, a mentor, a special friend.

We thank God, we praise Him, and we love Him with all our hearts. Happy and Blessed Thanksgiving to all!

Grand President
continued from page 1

Going on around us. We have all heard the term “stop and smell the roses.” I feel that daily we need to stop, or at least pause, for a moment and thank the Lord for all that is good in our lives. Even in times of tragedy, there is always something to be thankful for. We just need to open our minds and hearts and see beyond the immediate.

I would ask all members of the Federation to stop or pause for a moment each day and reflect on the good in your life and you will be amazed at how much better you will feel.

I would like to take this opportunity to wish you and your family a Happy and Blessed Thanksgiving.

Leonard Zasoski, Jr.

Relief Fund Established for the Earthquake in Italy

On August 24, 2016 an earthquake, measuring 6.2, hit Central Italy. Its epicenter was close to Accumoli, in an area near the borders of the Umbria, Lazio, Abruzzo and Marche regions.

The Federation has started a relief fund for the people who were devastated by the earthquake in Italy. $2,500 has already been donated from the Central Council funds. We encourage all Branches and Districts to donate to this relief fund.

Please send your donation to: Italian Catholic Federation, 8393 Capwell Drive, Suite 110, Oakland, CA 94621. Please make all checks payable to the Italian Catholic Federation and write Italy Earthquake Relief on the memo line. We will in turn gather all donations and send one check to Catholic Relief Services. The deadline for donations is December 31.

Thank you for your generosity. Please continue to pray for those who were impacted by this terrible disaster.

High Five! and Membership Stats will return next month.

Thank you!
BOOK REVIEW

Vince Piro
Grand 2nd Vice President
Branch 39, Merced

Italian Diabetes Cookbook: Delicious and Healthful Dishes from Venice to Sicily and Beyond by Amy Riolo, American Diabetes Association, 2015. 226 pp.


At this year’s ICF annual convention, I was approached by a member who urged me to review some Italian cookbooks that were written for those who have special dietary needs. (She politely approached me as I was earnestly munching on a hamburger and French fries.) She noted that many of our members probably have special dietary needs but find it difficult to find cookbooks that fit their special diets. Here are a few cookbooks (along with publisher descriptions) that offer recipes for those with special diets. All these books can be found at online booksellers and your local bookstore. Buon appetito!

1. Italian Diabetes Cookbook: Delicious and Healthful Dishes from Venice to Sicily and Beyond

“Contrary to popular belief, Italian food is the perfect cuisine for those looking for heart healthy and diabetes-friendly dishes. Real Italian food, that is, which is healthful, delicious, and the most popular cuisine in the world. At its core, classic Italian cuisine is all about preparing fresh ingredients like fruits and vegetables, whole grains, beans, legumes, dairy, seafood, and poultry in time-honored techniques that preserve both tradition and flavor. In the Italian Diabetes Cookbook, award-winning author Amy Riolo looks to honor this tradition with 150 easy-to-prepare, satisfying, and robust Italian dishes that can be enjoyed by the whole family — while helping fine food lovers everywhere achieve their health goals.

Inspiration for this book came to Amy when she visited her ancestral hometown of Crotone, Italy, for the first time. Each recipe includes notes on the history and cultural importance of each dish, and most contain wine pairings — an essential part of any authentic Italian meal! Highlights include: Ricotta, Grilled Eggplant, and Fresh Mint Bruschetta; Whole-Wheat Ziti with Goat Ragù; Swordfish with Olives, Capers, Herbs, and Tomatoes; Red Pepper, Yellow Tomato, and Artichoke Salad; Espresso Panna Cotta; and many more!”

2. Now Eat This! Italian: Favorite Dishes from the Real Mamas of Italy—All Under 350 Calories. “Weight-conscious food lovers no longer need to deprive themselves of the ever-popular cuisine of Italy. Award-winning celebrity chef and #1 New York Times bestselling author Rocco DiSpirito’s latest Now Eat This! book is the solution.

In his signature style, DiSpirito has recreated 100 classic Italian recipes to be healthy and low in calories and fat-yet still full of flavor. After travelling to Italy and perfecting the dishes side-by-side with the chefs who make them best-the Italian mamas-he offers sinful pastas, sauces, and desserts you never thought you could eat while keeping healthy, including: Spaghetti with My Mama’s Meatballs, Mozzarella en Carozza, Chicken Parmigiana, Hand-Torn Pasta alla Bolognese, Sausage and Peppers, Classic Cannoli, Chocolate and Hazelnut Espresso Budino, and much more!

3. Chloe’s Vegan Italian Kitchen: 150 Pizzas, Pastas, Pesto, Risottos, & Lots of Creamy Italian Classics. “Popular vegan chef and winner of the Food Network’s Cupcake Wars” Chloe’s Kitchen and Chloe’s Vegan Desserts, Chef Chloe goes to her family’s homeland to veganize its time-honored delicacies—and add some distinctively delicious twists.

Sputnump mains like Butternut Ravioli with Brown Sugar and Crispy Sage and Red Wine Seitain on Ciabatta let you show off your kitchen skills, and her inventive pizza creations include Crumbled “Sausage” and “Mozzarella” Pizza as well as Butternut Squash, Carmalized Onion, and Apple Pizza. And vegans can once again enjoy comfort favorites with Chloe’s Potato Gnocchi, Lasagna Bolognese, and Eggplant Parmesan. Known for her surprising twists on favorite dishes, Chloe’s got your classics covered with Chocolate-Dipped Almond Biscotti and Italian Wedding Cake, and she turns up the dial with new delights like Mint Chip Gelato Sandwiches, Banana Coffee Cupcakes, and Pomegranate Mint Italian Soda—sure to win over omnivores, vegetarians, and vegans alike. Chloe also includes directions for making her recipes allergy- and gluten-free so that you can feast on all your favorite foods, no matter your diet.”

HALF-Page Calendar Winners: 10/1-10/31

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<th>DAY</th>
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<td>Gerry Crema</td>
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<td>10/30</td>
<td>Vince Veneziano</td>
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Holiday Message

For December Bollettino

As you know, many Individuals, Districts and Branches traditionally place Christmas and New Year’s messages in the December issue of the Bollettino. These can be sent in, already designed and sized, or the text may be faxed or emailed and we will create the design. The deadline is November 10.

These are the choices and prices for the ads:

2 1/2” x 2 1/2” (one column square) $25

2 1/2” x 5” (vertical or horizontal) $35

4” x 5” (horizontal) $50

6 1/2” x 5” (horizontal, quarter page) $70

To place a message, please send in your ad, either finished or just the text you want, size selection, and your check made out to the I.C.F. (noted Christmas ad), to:

Italian Catholic Federation
8393 Capwell Drive, Suite 110
Oakland, CA 94621

Attention: Bollettino

Please send e-mails to info@icf.org and the fax number is (510) 633-9758.
**Cooley’s Anemia continued from page 1**

function and number, and iron overload in children and adults. He also directs the CHLA epidermolysis bullosa center.

Dr. Coates attended medical school at University of Michigan Medical School and served his pediatrics internship and residency at Indiana University Medical Center. He also completed his pediatric hematology-oncology fellowship at Indiana University Medical Center. He came to CHLA in 1985 from the James Whitcomb Riley Hospital for Children in Indiana. Dr. Coates was appointed Section Head of Hematology within the Hematology/Oncology Division in 1994 and currently directs the clinical and research activities of a team of five physicians and eight nurse practitioners, as well as social workers and psychologists whose focus is entirely on non-malignant hematology.

**History of the Cooley’s Anemia Program at Children’s Hospital Los Angeles:**

CHLA has long been involved in the diagnosis and management of patients with hemoglobinopathies (blood disorders such as Cooley’s anemia/thalassemia). Dr. Carol Hyman, who retired from the staff of CHLA about four years ago, started managing the hemoglobinopathy patients in the 1950s at Cedars Sinai in Los Angeles. Dr. Hyman was actually the original recipient of ICF funds as its national charity. She began to get referrals of “children” in their fifties to seventies with iron overload related to myelodysplastic syndrome and other rare adult disorders. Knowledge that has been obtained through the management of these patients has been important, and between the two problems turns out to be very applicable to the management of adults with these very serious, life-threatening disorders. The iron overload team at CHLA has been working collaboratively with adult providers around the country, as well as locally, to co-manage these patients so that adults with rare iron overload disorders can have the advantage of expertise from a center with a large amount of iron-overloaded thalassemia patients.

There are currently 160 thalassemia patients being seen at CHLA, making CHLA and CHO the two largest specialty centers in the United States.

Dr. Coates’s team, in conjunction with CAF and funding from the pharmaceutical industry, has site visited other smaller thalassemia centers; run outreach clinics and installed MRI technology in Hawaii; taught local providers how to use this information; and acted as remote consultants to many of the other thalassemia centers in the country for the management of these disorders.

How the ICF Funds Will Be Utilized at CHLA:

The median survival age for thalassemia major in 1975 was about 15 years. Those patients died of heart iron overload. Currently, the calculated median survival age for thalassemia major patient is about 65 years. While this is an incredible improvement, it also exemplifies one of the challenges that all modern children with rare genetic disorders face: while they are now surviving well into adulthood, there are too few adult providers with the special expertise required to manage them. Thalassemia is so rare in the United States that adult providers do not have the opportunity to develop adequate knowledge to provide quality care to patients. To conquer this obstacle, CHLA is developing adult provider co-management networks between adult providers and pediatric specialists so that patients who have survived childhood can continue to have productive, long lives. Of course, parallel to this is the importance of making sure that every patient in the country, whether pediatric or adult, has access to the specialized centers of excellence. There are only about eight major thalassemia centers in the United States. Consequently, patients are managed in smaller community practices, as they do not live close enough to a major center.

As CHLA actively develops this program, it is the hope that it will become a model accepted by insurance providers for management of thalassemia patients. Currently, many insurance companies pay for a pediatric doctor to care for an adult patient. Working through all of the barriers and problems of developing an effective co-management model is very complicated and involves dealing with interpersonal relationships and development of trusting relationships between patients and their family practice doctors, as well as trusting relationships between centers of excellence and community providers. This process also requires close collaboration with participating patient-centered community programs.

CHLA has already been working on this problem actively for several years and has been able to get some philanthropic funding to support and pilot the development of a co-management program. It is Dr. Coates’s hope that funds from the ICF to expand this co-management program; patients’ longevity and their quality of life depends on the success of this endeavor.

Laurice Levine’s Role in Overseeing ICF Funds and Her Involvement at CHLA: After nearly 17 years at CHO, Laurice resigned on July 1, 2016 as Senior Thalassemia Outreach Coordinator. The amount of necessary travel was no longer conducive to her well-being and that of her husband, Matt, and family. (In 2015, her son Benjamin was a long and difficult one, and she does not want to miss out on his childhood. She also felt like it was time for a change.)

Since Laurice has extensive experience with thalassemia management and matters relating to the above-mentioned area, as some of her duties at CHO involved this type of work, Dr. Coates’s intent is to utilize some of the ICF funds to incorporate her into the CHLA adult co-management network team. This funding will also help strengthen CHLA’s already excellent relationship with CAF to enhance this pilot project in Southern California.

There is no funding at CHLA for an outreach coordinator, which was Laurice’s job at CHO, nor would she be able to work at CHLA full time for obvious reasons. However, she plans to continue to be the liaison for the ICF, visiting branches and attending events as she has been doing for the past 17 years. The ICF is Laurice’s passion, and she is grateful to be able to continue this incredible relationship and provide outreach to the ICF community.

Laurice also has a new job as a formal medical consultant for Blue Bird Bio, a biotechnology company located in Cambridge, Massachusetts (also with a lab in Seattle), that conducts research on gene therapy for thalassemia. Laurice has done work with Blue Bird before; during her tenure at CHO and thereafter, most recently this past August, she collaborated with Blue Bird and gave several talks. Now, in addition to working on projects that she is passionate about, Laurice can work from her home in Cambridge, MA and she is beyond grateful for this opportunity.

We hope you are enthusiastic about these changes. This is a time of positive growth for both the ICF and the thalassemia community, and we are confident that the program will continue to thrive. Thank you all for your continued generosity to and support of our national charity.

