Congratulations! At the June Central Council meeting, Grand Trustee Jim Friebel was elected to the status of Life Member while Grand President Jim Jones stepped into the roll of Life Member Emeritus. Congratulations to both Jim J. and Jim F.

ICF Creates Japan Earthquake and Tsunami Relief Fund On March 11, 2011 an 8.9 magnitude earthquake and subsequent tsunami hit North-east Japan causing many injuries, fires and massive destruction. More than 15,000 people have died and over 370,000 houses and buildings have been destroyed.

The ICF has started a relief fund with a donation of $1,000 from the Central Council and buildings have been destroyed.

The Second Annual Central Council sponsored “A Night for the Seminarians” was held on June 18, 2011, at the San Carlos Hall in Monterey, Ca. We were welcomed to the hall by the Santa Rosalia, Branch 36 of the Italian Catholic Federation. The evening started with everyone socializing and some dancing to the Music of the Anthony Lane Band. At 7:00pm dinner was served by the members of Br. 36 and it was perfect. The kitchen crew led by Eddie Leonard prepared a meal that started off with an antipasti tray of sliced cured Italian meats, marinated artichokes, imported olives, Italian bean salad and imported Rondele and Brie cheeses. That was followed by a Salinas Valley Iceberg Lettuce Wedge with blue cheese dressing, and then the main course of Choice Prime Rib au jus, twice stuffed baked potato and haricot vert almondine. Dessert was Panna Cotta with berry sauce. The whole meal was superb.

At 8:15pm Father Gaetano Borgo from Venice, Italy performed and was well received. When Father wanted to say something and be understood in English he spoke through Maria Tringali who did a great job as his interpreter. At the end of his performance he presented Grand President Jim Jones with a book about a special painting he brought with him and donated two Venetian masks to the guests.

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Email: info@icf.org (general)
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accounting@icf.org (Patty Smith)
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Tips to Keep Members Interested from Day 1 On

Roselynn Jarrett
Membership Chairperson

Here are a few successful tips to help your branch retain members and keep them interested from day one.

Be Welcoming
Thank your new members for joining, show interest by learning more about them, be hospitable and wear your smile for them.

Make a Great First Impression
You only have one chance to make a great, lasting impression. What was your first impression of the ICF? Maybe it was a spiritual evening, a tasty meal, a Pedro game or a fun branch meeting. Something brought you back for more. What is going to keep your new members coming back for more? A great attitude, positive atmosphere and your passion for the organization are the ingredients for making a great first impression.

Form a Buddy System or a Branch Concierge Program
Assign each new member a buddy or a branch concierge during their first year.

Tips from the Mother Cabrini Shrine

Homeless people gravitated to River North, hoping to find safety and compassion among the downtown workers and inside the front door of Assumption rectory, where there was a refrigerator full of sandwiches.

In 1902 Mother Cabrini wanted to open an orphanage in Chicago, but the Archbishop told her a hospital was needed.

Will Mother Cabrini open an orphanage or a hospital?
To be continued...

Cooley’s Anemia (Thalassemia) -- Main Charity of the ICF

Honsignor Daniel Cardelli
ICF Spiritual Director
ICFspiritDir@aol.com

It is my guess that few people except those affiliated with the Italian Catholic Federation know what Cooley’s anemia is. The following is a condensed description of COOLEY’S ANEMIA RESEARCH (named after Thomas Benton Cooley (1871–1945), U.S. pediatrician, who reported incidences of the disease)

“Persons of Mediterranean origin are particularly vulnerable to the disease, and only recently have patients had a hope of survival past childhood, with treatment consisting of controlled transfusions and administration of the drug Desfarel. Thalassemia is an inherited disorder. It leads to the decreased production and increased destruction of red blood cells. Hemoglobin in the red blood cells carries oxygen for all organs in the body. The loss of red blood cells results in low hemoglobin. This leads to anemia. The decreased oxygen will impair the ability to maintain normal functions.”

“In Europe, the highest concentrations of the disease are found in Greece, coastal regions in Turkey, in particular, Aegean Region such as Izmir, Balikesir, Aydin, Mugla and Mediterranean Region such as Antalya, Adana, Mersin, in parts of Italy, in particular, Southern Italy and the lower Po valley. The major Mediterranean islands (except the Balearics) such as Sicily, Sardinia, Malta, Corsica, Cyprus and Crete are heavily affected in particular. Other Mediterranean people, as well as those in the vicinity of the Mediterranean, also have high rates of thalassemia, including people from West Asia and North Africa. Far from the Mediterranean, South Asians are also affected, with the world’s highest concentration of carriers (16% of the population) being in the Maldives (islands).”

In 1983 the Italian Catholic Federation chose Cooley’s anemia as its National Charity. Since then, the ICF donated more than $1 million for research at Children’s Hospital in Oakland, California. Each year at its annual convention the ICF, with pride and pleasure, presents a check for thousands of dollars to the Children’s Hospital of Oakland for COOLEY’S ANEMIA RESEARCH.

Every member of the ICF participates in this major outreach. All strive to do more to help alleviate this disease among the many thousands in the world and in the United States.

Upcoming:

2011 Bishops’ Days:
Sept. 10 Orange
Sept. 17 Phoenix
Sept. 18 Las Vegas
Oct. 8 San Gabriel Valley
Oct. 12 San Bernardino
Oct. 16 San Jose (Santa Clara Valley)
Oct. 16 Santa Rosa
Oct. 23 Fresno
Nov. 6 Blessed Sacrament
Nov. 13 Monterey (Central Coast)
Nov. 13 San Diego
Nov. 20 Los Angeles
Dec. 4 Reno

Senior Special

Has the process of getting in & out of the bathroom become difficult or is it a safety concern?

We are dedicated to providing walk-in tubs manufactured for comfort and safety at an affordable price.

$9,950
Price include heated hydrotherapy and accessories. Two day installation. Hydrotherapy is used to relieve many symptoms from back pain to poor circulation and high blood pressure.

John is an active member of Branch 332, Novato and serves the entire Bay Area.

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From the Mother Cabrini Shrine

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In 1902 Mother Cabrini wanted to open an orphanage in Chicago, but the Archbishop told her a hospital was needed.

Will Mother Cabrini open an orphanage or a hospital?
To be continued...

Membership Stats as of July 2010 – 12,291

<table>
<thead>
<tr>
<th>Category</th>
<th>Members</th>
</tr>
</thead>
<tbody>
<tr>
<td>New</td>
<td>863</td>
</tr>
<tr>
<td>Reinstalled</td>
<td>20</td>
</tr>
<tr>
<td>Transfer in/out</td>
<td>117</td>
</tr>
<tr>
<td>Non-payment</td>
<td>237</td>
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<tr>
<td>Canceled</td>
<td>915</td>
</tr>
<tr>
<td>Deceased</td>
<td>274</td>
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<tr>
<td>Membership as of 06/11</td>
<td>11,748</td>
</tr>
</tbody>
</table>

High Five!
Top Districts/Area with increased membership. (Deceased members are not included in these figures).

- Central Coast: 67
- Los Angeles: 30
- Contra Costa: 19
- Marin: 4
- San Gabriel: 2
Did you know in the opening of the movie *Water for Elephants* you see the big top tent of Circus Vargas? Circus Vargas was owned by Clifford Vargas. He was my father’s (Joseph George) first cousin. He purchased the circus in 1969 and the circus traveled 40 weeks out of the year crossing the United States. Many of you may remember seeing the Circus Vargas when it played in your city or town in a shopping center or in a field. When the circus would come to San Jose, my mother and father would go and Clifford would seat them in the front row. Clifford Vargas died in 1989 and I attended his funeral with my parents. Today the Circus Vargas is owned and operated by Tabares Entertainment and Circus Vargas is an American Circus based in California. At the present time they are appearing in Southern California. It is one of the world’s biggest traveling circuses still using a big top tent.

Did you know many different varieties of melons (melone) are grown in Italy? Napolitano melon have a green rind and orange flesh, and cantaloupe (cantalupo) have a rough skin and yellow flesh. The Tuscan melon grown in the Tuscany region of Italy has a gray green rind and orange flesh. Melons can be eaten with prosciutto, salami, as an antipasto, for dessert or as a fruit salad. The large green melon called (anguria) are also grown in the Tuscany region. They are similar to watermelon. If you go to Florence in August be sure to participate in the Feast of San Lorenzo the patron Saint of cooks. You will find many varieties of the melon in season at the local road side markets and at the festival. To find a fresh ripe melon press your thumb at the stalk end if it gives its ripeness and ready to enjoy.

James Heller is a recipient of an ICF 2011 First Year scholarship. James attended Turlock High School where he was active in athletics and student government. Not only did he play high school baseball for all four years, but he also served as Associated Student Body Treasurer as a junior and senior.

Next fall, James will be attending Sonoma State University where he plans to major in Kinesiology, the study of human movement that examines phenomena related to all aspects of physical activity. Students of kinesiology often go on to careers in such areas as teaching, coaching, adapted physical education, allied health fields, health and fitness industries, sport industries, or exercise and movement science.

James is very proud of his Italian heritage, having written, “I am very proud to be from the Italian Heritage. My grandmother, Blanche Unti, is a member of the Italian Women’s Club and Italian Catholic Federation. My father’s and mother’s families have been involved with the [local] Italian Lodge for over 50 years.”

As well as receiving a scholarship from the ICF, James has received scholarships from his local Italian American lodge. He writes that scholarships will help pay for “the ever increasing college tuition and expenses.” He is appreciative of the support he has received from the Italian American community.

To learn more about the ICF scholarship program, please visit http://www.icf.org/scholarships.html. You can make a donation through your local branch or online.

**Scholarship Donations**

<table>
<thead>
<tr>
<th>Scholarship Donations</th>
<th>1st Year</th>
<th>2nd - 4th Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mr. and Mrs. Robert Dianda and Jane Dianda</td>
<td>In memory of Antoinette Bilich</td>
<td>In memory of Alfred Leonetti</td>
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<tr>
<td>Ed and Jo Bertaccini</td>
<td>In memory of Steve Arnaudo</td>
<td>In memory of Steve Arnaudo</td>
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<tr>
<td>David and Pat Botta</td>
<td>Scholarship Donations</td>
<td>Scholarship Donations</td>
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**Wanted:**

**Cook/Gardener/Handyman**

Two adults are looking for one person or a couple to live in. Want a professional cook (prefer Siciliano style cooking), housekeeper, gardener, handyman, as well as an occasional on-call caretaker. Must be bondable/nonsmoker/nondrinker, clean cut with good drivers record.

Position requires moving to the country. Separate private quarters will be provided along with board/compensation/vacation.

For a personal interview please send resume to: lgr4280@sbcglobal.net or mail to: LeGrand Ranch, 4280 Ipsen Avenue, Le Grand, California 95333.
4 - BOLLETTINO

Sir Luigi & Lady Augusta Providenza
Seminary Scholarship Fund Donations*

IN MEMORY OF:
Gene Casti
Gene Casti
Reno Picchi
Mr. Gary Ostertag
Andi Ayello
Tosca Grier

DONATED BY:
Officers/Members of Br. 191
Jim and Janice Jones
Faustina Picchi
Mrs. Josephine Lucido and Family
Mrs. Josephine Lucido
Officers/Members of Br. 327

GET WELL WISHES:
George Bacigalupi
George Bacigalupi
George Bacigalupi
George Bacigalupi
George Bacigalupi
Laura Chmuel
George Bacigalupi
Hilda Valle
Rita Pinzon
Frank Schurley
Frances Perichuzhi

CONGRATULATIONS ON YOUR RETIREMENT:
Rev. Msgr. Fred Florek

CONGRATULATIONS ON YOUR NEW ASSIGNMENT:
Fr. Paul Arnoult Officers/Members of Br. 161

HAPPY 85TH BIRTHDAY:
Larry Marsalli
Bob Bassino

HAPPY 90TH BIRTHDAY:
Lorraine Frickie
Beatrice Bianco
Ann Fitzgerald
Bob Bassino

*Named after the co-founder of the I.C.F., the Sir Luigi and Lady Augusta
Providenza Seminary Scholarship Fund provides I.C.F. members a lasting way
to memorialize and/or extend greetings to friends, relatives, and loved ones.

In Loving Memory

Report Date: 06/16/2011

BRUNO J. GAMBUCCI Branch 004
LOUIS ZANINI Branch 054
NORMA MARTINO Branch 010
ANDREW PAIELLO Branch 072
JAMES E. KELLEHER Branch 014
PEGGY BORGATELLO Branch 137
MARY ANN MCLENDON Branch 01
SAUL DIANDA Branch 139
MARINO SICHI Branch 144
LOUIS R. MENENDEZ Branch 036
NICKINGRAVALLO Branch 163
DAVID L. WILSON Branch 036
A GENE CASTI Branch 191
NICHOLAS D. ANGELO Branch 050
JOAN A. SCHMIDT Branch 223

In Memory of: DONATED BY:
Ann Fitzgerald
Bob Basuino
Lorraine Fricke
Beatrice Bianco

HAPPY 90TH BIRTHDAY:
Larry Marsalli
Bob Basuino

Thank You From the Apostolate/Charity Committee

Our Apostolate Charity year began in September 2010 and ends in August 2011. Your support and generosity to our National Charity, Cooley’s Anemia, is always overwhelming and we thank all of you who support it with your heartfelt concern and fundraisers.

Oakland Children’s Hospital is again sponsoring activities for their Cooley’s Anemia patients. Due to your generous donations in the past, we have been able to participate by donating $2,500.00. This year we want to continue our program whereby we offer them support, but we are following up and asking branches and districts to take part and send in donations.

Thank you to everyone who has already sent in a donation. However, if you have not yet sent in a donation, please consider making one. We are still able to accept donations this month. A time of recreation among friends is not something many of these children or their families can afford and we have the opportunity to help them have fun and healthy experiences.

Please make your check payable to Italian Catholic Federation, memo it “Children’s Hospital Activities Donation” and mail it to the ICF Office, 8393 Capwell Road, Suite 110, Oakland, CA 94621.

As a reminder, please submit your Apostolate Charity report on or before July 15, 2011. Also, please continue to send in your donations for Cooley’s Anemia to go towards our annual presentation at the Convention.

Thank you,
The Apostolate Charity Committee

In Memory of: DONATED BY:
Lorraine and Mike Nunziata
In memory of Baby Ava
Roger and Kathy Santos
In memory of Mario Valdez
Antoinette and Angelo Pecora
In memory of Rev. Msgr. Laserian
Byrne
Antoinette and Angelo Pecora
In memory of Carrie Dunn Penchuk

Cooley’s Anemia Donations

In memory of Leona Garber
In memory of Mario Valdez
In memory of Baby Ava

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In memory of BabyAVA
The Thalassemia Program at Children’s Hospital at Oakland: Research Update

Part four of a Five Part Series

By Laurice Levine, MA, CCLS

Thalassemia Outreach Coordinator
Children’s Hospital & Research Center at Oakland

Foreword: An integral part of the Cooley’s Anemia (Thalassemia) Outreach Program at Children’s Hospital Oakland is to educate the community. The ICF has generously adopted the Thalassemia Program as their national charity and by ICF Member’s popular demand we have been writing another series on Thalassemia covering several topics of interest. For some of you, these articles may serve to refresh your knowledge and for others, we hope that you find this new information to be of interest. Thank you for reading and thank you for your continued support.

The Thalassemia program at Children’s Hospital Research Center at Oakland (CHO) is one in seven Thalassemia Treatment Centers (TTC’s) of specialty in the U.S. To qualify to be a TTC the program must provide high quality comprehensive care and support to patients and families; strive be on the cutting edge of research and technology; achieve the means of improving treatment and the quality of life for patients; and work towards finding a cure. The following are a few of the several medical studies currently being conducted at the Thalassemia Treatment Center at CHO. Along with federal government funding, the ICF has been instrumental in funding research for Thalassemia, consequently improving the lives of thousands of patients around the world.

1. Ceras Study (launched 2011) – Recently, there has been a new retrovirus that has been found in human red blood cells called Xenotropic Murine Leukemia-Related Retrovirus (XMRV/MLV). In this study, researchers examine antibodies of this virus in patients who have had 50 units or more of blood transfused during their life (to gain perspective a patient with Thalassemia requires approximately 36 units of blood a year to survive). By looking at these antibodies, the researchers may be able to identify if chronically transfused patients have been exposed to the XMRV/MLV. The Ceras study is currently enrolling Thalassemia patients for a one time blood draw of 8 cc’s (approximately one small vial).

2. Center for Disease Control (CDC) Study: This study involves people with Thalassemia who receive care at a TTC (Thalassemia Treatment Center). Patients are asked to have their blood drawn annually. The blood sample is then tested for blood borne viruses including hepatitis A, B, and C, human immunodeficiency virus (HIV), and West Nile virus (WNV). The remainder of the blood specimen will be stored for future testing, as needed, for the detection of viruses, diseases or conditions of particular importance to persons with Thalassemia. Patients who are enrolled in this study continue annual follow-ups.