Feel free to contact Laurice Levine for any questions or to schedule a branch visit: 360-860-2023 LLevine430@aol.com

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**Cooley’s Anemia Donations**

**Donations Received by October 10, 2016**

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<td>Bryan Hickle</td>
<td>Ms. Ruffner</td>
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<td>Mr. and Mrs. Richard Vote</td>
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<td>Mr. Franklin Lopez, Sr.</td>
<td>Liz Grammatico</td>
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**Gifts of Life Donations**

**Donations received by October 10, 2016**

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<tr>
<td>Charles Tapella</td>
<td>Barbara and Warren Petree</td>
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<tr>
<td>(Member of the “Green Spaghetti Club”/St. Francis Band Club)</td>
<td>Officers/Members of Br. 403</td>
</tr>
<tr>
<td>Alma Massolo</td>
<td>Marilyn Aguilar</td>
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<td>Robert Ramonda</td>
<td>John and Kris Kaiser</td>
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<td>Phyllis Dovalos</td>
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<td>Russ and Louise Vento</td>
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<td>Kathy Santos</td>
<td>Angelina Jarrossi-Armenio</td>
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<tr>
<td>David Botta</td>
<td>Joan and Jerry Delfino</td>
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November 2016

Convention Resolutions and Communications

Lauren Kilcullen - Chairperson
Committee Members: Anne Interrante, Richard Interrante, Donna Raffanti, Nettie Descalso-Del Nero, and Betty Zasoski

Officers and Members of the Italian Catholic Federation, assembled in the Diocese of Fresno for their 86th Annual Convention on September 2, 2016 - September 5, 2016 adopt the following Communications and Resolutions:

COMMUNICATIONS:

COMMUNICATION TO POPE FRANCIS
We pledge our loyalty, affection, and devotion to the Vicar of Christ on earth. We commit ourselves to living a life of faith. We pledge our prayers that God will grant him many years of his Pontificate.

COMMUNICATION TO MOST REVEREND ARMANDO X. OCHOA, DD
We express our gratitude and assurance of our prayers for his continued service to the people of the Fresno Diocese. We are grateful for his participation in this year’s convention, representing the Diocese of Fresno.

COMMUNICATION TO REVEREND MONSIGNOR DANIEL CARDELLI
We wish to thank I.C.F. Spiritual Director Reverend Monsignor Daniel Cardelli for all his years of loyal service to the I.C.F. We appreciate his spiritual guidance and leadership to the Central Council and membership of the I.C.F. We look forward to many more years of his friendship and guidance.

COMMUNICATION TO GRAND PRESIDENT LEONARD ZASOSKI, JR.
We wish to thank Grand President Leonard Zasoski, Jr., for his leadership during the past year. Your many long hours and hard work devoted to the Federation has not gone unnoticed. We are truly appreciative.

COMMUNICATIONS TO ALL BISHOPS AND CLERGY ATTENDING THE CONVENTION
We are grateful for your participation in this year’s convention, representing the members of our dioceses. We appreciate the time you have taken to spend this weekend with us. We value your guidance, advice, and prayers.

COMMUNICATION TO ALL BISHOPS AND PRIESTS WHERE THE FEDERATION IS ESTABLISHED
We reaffirm our devotion and send affectionate greetings and heartfelt gratitude for their inspiring guidance. We ask for their blessings on the works of the Federation, that we follow in the footsteps of our founders, Sir Luigi Providenza and Father Albert Bandini. We are united in a common faith and love for Christ’s Body and the Church; and we will continue to be faithful and diligent in our message of our values: faith, family, and heritage. We continue to support the many needs of the Catholic Church, especially our seminarians and clergy.

RESOLUTIONS:

TO THE MEN AND WOMEN SERVING IN THE UNITED STATES MILITARY FORCES
As officers and members of the Italian Catholic Federation and as proud Americans, we stand united today in defending our freedom and liberty. We offer our prayers to all in the Armed Forces, praying for their well-being and safe return.

TO ALL ELECTED LEADERS OF OUR UNITED STATES OF AMERICA
We offer our prayers of support to our elected leaders as they make difficult decisions and compromises to assure the well-being of ALL in our United States of America and in the world.

TO THE PEOPLE OF THE WORLD WHO HAVE SUFFERED FROM NATURAL DISASTERS AND VIOLENCE IN 2016
We offer our prayers and support to the people of the world, devastated by natural disasters and human violence in 2016. We join them in their sorrow over lost loved ones and offer our petitions to the Lord for the survivors. We pray to the Lord to protect and heal them.

TO THE CONVENTION DIRECTOR'S COMMITTEE, LOCAL COMMITTEES, AND DIOCESEN CHAPLAINS
Whereas, the preparation of the annual convention entails many months of dedicated work, time, and sacrifices on the part of many individuals; and whereas, under the direction and outstanding leadership of Roselynn Jarrett and the chairs of various local committees under the guidance of Allen Watts, the Local Chairperson of the Convention, the success of the convention was assured. We, as members of the Italian Catholic Federation, express our sincere thanks and heartfelt appreciation for all that you do.

TO THE OFFICE STAFF OF THE ITALIAN CATHOLIC FEDERATION
We thank them from the bottom of our hearts and commend them for their untiring work for our organization and offer our generous gratitude to Charlene Kramer, Patty Smith, Dave Rose, and Michelle Feldman, Editor of the Bollettino.

TO MEMBERS OF THE FEDERATION WHO ARE ABSENT DUE TO ILLNESS
We miss your presence and leadership, advice and good company. Be assured of our prayers for your health and well-being.

TO THE DELEGATES AND NON-DELEGATES ATTENDING THE CONVENTION
We thank them for representing their branches and for their dedication in preserving and keeping the Italian Catholic Federation, a strong and vital organization in their communities. We wish them all a safe trip home.

TO LAURICE AND MATT LEVINE
We offer our congratulations on the happy occasion of the birth of their son, Benjamin. May parenthood bring you much joy and happiness.

TO THE FAMILY OF GUY MASCIOTRA
We offer our condolences to the family of Guy Masciotra. As Field Director and Central Council member, Guy was instrumental in opening over 100 branches and furthering the ideals of the ICF.

TO THE FAMILY OF JOE DONATO
We offer our condolences to the family of Joe Donato. Joe loved the ICF and was a leader and guiding force of the ICF in Las Vegas.

TO THE FAMILY OF REVEREND MONSIGNOR E. JAMES PETERSEN
We offer our condolences to the family of Reverend Monsignor E. James Petersen on his recent passing. Monsignor served as Grand Chaplain of the Italian Catholic Federation with distinction from 1993 – 1999.

Mister President, I move that these communications and resolutions be adopted. Thank you.
Sir Luigi & Lady Augusta Providenza Seminary Scholarship Fund Donations*

IN MEMORY OF:
Robert Ramonda
Robert Ramonda
Terry Pappalardo
Elma Casale
Frank Notti
Leda Costamagna
Robert Garcia
John DaPrato
Elinor Franchetti
Lil Kavanaugh
Eleanor “Elli” Sahlin
Fr. Frank Murray
Rose Vallerga
Lee Ceccotti
Robert Ramonda
Teresa Cairo
Fr. Frank Murray
Fr. Frank Murray
Fr. Frank Murray
Fr. Frank Murray
Carolyn Giannini

DONATED BY:
Joe and Betty Antuzzi
June Sohn
Russ and Louise Vento
Lauren Kilcullen
Officers/Members of Br. 45
Suzanne M. Padilla
Officers/Members of Br. 161
Vic and Pat Arnaudo
Officers/Members of Br. 161
The Sandoval Family
Officers/Members of Br. 285
Barbara Firpo
Officers/Members of Br. 161
The Sandoval Family
Officers/Members of Br. 19
Leonard and B.G. Zasoski, Jr.
Officers/Members of Central Council
George and Diana Bacigalupi
George and Diana Bacigalupi

GET WELL WISHES:
David Botta

*Named after the co-founder of the I.C.F., the Sir Luigi and Lady Augusta Providenza Seminary Scholarship Fund provides I.C.F. members a lasting way to memorialize and/or extend greetings to friends, relatives, and loved ones. Members’ donations provide scholarships to seminarians studying for the priesthood in dioceses where the Italian Catholic Federation is located. A monthly Mass is offered for the intention of those listed.

Benvenuti Membri Nuovi

Report Date: 10/19/2016

EVELYN J CENTENO  Branch 013
IMELDA PRITO  Branch 014
DAVID A LANSFORD  Branch 025
RUTH REDONDO  Branch 039
ROBERT S BLASSER  Branch 052
SANDRA M BLASSER  Branch 052
JAMES B BALDRIDGE  Branch 067
BEVERLY LAZOR  Branch 067
DANIEL GHERADI  Branch 138
ABIGAIL JOHNSON  Branch 138
ADDALIE JOHNSON  Branch 138
ASHLEEN M JOHNSON  Branch 138
DENISE E JOHNSON  Branch 138
JACK JOHNSON  Branch 138
JOHN JOHNSON  Branch 138
RYAN P JOHNSON  Branch 138
CLAUDIA A BROWN  Branch 139
MARY BODISCO  Branch 173
LAYNE A GIORGETTI  Branch 214
LOGAN L GIORGETTI  Branch 214
LYNDSIEY M GIORGETTI  Branch 214
AILEEN J LA CORTE  Branch 218
JOAN M FORRESTE  Branch 343

MARTIN P DE SAPIO  Branch 380
ROBERT A DE SAPIO  Branch 380
ROBIN F DE SAPIO  Branch 380
VINCENZO DE SAPIO  Branch 380
RACHEL L EPRIAM  Branch 382
CAROL J VOLPE  Branch 382
JANICE G TAYLOR  Branch 406
TIMOTHY J TAYLOR  Branch 406
ANTOINETTE M FOGGIATO  Branch 442
LUIGI ERALDO SCALABRONI  Branch 444
MSGR DAVID A SORK  Branch 444
JOSEPH R TROVATO  Branch 444
PATRICIA G SCAMMACCA  Branch 446
RONNIE J URIBE  Branch 446

In Loving Memory

Report Date: 10/19/2016

ARDEEN MERRY  Branch 006
JOHN M HAIDICH  Branch 036
JOSEPHINE M HAIDICH  Branch 036
ANNA C PANETTA  Branch 036
LEDA COSTAMAGNA  Branch 045
ANTHONY ALAIMO  Branch 072

FRED A GOLISANO  Branch 139
ROSE MARIA SICKLE  Branch 163
RITA VANONI  Branch 169
RONALD V ROVERE  Branch 210
WILLIAM M FAULKNER  Branch 215
JOHN GAGLIANI  Branch 261
ELEANOR C SAHLIN  Branch 285

In memory of Frank Furfaro
In memory of Bob Ramonda
In memory of Bob Ramonda

Live to Give Blood Donations

Donations received by October 10, 2016

The ICF Live to Give Committee would like to extend a heartfelt thank you to the following people who participated in the 5th Annual Convention Blood Drive:

Denise Antonowicz
Michael Caglia
Kerin Cavallero
Danny Centurioni
John DelMonte
Mary DelMonte
Maria DiPaolo
Anthony Farinella
Judy Hare
Lucy Huffer
Anne Interrante
Mary Kingshill
Thomas Kingshill
Serena Martocchio
Cynthia Newton
Lucy Orsi
Robert Pachinger
Andy Pappani
Sid Pappani
Richard Pfaff
Debbie Piro
Gina Pugliese
Therese Rhodes
Richard Romagnoli
Mike Rossi
Louise Segreto
Kate Shimshock
Richard Shimshock
Joseph Tabigue
Crystal Watts
Mary Zanarini
BG Zasoski
Joey Zasoski
Leonard Zasoski, Jr.

Thank you all for giving the gift of life!
2016-2017 Central Council Officers and Members

OFFICERS:
Grand President - Leonard Zasoski, Jr. (Betty), Br. 281
Grand 1st Vice President - Andrew Pappani (Siria), Br. 28
Grand 2nd Vice President - Vincent Piro (Robyn), Br. 39
Grand Secretary - Lauren Kilcullen, Br. 52
Grand Treasurer - Deborah Rodondi, Br. 19
Parliamentarian - Leonard Rossi, O.L.J.* (Karen), Br. 343
Grand Trustee - Denise Antonowicz, Br. 184
Grand Trustee - Lisa Crudo, Br. 343
Grand Trustee - Nina Malone*, Br. 342
Grand Sentinel - Franklyn Lopes, Jr., Br. 227
Past Grand President - Robert Basuino*, Br. 191
Spiritual Director - Rev. Msgr. Daniel Cardelli, Br. 352

CENTRAL COUNCIL MEMBERS:
David Botta* (Pat), Br. 14
Michael Cannady* (Donna), Br. 154
Jane Dianda*, Br. 91
Steven Fuentes*, Br. 163
Dante Galeazzi* (Julie), Br. 139
Teresa Helfand (Cory), Br. 392
Anne Interrante (Richard), Br. 380
Roselynn Jarrett*, Br. 72
Michael Rossi* (Marcie), Br. 391
(*denotes life member)

Ways to Add an Italian Twist to Your Thanksgiving Recipes
Nicole M.
www.selectitaly.com

Thanksgiving dinner. It’s supposed to be a fabulous representation of all that makes American food, American. A gigantic turkey surrounded by mashed potatoes and stuffing. Salad, dinner rolls, gravy boats, and cranberries. Top that all off with apple and pumpkin pie, it can’t get any more traditional right?