3. Thalassemia Longitudinal Cohort (TLC) Study: Patients with Thalassemia are asked to visit a TTC annually to fill out questionnaires and be interviewed. On the first visit, historical medical data is collected and a blood sample is drawn for genotype testing in order to identify the specific type of Thalassemia that the patient has. Medical history data accumulated since the previous visit will be collected during annual follow-up visits. Participants are also asked to fill out quality of life assessments and food frequency questionnaires.

4. Pain Prevalence Study: Extended life spans for individuals with Thalassemia

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Gifts of Love Gratitude

The following article originally ran in the 75th Anniversary Book. It describes the origins of the Gifts of Love program. At the end of the article you will see new donation information that outlines total donations from 2000 to date.

ICF “Gifts of Love” began in 1995 when the Central Council allocated $5,000 start-up funds for a new program to assist the developmentally disabled. Proposed by former Grand President Albert Teglia, the program would provide grants for such things as training, therapy, and special equipment to individuals challenged by physical and/or mental handicaps, in particular when such assistance was not available to developmentally disabled persons through other social service agencies. As Mr. Teglia envisioned the program, it would be flexible and able to respond quickly to a genuine need, free of the definitions, limits and exclusions of insurance programs and government funded social service agencies. The program’s purpose would be to assist people in need achieve greater dignity and independence in their lives, by helping them get the necessary tools and training.

With the endorsement of the Central Council, and $5,000 funding, Al Teglia set about to create a program structure and committee, develop collateral materials, and solicit funds from the branches. At the end of the 1995-1996 fiscal year (July 1, 1996) individuals and branches had donated $3,225. By September 1996, when the first grants were made, another $3,000 had come in, bringing the fund over to over $10,000. In September 1996 the Gifts of Love committee met to make their first awards, and six applicants received grants totaling $2,530.00. Following these first grants, and the publication of articles about them, applications increased, along with donations from ICF branches in support of the program.

By July 1999, donations from individuals and branches exceeded $55,000, and 82 individuals (or agencies serving them) had received grants totaling approximately $48,000. These awards have provided such things as customized computers for the disabled and vision impaired; swim and dance therapy for children with coordination disorders; funds for special education classroom projects, such as planting and caring for a garden; and funds to cover transportation, books, supplies, and specialized equipment for developmentally impaired students enrolled in training programs. One of the larger grants, $1,000, covered transportation expenses for a seriously burned young Italian woman flying to the United States for surgery by a specialist who donated his services.

Through the year the donations to the Gifts of Love Program have continued to prosper. The program began with $5,000 start-up money from the Central Council, and that year received an additional $3,225 in donations. (The following amounts are approximate. Some amounts have been rounded up or down to the nearest dollar.)

2000 donations totaled $18,459.
2001 donations totaled $36,678.
2002 donations totaled $30,097.
2003 donations totaled $23,205.
2010 donations totaled $33,992.
As of June 2011 the Gifts of Love Program has received $5,065.

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Gifts of Love Donations

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2010 Thal Retreat
Fasanella’s City
By Patrick Watson

Bufano: Sculpture, Mosaic, Drawings
By Bufano Society

This month I want to write about two books long out of print but that can be easily found online or at good used bookstores. Fasanella’s City and Bufano: Sculpture, Mosaic, Drawings tell the story of two of the most important and overlooked Italian-American artists of the 20th century. In their art and in their lives, they have come to represent the two major cities of Italian-American immigration. Ralph Fasanella hailed from New York; Beniamino Bufano from San Francisco. While very different artists with very different visions, they both through their art work represent the Italian-American and Catholic experience. In Fasanella’s City, Patrick Watson captures the life and work of Ralph Fasanella. The book consists of a biographical essay, full of interviews with the artist, and well over 30 full-color reproductions.

Fasanella was born to Italian immigrant parents in New York City on Labor Day in 1914. He lived a rough and tumble childhood, including time in a Catholic reform school, during which he came to appreciate the hard fought lives of the Italian-American working class. He had spent several years as a union organizer when he began to have severe pain in his hands. On the recommendation of friends, he began to paint as a way to ease the pain. Finally, disenchanted with the way the union was changing, he realized his passion and called to work: “I realized that I was finished with the job. I couldn’t work any more, you know, at organizing. When I went to meetings all I did was draw, and look for stuff to draw, like a madman.”

Fasanella spent the next several decades painting and drawing while supporting himself by working at his brothers’ gas station. The subjects of his paintings never strayed far from his Italian-American roots, including his concern and love for the working class and his love of New York City. His improvisational style—full of color and detail—centered on city life, working men and women, union meetings, strikes, and street scenes full of people. He has paintings, such as “Union Hall,” “Local 65,” and “May Day” that reflect his concern for labor, but others, such as “New York City” and “Polo Grounds,” express his devotion to the city.

Fasanella’s relationship to the Catholic Church was always problematic. Raised in a strict and often punitive church, Fasanella came to associate the church with “guilt, fear, pain, and death,” and many of his paintings reflect these emotions. For example, in one untitled painting, a large, gloomy church resembling a coffin dominates the scene. Many of his negative feelings for the Church come from the time he spent in the New York Catholic Protectors. He remembers, “It gave me the feeling of being smothered. Killed by the Church. There was no freedom.” However, Fasanella also recognizes his sense of right and wrong come from his upbringing in the church: “I don’t think it [his sense of right and wrong] came from my mother. I think it came from the Church. Kind of a way of, oh, living—kind of a Ten Commandments.” Many of his paintings are also filled with religious, particularly Catholic, imagery. In some paintings, such as “Ice Man Crucified,” a working class man is pictured crucified upon a cross while in others, such as “Family Supper,” the cross is a central image in the composition.

Fasanella’s art work illustrates the strong impression the church leaves on us, and while he may see the Catholic Church in an often negative light, the integration of Catholic symbolism and the working class also remind us that Christ himself called us to serve and respect the poor and the disenfranchised.

In Bufano, the Bufano Society for the Arts preserves the work of Beniamino Bufano. The book consists of pictures of well over one hundred of the artist’s sculptures, mosaics, and drawings.

Born in San Fele, Italy, and brought to the United States when he was three years old, Beniamino Venenutono Bufano is an artist often associated with the San Francisco Bay Area. He first came to the city by the bay to work on a sculpture for the 1915 Panama-Pacific International Exposition. Later, he traveled around the world before returning permanently to the Bay Area.

Best known for his sculptures and mosaics, Bufano’s style and subject matter differ entirely from Ralph Fasanella’s, but he was as dedicated to social change as the New York artist. Much of his work shows his commitment to world peace. For instance, his monument “Peace” stands at the San Francisco International Airport and his “Hand of Peace” was once installed at the Fox Plaza in the city. In a brief essay in Bufano, the artist writes, “Peace, peace, peace, not war, is the right of man, with the hand touching the hand of his brother. It is the divine will to live and live in peace.”

Known for his sculptures on a grand scale, Bufano placed much of his work in public settings throughout the world and in the Bay Area. Working in bronze, granite, and marble, his statues often have smooth, calming edges include colorful mosaics. Reflecting his desire for world peace, his work often focuses on serene human and animal subjects.

Bufano had a completely different religious experience that Fasanella. His statues and mosaics are filled with peaceful saints, Jesus, and biblical subjects. Most famous are his series of works on St. Francis of Assisi. One mosaic, entitled “St. Francis in Revolt,” shows a distressed saint with hands raised over his head, eyes wide, and mouth agape, but most of the artist’s other St. Francis pieces show the saint calm and smiling illustrating a sense of peacefulness. In fact, St. Francis comes to represent a model for peace in the artist’s work. For instance, his “St. Francis,” constructed of bronze with a mosaic, shows the saint with outstretched arms and a serene smile and children of various nationalities singing together surrounded by birds, including a dove of peace.

Bonifaro Ralph Fasanella and Beniamino Bufano remind us of the power of religion. For Fasanella that power was oppressive; for Bufano that power was liberating. In each case, the artists remind us of central missions of the Church: to defend the working poor and to work for world peace. Their emotionally charged art moves one beyond the mere pleasure of viewing to a sense that one must work for change in the world. Fasanella’s City and Bufano introduce the reader to the work of these two visionary artists.

Interestingly, since I last published this review, these two books have skyrocketed in price and now range from $100 to $150 a piece, showing the appreciation these two artists receive from the art community.
Pope John Paul II --
Vicar of God
Beatified on May 1, 2011

The following excerpts were taken from a homily given at St. Brendan Church in San Francisco, by Joaquin Martinez, S.J., Director of Campus Ministry, St. Ignatius College Preparatory, San Francisco, California, on April 3, 2005. Permission to use excerpts from the homily was granted by its author.

Yesterday, one of the most courageous, most visible witnesses of our faith passed away. We all have different memories of John Paul II. Some of us have grown up with him; some of us have grown old with him. Many of you might remember the sick man whose hands shook from Parkinson’s disease, who shuffled his words, who had to be wheeled around by his aides. But the John Paul who changed the world was more than that: he was the most recognizable man in the world. He was the man who stood up to Communism and never gave in. But the John Paul who we are remembering today was the same John Paul who never failed to speak out when he felt he had to. He apologized for the many sins that the Church has committed through the centuries. No matter what we may think of him, whether we thought he was progressive or reactionary, too accommodating or too dogmatic, he had an experience of the risen Christ. That’s why he was, first and foremost, God’s servant.

“The life of John Paul II is a great example of what our first reading [of today] urges us to do. We are told that after the resurrection, the community of believers [devoted themselves to the teaching of the apostles and to the communal life, to the breaking of bread and to the prayers.] In other words, they were living out their faith, sharing the Good News of their salvation with those around them. That’s what we are all urged to do—to go out into the world and to share our joy in the risen Lord. And that’s what John Paul did. He preached the Good News, again, our first reading says that [awe came upon everyone, and many wonders and signs were done through the apostles.] Well, many wonders were done through this particular apostle and we thank God for having sent him to us.

“So on this day, we gather with great sorrow but also with great joy. Yes, we mourn the death of a man who we all knew. We pray that God take him home and hold him close. We hope that the faith he held so firmly may be the source of his consolation in the next life. But all of this is possible only because of the great joy caused by the great joy of the event that brings us here today. It is the second Sunday of Easter. We are here because we rejoice in the resurrection. For if Jesus Christ did not rise from the dead, then our faith is in vain. If Jesus Christ did not rise from the dead, then there is no reason for us to be in church. If Jesus Christ did not rise from the dead, then there is no reason to mourn John Paul II.

“Yes, our faith is about the resurrection. And yes there were no witnesses to it. Nobody saw the actual event. And that’s OK. What is more important is that many people had an experience of the risen Christ. That’s what matters. What matters is that the community of believers was able to gather then, as we do today, and proclaim that Jesus Christ is risen indeed, that Jesus Christ is alive in our hearts, that Jesus Christ has given us hope for something better to come. And that’s why John Paul II lived with such conviction and with such joy. And we all have that in him. The Good News is that we are all invited to share in that same joy. May the peace of the risen Lord remain in our hearts forever.”

By the time you read this article, a new Vicar of God will have been elected by the College of Cardinals. What a lifetime agenda will his inheritance be! However, whether the new Vicar is an ordinary man or an extraordinary man, he will be divinely inspired. There can be no other explanation for the drama John Paul II played out before us and accepted by our peoples—especially those of the last century. But we must give John Paul II extra credit for the energy he displayed as Shepard. He ranked among the most influential pontiffs in the history of the Catholic Church. He served longer than all but three of his predecessors (including St. Peter himself). He was by far the most widely traveled of all popes, as well as the most prolific; he has been seen in person by more people than anyone else in history, and, just one more little detail, he canonized more saints than all the other popes put together.

However, we could have gotten a glimmer of his personality by the phrase he repeated three times during his installation sermon: “Be not afraid!” Then he went on and practiced the fearlessness that he preached in challenging communism, in addressing terrorism, in defending the people of Poland from recovery from an assassination attempt and, finally, in facing a long and debilitating illness. Rquestscat in pace, Ppapa! Cem can be reached at DeAmicisPapalli.net.

MOMENT IN TIME—COOKS CORNER,
BARBECUE FUN

Everyone enjoys a barbecue on a sunny afternoon.

Custom dictates that the “man of the house” do the barbecuing. For this, he needs an apron with a cute saying (“Kiss the Cook”), a chef hat (still available from the ICF), tongs, a spatula and, of course, a built-in or portable barbecue.

Hamburgers and hot dogs are the traditional barbecue food. Some caution is required here. Serve the hot dogs you like (Nathan’s, Miller, Oscar Meyer, etc.), but be careful with the ground meat. It should be chuck and ground either by you or a reliable butcher. It shouldn’t be lean. Fat delivers flavor to the taste buds. Handle the meat lightly while making the patties which should be about 1 3/4 lb.

The only other goodies required are chips, a green salad, a potato salad, beer and soft drinks in a cooler and red wine. For this type of barbecue, buy Cabernet Sauvignon in 1-1/2 liter bottles by Vendage (a subsidiary of Sebastiani Sonoma Cask Cellars).

Let’s assume that your snoopy in-laws are coming over and you want to impress them. You could, as an hostess, have, prawns wrapped in bacon or pancetta, and steaks with a red wine.

My wife and I discovered the following dish in a mysterious Turkish restaurant in Athens. Mysterious, because we tried to go to the restaurant but couldn’t find it, and the taxi driver had never heard of it.

PRAWNS ALLO SPIEDO

(for 6 people)

Ingredients:
• 18 scampi (or large prawns; for 6 people)
• 1 cup dry white wine
• 18 strips of bacon or pancetta
• 1 large green pepper, cut in 1” squares
• 18 boiling onions, 1” x 1” in size (peeled and cut in half)
• 18 mushroom caps, medium size, wiped and stem free
• 1 lb. bacon
• Barbecue pit or broiling pan
Remove the shells from the scampi or prawns. Wash and dry. Take a strip of bacon or pancetta and wrap it around each prawn. Take a skewer and insert it into the side of the prawn wrapped in the bacon or pancetta, making sure you insert the skewer into the bacon or pancetta as well. Continue by inserting a piece of green pepper; next insert 1/2 boiling onion, and finally a mushroom cap. Make sure each addition is close to the previous one on the same skewer. Continue this process until each skewer is quite full, but leave a space at each end. Fill the rest of the skewers the same way. Pour some olive oil on each filled skewer, turn it and pour some more on the other side.

Barbecuing this dish is tricky because all the items don’t cook at the same rate on the grill. You may want the help of the “lady of the house” to prepare this in the oven. Use a broiling pan, put skewers on top of broiling pan so that, while broiling, the drippings will fall on the bottom pan. Place in 375 degrees preheated oven and bake for 10-15 minutes, turning the skewers several times.

When cooked, remove from skewers and place in a bowl. Drain most of the fat from the bottom of the broiler pan, keeping the drippings. Pour the drippings over the cooked prawns, green peppers, onions and mushrooms. Serve on thin slices of toasted bread. Great appetizer.

NEW YORK STEAKS

(for 6 people)

• 6 New York steaks, choice quality; 8 to 10 oz. each.
Prepare an Italian marinade consisting of 1 cup white wine, 1/2 cup olive oil, 3 cloves garlic, 2 large peeled and sliced onions, 1 medium-sized green pepper, 2 medium-sized tomatoes. Marinade for about 2 hours.

An optional marinade could be Teryaki (soy sauce, brown sugar, soy sauce, and spices). Marinade for one-half hour.

You can tell how cooked a steak is by pressing it with your thumb. If spongy, it is rare, if there is some spring, it is medium to medium rare, and if firm, the dog will have a feast. If you are not sure, make a small incision in one steak (preferably your own). A Caesar’s salad could accompany the steak (see Bollettino, May 1999 issue).

Also, you will need crusty French bread or Italian bread, and a fine red wine. See below.

Salute!

WINES:

There is a new book called “California Wine” by James Laube (2d ed.). The book’s stated purpose is to provide a comprehensive guide to California wine. (646 pages, $39.95). Look for it at the library. In the preface, the author says that “your palate, and your expectations,” are all that will make “wine.” This is good because I often don’t find the currant, cherry, plum, wild berry, cedear, anise, tea, sage, etc., that wine experts find in wines. I can tell whether a wine is pleasant or rough, full flavored or light, tannic and, whether it has a nice finish. That’s it!

The first known vineyard was planted at Mission San Juan Capistrano by Spanish missionaries. Fr. Junipero Serra supported the planting of small vineyards at the Mission. He regularly complained of the difficulty of obtaining a supply of wine for the celebration of mass. So, there is a religious connection to wine development in California.

Some of the early fine wine makers were Beaulieu Vineyard in Rutherford and its neighbor Inglenook.