This year go Italian
Add an Italian twist to your Thanksgiving recipes! If you are like us here at Select Italy, than you know we can’t go more than a day without adding a little spice of Italy to our lives, and Thanksgiving is no exception. For me, Thanksgiving was always better with a bowl of tortellini soup and a plate of pasta. But then just adding more and more food to the already enormous traditional Thanksgiving meal just seemed to be too much. So we took a step back and thought, how can we add an Italian twist to the American Thanksgiving? Our Select Italy experts pulled our heads together for research and creativity. Respecting the centuries-old heritage about winemaking with embracing technologies and research are the perfect combination for making with embracing technologies and research are the perfect combination for their delectable Grignolino. Made from 100% Grignolino grapes, lightness and elegance have made this wine a widely appreciated addition to any meal. Not hosting Thanksgiving this year? Bring a bottle of Grignolino as a hostess gift, the new and unique taste will leave everyone remembering this years special Thanksgiving this year! Bring a bottle of Grignolino as a hostess gift, and this wine around you! You can find a great recipe here.

Turkey
No doubt, turkey is the culinary star of the holiday season. If you are looking for something a little bit more unusual with a flavorful twist, try an orange and fennel brine rub for your turkey this year. It’s definitely going to love it! You can find a recipe here.

Side Dish
Throughout Puglia, food is a priority and its traditional cuisines are the perfect representation of the healthiest ways to eat — The Mediterranean Diet. A long relaxing vacation in the Langhe area of the Piedmont region. The Stupino family who owns the Castello di Neive winery are inspired by tradition, research and creativity. Respecting the centuries-old heritage about winemaking with embracing technologies and research are the perfect combination for their delectable Grignolino. Made from 100% Grignolino grapes, lightness and elegance have made this wine a widely appreciated addition to any meal. Not hosting Thanksgiving this year? Bring a bottle of Grignolino as a hostess gift, the new and unique taste will leave everyone remembering this years special Thanksgiving this year! Bring a bottle of Grignolino as a hostess gift, and this wine around you! You can find a great recipe here.

Wine
Instead of sticking with Beaujolais (a French wine many people suggest with turkey) try a new Italian inspired flavor. Light ruby red in color and delicious aromas of red fruits, the Castello di Neive Grignolino is incredibly food friendly. The Castello di Neive, where the Grignolino is made and the surround estate are located in the Langhe area of the Piedmont region. The Stupino family who owns the Castello di Neive winery are inspired by tradition, research and creativity. Respecting the centuries-old heritage about winemaking with embracing technologies and research are the perfect combination for their delectable Grignolino. Made from 100% Grignolino grapes, lightness and elegance have made this wine a widely appreciated addition to any meal. Not hosting Thanksgiving this year? Bring a bottle of Grignolino as a hostess gift, the new and unique taste will leave everyone remembering this years special Thanksgiving this year! Bring a bottle of Grignolino as a hostess gift, and this wine around you! You can find a great recipe here.

cheese, pastas, and olive oils are seen and used everywhere. Puglia is simply a foodie paradise with over 50 million olive trees grown in the region and 80% of Europe’s pasta comes from the local wheat fields. To spice up your Thanksgiving with a little Puglia twist, try the most adored traditional dish- Fava Puree with Wild Greens. Definitely a one-of-a-kind addition to your Thanksgiving meal but your guests are absolutely going to love it! You can find a great recipe here.

LIFE MEMBERS EMERITUS:
Robert Acquistapace (Kathy), Br. 198
George Bagicalupi (Diana), Br. 50
Jody Balestrieri, Br. 229
Nettie Descalso-Del Nero, Br. 39
Robert Dianda, K.S.G. (Theresa), Br. 91
James Jones (Janice), Br. 191
Carmen Kilcullen (Larry), Br. 52
Larry Marsalli, K.L.J. (Elise), Br. 5
Vincent Picciola (Diane), Br. 358
Thomas Poggi (Marisa), Br. 40
Leroy Taddei (Stella), Br. 343

MEMBERS EMERITUS:
Gerald Delfino (Joan), Br. 368
Maria Di Paolo, Br. 379
Frances Foglia-Teglia, Br. 438
Marco Galeazzi (Diane), Br. 139
Angelina Iarossi-Armenio (Tony), Br. 218
Patricia Mages (Louis), Br. 380
Forrest Price (Prudence), Br. 261
Louisa Russo, Br. 241
Joseph Santello (Catherine), Br. 358
Frank Signorelli, Br. 291
Helen Tatone, Br. 443
Chris Valentini (Elizabeth), Br. 14

(Revised 9/16)
I coated the gnocchi with burnt butter and sage. Put ½ cup butter in a saucepan with 4-7 leaves of sage (I used pineapple sage, since I have it in my garden), either full leaves or cut in slivers. Melt butter till it starts to brown and get that nutty smell. Toss with gnocchi.

Cooking the Pumpkin:
Cut the pumpkin in half and discard the stem section and stringy pulp.
In a shallow baking dish, place the two halves face down and cover with foil.
Bake in a preheated 375 degree oven for about 1 ½ hours for a medium sized sugar pumpkin. Or until tender.
Cool and with spoon remove from skin.

Variations on the above recipe: I added nutmeg (1/4 tsp.) and cinnamon (1/2 tsp.) to taste and about 3 Tablespoons granulated or brown sugar. I even baked and riced one Idaho potato and added it to the recipe.

Tips: I learned that the secret to mixing the ingredients you don’t want to over mix as this makes for tougher gnocchi; just mix until all ingredients are blended. (Obviously that is what happened many years ago when I tried making potato gnocchi).

Rather than dropping by spoonful’s into the water I would take some of the mix and lightly roll into a log (finger size) on a floured surface and then cut into pillows. Refrigerate until ready to cook or place on a cookie sheet and freeze. Once frozen you can bag them for easier storage in your freezer.

Hoping you might like to share some of your specialties or the family recipes that have been handed down with the members of the ICF. Send them to me at drodondi@comcast.net or mail to the ICF office include a story if any. If you have questions send them also, I may not be able to answer them but we can put them out there for our readers and maybe find what you are looking for. Buon Appetito!

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### Pumpkin Gnocchi

1 1/2 cup cooked pumpkin
1 cup flour
1 egg
1 tsp. salt
1/2 tsp. baking powder

Mix all ingredients together. (I mixed the pumpkin and egg first, then added the dry ingredients) If dough is soft, add a little more flour. Have a kettle with salted boiling water ready. Drop dough by teaspoonfuls in the boiling water. Cook five minutes and then drain. I cooked until the gnocchi floated to the surface of the water, then scooped out. Add your favorite spaghetti sauce and cheese. Serves 4.

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La Celebrazione di Gioventu --
The Celebration of Youth

Submitted by Roselynne Jarrett
Central Council Life Member

Celebrate the Feast of ICF Patron Saint Frances Xavier Cabrini on November 13

About Mother Cabrini – Source: Holy Spirit Interactive

Frances was born at Lombardy in Italy. She was one of thirteen children and was raised on a farm. As a child, she dreamed about being a missionary to China. She sailed paper boats down a stream to play her “pretend game.” The paper boats were ships taking missionaries to China. And she began giving up candy because in China, she probably wouldn’t be able to have any. But when she grew up, Frances was not accepted into the two convents that she asked to join. Her health was not too good, so she taught at girl’s school for six years.

Then a priest asked her to help out in a small home for orphans. Frances stuck to the work, and some other generous women joined her. Together they took vows. At last the bishop told Frances to begin her own congregation of missionary nuns, which Frances did without hesitation. This congregation is called the Missionary Sisters of the Sacred Heart.

Soon it began to grow, first in Italy and then in many other countries. Frances, whom everyone called Mother Cabrini, had always had her heart set on going to China. But it seemed that God wanted her to come to America. When Pope Leo XIII told her, “Go west, not east,” the matter was settled. St. Frances Xavier Cabrini sailed for the United States and became an American citizen. She helped large numbers of Italian immigrants and was like their real mother and friend. Mother Cabrini and her sisters found things very difficult in the beginning. The archbishop of New York even suggested that they go back to Italy. But Mother Cabrini answered, “Your excellency, the pope sent me here and here I must stay.”

The archbishop admired her pioneer spirit, and so she and her sisters were allowed to begin their great work for God. Schools, hospitals, and homes for children were opened up in different states. As the years passed, Mother Cabrini made many trips to spread her congregation and its works. She founded 67 institutions, and there were always difficulties, but she put all her trust in the Sacred Heart. “It is he who is doing everything, not us,” she would say.

Color the photo of Mother Cabrini.
In September, members really enjoyed attending the comedy, “Secrets of A Soccer Mom” at the Towle Theater in Hammond, Indiana. Most had not been there before so they were pleasantly surprised with the high quality performances and the low admission price. Plans for upcoming events were finalized. There will be a “Turkey Shoot” at the October meeting at which four members will win gift certificates to shop for their Thanksgiving dinner items. We will celebrate a Members’ Memorial Mass in November. We will be hosting a reception following the 16th Annual Christmas Concert to be given at our home parish, St. Victor Church. Details of the Branch’s annual Christmas party were reported. Thanks to Michele Kiernicki, Branch Secretary, for all her work in arranging the party. Officer elections will be held in October. We were surprised and sorry when Mike Sawadski, announced his decision not to serve a second term as president. Mike has done a wonderful job; we thank him for his valuable contributions. A date and time was set for a Branch group photo to be taken for the new church photo directory. All members were encouraged to also have individual photos taken. Prayers were offered for all sick, deceased and struggling members and their families.

River Forest
St. Vincent Ferrer, Br. 358

We are now in the month of thankfulness and gratitude. here is a short Thanksgiving prayer: Lord, thank you for walking with us through the seasons of our lives. For the winter, when we are held safe in your arms through the darkness. For the hope of spring, as we are filled with new promise and life. For summer time, full of warmth and color And for autumn days as leaves fall to seed new growth. You are always with us. Amen

Happy Birthday:
John Corcoran
Get Well wishes:
John Corcoran
Buon Ringraziamento!

Fresno
Our Lady of Victory, Br. 32

The new officers for 2017 are as follows: President – Elaine Lencioni; First Vice Pres. – Maria Guglielmino; Second Vice Pres. – Monica Fischer; Secretary – Beverly Magana; Financial Secretary – Paullette Volpa; Treasurer – Patricia Vivenzi; Trustees – Martha Acuna and Evelyn Lopez; Sentinel – Richard Romagnoli; and Orator – Evelyn Lopez. Congratulations to these individuals and Best Wishes for a successful year.

Thank you to our past president, Claire Pisching, for a job well done. A thank you is extended to Corinne Abate, Eleanor Andreotti, and Yvonne Saldubehere for their dedicated service to Br. 32.

Congratulations to Br. 70, Sanger, for their very successful Bishop’s Day event. Kay Lopez and her committee did a fantastic job of honoring Bishop Ochoa.

Our meeting on November 22, will include a memorial ceremony to honor the deceased members of Br. 32. Dinner begins at 6:00 p.m. The memorial and regular meeting will follow dinner.

The Christmas Party is planned for December 3. Family and friends are invited to attend the no-host lunch. Santa will be sleighing in at 11:00 a.m. to Yosemite Falls Restaurant on Ashlan and 99 Freeway. Please call Elaine Lencioni for reservations.

Stephanie Griffith and Monica Fischer are diligently working on Br. 32’s Italian Dinner on April 8, 2017. Save the date, more info to follow. Get well wishes are sent to Julius and Corinne Abate, Dorte Sabbattini, Eleanor Andreotti, and Yvonne Saldubehere. Also keep Cie Estra, and our ailing and home bound members in your prayers.

Patricia Vivenzi

Bakersfield
San Luigi, Br. 33

Branch 33 is happy to report member Mary Marchetti recently celebrated her one hundredth birthday. Mary was reached by telephone during a meeting and was delighted by a rousing rendition of “Happy Birthday” sung by the membership. God bless you Mary.

According to Gertie O’Neil, Mary’s daughter, she was first brought to an ICF meeting by friends. At that time, Mary was engaged. As she entered the meeting hall, Mary noticed a young man making coffee. Their eyes met across the room and Mary instantly knew that he was the one. The engagement was subsequently broken, and Mary and the coffee-maker were later married.

Stuffed bell peppers were the evening’s fare. Cook Michael Brancato said he “made them just like Mama used to make them”. Michael’s recipe follows: Half pound hamburger; Half pound ground Italian sausage; One onion, chopped; Three ribs of celery, chopped; Four cloves of garlic, minced; Two to three eggs; Three to four cans of tomato sauce; Melt on low heat; Ten bell pepper, sliced length-wise; and enough Italian sauce of your choosing to cover (Marinara or meat). Stuff pepper with mixture and cover with sauce. Bake at 350 degrees for one hour. Branch 33 sends warm wishes to all ICF families for a meaningful and reflective Thanksgiving holiday. As God continues to bless our nation, let us live in the spirit of Mercy and remember those in this world who are suffering.

Ciao for now,
Roberta Cerri Teglia

Merced
St. Cecelia, Br. 39

Still energized from the Fresno convention workshops, meetings, religious events and social gatherings, we want to encourage more members to join in and get involved as officers and chairs of our various committees. Working toward a shared goal with other like-minded members is a lot of fun, so contact our president, Terrie Rhodes, 209-656-9294, or any officer listed in our newsletter, to discuss how you can get more involved in our family-oriented, fraternal, faith-filled, philanthropic and social club.

Our October dinner meeting was a delicious meal of spaghetti with meat sauce, salad, French bread and dessert. Thank you Maryellen and Loretta. Election nominations were held, with voting to take place at the November meeting. We thank all who volunteered to continue being an officer and our new recruits who agreed to fill a position. Your willingness to lead in our branch are much appreciated!

Mark your calendars: Our next dinner meeting is Wednesday, November 9, 5 PM Social Hour, 6 PM Dinner, 7 PM Meeting. Maryellen and crew will be serving up a full- on Thanksgiving feast. You won’t want to miss it! Your presence also is welcome and appreciated as you will be there to participate in voting for our 2017 branch officers.

Upcoming event: November 27, at 1:30 PM, come and help decorate our Italian-themed Branch 33 celebrates Mary Marchetti’s 100th birthday. Mary shown receiving gift crucifix with Monsignor Craig Harrison of St.Francis Church, Bakersfield and Maria Steele, Branch 33 President.
Thank you to everyone for your participation.

with a potluck dinner and everyone brings November 17th, to celebrate Thanksgiving our November general meeting, this year on holidays! It has become our tradition for everyone is enjoying the cool fall weather and looking forward to the fast approaching

Ciao a Tutti. A warm hello to everyone. Hope

Stephanie Lucich

Tanti saluti a tutti,

Christmas tree for the Courthouse Museum’s annual Holiday Open House.

Bakersfield

Here at Branch 281 Bakersfield, nothing adds a little pep to our step like the cooling weather of fall. Our October meeting was a wonderful potluck—a great testament to our branch’s dedication, effort, and cooking skills! Thanks to all who attended.

Our next branch meeting will be held November 10, in which we will enjoy a Thanksgiving-inspired meal followed by some diverting rounds of Turkey bingo. The meeting will be in the parish hall. The more the merrier for this meeting—be sure to bring a friend or potential new member!

Speaking of potential new members, if we can entice them with bingo then the annual Christmas Party is a great follow-up to really showcase our focus on family and fun, and influence new family memberships.

Mark your calendars for December 10th! If you would like to be involved and lend a helping hand at this event, please come to the November meeting and sign up with yours.

Thank you to everyone who are participating to this years Bishop Banquet and Chaplain Recognition Mass & Luncheon being held on Sunday, November 6th, with mass at St. John’s Seminary Chapel in Camarillo at 11:00 a.m., followed by the luncheon and program at Seminary Dining Hall. I would like to take this opportunity to thank everyone for all the charitable works you do, and in a very special way for your continued and generous support of vocation to the priesthood and religious life.

On Saturday, October 19, 2016, our Branch will host the Los Angeles Archdiocese District meeting, 9:30 a.m. to 11:30 a.m. at the St. Augustine House, located at 200 n. 12th St. (corner of Cleveland Ave.) Montebello. Everyone is welcome to attend.

This year he St. Frances Cabrini Pilgrimage at Burbank will be held on Sunday, December 4, 2016, starting with mass at St. Francis Xavier Church at 12:30 p.m. after mass there will be a procession to the Mother Cabrini Shrine, adoration to the Blessed Sacrament and a Benediction. A delicious luncheon will then be held in the Parish Hall. Please plan on joining us to this beautiful pilgrimage.

Finally, we will end the year with a great Christmas Dinner Dance on Saturday, December 17, 2016. Music will be provided by Duo Domino, with Rita & Marion Marino, a Professional Piano Bar, along with our traditional delicious Italian Buffet dinner. It will be a great party! Please plan on joining us and invite your family and friends for some great dancing and holiday cheer.

We pray for our sick members and those in need, keep them in our thoughts and prayers.

I leave you with a quote from Voltaire “Appreciation is a wonderful thing. It makes what is excellent in others belong to us as well”

A Presto!

Frank Salomone

Branch 111 Picnic. $25.00 not only gets you a wonderful calendar but 365 chances to win money daily! This is a fund raiser for our branch.

Happy Thanksgiving to all! Let us join together in prayer and thanksgiving for all we have and what we are able to do.

Anita Gioiello Trujillo Treasurer

San Pedro

St. John Joseph of the Cross, Br. 115

On Oct 21st a few of our members attended the Heritage Day festivities sponsored by City of Los Angeles. The celebration and cultural event was enjoyed by all who attended.

November is a busy month for our branch. On Nov 6th our parish annual Christian Brunch was held. Thank you to members who helped out with cooking, serving and cleaning up. As always the food was delicious and the funds raised go to a worthy cause.

Also on Nov 6th our district held its annual Bishop Day Banquet. The event was held at St. John Seminary. Our spiritual Bouquet and Seminary Burse of $600.00 was presented. Thank you to all who attended.

Our branch will be leaving for our annual Las Vegas Golden Nugget trip on Nov 13th returning on Nov 16th. Side trip to outlet mall and strip will be included. There is still time to join this fun loving group. If interested in joining us please call Pauline Iacono at 310 832 0653 for reservation and pricing.

Our next general meeting will be held on Nov 17th at 7:30pm. Upcoming pilgrimage to Mother Cabrini on Dec 4th will be discussed. Please plan on joining us for this beautiful tradition. Call Mary Cigliano for reservations 310 832 0608

Our branch Christmas party scheduled for 6pm on Dec. 10th will also be discussed. Please plan on joining us for holiday cheer! Call Nancy Donato for info and reservations 310 833 2584

2017 calendars have arrived and are for sale.

San Gabriel Valley Region

Arcadia

Holy Angels, Br. 218

Upcoming: Saturday, November 19, is the setup for the Christmas Boutique. We will be selling sandwiches after the 5:00 mass. Sunday, the 20th, the boutique is from 7:00 to 2:00. We will need your baked goods for the baked goods table.

Our Christmas party has been changed to

Branch 326 Pancake Breakfast.

Los Angeles

Archdiocese District

Montebello

St. Benedict, Br. 111

Ciao a Tutti. A warm hello to everyone. Hope everyone is enjoying the cool fall weather and looking forward to the fast approaching holidays! It has become our tradition for our November general meeting, this year on November 17th, to celebrate Thanksgiving with a potluck dinner and everyone brings their favorite dishes to share with everyone.

Thank you to everyone for your participation.

We would like to congratulate all the members who celebrated their birthdays in September and October: Elizabeth Alba De Lorenzo, David Melendez, Rose Licari, Giuseppina Sorce, Esperanza Chavez, Leonardo A. Salomone, Lina Canzonieri, Crocetta Salomone, Jeannine Vieni, and Eugenia Hernandez. We also want to congratulate the following members who celebrate their birthdays in the month of November: Ren Mata, David Estrada, Joyce Adraga, Giselda Arenas, Joe Canzonieri, and Thomas Enrico. Happy Birthday to everyone!! Buon Compleanno a tutti!!

Thank you to everyone who are participating to this years Bishop Banquet and Chaplain Recognition Mass & Luncheon being held on Sunday, November 6th, with mass at St. John’s Seminary Chapel in Camarillo at 11:00 a.m., followed by the luncheon and program at Seminary Dining Hall. I would like to take this opportunity to thank everyone for all the charitable works you do, and in a very special way for your continued and generous support of vocation to the priesthood and religious life.

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We pray for our sick members and those in need, keep them in our thoughts and prayers.

I leave you with a quote from Voltaire “Appreciation is a wonderful thing. It makes what is excellent in others belong to us as well”

A Presto!

Frank Salomone

Branch 111 September meeting.

Branch 111 Picnic.
Our Annual Pancake Breakfast was a huge success. Thank you to all of the members who worked the event and those who supported us.

Please continue to keep all of our ill members in your prayers, especially: Roberta Nangelo, Mary Jacobs, Hermenia Sanchez, Mary Lou Lemone, and Ann Primising. And, let’s not forget to pray for our deceased members.

Happy October Birthday to: Pat Buccola, Eleanor Cuneo, Mary Jacobs, Jim Law, and Fred Peritore.

Happy November Birthday to: Mary Lou Lemone and Marilene Taylor.

“The little things that mean so much…a note…a special touch can make the day and warm the heart of one whose life is set apart.… But grateful still for special friends whose caring never…never ends!” (Anna M. Matthews)

God Bless,
Jo Anne Disney

Monterey
Santa Cruz
Nostra Signora del Soccorso, Br. 21

Hello, Members and Friends. Once again, Fall is here and it has been said that ‘Autumn carries more gold in its pocket than all the other seasons’. (Jim Bishop) We believe that is also true of Branch 21: you, the members and friends, are the gold in our Branch’s pocket and we appreciate so much your unwavering support.

It’s getting into the Holiday Season and we want to remind you that on December 2nd, is our annual ICF Christmas Party at the Holy Cross Hall. This is a free dinner given as a gift to our current members. It’s always a lot of fun and full of surprises, so watch for the information flyer. In 2017, we plan to have a number of functions, and we invite you to come to the General Meetings to help choose and plan these events. Your ideas are most welcomed.

Our Branch will continue to have the coffee and donut table set up outside Holy Cross Church on the last Sunday of each month following the 8:30 and 10:30 masses. Come and meet and greet potential new ICF members. It’s always fun to talk to folks about ICF and what makes it tick…over a cup of steaming coffee.

The month of November is also election time for ICF Branch Board Members which will bring a few changes to Branch 21, so stay tuned. Change can be exciting.

We are very sad to say goodbye to one of our most cherished Branch 21 members, Erminio Orlando. Erminio loved the ICF and rarely missed a function. His gentle spirit will be dearly missed. We send our thoughts and prayers to his family and friends.

Finally, we want to remind you that there will not be a General Meeting in December. But, meetings will resume in January, the 1st Tuesday of each month. We hope to see you there. In the meantime, something to remember: “Though our feelings come and go, God’s love for us does not.” [C.S. Lewis]

Patty Morelli
Secretary Branch 21

Salinas
N.S. Del Sasso, Br. 25

Branch 25 supported the annual Sacred Heart Parish International Festival and staffed the Pizza Booth on Sunday, September 18, 2016. Thank you to the members who volunteered to assist (see the photo of several of our team above). Father Manuel Recera, also from Sacred Heart Parish, has also joined our branch as our Chaplin. He will be attending our next Branch meeting, as will our Branch Deputy Trustees, Ed and Bella Leonard, on Tuesday October 12, 2016. The October meeting is dedicated to planning and communications for our largest fundraising event, the Annual Polenta Lunch and Bake Sale on Wednesday, November 9, 2106, at the Sacred Heart Parish Hall. The lunch preparation begins on Tuesday, November 8, 2016, and our Branch will be offering delivery service for large orders of boxed lunches. Branch 25 elections will be held during a short meeting on the morning of the Polenta Lunch. Our annual Christmas Party will be held on Sunday, December 11, 2016. Invitations will go out this week.

On Friday, October 7, ICF #36 Co-President Liz Grammatico along with members Ann Ferrante, Jane Gasperson, June Serrano, Antonia Ihnot, Dolores Rappa, Rosemary Favazza, Mary Benech, and Marie Ruiz attended a retreat at the St Francis Retreat Center in San Juan Bautista. The Retreat Center provides a peaceful and contemplative environment conducive for renewal of mind, body and soul. The Day Retreat was led by Brother Angelo Cardinali who was raised on the Monterey Peninsula and is the brother of Salvino Cardinali.

Friday, December 9th from 5:00 to 10:00. The menu as of this writing is undecided. We will need for the members to bring the dessert. Guests are $10.00 each and children are free. Santa will be visiting so be sure to let us know if your children or grandchildren will be attending. The music will again be by Linda Durand. We would like to invite everyone on December 2nd to our Annual Christmas Party. There will be more on this later.

At our last meeting we had nomination of officers. The election will be at the November meeting, which is on the 13th. This will be our thanksgiving meeting and we will also pay tribute to our veterans in honor of Veteran’s Day.

Everyone have a wonderful Thanksgiving and hope to see everyone at these upcoming events.

Lolly M.

Temple City
St. Luke, Br. 326

Happy Thanksgiving to all of our members!

Our Annual Pancake Breakfast was a huge success. Thank you to all of the members who worked the event and those who supported us.

Please continue to keep all of our ill members in your prayers, especially: Roberta Nangelo, Mary Jacobs, Hermenia Sanchez, Mary Lou Lemone, and Ann Primising. And, let’s not forget to pray for our deceased members.

Happy October Birthday to: Pat Buccola, Eleanor Cuneo, Mary Jacobs, Jim Law, and Fred Peritore.

Happy November Birthday to: Mary Lou Lemone and Marilene Taylor.