In 1922, Louis M. Martini founded his winery in Napa and moved to St. Helena in 1934. He and his son Louis P. Martini were two of the best wine makers in California history. Today, the Louis Martini family makes very good to exceptional wines.
Congratulations 2011 First

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<td>Marissa Torrigiani</td>
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<td>Nicholas Jay Newsome</td>
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<td>Cara de Freitas Bart</td>
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<td>Victoria Esquer</td>
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<td>Zach McElroy</td>
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<td>Karen Aresti</td>
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<td>Alyssa Morlan</td>
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<td>Joshua Peter Beckham</td>
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<td>Anne Alyce Ferguson</td>
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<td>Vito Anthony Ryan</td>
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<td>Kovrina Noblett</td>
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<td>Alibrando Petrini</td>
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<td>Megan Freeman</td>
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<tr>
<td>Clara Murphy</td>
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<td>Laura Sposato</td>
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</table>
## Year Scholarship Winners!

### Name | In Memory of | In Honor of | Br./Dist./Indv.
--- | --- | --- | ---
Christian DeMartini | Br. 19

### San Mateo

| Name | In Memory of | In Honor of | Br./Dist./Indv. |
--- | --- | --- | ---
Natalie Pitre | Enrico Marchesin | Br. 163 |
Domenico Davino | | Br. 173 |
Kristen McCormick | | Br. 173 |
Anna Crosetti | | Br. 213 |
Brianne Fumer | | Br. 327 |
Kendall Anne Cody | | Br. 351 |

### Santa Barbara/Ventura

| Name | In Memory of | In Honor of | Br./Dist./Indv. |
--- | --- | --- | ---
Nicolas E. Gervasoni | | Br. 380 |

### Santa Clara Valley (S.C.V.)

| Name | In Memory of | In Honor of | Br./Dist./Indv. |
--- | --- | --- | ---
Tara Louie | Shirley Silva | S.C.V. District |
Brittany Marino | Antoinette Sanseri | S.C.V. District |
Ana Pecoraro | Papa Joe Marsalli | S.C.V. District |
Dustin Dories | | Br. 4 |
Shana Sunseri | | Br. 4 |
Kelsey Taylor | | Br. 5 |
Daniel Raphael Enríquez | Rosie Mammini | Br. 28 |
Dani Hemeon | Rosie Mammini | Br. 28 |
Mary Albertolle | | Br. 47 |
Matthew Wen | Fr. Salvatore Di Nardo, O.P. | Br. 47 |
David John Picone | | Br. 184 |
Elizabeth Sowers | | Br. 186 |
Anthony Edward Carneseca | | Br. 191 |
Jerry J Campisi | | Br. 368 |
Lauren Blefari | | Br. 391 |
Brian J. Campbell | | Br. 391 |
Joseph Mariano Guttafardo | | Br. 391 |
Evans James McMahon | | Br. 391 |
Kristina Luotto | | Br. 408 |
June Brannon | | Br. 435 |

### Santa Rosa (S.R.)

| Name | In Memory of | In Honor of | Br./Dist./Indv. |
--- | --- | --- | ---
Eric Oakley | | Br. 12 |
Elaine Tesedeschi | | Br. 12 |
Gabriella Benvenuti Carroll | Lenny Franceschini | Br. 18 |
Patrick McDonell | Dominic Canale | Br. 18 |
Shannon Keif | | Br. 52 |
Kelcie Sackett | | Br. 52 |
Madalena Parisi | | Br. 103 |
Mia Stornetta | | Br. 103 |
Kaylee Vloet | | Br. 103 |
Ryan Burke | | Br. 127 |
Maria Camozzi | | Br. 127 |
Nicholas Joseph Traverso | | Br. 127 |
Madison Wakeman | | Br. 144 |
Omar Paz | | Br. 198 |
Brandon M. Treakle | | Br. 198 |
Alexis Valdivos | | Br. 198 |
Daniele Giovanni Citti | Joseph, Irene and Jerre Paolini | Br. 198 |
Jenna Currier | Lynne Gaggero Johnson | Br. 198 |
Peter Dotti | Aldo Desideri | Br. 198 |
Darce Falvey | Robert and Trudy Gying | Br. 198 |
Michael Fiore | Gary Apel | Br. 198 |
Alexandra Hansen | Romie and Helen Barbieri | Br. 198 |
Arika L. Martinoni | Cecile Mayer-De Conter | Br. 198 |
Jacqueline McCalment | Peter and Juliette Barbieri | Br. 198 |
Celia Mirologio | Rico and Irene Acquistapace | Br. 198 |
Amanda Moretti | Sam and Minnie Asti | Br. 198 |
Will Tesconi | Norman Sikes | Br. 198 |

### Stockton

| Name | In Memory of | In Honor of | Br./Dist./Indv. |
--- | --- | --- | ---
Giana Orsi | | Stockton District |
Alessia Patricia Puz | | Br. 139 |
Frances Telles | | Br. 139 |
Renä M. Pombo | | Br. 390 |
Connor Baron | | Br. 395 |
Thomas Fantozzi | | Scholarship Fund |

### Tucson

| Name | In Memory of | In Honor of | Br./Dist./Indv. |
--- | --- | --- | ---
Jennifer Pavlikowsk | | Br. 425 |
Gabriella Teresa Moreno | | Scholarship Fund |

### Individuals

| Name | In Memory of | In Honor of | Br./Dist./Indv. |
--- | --- | --- | ---
Antonia Acquistaeppe | Steve Arnauo | Fam. & Friends of Steve Arnauo-Br. 154 |
Scott Raymond Walsh | Steve Arnauo | Fam. & Friends of Steve Arnauo-Br. 154 |
Haley Bayuga Graft | Joseph and Mary Bottarini | Barbara C. Bottarini-Br. 20 |
Victoria Burian | Alice PROVIDENCE Bottino | Chris and Virginia Bottino-Br. 432 |
Adrienne Sarale | Albert and Rina Brocchini | The Albert and Rina Brocchini Family Foundation |
Brett Chavez | Cody Anthenien | Louie and Pat Cordich-Br. 28 |
Regina Rose Spranger | Cliff and Leona Ledford | Donald and Louise DeTomaso-Br. 14 |
Gianna Marcharile | Louis DeTomaso | Eva DeTomaso-Br. 14 |
Megan Bence | Marie Grassalli | Robert Grassalli, Jr. |
Victoria Filice | Anna Oliva | Robert Grassalli, Jr. |
Tori Vaz | Robert Grassalli | Robert Grassalli, Jr. |
Stephanie Botta | Luigi and Rosa Mangini | Rose Mangini-Br. 38 |
Gino Rossi | Harry Pacini | Fam. & Friends of Harry Pacini-Br. 135 |
Brittany Ann Ward | John Regalia | Mary Regalia-Br. 14 |
Bill DeRosa | Helen Thompson | Michael and Donna Santich-Br. 91 |
Sarah Santich | Martin and Rose Sanich | Michael and Donna Santich-Br. 91 |
Kelsey Merrigan | Lola and Sam J. Parrinello | Jean and Bob Segale |
Nicholas Joseph Mark Repetto Mary and Bill Segale | The Segale Family |
Matthew Silvestri | Mary and Bill Segale | The Segale Family |
Nicholas Day | James Tolefson | Maria Tolefson-Br. 229 |
Steven Lucido | Louise Trevizo | The Trevizo Family-Br. 19 |
Sarah Lau | Nicholas X. Vulpi | Fam. & Friends of Nicholas X. Vulpi |

### Additional Donations

*We also gratefully acknowledge the following partial donations that made additional scholarships from the I.C.F. Scholarship Fund possible:*