“The little things that mean so much…a note…a special touch can make the day and warm the heart of one whose life is set apart.… But grateful still for special friends whose caring never…never ends!” (Anna M. Matthews)

God Bless,
Jo Anne Disney
and, as Antonia Ihnot said, we have lost a
and traditions, Anna lived her faith each day,
and especially promoting the Italian culture
Anna contributed so much to our community
the sudden death of their beloved Anna, who
Also to Helene Crivello whose son, Antoine,
family.
Our deepest sympathy to Eva Flores' whose
and older party for being our “oldest star.”
Josephine was honored each year at our 85
Cardinalli who was raised on the Monterey Peninsula and is the brother of Sal Cardinal.
The Retreat Center provides a peaceful and contemplative environment
On Friday, October 7, ICF #36 Co-President Liz Grammatico along with members Ann Ferrante, Jane Gasperson, June Serrano, Antonia Ihnot, Dolores Rappa, Rosemary Favazza, Mary Benech, and Marie Ruiz attended a retreat at the St Francis Retreat Center in San Juan Bautista. The Retreat Center provides a peaceful and contemplative environment conducive for renewal of mind, body and soul. The Day Retreat was led by Brother Angelo Cardinalli who was raised on the Monterey Peninsula and is the brother of Sal Cardinal.

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Mark your calendar:
November 24 - Have a blessed Thanksgiving,
December 3 - Adult Christmas Party.
December 11 - Children’s Christmas Party.
GOD SPEAKS IN STRANGE WAYS
“Touch me God and let me know that you are here!”
Where upon God reached down and touched the man,
But the man brushed the butterfly away and walked on.
Don’t miss out on a blessing because it is not
 packaged the way you expect.
Peace be with you,
Bette Sollieco
Branch 36

Castroville
Santa Caterina de Siena, Br. 51
Happy Thanksgiving!
The holidays are here, a time for celebrating with family and friends.
At last month’s meeting President Paul outlined the plans for our Bingo Fundraiser/ Christmas Party. Details were worked out and a flyer will be mailed to all members. The date for the event is December 11th. Volunteers are needed for various activities, such as the set up for bingo and dinner. The next item on the agenda was the election of officers. Some of the Board members have agreed to stay on but other positions are open. The nominating committee will be contacting members to fill the open positions.

Our next meeting will be on November 1st please try to attend (this will be to finalize dinner plans and the slate of officers).
We would like to welcome and thank our mentors (deputies) Ed and Bella Leonard for attending the meeting and sharing their knowledge of I.C.F. procedures. (Big High Five)
Please keep in your prayers Carl Armento, Wilma Curci, Carrie Holbrook, Vic Sigala and Alice Soliven and all who need God’s healing blessings.
Happy Birthday- November- Virginia Frassetto, Egidio Tonus and Delores Tottino.--December birthdays- Larry Barlow and Zach Barlow.
As we enter the Holiday Season give extra hugs to family members and friends, make memories and let go of passed hurts. Remember to thank God for His many blessings.
Happy Thanksgiving!
Ciao,
Leonora Barlow

Oakland
Capitola
St. Joseph, Br. 227
Thanks to Vicky Howell, Jane Salm, and Linda and Tony Calziano for preparing the traditional turkey dinner for our November meeting.

President Bob Montonye is surveying members to see how they wish to be notified about monthly meetings, whether by e-mail or phone. Please respond when he contacts you.
Reports are that everyone had a fun time on the Reno bus trip celebrating Columbus Day.
Again Branch 227 members come through with assistance for the luncheon following the Anointing Mass on October 19. Thanks to those who made salads for the luncheon.
Mark your calendars for Saturday, December 10, at 3:00 p.m. for the Christmas party.

There is currently much preparation for 2017. Our branch will host the Central Coast District Installation of Officers on Saturday, January 14. Ron Castle will serve as a Trustee for the Central Coast District for the year. Plans are being made for a membership drive in January. And last, but not least, is the sale of 2017 calendars. The cost is $25, $5 of which stays with our branch. Treasurer Jim Smith will have the calendars available at the next few meetings.

Happy Thanksgiving to everyone. May your day be filled with togetherness and gratitude for all the blessings God has bestowed.
Deanna Musler, Secretary!

Paso Robles
St. Rose of Lima, Br. 354
In the absence of President David Zanini who was busy with the many forest fires, Vice President Karen Kudjia presided over our September meeting. Great job!

Irma Zanini together with Father Roberto Vera returned from the convention with many interesting ideas for the coming year. We hear Father Roberto was a big hit with his renditions of Italian songs.

It is time to elect officers for 2017. Irma, Jackie Biato and Michael Frederico will submit a panel of suggested officers for members’ approval at our October meeting.

Irma and Joan Ryder attended the district meeting in Monterey September 17. Both returned with useful information.

Our upcoming November Pasta Dinner is scheduled for November 19th. We anticipate a large attendance and are ready with preparations. Member Yvonne Maddelena was able to donate a selection of small potted plants from Jim Braebeck of the Farm Supply and has suggested that perhaps they could be purchased by the dinner guests.

The yearly trip up to Monterey for the Santa Rosalia Fisherman’s Festival has become very popular with our members. Eight of us had an eventful day enjoying calamari, cannoli and lots of dancing. Tenor Pasquale Esposito again provided beautiful classic Italian songs.

President David and Genaro Olveda celebrated birthdays this month. Best wishes from all.

Since this is my last submission, I would like to thank all who have contributed information for compiling my newsletters.

Thought for the month: “Autumn is a second spring where every leaf is a flower.” Albert Camus.

Theresa Solizioso, Correspondence Secretary

District Council

We were hoping for 80 at the 80th, but a Grazie Tante to all who came to help us celebrate our 80 years as the first district formed in the ICF. We are not as large as we once were, but we are still working on increasing our numbers.

This year we are happy to say that Lisa Crudo was re-elected to the Central Council, and has been elected Grand Trustee and to the hospitalization committee, along with her other duties. We are also pleased that our District President, Leonard Rossi, will serve as Parliamentarian of the Central Council.

Let’s give them our thanks for serving and our support.

As many of you know we are still looking for deputies for some of the branches, so think and pray about this need. Remember there will be a workshop and training plus the guidance from other deputies when you volunteer for this position.

Some district things to look forward to, beginning with the Christmas party, Dec. 3rd; installation of officers, Jan 15th; the Crab Feed, Feb. 10th and our quarterly Communion.

November will be a time for serious thinking (election day) and for being thankful for what we have, our family, friends and the ICF. Hopefully we will take time to vote and to thank God for what we have received. As one priest said in his Sunday homily recently, instead of asking, we need to also be thankful for what we are and what we have been given.

Happy Thanksgiving to All!

On Friday, October 7, ICF #36 Co-President Liz Grammatico along with members Ann Ferrante, Jane Gasperson, June Serrano, Antonia Ihnot, Dolores Rappa, Rosemary Favazza, Mary Benech, and Marie Ruiz attended a retreat at the St Francis Retreat Center in San Juan Bautista. The Retreat Center provides a peaceful and contemplative environment conducive for renewal of mind, body and soul. The Day Retreat was led by Brother Angelo Cardinalli who was raised on the Monterey Peninsula and is the brother of Sal Cardinal.

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November 2016

Alameda
Nostra Signora Delle Grazie, Br. 10

With Halloween having just passed and Thanksgiving to be celebrated in a few weeks, can Christmas be too far in the future? We have scheduled our children-oriented Christmas party for Friday evening, December 9. The annual function begins at 6:00 p.m. in Monsignor O’Brien Hall. Maria Croft has volunteered to prepare the dinner of pasta and meatballs, salad and dessert. Jeff Branchaud has arranged for a visit by Santa Claus. Prices are $12.00 for adults and free for youngsters 12 and under. For reservations, please contact Gina Foster, gfoster@csdo.org or (510) 995-8141.

We are co-hosting, with Branch 343, the East Bay District Installation on Sunday, January 17, 2017, at the Fratellanza Club in Oakland. Additional information will follow in the December Bollettino.

We held nominations for 2017 officers at our branch meeting of October 6. Most candidates are running unopposed, and most of this year’s officers have agreed to continue in their present positions. We will announce the results of the elections in the December Bollettino.

We also voted at our October 6 meeting to join with local Alameda businesses in sponsoring the October 15 Fun Fair, our sponsoring parish, Saint Philip Neri-Saint Albert the Great. Proceeds from this annual event benefit Saint Philip Neri School.

We thank Sheila Dean for again taking charge of the sale of ICF calendars to members and friends of Branch 10. The 2017 calendar sells for $25.00 and contains the group picture from our 90th Anniversary Dinner. Sheila can be contacted by cell, (510)207-2957, or at home, (510) 865-5615.

We are coming close to scheduling an initiation of “new” members. We estimate that our numbers have increased by 40 since our last initiation.

At the time this article was submitted, we were looking forward to our October 22 Ravioli Dinner. Heidi Schmidt volunteered to cook. Heidi organizes meals at Saint Mary’s Center in Oakland and sings in the parish choir. We will report on the Ravioli Dinner in the December Bollettino.

John Zagnoni

Oakland
Santa Rita, Br. 40

Wishing a Happy Thanksgiving to you and your family. We welcome our new members to Branch 40. They are: Rosita Gonzales and her sons, Francisco, Fredrico and Johnnie, also Margie Aguiler and Debbie LaChino and her son Antonio Muscardin. Our Anniversary dinner had to be canceled due to small response. A year calendar of activities for 2017 is in preparation so that our members will be informed of the events and can plan to attend the functions. Officers for the 2017 year were elected at the October meeting. The list of names and position of office will be in the December Bollettino. Our activities are a way to bring the members together and to raise funds to support our parish and charities. Please come and join us when possible.

Upcoming:

November 1st: Our Monthly meeting at 7PM. At the Sacred Heart Center.

December 3rd: Annual Member Christmas Party. This is on a Saturday. Your officers are working on party details. You will receive further information. But please keep this date open so you can share in the Christmas Spirit with fellow members new and old.

We wish a Happy Birthday to those celebrating in November; Angie Rainero and Clemence Zanata.

Remember in your prayers the sick and convalescing, especially Rita Averiy, Irene Crosetti, Rosalie De Santi, Mary Devincenzi, Ernestine Pernecco and Clemence Zanata.

Thought: “It is not how much we do, but rather how much love we put in the doing.”

Saint Mother Teresa

Ciao!

M.A. Francis and L. Francis

Livermore
St. Filomena, Br. 285

How sweet it was! The cookie sale at St. Augustine’s Church picnic made $400 for St. Augustine’s building fund. The photos nearby show the eye catching display of cookies and some of the ladies who helped make this event such a success. And, as suggested in Matthew 5:15, “let your light shine before men, that they may see your good deeds and glorify your Father in heaven,” the ICF Branch 285 banner is prominently displayed to potentially attract new members. The varieties of cookies and cakes made by members and the coffee generously donated by the Livermore Vineyard Avenue Starbucks were real winners. Thanks to the bakers and those who gave their time to make this such a success.

This past month we lost long time member, Ellie Sahlin. Ellie was a lifelong resident of Livermore and taught at both Livermore and Granada High Schools. She was very active in many charities in addition to our ICF branch. Her unselfish charitable giving to ICF and the community will be missed.

Have a creche nativity set you would like to share? Again this year on Sunday, December 11th, we will have our Nativity Display at St. Elizabeth Seton. We want to make this the best ever and that will be hard to do. Typically we display upwards of ninety nativity sets from all parts of the world. Some are large, some are miniature, some are made by master craftsmen, others are made by family members and passed down. All are wondertments especially to the young ones. To share your creche set and family tradition for a day, please call Nancy Navarini at 925-640-6334. Bring your family, grandkids, and friends to this unique display of Jesus’ birth - they will not be disappointed.

Come join us for our events or meetings - together we are the Italian Catholic Federation family.

Ciao, a presto

Chuck Meier

Castro Valley
Our Lady of Grace, Br. 243

Starting off with a heart felt thank you to those who helped man our booth at the parish festival. And a big Italian thank you to all who helped the district celebrate our 80 years as the 1st ICF district. May we celebrate many more!

We would also like to acknowledge those who stepped up to run for office, and maybe think about and pray about, the role of deputy. These positions can all be mentored so you are not alone out there.

Our next big fund raiser will be our bake sale, Nov. 13th. I know that many of you have special goodies that you make, so let’s have a great variety to offer the folks after Sunday Masses. At the Nov. meeting we will be accepting donations of both nonperishable food items and/or money to stock the shelves of the OLG St. Vincent de Paul pantry. As both a group and individually, we must have much to be thankful for and can use this time to share our blessings with others.

Plans are under way for our branch Christmas party, as our regular meeting night is also the Feast of the Immaculate Conception, so be on the lookout for changes. However the District Christmas party is already set up for Dec. 3rd at Buon Appetito, more information to follow.

“As we gather together to ask the Lord’s blessings”, let us remember all who are less fortunate than we are.

A Happy and Blessed Thanksgiving to All.

God Bless America.

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New Membership Jewelry available NOW!!!

20% of proceeds go to ICF charities ICF Member, Branch 91
Contra Costa
Crockett
San Carlo, Br. 14

Thanks so much to our convention representatives Nancy Botta, Janice Burnett, Donna Hoffmann, Vonda Lesti-Egan and Joe Macaluso for their interesting reports. It sounds like they learned, enjoyed, and returned, full of ICF enthusiasm. “Called to be Merciful” was the convention’s theme this year. Mercy means compassion, kindness and understanding; all are worthwhile attributes to practice as challenges enter the lives of our loved ones.

A very, very special Happy Birthday to Lena McCrossen, who turned 100 in September. She is active, bright, and has her own seat of honor at our meetings. The changes in this world Lena has observed and been a part of are hard to comprehend.

In September, Al Di Prima, Imelda Rito and Jenny Sebastian were initiated into the ICF. We welcome you to Branch #14! And it was a tremendous success. We had well over one hundred attendees who helped to make our fundraiser one of our best ever! Thank you to Walter Costa, Toni Reeder, Alicia and Ruben Trevino and Gloria and Cody McConnell, Julian Acuña, Fred De Simoni, Domenica Yonke, Carmen Avila, Carol and Marilyn Darling, the Martinucci family and everyone who contributed your time, talents and support. If I have forgotten anyone, please forgive me.

Joe Meneghelli reported that another bus trip to Casino Racing was scheduled for October 31, 2016. “Called to be Merciful” was the bus trip’s theme. We had lunch at the Tapatia Restaurant and dinner followed by our meeting and elections. Everyone enjoyed the parade, entertainment and festival.

Our next meeting will take place on Saturday October 29 at 6:PM. We will have a pasta dinner followed by our meeting and elections for 2017. We will also have a Halloween party and free raffle. A prize will be given to the first person who signs up a new member that night for our branch.

We will go to dinner in November to celebrate our branch anniversary and a meeting will follow. I will mail an invitation to all members with the location, date and all the details.

We will attend the Contra Costa District Night of Recollection on Wednesday November 16. The social will start at 6:30 PM with dinner to follow at 7:PM. Our District Chaplin Father Larry Young will give a spiritual talk after dinner. Father Larry is a great speaker. This event will be held in Martinez at the La Tapatia Restaurant party room. Please RSVP to Patty Jarrett by November 14 by calling (925) 228-0810.

Would you like a chance to win money every day in 2017 and have a ICF Calendar for 25.00? Each month features something from an ICF branch and guess what? We have a write up written by Roselyinne Jarrett about the history of our branch. It put a tear in my eye to read it!

Concord
Todos Santos, Br. 214
Includes St. Agnes, St. Francis of Assisi, St. Bonaventure & Queen of all Saints churches

Members enjoyed a weekend in Reno for the “Italian Festival,” Columbus day weekend. We thank Veronica Peery & MJ Murray for organizing this. Our membership continues to grow, with an installation to take place soon. November meeting will bring our Thanksgiving Feast, time flies and feeling blessed with Fall in the air.

Prayers for our sick & elderly & continuing to lift our prayers to Mary Howard in the loss of her son. God Bless our Military. Bless Your Thanksgiving

Christina Artale,
Correspondence Sec'y.

Danville
St. Isidore, Br. 352

Our Fall Harvest Dinner was held on Saturday, Oct. 22, at St. Isidore’s Monsignor Cardelli’s Center Gym. Once again, Chef Angelo and his kitchen crew “wowed” the crowd with his specialty roasted chicken, sausage & creamy polenta with sauce. Music was provided by Ken Cooper’s “AKA Trio” with dancing highly encouraged! The branch members & student volunteers outdid themselves, making this such a special event. A huge THANK YOU to all who assisted with the event planning, meal preparation, decorations, raffle prizes & sales, etc. It was definitely a wonderful evening, enjoyed by all members, family & friends. Look for pictures next month!

Due to the Thanksgiving holiday, our November dinner meeting will be held on the 2nd Monday of the month in the St. Isidore room - November 14th at 6PM. Members can expect a fabulous spaghetti & meatball dinner. Note – we will be voting on our 2017 officer slate, so be ready – this could include YOU! “Save the Date” for our Christmas Pot Luck on Monday, December 12th. What a great way to gather & enjoy each other’s company (& recipes!) before the holiday season begins – you won’t want to miss this!

In the meantime, a very Happy Thanksgiving to All!

Ciao,
Branch 352
Celebrated our 3 rd year with our 3 rd annual friends. On October 1, 2016, Branch 442 than with good music, good food and good There is no better way to welcome Autumn of having some people get together for a dinner at the White House restaurant in Anaheim. Also on the agenda is the upcoming dinner at the White House restaurant in Reno. Bob Capurro did a great job of barbecuing the hamburgers and hot dogs to perfection. The members added to the picnic by bringing a pot of chili beans, some wonderful salads and desserts. Tickets were distributed to members to sell for our upcoming Polenta Dinner fundraiser to be held Saturday, November 5. Our first regular meeting of the fall season will be held on Sunday, October 16 at St. Albert’s Hall at 6:00pm. Our annual fundraiser will be a polenta and chicken dinner with all the “trimmings” at the Boys &Girls Club of Truckee Meadows, 2680 E. 9th St., Reno, on November 5, 2016. Tickets are $35.00 for adults and $10.00 for children (ages 6 to 12). To obtain tickets, contact Rachael Ferrari at 775-560-4010 or email her at rachael.ferrari@gmail.com.

The next two meetings are Sunday, October 16 and November 13.

Ciao,
Charlyne Pacini

Sacramento
Sacramento St. Mary, Br. 45 Saluti, Members of St. Mary’s Branch 45 enjoyed our Diocesan’s Bishop’s Day at the Cathedral of the Blessed Sacramento on October 16th. We celebrated mass at the Cathedral for this very special event. The District presented Auxiliary Bishop Cotta with a check for $2,000 for the Seminary Fund.

Save Sunday, November 13th for our Chicken and Polenta Dinner in Giovanni Hall at St. Mary’s! Dinner includes Chicken, Polenta with Meat Sauce, Salad, Rolls and Dessert! Meeting starts at 4:30pm, we will be holding our elections for 2017! Dinner is at 6pm. Cost is $14 for members, and $17 for non-members. Make your reservation by Tuesday, November 8th!! To make reservations or for further information, call Janine at 916-508-1199.

Reno
Reno St. Albert, Br. 135 On a beautiful sunny Sunday afternoon on September 18, 20 members and guests of Branch 135 enjoyed a terrific outdoor picnic lunch at Idelwild Park in Reno. Bob Capurro did a great job of barbecuing the hamburgers and hot dogs to perfection. The members added to the picnic by bringing a pot of chili beans, some wonderful salads and desserts. Tickets were distributed to members to sell for our upcoming Polenta Dinner fundraiser to be held Saturday, November 5.

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The next two meetings are Sunday, October 16 and November 13.

Ciao,
Elaine

Auburn
St. Joseph, Br. 342 October was a very busy month for our branch with Pizza Night and Elections, Bishop’s Day, The Cooley’s Anemia Luncheon, and Feeding the Hungry. Thank you to all who made these events so successful by attending and helping out. A special thank you to Laurie Levine for traveling and speaking at our luncheon. It was so great to see you and listen to your new presentation. Our branch wishes you the best of luck with your new endeavor. Our prayers are with you and your family.

Congratulations to our newly elected 2017 Board of Directors. President: MaryAnn Mikles. 1st Vice President: Pam Anderson, 2nd Vice President: Maria Fregosi, Secretary: JoAnn Swars, Treasurer: Cheryl Driggs, Financial Secretary: Flo Mooneyham, Sentinel: Lisa Stockman, Orator: Barbara O’Roarke and Trustees: Dolores Aleccia, Rita Merrill, and Trish Putkey.

Branch 342 wishes everyone a Thanksgiving filled with family, friends, wonderful food, and good health.

Buon compleanno e tante belle cose a tutti i soci della sezione 73 nati nel mese di novembre.

Robert Delpippo

San Vito
San Vito, Br. 73 Remember to set aside Saturday 3 December as the date of Branch 73’s Christmas gathering. The festivity will be a joint sponsorship of the Knights of Columbus, ACTS, and your Branch. In all probability the main feature will be a late afternoon or early evening dinner at no cost to members. More information will be forthcoming, perhaps through a mailing.

Buon compleanno for November members Verona Devito, Maria Keller and Janine Orsi!!

Ciao,
Verona Devito, Maria Keller and Janine Orsi!!

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Joe Aguilar preparing for Branch 438’s Ministry Fair Day.

Reno
Reno St. Albert, Br. 135 On a beautiful sunny Sunday afternoon on September 18, 20 members and guests of Branch 135 enjoyed a terrific outdoor picnic lunch at Idelwild Park in Reno. Bob Capurro did a great job of barbecuing the hamburgers and hot dogs to perfection. The members added to the picnic by bringing a pot of chili beans, some wonderful salads and desserts. Tickets were distributed to members to sell for our upcoming Polenta Dinner fundraiser to be held Saturday, November 5.

Our first regular meeting of the fall season will be held on Sunday, October 16 at St. Albert’s Hall at 6:00pm. Our annual fundraiser will be a polenta and chicken dinner with all the “trimmings” at the Boys &Girls Club of Truckee Meadows, 2680 E. 9th St., Reno, on November 5, 2016. Tickets are $35.00 for adults and $10.00 for children (ages 6 to 12). To obtain tickets, contact Rachael Ferrari at 775-560-4010 or email her at rachael.ferrari@gmail.com.

The next two meetings are Sunday, October 16 and November 13.

Ciao,
Elaine

Auburn
St. Joseph, Br. 342 October was a very busy month for our branch with Pizza Night and Elections, Bishop’s Day, The Cooley’s Anemia Luncheon, and Feeding the Hungry. Thank you to all who made these events so successful by attending and helping out. A special thank you to Laurie Levine for traveling and speaking at our luncheon. It was so great to see you and listen to your new presentation. Our branch wishes you the best of luck with your new endeavor. Our prayers are with you and your family.

Congratulations to our newly elected 2017 Board of Directors. President: MaryAnn Mikles. 1st Vice President: Pam Anderson, 2nd Vice President: Maria Fregosi, Secretary: JoAnn Swars, Treasurer: Cheryl Driggs, Financial Secretary: Flo Mooneyham, Sentinel: Lisa Stockman, Orator: Barbara O’Roarke and Trustees: Dolores Aleccia, Rita Merrill, and Trish Putkey.

Branch 342 wishes everyone a Thanksgiving filled with family, friends, wonderful food, and good health.

Buon compleanno e tante belle cose a tutti i soci della sezione 73 nati nel mese di novembre.

Robert Delpippo

San Vito
San Vito, Br. 73 Remember to set aside Saturday 3 December as the date of Branch 73’s Christmas gathering. The festivity will be a joint sponsorship of the Knights of Columbus, ACTS, and your Branch. In all probability the main feature will be a late afternoon or early evening dinner at no cost to members. More information will be forthcoming, perhaps through a mailing.

Buon compleanno for November members Verona Devito, Maria Keller and Janine Orsi!!

Ciao,
Verona Devito, Maria Keller and Janine Orsi!!

Sacramento
Sacramento St. Mary, Br. 45 Saluti, Members of St. Mary’s Branch 45 enjoyed our Diocesan’s Bishop’s Day at the Cathedral of the Blessed Sacramento on October 16th. We celebrated mass at the Cathedral for this very special event. The District presented Auxiliary Bishop Cotta with a check for $2,000 for the Seminary Fund.

Save Sunday, November 13th for our Chicken and Polenta Dinner in Giovanni Hall at St. Mary’s! Dinner includes Chicken, Polenta with Meat Sauce, Salad, Rolls and Dessert! Meeting starts at 4:30pm, we will be holding our elections for 2017! Dinner is at 6pm. Cost is $14 for members, and $17 for non-members. Make your reservation by Tuesday, November 8th!! To make reservations or for further information, call Janine at 916-508-1199.

Joe Aguilar preparing for Branch 438’s Ministry Fair Day.
Looking forward to a wonderful Thanksgiving approaching (February 2017), and we will be collecting pasta sauce. (See photograph) The items have been collected 250 bags of pasta and 175 jars of sauce donations as a corporal act of mercy: Our parish is promoting the ICF’s Donare Pasta” program, which began in 2014.  

During the sausage sandwich sale, two of our members flew to Italy and shared the Sacrament District Mangiamo Dinner. We brought back numerous pasta dishes, salad and cupcakes for dessert. One of the biggest and most popular events of Our Lady of the Rosary Parish is the annual Spaghetti Dinner to be held on Saturday, November 5, from 12:00 to 9:00 p.m. Adults $15.00 and children (10 and under) $6.00. 

Our Pastor Father Michael Pham was transferred to another parish... We have been assigned Father Peter Bosque... Father recently taught at the University of San Diego. He is assigned to the parish is Father Richard Pagano... Father Richard is attending the John Paul the Great University in the MBA program. He is originally from Florida. 