- Central Coast District: Margaret Pappani - In Memory of Carmen Sanchez Cardenas and Virginia Rose and Family - In Memory of Carmen Sanchez Cardenas; East Bay District: Br. 11, Officers/Members of Br. 215 - Thank You to Bob and Kathy Acquistapace for Your Hard Work and Help; Officers/Members of Br. 215 - Thank You to Sir Robert Dianda and Jane Dianda for Your Hard Work and Help, Marlene Dianda and Family (Br. 285) - In Memory of Saul Dianda, Peggy Mockel (Br. 91) - In Memory of Donald Mockel, Officers/Members of Br. 215 - Thank You to Brad and Andrea Sang for Your Hard Work and Help and Mr. and Mrs. Robert Dianda and Jane Br. (Br. 91) - In Memory of Helen Thompson, Orange District: Br. 387; San Fernando Valley District: Br. 382; San Gabriel Valley District: Br. 218; San Mateo District: June and Deborah Rodondi (Br. 19) - In Memory of Ario Gregori, June Rodondi - In Memory of Catherine Rodondi and June Rodondi - In Memory of Parina Rodondi; Santa Clara Valley District: Joan and Jerry Delfino (Br. 368) - Get Well Wishes for Robert Acquistapace, Mike and Marc Me Rossi (Br. 391) - Get Well Wishes for Robert Acquistapace, Officers/Members of Br. 191 - In Memory of Tiffany Agnoletti, Roger and Kathy Santos (Br. 28) - Thank You to Trevis and Diana Berry, Emily Corral (Br. 191) - Get Well Wishes for Mr. Ed Bertaccini, Christina Andrade (Br. 28) - In Memory of Carmen Sanchez Cardenas, Ben and Loreta Pappani (Br. 28) - In Memory of Carmen Sanchez Cardenas, Ed and Jo Bertaccini - In Honor of the 77th Birthday of Emily Corral; Emily Corral - In Honor of the Birthday of Mrs. Mary Kay Drennan, Rosemarie Martin (Br. 435) - In Memory of Larry Gallego, Virginia Sellers (Br. 435) - I Memory of Larry Gallego, Sal and Carol Tacci (Br. 435) - In Memory of Larry Gallego, Marilyn Tobias (Br. 435) - In Memory of Larry Gallego, Emily Corral - Thank You to Jim and Janice Jones for Taking me to Convention, Giulia Gallego (Br. 435) - I Honor of the Birthday of Rosemarie Martin, Officers/Members of Br. 191 - In Memory of Matthew Nerri, Aldine Grisenti (Br. 191) - In Honor of the 25th Wedding Anniversary of Dan and Rosanne Piccinini, Officers/Members of Br. 191 - In Memory of Don Rose, Anna Barberi (Br. 28) - In Memory of Shirley Silva, Giulia Gallego - In Memory of Shirley Silva, Emily Corral - Thank You to Dr. Gary Sims and Mary Ann Wilkinson-Sima, Giulia Gallego - Get Well Wishes for Sylvia Sore, Larry and Giulia Gallego - Get Well Wishes for Johanna Tacci, Officers/Members of Br. 191 - In Memory of Vinnie Tomasello, Pat and Louise Cordich (Br. 28) - In Memory of David Vogel, Emily Corral - Thank You to Dr. and Mrs. Douglas Wilkinson and Emily Corral - In Honor of the 50th Wedding Anniversary of Marian and Will Wyman; Santa Rosa District: Br. 75, Br. 145, Br. 150, Br. 209; Mike Zanette, Officers/Members of Br. 18 - In Memory of Dominic Canale, Charles and Ursula Juricich - In Memory of Dominic Canale, Larry and Carmen Kilculen (Br. 52) - In Memory of Dominic Canale, Lauren Kilculen (Br. 52) - In Memory of Dominic Canale and Officers/Members of Br. 18 - In Memory of Lenny Franceschini; Stockton District: Br. 48, Br. 413, Judy Oliveria (Br. 139) and Harriet Ghione - In Memory of Carmen Sanchez Cardenas.

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**Congratulations and Best of Luck Graduates!**
The Central Council of the Italian Catholic Federation is sponsoring the Eleventh Annual Golf Tournament and Banquet on Friday, July 29, 2011. The Tournament will be played at the beautiful Laguna Seca Golf Course in Monterey. The Banquet will be held at the San Carlos Church Hall in Monterey. This year we are also sponsoring a 4 Hour Bus Tour on the scenic 17 Mile Drive which includes a visit to Downtown Carmel for our non-golfers.

I would like to encourage your members who play golf to participate in the Tournament. If they do not play golf, the members can go on the Bus Trip and then come to the Banquet. The enclosed flyers give all of the information regarding prices and reservations.

It would be greatly appreciated if your District/Branch could lend their support. There are two ways that your District/Branch can help make this event a huge success.

The first is by being a “Hole Sponsor.” Each hole will have a sponsor. For $100.00 we will have a professionally made sign posted at each hole with the Name of your District or Branch. All of the golfers will recognize your District’s or Branch’s support for this event. The second way is to donate a prize or prizes for the gigantic raffle to be held after the Banquet. We suggest a prize valued at around $100.00. This can come in several ways:

1. A Basket of “Cheer” (wines, other liquor items, etc.), 2. Small Television Set or 3. Grocery Market Certificate, etc.

Your District’s or Branch’s help will enable the Central Council to assist all of our Charitable Programs, as all proceeds of the Tournament and Banquet will go directly to the programs sponsored by the Italian Catholic Federation.

Please send your check for being a “Hole Sponsor” or Gifts for the Raffle to: Italian Catholic Federation, 3555 Capwell Drive, Suite 110, Oakland, CA 94621.

If you need further information, please contact me at (408) 595-0444 or the I.C.F. office at 1-888-423-1924.

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**2011 Convention in Foster City, CA**

Friday, September 2, 2011 to Monday, September 5, 2011

**Theme:** WITH GOD ALL THINGS ARE POSSIBLE

HOTEL AND TRAVEL HIGHLIGHTS

***OFFICIAL CONVENTION HOTEL***
Crowne Plaza Foster City (Phone: (650) 570-5700 / Reservations: 1-888-233-9527)
1221 Chess Drive, Foster City, CA 94404

**Room Rate:** $102.00 Single/Double Occupancy plus 8% tax and $2.00 Tourism Fee. $102.00 Triple/Quad Occupancy plus 8% tax and $2.00 Tourism Fee

**Use Group/Convention Code “ICF”**

Free Parking

Complimentary Hotel Shuttle to/from Airport

The shuttle operates between 6:00 A.M. and 10:00 P.M. with scheduled departures from the hotel every hour on the hour. It should arrive at SFO around 20 minutes after or the half hour. Call the hotel directly when ready for a pickup during operating hours and let them know that you have arrived and are waiting at the Hotel Courtesy Shuttle Zons on the center island of the Departures/Ticketing Level roadway at all terminals. Make sure you get the Shuttle that goes to FOSTER CITY Crowne Plaza. There are other Crowne Plaza’s. A free phone is available at the pickup area. You can arrange your return trip at the hotel.

Reservation Deadline is Tuesday, August 16, 2011. After this date, reservations will be accepted at the best available rate based on availability.

***AIRLINES - NO CONTRACTS - JUST GO ONLINE OR CALL DIRECT***

**Taxi Service**
Taxis depart from the designated taxi zones located at the roadway center islands on the Arrivals/Baggage Claim Level of all the terminals. Uniformed taxi coordinators are stationed at the taxi zones from 7:00 A.M. - 1:00 A.M. to assist passengers.

**On Demand Shuttle Service**
Shared-ride vans provide service between SFO and passenger-specified locations. Shared ride vans pick up passengers on the Departures/Ticketing Level from the roadway center island at all terminals.

**Railroad Service - AMTRAK***
Due to the distance and travel price involved to/from the hotel, we did not set up a group code with Amtrak. If you are interested in finding out more information, you can contact Amtrak at 1-800-872-7245.
Golf Tournament Bus Tour

Enjoy the Scenic 17 Mile Drive

and visit Downtown Carmel

Guests to our I.C.F. Golf Tournament can enjoy a Continental Breakfast and Scenic Tour while the Golfers enjoy the beautiful Laguna Seca Golf Course.

Date: Friday, July 29, 2011

Time: 8:00 A.M. – 1:00 P.M.

A Continental Breakfast will be served from 8:00 A.M. - 9:00 A.M at San Carlos Church Hall. The Tour Bus will leave San Carlos Church Hall at 9:00 A.M. and return at 1:00 P.M. for the approximately 4 Hour Tour. Tour Guests can then enjoy the No-Host Cocktails and Sumptuous Banquet with the Golfers at San Carlos Church Hall starting about 2:00 P.M. Reservations for the Banquet are made on the Golf Flyer ($35.00 per person).

- Travel through Cannery Row, Pacific Grove, Spanish Bay and onto the 17 Mile Drive
- Stop at Bird Rock, The Lone Cypress and The Lodge at Pebble Beach
- Visit Carmel Plaza in Downtown Carmel

Price: $25.00/Person (includes Breakfast and Tour)

Deadline: July 1, 2011

Name____________________________ Branch #_______
Total Reservations_______

Name____________________________ Branch #_______
Phone _______________________

Total Enclosed $_______

Please list additional reservations for the Bus Tour on the back.