With the arrival of Fall, Branch’s 230 calendar is a busy one. The annual Pancake Breakfast held on September 25 received many positive reviews – the food was delicious and those attending commented on the cheery atmosphere and the excellent service. On Friday, October 21, branch members enjoyed a pre-thanksgiving dinner of turkey and ham with all of the fixings provide by Cupid Catering. One of the biggest and most popular events of Our Lady of the Rosary Parish is the annual Spaghetti Dinner to be held on Saturday, November 5, from 12:00 to 9:00 p.m. Adults $15.00 and children (10 and under) $6.00. 

Our Branch #38 wishes a Happy Thanksgiving to all ICF members & their families. Ci Vediamo il 12 di Novembre at 12:00 Noon! Ciao, Mara Amato.

San Diego
Our Lady of the Rosary, Br. 230
With the arrival of Fall, Branch’s 230 calendar is a busy one. The annual Pancake Breakfast held on September 25 received many positive reviews – the food was delicious and those attending commented on the cheery atmosphere and the excellent service. On Friday, October 21, branch members enjoyed a pre-thanksgiving dinner of turkey and ham with all of the fixings provide by Cupid Catering. One of the biggest and most popular events of Our Lady of the Rosary Parish is the annual Spaghetti Dinner to be held on Saturday, November 5, from 12:00 to 9:00 p.m. Adults $15.00 and children (10 and under) $6.00. 

Branch members will be attending the San Diego District’s Bishop’s Day on Saturday, November 6, hosted by Branch 261, St. Therese Parish. Following the November General Meeting on Friday, November 18, the branch will host an ICF San Diego District Workshop on Saturday, November 19, from 10:00 a.m. to 12:00 p.m. Once again we welcome members from the Central Council. Certainly a busy time for Branch 230. 

Our next meeting will be on November 9th. For all our November Birthday celebrants, D. And our delicious lunch at the Frattlellanza at Harding Golf Course. Reservations have been made for our branch members. 

San Francisco
St. Elizabeth, Br. 258
We are looking forward to our tour of K. Q. E. And our delicious lunch at the Frattlellanza at Harding Golf Course. Reservations have been made for our branch members.

Redlands
Sacred Heart, Br. 217
Branch 217 in Redlands really knows how to celebrate Columbus Day. We held our bi-annual sausage sandwich sale that weekend and were able to raise $549.31! Also, a few of our members flew to Italy and shared the Canonization Mass of St. Mother Teresa of Calcutta. We brought back numerous pasta dishes, salad and cupcakes for dessert.

San Francisco
Sts. Peter and Paul, Br. 38
Every year in October, our branch reschedules our monthly meeting to the 3rd Saturday of the month. On the 2nd Saturday-Sunday, our Parish Church and School, Sts. Peter &Paul, has its annual Bazaar & festivities. Besides this important fundraiser, there’s the Columbus Day Parade, it’s Fleet Week, the awesome Blue Angels perform, and the North Beach neighborhood becomes a madhouse... people & cars everywhere! But, it’s very exciting to honor our famous Christopher Columbus! On Oct. 12, “Everyone is Italian!”

At our September meeting we had a lively discussion with George Pagni and our branch members present on what we can do to get new members. As a result we have joined our branch. Most of our members in branch #38 live out of San Francisco. The few remaining of our active members, who do live in SF, are getting to be fewer and fewer. Unfortunately, age is our biggest problem. As I have mention in the Bollettino, a few of our very active members have died in the last two years, which is a major loss for our branch. Now I don’t think we have enough members to even be officers in 2017. This makes it impossible for the few members who love everything that needs to be done: fundraisers, recruiting new members, preparing for our meetings and lunches, etc. Hopefully, Rose Mangini is feeling a lot better. We know Rose was in charge of the Italian Pride Booth at the SSPP Church/School Bazaar. She does an excellent job and we know her Committee depends on her! Our prayers are with you, Rose. 

Our “Free Members Lunch” at our October meeting was a surprise. Our theme was “Trick or Treat”...so you know what that meant! Happy Halloween everyone!

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**San Mateo District Council**

Congratulations to Deborah Rodondi for her re-election to the ICF Central Council! Many thanks to her for writing the report for me in the August/September Bollettino. Keep President Marc Teglia in your prayers. They do help and we wish him well. Many thanks for your prayers for my son John and me in his illness. Miracles do happen.

We send our deepest sympathy to the Murray Family on the loss of our Dearest Friend and Chaplain Father Frank Murray.

Our deepest sympathy to the Family of our long-time delegate Rose Marie Sickle (Branch 163).

Mark your calendars:

- **November 4, Chaplain’s Night at the Basque Center, 599 Railroad Ave., So. San Francisco. No host cocktails 6:00 p.m. Dinner 7:00 p.m.** Entrée choice: Rack of Lamb with scalloped potatoes and vegetables $55; Salmon with Champagne sauce, vegetables and rice $50; Breast of Chicken Chasseur with Vegetables and rice $45. R.S.V.P. by October 26 to Kelly Teglia, 874 Baden Ave., So. San Francisco 94080. 650-589-1638. Make checks payable to ICF San Mateo District. Name of attendees must accompany food choices.
- **November 15 - Branch 173, Our Lady of Angels, Burlingame. Champagne Bingo. Call Deborah Rodondi, 650-583-0805, for info.**
- **November 15 - Branch 19, Holy Angels, Colma. Champagne Bingo. Call Deborah Rodondi, 650-583-0805, for info.**
- **November 12 - Branch 130, St. Pius, Redwood City, Colma. Champagne Bingo. Call Deborah Rodondi, 650-583-0805, for info.**
- **November 12 - Branch 19, Holy Angels, Colma. Champagne Bingo. Call Deborah Rodondi, 650-583-0805, for info.**
- **November 12 - Branch 173, Our Lady of Angels, Burlingame. Announcement dinner.**
- **November 15 - Branch 173, Our Lady of Angels, Burlingame. Anniversary dinner.**
- **November 15 - Branch 327, our monthly dinner meeting.**
- **November 12 - Branch 19, Holy Angels, Colma. Champagne Bingo. Call Deborah Rodondi, 650-583-0805, for info.**
- **November 12 - Branch 173, Our Lady of Angels, Burlingame. Anniversary dinner.**
- **November 15 - Branch 327, our monthly meeting and dinner.**
- **November 20 - Branch 173, Our Lady of Angels, Burlingame. Pedro Tournament. Reservations to Bea Tomasello, 650-344-5276, by November 17.**
- **Saturday, November 24 – Happy Thanksgiving!**

**San Carlos**

**St. Charles, Br. 327**

First off, a big thank you to Celeste Lennemann and Gloria Haars for the wonderful Mexican casserole, chili, salad and pineapple-coconut cake. It was a truly delicious dinner enjoyed by everyone in attendance.

We have a lot of upcoming events for the month of November.

- **November 4 - Chaplains Night at the Basque Cultural Center. The flyer was sent to all members in the October newsletter…hosted by Branch 7.**
- **November 12 - Branch 19, Holy Angels, Colma. Champagne Bingo. Call Deborah Rodondi, 650-583-0805, for info.**
- **November 12 - Branch 130, St. Pius, Redwood City. Polenta dinner. Call Jean Tomatis, 650-368-5486, for info.**
- **November 15 - Branch 173, Our Lady of Angels, Burlingame. Anniversary dinner.**
- **November 15 – Branch 327, our monthly meeting and dinner.**
- **November 20 – Branch 173, Our Lady of Angels, Burlingame. Pedro Tournament. Reservations to Bea Tomasello, 650-344-5276, by November 17.**
- **November 24 – HAPPY THANKSGIVING!**

Also, our branch is forging ahead and working out the final details for the Installation of Officers for the San Mateo District. Save the date – January 21, 2017.

**Colma**

**San Vincenzo De Paulo, Br. 19**

Hello Everyone!

During the month of September we sent two representatives to the convention. They both shared their experiences about convention at a dinner meeting late in September. We also had a Champagne Bingo. During the month of October we sponsored a booth for our Parish Festival “Feast of the Holy Angels”. Confirmation candidates volunteered to help hand out prizes and encourage parishioners to come and play our wheel game. Fun was had by all.

This month we had a Champagne Bingo and dinner meeting. We want to thank all who have participated in the above events the past two months. A lot of energy and hard work was done by everyone and now are enjoying their October Festa Italiana Reno trip – well deserved.

**Burlingame**

**Our Lady of Angels, Br. 173**

Our summer is gone but looking forward to all of the fun activities planned for the next few months.

Our October meeting is our “Make a Sandwich Night” along with our regular meeting. Thanks to Jean Watterson and Mara Barsotti-Mills for helping with the evening.

It is also election time so any member who has not spoken up for a position can do so at our meeting. We are lucky to have so many volunteer earth angels in our club to help the officers and they are greatly appreciated.

Please try to attend our Semi Annual District Mass Saturday, 10-15-16 All Souls Church 479 Miller Ave. S.S.F. refreshments to follow: reservations to: Lola Migliore 650-589-8269

Upcoming events for November:

- **11-4-16 Chaplains Night at the Basque Center S.S.Francisco - No host cocktails 6 P.M. Dinner - 7 P.M. RSVP: Kelly Teglia 650-589-4638**
- **11-15 Branch Anniversary Dinner Basque Cultural Center - Contact: Dorene Campanile 650-344-7870**
- **11-20 Pedro Tournament O.L.A. $40 registration 12:30 P.M. start time: 1PM. Contact: Bea Tomasello 650-344-5276**

Dinner to follow.

We were sorry to hear of Father Frank Murray’s passing and know he will put in a good word for us up above. Please keep in mind our many branch members who need our prayers.

**God Bless,**

Rosalind C. Emery
reports we have 2 new members, Mary and Jim Whitehead, which brings our total membership to 67.

San Mateo District Chaplain’s Night will be held on Friday, November 4, 2016 at the Basque Cultural Center, So. San Francisco. Meal choices are: rack of lamb $55, salmon $50, chicken and vegetable pasta $45…

Treasure Dani will take reservations. Please send check payable to ICF branch #404 to Spring Valley Lane, Millbrae, CA 94030 by October 23, 2016.

Our delegate to the ICF Convention, Caroline Cannizzaro, gave a report on the many activities and reports that it was a very rewarding experience.

Marin
Larkspur
St. James, Br. 161

Marlene Farber has thirty-five 2017 calendars. They make great gifts for hospitality, birthday or Christmas. Daily raffle winners range from $30 to $100, it is quite a bargain for $25 and the branch gets to keep $5 for each calendar sold. Call Marlene Farber at 415 461-1119 if you would like to buy one.

On Saturday, November 12 there will be a talk and olive oil tasting led by certified olive oil taster Orietta Gianjorio, “Clearing the Air: The Truth about Olive Oil.” It will be held in O’Brien Hall at the Lady of Mt. Carmel Church in Mill Valley from 11am to 1pm. Cost is $20 a person and seating is limited so get your reservations in early. RSVP to (415) 924-9429 or email RSVP2ICF@gmail.com.

Mark your calendars for The Christmas Luncheon on Saturday, December 3 from 11:30am to 2pm. Mr. & Mrs. St. Clare will greet the kids with a gift. Cost is $30 per person over 14 and $10 per person under 14. Call Jeanne Asdourian or Lucia DellaSantina for reservations.

Our next meeting will be November 15.

Our get well wishes to everyone who isn’t feeling well.

Happy Thanksgiving to all of you.

Anna Biggio

San Jose
Santa Clara Valley
Santa Clara
N.S. Assunta, Br. 5

An official vote of 2017 Officers was taken and approved at the October Meeting. Congratulations to all the Officers for 2017, and thanking you for their hard work. Our first meal of the year was celebrated on January, 2017. Please give them your support.

A delicious Turkey Dinner will be served at the Dinner/Meeting on November 17, 2016. Cost: $10.00. Call Bea Cunha for reservations.

Thanks to all members who are attending our Dinner/Meetings. The past few months, we had a great turnout. Come and enjoy and be informed.

The Annual Leaf Tea is scheduled for Sunday, December 4, 2016 at 3:00PM (doors open) at 2:00PM at Holy Family Church/Parish Hall. Infant items are needed as well as Monetary Donations. Please bring your items, and donations to the November Dinner/Meeting.

Dues are currently due for 2017. Letters will be mail to all members. If you have not received one, see or call Marlene Rotolo.

Happy Thanksgiving to all members and their families.

Ciao,
Marlene Rotolo

Gilorv
Santa Maria Ausiliatrice, Br. 28

Many thanks for all who attended our Polenta Dinner Fundraiser. We didn’t sell enough tickets as we had hoped, but we did all right! Thank you Andy and the kitchen crew for a delicious dinner. And to all those who helped serve we thank you too. We did do very well on the raffle, because of all the members who donated wonderful gifts.