Mail Reservations to: I.C.F. Office, 8393 Capwell Drive, Suite 110, Oakland, CA 94621
ICF CONVENTION 2011 TOUR

SAN FRANCISCO CITY TOUR
(Non-Delegates Only)
Saturday, September 3, 2011

Depart - Crowne Plaza Hotel Foster City - 9:00 A.M.
Return - Crowne Plaza Hotel Foster City - 3:00 P.M.

This tour will take you to Treasure Island to catch the best view of San Francisco. Going through the Marina District you will see the Palace of Fine Arts, Presidio and then the Golden Gate Bridge. Continuing to Golden Gate Park, 1017 acres of gardens and museums, you will stop at Fisherman’s Wharf for lunch. Back on the bus to see the Civic Center with City Hall and the Opera House. Then on to Twin Peaks, weather permitting, before returning to our hotel.

Price: $35.00 (lunch not included)

Deadline for reservations: Aug. 18, 2011

SAN MATEO DISTRICT
ITALIAN CATHOLIC FEDERATION
GOLF TOURNAMENT
FRIDAY
SEPTEMBER 2, 2011
POPLAR CREEK GOLF COURSE
1700 Coyote Point Drive
San Mateo, CA 94402

Join us for a fun filled day! We will be having a longest Drive and Closest to the Pin.

Check in: 9:30 A.M.
TIME:  10:00 A.M.

Reservations due by August 17, 2011
Cost: $75 per player/$300 foursome

MAKE CHECKS PAYABLE TO I.C.F.

Send reservations and checks to:
I.C.F. Office
8393 Capwell Drive, Suite 110
Oakland, CA 94621
1-888-423-1924

Contact Person: ________________________________
Phone/Email: ________________________________
Golfer Names: __________________________________
____________________________________________
____________________________________________
____________________________________________
____________________________________________

We will be leaving the hotel at 9:00 A.M. from the lobby. Please indicate if you will have your own transportation or can provide another golfer a ride if necessary.
YES, I AM ABLE TO DRIVE IF NECESSARY
Children's Hospital & Research Center Oakland

Tour Children’s Hospital
Friday, September 2, 2011
Tour: 10:00 A.M. to 12:00 P.M.

We will meet Laurice Levine at Children’s Hospital in Oakland at 10:00 A.M.
A bus will pick us up at the hotel. More specifics on time and where to meet will follow.

The cost is $25.00 per person
Tour: Main Hospital
Hospital LAB
Transfusion Unit/Day Hospital
Atrium
HEDCO Sciences Building - home of the ferritometer which was funded by I.C.F.
Lunch will be served from 12:00 - 1:30 P.M.

PLEASE MAKE CHECKS PAYABLE TO: I.C.F. SAN MATEO DISTRICT

Please RSVP to Barbara Firpo bfl726@yahoo.com or send the form below to:
Barbara Firpo, 1518 Bay Road, Palo Alto, CA 94303 Phone: 650-323-0189

Name of Attendee(s) printed

How Many _______? Total Paid $ _________

Contact Name_________________________ Phone Number__________

Phone Number_________________________

Italian Catholic Federation
81st Annual Convention

Let’s Play Bingo!!!
Crowne Plaza Hotel – Foster City

Friday, September 2, 2011
3:00 P.M. – 6:00 P.M.
Entry Fee: $25.00 (Advanced Reservations)
Cash Prizes will be given
$30.00 (After August 12th or at the Door)

6 Bingo Games will be played. For each game, participants will be given a sheet with 6 Bingo Cards per sheet.

5 Games - various Bingo games
Final game - Blackout
$100.00 pot per game
$250.00

To register: Make your check payable to the I.C.F., put “Bingo” on the memo line and mail it with your entry form to:

Italian Catholic Federation, 8393 Capwell Drive, Suite 110
Oakland, CA 94621

Advanced Reservations must be in the I.C.F. Office by August 12, 2011.
Any questions, please call the I.C.F. office at 1-888-423-1924.

Bingo Entry Form
Total Enclosed $___________
Name_________________________ Br. #____ Phone Number__________
Name_________________________ Br. #____ Phone Number__________
Name_________________________ Br. #____ Phone Number__________
Name_________________________ Br. #____ Phone Number__________
Name_________________________ Br. #____ Phone Number__________
ICF Annual Convention
Bocce Tournament

WHEN: Thursday, September 1, 2011
WHERE: Crowne Plaza Hotel
        Foster City
TIME: Registration 11:30 A.M.
COST: $15.00
*Only 12 Teams (48 Players) - Timed Play.

We will be playing inside the hotel on the rug with the lines taped. NO wood boards.

Teams will be created randomly and announced at registration. First, Second, and Third place medals will be awarded.

Reservations must be in the I.C.F. Office by August 19, 2011 - no later.

Number of Players ____________
1. ____________________________
2. ____________________________
3. ____________________________
4. ____________________________

Total Enclosed ____________
Branch #___________________
Branch #___________________
Branch #___________________
Branch #___________________

Mail to: I.C.F. Office
8393 Capwell Drive, Suite 110
Oakland, CA 94621
Phone #1-888-423-1924
The San Mateo District will be hosting the Novelty Booth at the 2011 Convention—be sure to visit us; we’re sure to have something that you will want or need!

ITALIAN CATHOLIC FEDERATION PRESENTS

CASINO NIGHT DINNER DANCE

Sunday, September 4, 2011
Crowne Plaza Hotel, Foster City

✧ Dinner: 7:00 P.M.
✧ Casino and Dancing: 8:00 – 12:00 P.M.
✧ Price: $60.00  (Children’s pricing upon request)
✧ Convention Raffle Drawing: 9:00 P.M.

Reserved Seating according to Date of Receipt of Paid Reservations

Reservation Deadline: August 12, 2011

Name____________________  Branch #______
Total Reservations______
Phone #___________________
Total Enclosed $_______

Mail Reservations to
I.C.F. Office
8393 Capwell Drive, Suite 110,
Oakland, CA 94621

Tickets for Delegates and Guests will be included in the President’s packet at Registration.
have exposed previously unidentified issues. Patients and providers are now addressing issues of fertility, career and for many patients, chronic pain has become an issue. With the recent enactment of pain as the fifth vital sign, it is difficult to determine whether pain is more common in the aging Thalassemia population or if it appears more common because we are now regularly assessing for pain. Whatever the case, chronic pain and its appropriate management has been identified by patients and providers as an emerging issue, particularly in patients greater than 12 years of age.

The objective of the pain study is to assess pain prevalence in patients with transfusion and non-transfusion dependent Thalassemia. The goals of the survey would be to determine the percentage of patients suffering with pain, the location of pain, pain management techniques currently being utilized and the extent to which pain is affecting the patient’s quality of life.

Patients will be asked to complete the Brief Pain Inventory on three occasions to assess their pain levels during the study period. In addition, a randomly selected group of 25 transfusion dependent patients will be asked to complete the Brief Pain Inventory-short form daily during two transfusion cycles to assess whether pain levels vary in frequency and intensity during a transfusion cycle.

5. Zinc and Bone Metabolism in Thalassemia: The “Think Zinc” Study:

The purpose of this study is to determine if zinc supplementation improves bone health in young patients with Thalassemia. Osteoporosis (weak bones) is a significant problem in patients with Thalassemia which leads to decreased quality of life. The most effective way to prevent osteoporosis is to build strong, dense bones during youth. A combination of disease, endocrine issues, and nutritional factors likely contribute to the etiology of osteoporosis in patients with Thalassemia. However, even patients who are well transfused, have normal reproductive function, and are supplemented with calcium are at risk for osteoporosis.

It is theorized that patients with Thalassemia have weak bones, in part, due to zinc deficiency. Poor zinc status has been identified in patients with Thalassemia, and zinc supplementation has been shown to improve growth. To test this theory, an 18-month study will be conducted in 60 patients (age 6 to 30) with Thalassemia who have low bone mass. The study will be placebo-controlled, meaning that one group of patients will be given zinc supplementation (25 mg zinc per day), while the other patients will undergo their usual therapy without zinc supplementation.

This will be the first study to examine the effects of zinc supplementation on bone health in patients with Thalassemia. If zinc supplementation is found to have a clinically important effect, this simple, safe, non-invasive therapy could quickly become a part of standard Thalassemia care and will improve overall health in children and adult patients with Thalassemia.

If you would like more information on research studies or have any additional questions, please feel free to contact Laurice Levine at 510-428-3885 x 5427 or LLevine@mail.cho.org.

Next Issue:
- Patient Perspective
Central Council Members for having the event and said they enjoyed it very much. The goal of the Central Council for our Seminarian Night is to raise money for the Providenza Burse and increase our bond with our future and present priests. Thankfully we achieved gains in both those endeavors at our event.

Grand President Jim Jones had this to say about the event. “Janice and I had a wonderful time at the Seminarian Night. The program with Fr. Gaetano was enjoyed by everyone at our table and after the performance; I heard remarks from many others who felt the same. As far as I was concerned, Father could have sung for another two hours. The songs were unique because they were mostly his compositions.”

“Jim, the Ways and Means Committee did an especially fine job arranging for Father to come to America to entertain those present in his special way,” Jim Jones continued. “I know you were disappointed in the number who came, because as Director of Vocations Fr Roy Shelly said, ‘they really missed a very nice event’.”

“I also want Branch 36 to know how much we appreciate the fantastic dinner they prepared for us. Eddie and his crew did an outstanding job,” Jim Jones concluded.

The Ways and Means Committee of Leonard Rossi, Dante Galeazzi, Andy Pappani and Chairman Jim Friebel especially want to thank Branch 36 Pres Liz Grammatico and her members for preparing and serving the dinner along with taking care of the bar. You made it easy for the Central Council to hold this event in your hall. We also want to thank CC member Franklyn Lopes for the beautiful flower arrangements, CC Sgt of Arms Roselynne Jarrett for the table signs, CC Member Pat Mages and Br. 36 member Bella Leonard for checking everyone in, CC Member Marco Galeazzi for the photography and Anthony Lane for providing the musical and projection equipment needed for Fr. Gaetano’s performance. We must also thank all those who bought tickets to the event and the people, branches, districts and businesses that helped sponsor the event with monetary donations. Hopefully in the future we can increase the numbers who attend and support the event. Thank you Anne Ferrante for selling the most tickets.

CC Members and spouses who were able to attend were GP and Life Member Jim Jones and First Lady Janice; 2nd Grand Vice President and Life Member Robert Bassiano; Grand Parliamentarian, Past Grand President and Life Member Leonard Rossi and wife Karen; Central Council Member Andy Pappani and wife Siria; Sergeant-at-Arms Roselynne Jarrett; Past Grand President and Life Member Mike Rossi and wife Marcie; CC and Life Member Dante Galeazzi; CC and Life Member elect Jim Friebel; CC Member Marco Galeazzi and wife Diane; CC Member Franklyn Lopes; CC Member Pat Mages and Field Director Lou Mages; and Past Grand President and Life Member Emeritus Larry Marsalli and wife Elise.
Candidates For Central Council Election Are Needed

**Central Council**

That time of year has come again to consider running for Central Council. This is a good chance to expand your commitment and activity level in the Italian Catholic Federation by serving your fellow members.

If you are interested in being a candidate, here are the guidelines:

1. Central Council candidates must be delegates to the Convention.
2. Candidates for election to the Hospitalization Committee must declare their candidacy by the start of the Convention General Session on Saturday, September 3. All necessary paperwork must be submitted prior to the 2pm start time.

**Hospitalization Committee**

Become an even more active member of the ICF by running for either a Central Council position or ICF Hospitalization Committee position. This is a good chance to expand your commitment and activity level in the Italian Catholic Federation by serving your fellow members with a two year term on the Hospitalization Committee.

If you are interested in being a candidate here are the guidelines:

1. Hospitalization Committee candidates must be delegates to the Convention.
2. Candidates for election to the Hospitalization Committee must declare their candidacy by the start of the Convention General Session on Saturday, September 3. All necessary paperwork must be submitted prior to the 2pm start time.

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**Award Winners continued from page 1**

Liana has been an active member of her branch and the San Francisco District for more than 60 years.

**Family of the Year Award Winner:**

The Mencarini-Newsome family of Branches 236 and 308 have been members of and active workers in the Federation since 1968.

**Mother Teresa Award Winner:**

Fr. Francis (Frank) Murray, ICF chaplain of the San Mateo District and Archdiocesan Chaplain of the San Francisco Archdiocese.

**Young Adult Leadership Award Winner:**

Pamela J. Andersen of Branch 342 became a member of the ICF in 2008 and is very active with her branch, her parish, and her volunteer work for Habitat for Humanity.

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**2012 EXCLUSIVE OFFERS**

**NEW SAN FRANCISCO DEPARTURES**

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| **SEA PRINCESS**<sup>®</sup> **10 DAY ALASKA**<br>**15 DAY HAWAII**<br>**10 DAY MEXICO**<br>**10 DAY ALASKA**<br>**10 DAY MEXICO**<br>**15 DAY HAWAII**<br>**10 DAY ALASKA**<br>**10 DAY MEXICO**<br>**15 DAY HAWAII** | San Francisco, At Sea; Juneau, Skagway, Glacier Bay, Ketchkan, At Sea, Victoria, At Sea, San Francisco<br>San Francisco, At Sea; Juneau, Skagway, Glacier Bay, Ketchikan, At Sea, Victoria, At Sea, San Francisco<br>San Francisco, At Sea; Juneau, Skagway, Glacier Bay, Ketchikan, At Sea, Victoria, At Sea, San Francisco<br>San Francisco, At Sea; Juneau, Skagway, Glacier Bay, Ketchikan, At Sea, Victoria, At Sea, San Francisco<br>San Francisco, At Sea; Juneau, Skagway, Glacier Bay, Ketchikan, At Sea, Victoria, At Sea, San Francisco<br>San Francisco, At Sea; Juneau, Skagway, Glacier Bay, Ketchikan, At Sea, Victoria, At Sea, San Francisco<br>San Francisco, At Sea; Juneau, Skagway, Glacier Bay, Ketchikan, At Sea, Victoria, At Sea, San Francisco | From $999 per person<br>From $1,795 per person<br>From $1,999 per person<br>From $1,099 per person<br>From $1,795 per person<br>From $999 per person<br>From $1,099 per person | $50 Onboard Credit plus additional amenities on select dates!!<br>$75 Onboard Credit plus additional amenities on select dates!!

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**CRUISE SALE**

- **REDEMNED DEPOSIT** of $200 Per Stateroom on select dates
- **2 FREE COUPON BOOKS** Valued at $325 per person on select dates
- **AMENITIES** include up to $75 Onboard Credit per stateroom plus additional amenities on select dates
- **BONUS:** Upon returning home, a $25.00 Per Stateroom will be sent to your Branch.
- **DISCOUNTS:** Residents rates, Past Passenger rates and extra onboard credit for Active or Retired Military

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**2012 CRUISE SALE**

**SEA PRINCESS**<sup>®</sup> **10 DAY ALASKA**

**Dates:** May 13 through August 31, 2012

**San Francisco, At Sea; Juneau, Skagway, Glacier Bay, Ketchikan, At Sea, Victoria, At Sea, San Francisco**

**From $999 per person**

**$50 Onboard Credit plus additional amenities on select dates!!**

**STAR PRINCESS**<sup>®</sup> **10 DAY MEXICO**

**Dates:** April 3 & September 26, 2012

**San Francisco, At Sea, Puerto Vallarta, Mazatlan, Cabo San Lucas, At Sea, San Diego, At Sea, San Francisco**

**From $1,099 per person**

**$60 Onboard Credit plus additional amenities on select dates!!**

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**FASCINATING FACTS ABOUT FOSTER CITY, CA**

**-- Home to the 2011 Convention**

Foster City is an affluent planned city located in San Mateo County, California, 94404. As of the 2010 census, the city had a total population of 30,567. Forbes ranked Foster City #10 on their 2009 list of America’s Top 25 Towns to Live Well. Money has also recognized Foster City multiple times as one of the Best Places to Live. Foster City is sometimes considered to be part of Silicon Valley for its local industry and its proximity to Silicon Valley cities.

Foster City was founded in the 1960s on engineered landfill in the marshes of the San Francisco Bay, on the east edge of San Mateo. The city was named after T. Jack Foster, a real estate magnate who owned much of the land comprising the city and who was instrumental in its initial design. His successor firm, Foster Enterprises, run by his descendants, is still active in real estate affairs throughout the San Francisco Bay Area.

**Climate**

Foster City, like most of the peninsula, has a mild Mediterranean Climate, with warm dry summers, and cool wet winters. The warmest month of the year is July with an average maximum temperature of 80.8 degrees Fahrenheit, while the coldest month of the year is December with an average minimum temperature of 38.6 degrees Fahrenheit.

Source: Wikipedia.com
2nd Annual Night for the Seminarians