Our next fundraiser will be our Scholarship breakfast on November 6. We need support as this is how we fund our 5 scholarships we give out each year. Come enjoy our meal of pancakes, eggs, sausage, milk, orange juice and coffee. We will be serving from 7: am to 11: am. Come and take away some of our home baked goodies available that day at our bake sale.

St Francis Cabrini pilgrimage will be on November 13 at St. Francis Cabrini Church, San Jose.

November 14, Thanksgiving dinner prepared extended families, and friends enjoyed two days to not be too close to Thanksgiving. One week earlier than usual.

Our 2017 calendars are now on sale. Get yours quickly.

Pray for our sick members.

Ciao,
Anna Barberi

San Jose
St. Frances Cabrini, Br. 191

On November 13, Branch 191, St Frances Cabrini Church in San Jose, will be hosting our Annual Saint Francis Cabrini Pilgrimage. Our morning starts at 10:45 am, with a procession around the perimeter of the Church grounds. As we process as a group, 5 different ethnic communities will recite a decade of the Rosary in their native language. After processing, we will attend Mass, and after Mass we will meet in Essig Hall for lunch. This is a wonderful way of honoring our Patron Saint on her Feast Day.

Saint Frances Xavier Cabrini was born in 1850 in Lombardy, Italy. She knew from childhood that she wanted to become a nun. After taking her vows, she founded the Sisters of the Sacred Heart Order. She was a remarkable woman, but then most Saints are remarkable. During the 67 years of her life, she established 67 houses. Saint Frances Cabrini, pray for us.

Ciao
San Jose
Santa Teresa de Avila, Br. 368

On the first weekend of October, our eleventh annual Parish Festival was again a delightful event for all. Children, their parents, their friends and neighbors crowded the church. We enjoyed a great day and a half of days of a movie, fun game booths, various meals, and craft, plant, book, and white elephant booths. We also had music and dance entertainment on a stage. Wow!

We continue to pray for our members suffering with health issues. “Lord, please take care of us all.” Our hearts and our love go out to our members and their families who are having such serious problems at this time. We miss each of those unable to come to our meetings.

John Gillio, thank you for making the polenta for our October meeting; Joyce and Robyn Robba, Rhoby Schlice, and Noreen Gillio, thank you for the Halloween themed dinner and decorations.

Our current project is our Monte Carlo night on October 29, which we are hosting in conjunction with the Fil-Am's of our parish and the Knights of Columbus. Joyce Robba and Pat Cordich have generously volunteered to chair the event. We have planned Halloween activities for the youngsters.

Our branch thanks Mary Ridi for filling-in at our September meeting for our president, Mike Nunziata, who has been sick.

With thoughts of our many ill friends and thanks for all the blessings we have received, we think of Ed Wendler’s formula, JOY, J for Jesus, O for others, and Y for yourself, when we need joy in our lives.

Wishing you joy and love on Thanksgiving Day

Judy Zahn

San Jose
St. Martin of Tours, Br. 391

Congratulations to our 2017 officers, who were re-elected at our October meeting: President-Marcia Rossi, Second Vice President- Doug Schenk; Secretary-Louise Vento; Financial Secretary -Tina Rossi; Orator-Sister Jane Lotts; Treasurer-Debra Cavallaro, Diana Rossi, and Russ Vento; and Sentinel-Linda Ochino. We continue to thank you for service to our branch.

Thank you to Al and Diana Vallorz for the wonderful buffet that was enjoyed by all at our October meeting held at St. Clare’s Hall. Thank you to our servers as well as thank St. Clare’s for the use of their hall during the remodeling of our kitchen at St. Martin’s. We may be back at St. Clare’s in November if remodeling is unfinished.

Louise Vento presented an informative Heritage Report on Christopher Columbus, a native of Genoa. Don’t forget to contact Louise for your copy of our ICF 2017 calendars.

Save the Dates: In November, our members will be assisting in the First Communion dinner. On November 13, there will be a pilgrimage at St. Frances Cabrini Church in San Jose, will be hosting our Annual Christmas Party is scheduled for December 6 at St. Martin’s. The Central Council is starting a fundraising campaign for the Italian Cultural Association and thei Victims.

Congratulations to Julia O’Brien for receiving our third-year scholarship award.

We truly thank Bianca Vallorz for her great work on the Bollettino.

We pray for our deceased member, Al Mendence, who was St. Martin’s oldest living parishioner and altar boy.

Janis Patellaro

Sunnyvale
Resurrection, Br. 408

Branch 408 hosted the Reception after the first Ecumenical Peace Service on 3 October. We were joined by a Buddhist Monk, the Mayor of Sunnyvale and the Head of Sunnyvale Public Safety (DPS). The Children of the School created Peace Bookmarks for the wonderful event. This event was very moving and Br 408 was pleased to be asked to participate.

The Santa Clara Valley District Bishop’s Day was held at the 11:30 AM Mass on Sunday 16 October and was followed by an Italian Buffet at Martin’s, Bishop Degrazia was very pleased to receive the Bursie.

Fr. Noel’s Installation Mass was held just a few short days after the 2016 Bishop’s Day.

We congratulate our new Officers for 2017.

Our October Blood Drive was held on a Saturday and once again on a Saturday - we struggled for Blood Donors! However, e did recruit one new member – Deacon Mike Haas – Good work Patricia. Thank you for your Prayers and Support. We look forward to our next Mobile Blood Drive – the last drive of 2016 – on Sunday 4 December. Please Pray for donors.

Remember to include our sick members in your prayers - especially for John Parker’s wife Barbara, Betty DeVille, Donna DeFrancisi, Paul Blefardi, and Edith Novak.

Morgan Hill
Santa Caterina D’Alessandria, Br. 435

For our Sept. dinner meeting we were fortunate to have Joan and Rich Della Maggiore cook our fabulous and delicious feast. We feasted on lamb Osso Bucato, rice and spinach. We also enjoyed wonderful assorted appetizers. They served salami, cheese, and garlic olives. For dessert we had different ice creams and melons. A big THANK YOU to the helpers in the kitchen. They were Peter Cassidy, Angela Estrella and Josie Talamo. Some of the Della Maggiore’s family were also there to help. It was a treat having our food brought to our tables. Thank you Joan and Rich for a remarkable and yummy dinner.

Denise Campagna spoke to us about the I.C.F convention. She informed us it was a great convention and thanked us for sending her and Sal as our delegates. Denise and Sal have been attending these conventions for over 30 years.

Our branch welcomes some new members. They are Angela Estrella, Maria Hitchcock, Vee Havercroft, and Marie Lamb.

Ken Ravizza is on his way of recovery from his injury.

Peace and God bless.

Donna Basilin

Santa Rosa
Napa
San Giuseppe, Br. 391

Eleven members attended Bishop’s Day at St. Eugene’s on Saturday, September 18.

Our delegates, Angela Vidaurrea and Juliann Fontana really enjoyed the Convention in Fresno. There was lots of good information given at the workshops to bring back to our Branch.

Our next meeting will be October 3rd which will be at Filipi’s Restaurant. Nomination and election of officers will be held.

The next Officer’s Meeting will be October 17. At that time we will work up a calendar of events and a budget.

Ciao,
Juliann

Cleaverdale
L’Annunciatu, Br. 75

We met briefly in August to enjoy “build your own ice cream sundaes”hosted by Barbara Covello. We appreciated her challenges in doing this having just lost her husband, branch member, Don Covello, at the end of July. Thank you, Barbara, for your spirit and commitment to our branch. Don was very special to us.

September’s meeting hosted by Raul and Kathy Arreguin was a “build your own deli sandwich” night…great fun! It was followed by an enthusiastic convention report from our branch president trying to pass the spirit of Fresno Convention on to the branch! She reported that the venue was nice, the events...
were entertaining, and the presentations were inspiring.

Our branch has recently committed to hosting a coffee social once a month after the 9:30 a.m. Mass. We’ve done it twice and both times it was pleasant with people meeting each other and engaging in animated conversations, creating deeper bonds. It’s also a wonderful time to invite parishioners to join our branch!

October’s meeting will be a no-host Harvest Celebration with branch members bringing in their favorite dishes.

Santa Rosa
St. Eugene, Br. 198
We are having busy, fruitful times. Our Oct. fundraising dinner served 280 friends poloenta and stew by our Chef Steve Costaglio. We are seeking donations for our charities. Then came our harvest potluck dinner a few days later. November 7 brings our meeting with a spaghetti and meatball dinner by Bill Scinto followed by our December 5 Christmas Party membership dinner by Chef Tom Saksa. We are eating a lot. Thanks to God for our fellowship and delicious food.

Happy Thanksgiving and Christmas,
Gene Zingarelli
President

Sebastopol
St. Michael, Br. 209
Our October meeting featured a “Happy October/Halloween Potluck! – Many delicious dishes were enjoyed.

On October 22 our Branch hosted our Annual Ravioli Dinner. Great food and many compliments were received from those in attendance.

Plans are progressing for our upcoming 50th Anniversary Celebration on December 3. Be sure to make your reservations as soon as possible because seating is limited. Should you miss the event a delicious dinner is planned. Don’t miss it!

Not much other news at this time due to the concentration on the planning of the above-mentioned celebration. Will give you an update in the next article.

Hope everyone had a fun time with your families on Halloween. It is such fun to see the little ones all dressed up when they come to our door.

Upcoming:
November 1 – Board Meeting
November 8 – Regular Meeting

December 3 – Branch 209’s 50th Anniversary Celebration

Happy Thanksgiving to all!!!
Ciao,
Luna Bertol

Stockton
St. Stanislaus, Br. 48
Thanks to all our members that bade for the bake sale. It was a very successful bake sale. We always say the sale is after all the masses but we were sold out by 10:00 am.

The convention calendars are here and the members are encouraged to buy one and also help sell the calendars. We get to keep five dollars from each calendar sale.

Branch 48 will be celebrating their 80th anniversary July 8, 2016. Please save the date on your calendars. Details for the dinner will be in the bulletin as the time approaches.

Our branch calendar for the year has been sent in to the parish office for approval.

We encourage our members to attend the success. We are now planning for our 2017 Polenta/Chicken Cacciatorre dinner which will be held in February. Branch 395 will host the 2017 Bishop’s Bake in April and we are making plans for that event. Have a happy and safe Halloween!

Upcoming Events:
November 6 – District Meeting
November 10- Branch meeting
December 10 – Annual Christmas Luncheon

We Give Thanks
Our Father in Heaven,
We give thanks for the pleasure
Of gathering together for this occasion.
We give thanks for this food
Prepared by loving hands.
We give thanks for life,
The freedom to enjoy it all
And all other blessings.
As we partake of this food,
We pray for health and strength
To carry on and try to live as You would have us.
This we ask in the name of Christ,
Our Heavenly Father.

– Harry Jewell
These are the choices and prices for the ads:

- 2 1/2" x 2 1/2" (one column square) $25
- 2 1/2" x 5" (vertical or horizontal) $35
- 4" x 5" (horizontal) $50
- 6 1/2" x 5" (horizontal, quarter page) $70

To place a message, please send in your ad, either finished or just the text you want, size selection, and your check made out to the I.C.F. (noted Christmas ad), to:

Italian Catholic Federation
8393 Capwell Drive, Suite 110
Oakland, CA 94621

Attn: Bollettino

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1. Pay off your forward mortgage to eliminate your monthly mortgage payment.
2. Remodel your house to accommodate aging in place.
3. Maintain a line of credit (that grows) for health emergencies and surprises.
4. Cover monthly expenses and hold on to other assets while their value continues to grow.
5. Cover monthly expenses and avoid selling assets at depressed values.
6. Pay for health insurance during early retirement years until Medicare eligible at 65.
8. Combine Life tenant payments with Social Security and Income generated by assets to replace your salary and continue a monthly routine of paying bills from new income.
9. Pay for your children’s or grandchildren’s college or professional education.
10. Maintain a “steady” cash reserve to get you through the ups and downs of investment markets and provide more flexibility.

11. Combine proceeds with the sale of your current home to buy a new home without a mortgage and monthly mortgage payments.
13. Fill the gap in a retirement plan caused by lower than expected returns on your assets.
14. Pay for short-term in-home care or physical therapy following an accident or medical episode.
15. Pay for a retirement plan, estate plan, or will.
16. Convert a room or basement to a living facility for an aging parent, relative or caregiver.
17. Set up transportation arrangements for when you are no longer comfortable driving.
18. Create a set aside to pay real estate taxes and property insurance.
19. Delay collecting Social Security benefit until payments are maximized.
20. Eliminate credit card debt and avoid building new credit debt.
21. Cover monthly expenses between jobs without utilizing other saved assets.
22. Cover expenses and avoid capital gains tax consequences of selling off other assets.
23. Purchase health-related technology that enables you to live at home alone.
24. Help your adult children through family emergencies.
25. HAVE FUN! Buy a new car, take a dream vacation and enjoy your retirement.

*Not all individuals will benefit from a reverse mortgage. Please ask your financial advisor to determine if you may benefit.